



## **PRESS RELEASE**

### **LIGHT UP A LIFE**

For many people, Christmas begins with the annual “Light up a Life” ceremony at Kings Green, just off the High Road. The Town Council, in partnership with St Clare Hospice, invites local residents to come together with their friends and family to remember and celebrate the life of someone close and dedicate a symbolic light in their memory.

Everyone is invited to join this special event which includes the switching on of the Christmas lights on the large tree by the war memorial. This year’s ceremony will take place on Saturday, 25 November 2023. We will be meeting in the foyer of the Loughton Methodist Church in the High Road from 4.30pm ready for the torch-lit procession leaving at approximately 4.45pm, for the short walk to Kings Green.

This Light up a Life event gives people a very special opportunity to reflect and share fond memories of loved ones at this poignant time of year. There will be an opportunity to sing some favourite carols and, following the short service, hot drinks and mince pies will be served back at the Methodist Church. The events are open to everyone; you don’t have to have experienced hospice care.

More information on how to dedicate a light may be found at [www.stclarehospice.org.uk/light-up-a-life](http://www.stclarehospice.org.uk/light-up-a-life) or by calling 01279 773737, but please note, you do not have to sponsor a light to join the ceremony, it is open to everyone.

The Town Council looks after Kings Green on behalf of the City of London and we are delighted to be able to provide the focal point of the illuminated tree as a contribution to “Light up a Life” in Loughton during the Christmas period.

**For more information contact:**

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**15 November 2023**