

DISCOVER YOUR LOCAL PLAYGROUNDS!

- When you're looking for activities to keep your children happy and healthy, go to a playground. Children of all ages can spend hours climbing, swinging, balancing and interacting with each other. Playing outdoors on specially designed play equipment helps children develop self-confidence and social skills, as well as keeping healthy.
- Loughton has no fewer than eight free, safe, open-air playgrounds, all managed and maintained to a very high standard by Loughton Town Council. Some are suitable for toddlers and children up to age 6, and many have an exciting range of equipment for children up to age 12 or 14. There are two outdoor gyms for teenagers and adults, with even more challenging equipment!
- Keep fit for free by using our outdoor gyms.
- Park wardens visit each site daily. Regular litter picking and maintenance visits keep them clean and safe.
- All equipment is checked to EN1176 standards twice a year.
- Use the map and details inside to discover all your local playgrounds!

Loughton Town Council

1 Buckingham Court
Rectory Lane

Loughton IG10 2QZ

T: 0208 508 4200

F: 0208 508 4400

E: contact@loughton-tc.gov.uk

W: www.loughton-tc.gov.uk



LOUGHTON

DISCOVER YOUR LOCAL PLAYGROUNDS!





Colebrook Lane



Hillyfields

Hillyfields Age 2-6
IG10 2PX

- Inclusive toddler multi-play unit
- Ladybird springy, play panels and seat

Traps Hill Age 2-14
IG10 1HD

Next to Loughton Library

- Horse springy and turnstile spinner
- Junior and toddler multi-play units
- Seats
- Swings – toddler and junior

Roding Valley Recreation Ground Age 2-12
IG10 3BS

Behind the tennis courts, close to Roding Road entrance

- Balance beam, stepping stones and seats
- Multi-play unit
- Play panels and telephone tubes
- Rocking see-saw and spinner
- Swings – toddler and junior

OUTDOOR GYM
Roding Valley Recreation Ground Age 14+
IG10 3BS

On the mound, close to Roding Road entrance

- Chest press
- Pull down exerciser
- Four-wheel spinner
- Skier
- Leg press
- Spacewalker

Felstead Road Age 2-12
IG10 3BB

- Fun run (log beam and stepping stones)
- Roundabout, see-saw and seats
- Swings – toddler and junior
- Toddler multi-play unit



OUTDOOR GYM
Willingale Road Playing Field Age 14+
IG10 2DD

Behind the car park

- Balance beams
- Chest exerciser
- Leg press
- Skier
- Space walker
- Swingalong
- TRX pole

Colebrook Lane Age 2-14
IG10 2HP

- Balance beam, stepping stones and seats
- Climbing wall and rope climbing units
- Inclusive multi-play unit
- Shrek donkey springy
- Swings – toddler, junior, and DDA-compliant pod seats

Westall Road Age 2-14
IG10 2AF

- Boulders and seats
- Multi-play unit with climbing wall
- Pendulum swing and toddler swings
- Roundabout and overhead spinner

Newmans Lane Age 2-14
IG10 1TN

- Roundabout and seat
- Swings – toddler, junior and pendulum tyre
- Toddler and junior multi-play units

Monksgrrove Age 2-6
IG10 3LP

Oakwood Hill Estate

- Toddler multi-play unit
- 2-seat springy, play panels and seat



Newmans Lane



Roding Valley Recreation Ground

Key Age 2-6 Age 2-12 Age 2-14 Age 14+