



PRESS RELEASE

FREE HALF TERM EVENTS IN LOUGHTON 2016

New this year we are providing a caving experience! No need to travel to Cheddar Gorge or Wookey Hole as on Thursday 27 October from 11am – 3pm in the playground at the Roding Valley High School off Brook Road, you'll find an interactive trailer cave.

Inside this mobile cave you can explore over 90ft of tunnelling on two levels with sumps, stalagmites and squeezes! Each caver will be provided with a helmet and head torch and, after a quick briefing, sent off to explore. The experience is suitable for everyone over the age of 5 including adults.

For those who enjoy BMX bikes, sk8 boards or in line skates, as in previous years our portable ramps will be laid out in the school playground enabling both beginners and the more experienced riders to show off their skills. In addition, on Friday 28 October we're providing a large 5ft half pipe with professional riders performing demonstrations and leading workshops. There will also be equipment and helmets for novices to use and try out this exciting activity.

A refreshment van serving hot drinks and snacks will be on site to help sustain you during this energetic event.

This annual event is organised by Loughton Town Council in partnership with Skate Loughton and sponsored by the Safer Communities team at Epping Forest District Council. We are grateful for the support of Roding Valley High School in allowing the use of its playground.

Note to editor:

Loughton Town Council together with the Loughton Youth Project are working together to find a suitable site in the town for a permanent skate park.

<http://www.skateloughton.org/>

**For more information contact:
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