

Loughton Community Day





WE LOOK forward to welcoming all residents from 12 noon until 4pm on Saturday 20 September, to this free, very popular, community event.

Join us at Loughton Cricket Club, IG10 1NQ, entrances are in Traps Hill opposite Loughton Library, Swimming Pool and Car Park, and discover what Loughton has to offer its residents of all ages and interests.

Would you like to know more about local voluntary groups, what they have to offer or to

become involved as a volunteer? Are you looking to take up a new hobby or pastime? This is your opportunity to find out what is happening on your doorstep. A variety of community groups, clubs and organisations will once again be showcasing their services to Loughton residents.

The event will also include dance and musical performances along with a Puppet Theatre show, food and refreshment stalls, and much more. Come along and enjoy the show.

With grateful thanks to our sponsors, **Daniel Robinson & Sons Funeral Directors** and **Madison Fox Estate Agents** for their generous support. In addition to their kind donations, Madison Fox will be helping raise awareness of Loughton Day through their promotional boards displayed throughout the town.

Visit our website, News and Events page, for more details: News & Events - Loughton Town Council

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ADVICE. HELP & INFORMATION

Age UK Essex

Age UK Advice

- · · · · · · · · · · · · · · · · · · ·	
3Food4u	01992 842642
Action for Family Carers	0300 770 80 90
Affordable Counselling Epping Forest	07583 111796
Citizens Advice	0808 278 7855
Citizens Advice Consumer Service	03454 04 05 06
Epping Forest Foodbank	0300 102 9808
New City College, Epping Forest	0330 135 9000
Jobcentre Plus (Loughton)	0345 604 3719
NSPCC helpline (freephone)	0808 800 5000
RSPCA cruelty line	0300 1234 999
Samaritans	116 123
SSAFA (Loughton Epping & Harlow)	01206 764114
Trading Standards ECC (business)	0345 603 7626
Victim Support (Essex)	0300 303 0165
COMMUNITY	

01279 870297

01245 346106

0800 678 1174

Care & Repair Service 01992 564086 Churches Together www.loughtonchurches.org.uk **Epping Forest ReUse** 01992 578222 ignite (Youth Activities) 020 8508 3643 020 8508 6114 Loughton Voluntary Care Assoc. Restore Community Centre 020 8508 7247 Royal British Legion (Loughton Branch) 020 8508 5044 Royal Voluntary Service 0845 608 0122 Supporting Carers in Essex 0300 770 80 90 Voluntary Action Epping Forest 01992 910701 Volunteering Enquiries 01992 284761

HEALTH & HOSPITALS

ADAS (Alcohol & Drugs Service)	01279 641347
Alzheimer's Society (Epping Forest)	01279 427522
Breathe Easy Harlow & Epping Forest	01992 573387
British Red Cross	020 8508 2162
Forest Medical Centre	020 8535 6888
The Holly Private Hospital	020 8505 3311
King George	020 8983 8000
Loughton Health Centre	020 8502 5000
NHS Direct	111
Princess Alexandra	01279 444455
Rectory Lane Health Centre	020 8272 4600
Spire Roding (Private)	020 8551 1100
St Margaret's	01279 444455
Whipps Cross	020 8539 5522

LOCAL AMENITY REFUSE POINTS

Essex County Council www.essex.gov.uk/recyclingcentres Chigwell IG7 5AA Luxborough Lane Waltham Abbey EN9 1JU Brooker Road

POLICE & FIRE (dial 999 for emergencies)

Essex Police (non-emergency) Action Fraud 0300 123 2040 Anti-terrorist hotline 0800 789321

PUBLIC UTILITIES

105 UK Power Networks emergency National Gas Emergency Service 0800 111 999 Thames Water 24 hour leakline 0800 714 614

SPORT

David Lloyd Chigwell 0345 129 6783 Debden Sports Club 020 8508 9392 Loughton Athletic Club 07958 903842 Loughton Bowling Club 020 8508 3546 Loughton Cricket Club 020 8502 2064 Loughton Football Club 020 8508 4757 Loughton Leisure Centre (& pool) 020 3225 5460 Loughton Rugby Football Club 07939 468222 South Loughton Cricket Club 07941 347812

TRAVEL & TOURISM 0344 800 4411 Arriva (traveline) First Essex Customer Services 0345 602 0121 Gatwick Airport: Your service centre 01293 555713 Heathrow Airport 0844 335 1801 London Travel Information 0343 222 1234 (TfL & London Overground) Luton Airport 01582 405100 National Express 0871 781 8181 National Rail Enquiries 03457 484950 Southend Airport 01702 538 500 Stansted Airport 0844 335 1803 Tourist Info Centre (Waltham Abbey) 01992 660336 Traveline (public transport information) 0871 200 22 33





Boys & Girls 21/2 to 16



Boys & Girls 21/2 to 16



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Clerk's Remarks



LOUGHTON DAY is coming for the third time in a row. Loughton Town Council (LTC) is pleased to be staging the event again at Loughton Cricket Club (on the corner of Church Hill and Traps Hill) on Saturday 20 September.

There is no entrance fee – it's free! Loughton Day ensures that the whole Loughton community gets together for one day. Local groups and clubs have the chance to show residents 'what

they do' and 'what they can offer'. Last year we welcomed over 40 different stalls. Judging by the interest this year, we are expecting the same or more with something for everyone. Pitches range from Royal Society for the Protection of Birds (RSPB), Guide Dogs for the Blind Association, handicrafts and iewellery making to candyfloss and sweets. Children's entertainment, singing and dancing will take place at the open stage area, where you can watch all performances from the comfort of your deck chair. There will be the usual variety of food and drink from the traditional café provided by 'Churches Together', BBQ and burgers, to strawberries and cream at the LTC stall. Thanks again to Loughton Cricket Club for hosting the event on their lovely grounds. Looking forward to seeing you all there.

You may have already met the

new Town Mayor, Cllr David Wixley who is serving for the second time in this prestigious role. David is probably well known to you as a long serving Town Councillor and a familiar figure in the Loughton community. He is ably assisted during his term of office by the new Deputy Town Mayor, Cllr Stephen Harriman.

We were sad to say goodbye recently, to our retiring, Services Manager, Paul Hoy, who has provided outstanding service to LTC for over 20 years. We wish Paul all the very best in the future. His long serving assistant Debbie Taylor will be taking over the role and we wish Debbie every success too.

Jessel Green Fun Day on 6 July 2025 was a great success with large numbers of visitors. Whilst there were reports of a deluge of rain at Harlow and the M11 corridor, we seemed to be blessed with only one streak of lightning, one clap of thunder and one heavy downpour which only lasted about half an hour. Spirits were not dampened, and the sun came out again. A big thank you to all who contributed on the day, to the 'Cottage Loaf' pub for their generous donation to the event and for Loughton Wombles for keeping the green area so pristine and litter free.

The Town Councils' annual allotment awards are announced at the Horticultural Show at Murray Hall on Saturday 6 September 2025. An update on this event and a list of the allotment winners will appear in the next winter edition of 'Think Loughton'.

As usual, keep tabs on all developments from our 'news and events' section of the LTC website News & Events - Loughton Town Council and Facebook page

Mark Squire
Town Clerk

A Fond Farewell



LOUGHTON TOWN COUNCIL

(LTC) bid farewell, in July this year, to one of its longest serving employees, Services Manager, Paul Hoy. Paul joined LTC in 2005 and elected to take early retirement this year for family reasons. As Services Manager, Paul's main responsibility was for the LTC Services Team and managing all the outdoor areas and activities in Loughton, although he wore numerous hats within our team! Paul

was a very popular team member who will be sorely missed by both his colleagues and the Councillors. He will be taking away a wealth of knowledge, but will be ably replaced by his Deputy, Debbie Taylor, having trained her well in the role! We wish Paul the very best of luck in his retirement and Debbie every success in her new post.



Loughton Town Council

Town Mayor: Cllr David Wixley Deputy Town Mayor: Cllr Stephen Harriman Town Clerk: Mark Squire

Councillors

ALDERTON WARD

CIIr Alan Fricker 07508 332342 c/o 1 Buckingham Court Rectory Lane IG10 2QZ CllrAlanFricker@loughton-tc.gov.uk

Cllr Michael Stubbings 07766 480522 70 Greenfields Loughton IG10 3HF

CllrMickStubbings@loughton-tc.gov.uk **CIIr Katie Valentine** 07477 012213

c/o 1 Buckingham Court Rectory Lane IG10 2QZ CllrKatieValentine@loughton-tc.gov.uk

BROADWAY WARD

Cllr Neil MacKinnon 07872 324028 c/o 1 Buckingham Court Rectory Lane IG10 2QZ CllrNeilMacKinnon@loughton-tc.gov.uk **CIIr Ceejay Ubah** 07983 535992 c/o 1 Buckingham Court

Rectory Lane IG10 2QZ cllrchijiokeubah@loughton-tc.gov.uk

DEBDEN WARD

CIIr Les House 020 8508 3369 109 Avondale Drive Loughton IG10 3DQ leshouse18@hotmail.com

FAIRMEAD WARD

CIIr Carol Davies 07817 230372 c/o 1 Buckingham Court Rectory Lane IG10 2QZ CllrCDavies@loughton-tc.gov.uk

Cllr Sebastian Fontenelle 07898 906371 c/o 1 Buckingham Court Rectory Lane IG10 2QZ

cllr@sebastianfontenelle.co.uk

07958 813014 **Cllr Ruth Sylvan** Englands Lane Loughton IG10 2NS CllrRuthSylvan@loughton-tc.gov.uk

FOREST WARD

Cllr Kin-Wan Lee 07940 807483 80 Meadow Road Loughton IG10 4HX Cllrkinwanlee@loughton-tc.gov.uk

Cllr Stella Murphy 020 8508 2794 c/o 1 Buckingham Court Rectory Lane IG10 2QZ CllrStellaMurphy@loughton-tc.gov.uk

Cllr Jon Riley 020 8508 6604 Resident of Forest Ward, Loughton IG10 4RB jonriley135@outlook.com

RODING WARD

Clir Stephen Murray 020 8508 7548 1 Avondale Court, Avondale Drive Loughton IG10 3BT CllrStephenMurray@loughton-tc.gov.uk

ST MARY'S WARD

Clir Wendy Dodd 07871 964682 c/o 1 Buckingham Court Rectory Lane IG10 2QZ CllrWendyDodd@loughton-tc.gov.uk

Cllr Raj Minhas 07889 121518 2 Alderton Hall Lane Loughton IG10 3HN CllrRajveerMinhas@loughton-tc.gov.uk

ST JOHN'S WARD

Clir Ian Allgood 020 8502 2393 117 Greensted Road Loughton IG10 3DJ CllrlanAllgood@loughton-tc.gov.uk

Cllr Stephen Harriman 020 8502 1779 c/o 1 Buckingham Court Rectory Lane IG10 20Z CllrStephenHarriman@loughton-tc.gov.uk

Cllr Joyce Obaseki 020 3004 7286 c/o 1 Buckingham Court Rectory Lane IG10 2QZ Joyce.obaseki@grantasmile.org.uk

Cllr Michael Owen 07467 430145 c/o 1 Buckingham Court Rectory Lane IG10 2QZ michael.x.owen@gmail.com

Cllr Chris Pond 020 8508 2361 Forest Villa, Staples Road Loughton IG10 1HP loughton_ponds@hotmail.com

WHITEBRIDGE WARD

Clir Rose Brookes 07391 879412 3 Lower Park Road Loughton IG10 1PD CllrRoseBrookes@loughton-tc.gov.uk

Cllr David Wixley 020 8418 9284 2 Copper Beech Court, Goldings Road Loughton IG10 2QH david.wixley198@btinternet.com

Committee membership C Chairman VC Vice Chairman

RESOURCES & GENERAL ENVIRONMENT & SERVICES

C M Owen **VC** R Brookes I Allgood S Fontenelle N MacKinnon

S Murray M Stubbings

HERITAGE

C C Pond **VC** A Fricker W Dodd S Harriman J Obaseki C Ubah K Valentine

PLANNING & LICENSING

C C Davies **VC** J Riley W Dodd K W Lee R Minhas S Murphy C Ubah

RECREATION

C K Valentine **VC** S Murray

L House N MacKinnon M Stubbings R Sylvan D Wixley

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Contacting us

For editorial contributions and diary entries, please call 020 8508 4200. For advertising enquiries, please call 01245 790244 / 07942 800865.

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Town Council Meetings

1 Buckingham Court, Rectory Lane, Loughton, IG10 2QZ at 7.30pm 2025

Sept 8 Planning & Licensing

10 Recreation

22 Planning & Licensing

24 Environment & Heritage

Oct 6 Planning & Licensing

> 8 Resources & General Services

15 Council

20 Planning & Licensing

Nov 3 Planning & Licensing

> 5 Recreation

Planning & Licensing

19 Environment & Heritage

For dates of subsequent meetings, check the council's website.

News round-up

■ HORTICULTURAL SHOW: Our 6th annual Horticultural Show will be held at Murray Hall, IG10 3SB, on 6 September 2025. Loughton residents of all ages with an interest in flora, fauna and baking are invited to attend and/or enter this family fun event, from 2-4pm. Town Mayor, Cllr David Wixley will also present our annual allotment awards.



■ WYN MARSHALL: It is with sadness that we report the passing of Wyn Marshall, a long-standing tenant and volunteer at Willingale Road Allotments. Wyn passed away on Friday, 11 July 2025, after a short illness. Our thoughts are with his family and friends, especially those at Willingale Road Allotments.

■ REMEMBRANCE DAY PARADE: This year's commemorations will be held on Sunday 9 November 2025. Starting at 11am there will be two minutes' silence at the War Memorial on Kings Green. The Annual Parade from Loughton's Royal British Legion Headquarters in Church Hill to the War Memorial will follow later at 11.50am. The Remembrance Service and Poppy Wreath ceremony commences at 12.15pm followed by the march off up Church Hill. Please join us in remembering all those that have fallen and given their service on our behalf.

■ ST CLARE HOSPICE: is calling on community-spirited people in Loughton to join its team of volunteers at its newly opened charity shop in the town.

Retail volunteers are the heart and soul of every St Clare shop - from welcoming customers and sorting donations, to creating eve-catching window displays and managing the tills, helping transform the public's donated items into compassionate care. It is a fun, flexible role for all ages and abilities. Full training and support provided.

Apply to become a Loughton shop volunteer, at Volunteer vacancies - St Clare Hospice, or contact the Volunteer Development Team on 01279 773704 or email volunteer@stclarehospice.org.uk

■ MULTI-AWARD WINNING SHOW:

Following their "sell out" show Made in Dagenham, Loughton Operatic Society will be one of the first amateur musical societies in Essex to perform the critically acclaimed musical. Come From Away from 3 - 6 December. Based on a true story, it tells the heartwarming story following the real life experiences and generosity of the Gander people in Newfoundland, who came together to take care of 7000 stranded passengers and crew from 38 diverted planes, following the 9/11 terror attacks that changed the course of history. For tickets or for more info. please visit www.ticketsource.co.uk/LOS

New Town Mayor Loughton CLLR DAVID WIXLEY, who represents Following his election, David humbly expressed Following his election, David humbly expressed

CLLR DAVID WIXLEY, who represents Whitebridge Ward, was unanimously elected Loughton Town Mayor for 2025/26 at the Annual Council meeting on 21 May 2025.

Having lived in Loughton since 1951, he has been a member of Loughton Town Council since 2004, serving as Chairman of the Recreation Committee and the Planning and Licensing Committee in the past and holding the position of Town Mayor in 2010-11.

Following his election, David humbly expressed the honour of receiving the opportunity to serve the community in this role again, and how he was looking forward to his year ahead. His chosen charity for the year is St Clare Hospice.

Cllr Wixley congratulated Cllr Stephen Harriman who was also unanimously elected as Deputy Town Mayor. Cllr Harriman is a relatively new councillor having been elected in 2024, representing St John's Ward. Stephen thanked

fellow councillors for their vote and is delighted to be supporting David in his role over the next twelve months.

Members also paid tribute to the work of the outgoing Mayor, Cllr Katie Valentine, commenting that the role was no small undertaking and that she had performed her duties extremely well. In response, Katie described how much she enjoyed her Mayoral tenure meeting so many excellent groups within Loughton, offering its residents so much and making for such a wonderful community.

L-R: Town Mayor Cllr David Wixley & Deputy Town Mayor Cllr Stephen Harriman

Honoured

THE FOUNDER and principal of the Anna Fiorentini Theatre & Film School was awarded a British Empire Medal (BEM) in the King's Birthday Honours for Services to Young People from Underprivileged Backgrounds.

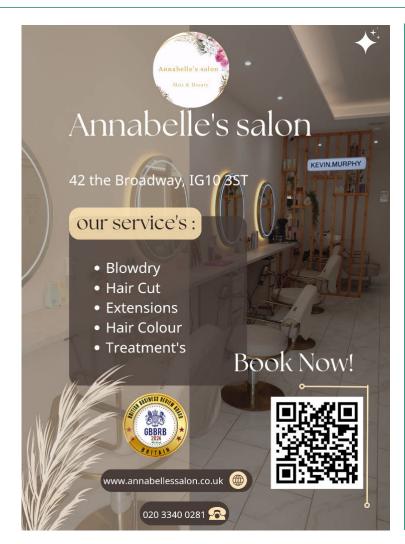
Anna moved to Loughton last year and is excited to open a new branch of her multi-award-winning school here in September (see P13). Established as a Prince's Trust business 24 years ago, it has transformed the lives of thousands of young people through its unique approach.

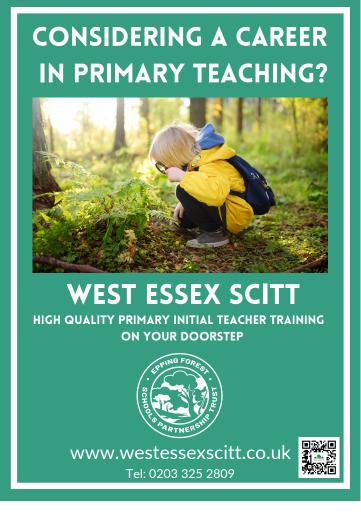
Anna launched a charitable arm 15 years ago for children facing challenges of bullying, bereavement, or chronic health conditions. Additionally, Stage & the City was created offering adult evening performing arts classes and corporate team building events, ensuring creativity is accessible to all, with profits funding the school's charity efforts. July saw an anniversary show at the Mulberry Theatre, Bow, with a performance from the Fiorentini Kids' Performance Troupe, that tours care homes, hospitals and community centres, delivering a powerful glimpse of the charitable impact to the audience.

An epic 25th Anniversary showcase at the Hackney Empire in March 2026 is planned to celebrate achievements of students past and present

Anna Fiorentini expressed her gratitude, saying: "This award is a huge honour and wonderful recognition of our mission. The arts should be a space where everyone can create together, regardless of background.







Jessel Green Community Fun Day 2025

"Thunder, Lightning, and a shower of rain didn't stop play! Loughton Town Council thanks all supporters, volunteers, and wonderful residents for making Jessel Green Family Fun Day 2025 so successful - we look forward to seeing you all again next year!"







Helping Nature Thrive in Epping Forest

EPPING FOREST CHARITY is undertaking important conservation work over the summer and autumn, helping protect some of Epping Forest's rarest habitats and the wildlife that

depends on them.

The Forest might look wild and unchanging but has been shaped by people for centuries. In the past, commoners (local people with rights to use the Forest) helped keep parts of it open by grazing animals and cutting trees using a method called pollarding.

As this traditional land use has declined over the last 130 years, young trees and holly have spread into open areas like glades, meadows, heathland and ponds, resulting in these valuable open habitats shrinking in size and becoming shaded.

Heathland, one of the world's rarest habitats and most affected areas, has declined by 80% across the UK since the 1800s. Some species only live on heathlands, so protecting what's left is vital. Only 18.1 hectares remain in the whole Forest – that's just 0.7% of the total area.

The Forest's biggest heathland restoration project will begin at Long Running this autumn to

the east of the surfaced trail from Jack's Hill North car park, by carefully removing some trees to let in more light. Works will also include: managing bracken, using grazing animals to keep growth in check, and gently removing competitive grasses to help heather grow back. These changes can look

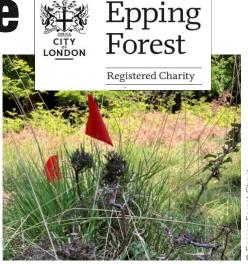
reip reatner grow back. These changes can look dramatic initially but are carefully planned to support long-term recovery and biodiversity. We're running two free Q&A guided walks at Long Running East about the works. Meet our team: Saturday 4 October, 9am—11am and Wednesday 8 October, 11am—1pm. Register at: https://forms.office.com/e/uTRiWTteiL

Other projects this autumn include:

- Restoring ponds and old pollarded trees in **Epping Thicks**
- Regenerating Sheppard's Meadows wildflowerrich lowland meadow
- Revealing ancient trees to help them live longer at Lower Forest.

Works will involve some tree removal, a key part of restoring and protecting rare and important habitats

How you can help:



1. Be aware – You may see machinery in use.

Follow safety signs.

2. Be prepared – The landscape will change. Areas will be carefully managed as they recover.

3. Be gentle – Avoid walking through newly cleared areas, to give nature space to return.

Visit our website for more information: Habitat Restoration Programme - City of London. Any questions, please email: epping. forest@cityoflondon.gov.uk or call 020 8532 1010

Epping Forest Charit

Tribute Cllr Caroline Pond

IT WAS with great sadness that we saw the passing in May 2025 of former Loughton Town Councillor, Caroline Pond, who represented Alderton Ward (2004 to 2008), then St Johns Ward (2008 to 2024), and also served as Loughton Town Mayor (2011 to 2012). She will be greatly missed by all fellow Loughton Town Councillors and staff, past and present. Our heartfelt condolences are extended to her beloved husband, Cllr Chris Pond, and their son, Ed.

During her tenure at Loughton Town Council, Caroline embraced her mayoral duties with great enthusiasm. She was

unfailingly kind and unassuming, with a quiet determination to get things done. Not one to seek the limelight, her focus was purely on what she could achieve for the community.

Highlights included opening the refurbished playground in Hillyfields, unveiling the newly built outdoor gym at Roding Valley Recreation Ground, presenting awards to the Town Mayor's Best Allotment winners, speaking with veterans at the Debt of Honour display at Murray Hall, and enjoying a vintage bus ride during the Heritage Day Bus Rally. She also unveiled the Heritage Blue Plaque on Woodcroft School, Baldwins Hill, formerly the home of Thomas Willingale, which now honours the acclaimed British neurosurgeon Sir Hugh Cairns, a



pioneering advocate of crash helmets.

Caroline was also District Councillor for St Johns Ward (2002 to 2024), serving admirably as Chairman of Epping Forest District Council (EFDC) in the municipal year 2007 to 2008. Her love of nature and gardening left a lasting legacy. While serving at EFDC, she campaigned to save and protect the beautiful spring display of daffodils along the raised area of Hillyfields on Rectory Road, when Essex County Council installed the cycle path, some decades ago now. They are still flourishing and a muchloved feature of the town.

With the interests of Loughton and the wider Epping Forest District community at heart, Caroline gave her time generously to local causes, volunteering with Loughton Voluntary Care and the Friends of St Margaret's Hospital, where she sadly passed away on 13 May following a long and debilitating illness.

Her funeral took place on Tuesday 3 June, with a private burial at Loughton Cemetery followed by a memorial service at Loughton Methodist Church, attended by some 200 people. Memorial donations were made to the EFDC chairman's charities, local charities including the Friends of St Margaret's Hospital, where Caroline died, and was her chosen charity

Oakwood Hill **Community Fun Extravaganza**

OAKWOOD HILL Community Fun Extravaganza was held on 12 July 2025, at Roding Valley Recreation Ground, next to the Oakwood Hill Estate, celebrating the achievements of the Safer Streets project and the community outreach initiatives led by the Community Safety Team, in collaboration with key partners and the Oakwood Hill Community Engagement Officer. The project has received valuable support strengthening its connection with the local community and brought a host of improvements.

Restore Community, based at the Community Centre, also hosted their much-loved annual barbecue, reinforcing their commitment to local outreach.





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Dates for the diary

■ Every Wednesday 12.30-2.30pm Let's Get Together Oakwood Hill Community Hub, Longcroft Rise, IG10 3NB. Free weekly sessions run by Epping Forest District Council's Community, Development and Wellbeing Team. Open to all. Get to know others in your local area, learn a new skill, play games, or relax and enjoy a cup of tea and a chat. No need to book. Contact Karen Murray: 01992 564222 or

kmurray@eppingforestdc.gov.uk ■ 6 Sep 1.30pm Shades of Miles Join us for an afternoon of Miles Davis' music performed by Paul Higgs & his Quartet at the Loughton Baptist Church, High Road, IG10 4QU. For Tickets and further info from The Jazz Archive visit:

www.wegottickets.com/event/669413/

6 Sep 2-4 pm Loughton Horticultural Show 2025 & Best Allotment Awards The Murray Hall, Borders Lane, IG10 3SB. Doors open to exhibitors at 9am. Classes for all ages. Prize giving at 4pm, (followed by Best Allotment Awards presentation). Refreshments available. Free Admission ■ 9 Sep 2-4.15pm T J Johnson's Jazz & Blues Band Theydon & Abridge Jazz Club, Abridge Village Hall, 39 Ongar Road, RM4 1UD. Disabled facilities. Free Parking / Bar / tea & coffee. £10 members, £12 non-members.

Membership available. Enquiries: Dave Dyer – 01945 588325 / 07903 879209 davedyer24@gmail.com or Roger Gayler 01992 523849

www.theydonjazzclub.weebly.com Sept 8pm London Bridged: 3,500 years of crossing the Thames a lecture by Charlie Forman, a London Tour Guide and lecturer, with firsthand knowledge of the City. An account of how London grew around the Thames, divided and united by the methods of crossing the river. The Arts Society, Bancroft's Prep School, 611 High Road, Woodford Green, IG8 0RF. Donation Requested. Refreshments are available from 7.15pm. Visitors welcome! Information from:

artssocietywoodfordgreen@outlook.com
■ 20 Sept 12 noon-4pm Loughton Day
Loughton Cricket Club, The Uplands,
IG10 1NQ free event. Discover what
Loughton Community Groups have to
offer and meet up with other leads. offer, and meet up with other locals, while enjoying entertainment, live music, food & drink and more.

23 Sep 2-4.15pm Alan Gresty & his Ragtimers Theydon & Abridge Jazz Club, Abridge Village Hall, 39 Ongar Road, RM4 1UD. Disabled facilities. Free Parking / Bar / tea & coffee. £10 members, £12 non-members. Membership available. Enquiries: Dave Dyer – 01945 588325 / 07903 879209 davedyer24@gmail.com or Roger Gayler 01992 523849

www.theydonjazzclub.weebly.com

24 Sep 2.30pm Wildlife in Epping
Forest a talk by Peter Warne, Woodford &
District National Trust, All Saints Church Hall, Woodford Green, IG8 0NH. Members and non-members all welcome. Enquiries: speller643@btinternet.com / 07774 164407

■ 25 Sep 7.45pm AGM and look at Fans Essex Handicrafts Association Woodlands Branch Meets on the 4th Thursday of each month in the church hall at Loughton Methodist church contact Karen Myles 020 8508 4581 Branch Secretary (see p13).
■ 7 Oct 2-4.15pm Peter Rudeforth & his

Savoy Six Theydon & Abridge Jazz Club, Abridge Village Hall, 39 Ongar Road, RM4 1UD. Disabled facilities. Free Parking / Bar / tea & coffee. £10 members. £12 non-members. Membership available. Enquiries: Dave Dyer - 01945 588325 / 07903 879209 davedyer24@gmail.com or Roger Gayler 01992 523849

www.thevdoniazzclub.weeblv.com ■ 14 Oct 8pm Dutch Paintings in National Trust Houses a lecture by Jane Choy-Thurlow, a University Lecturer and guide at the Mauritshuis, she has been honoured for her work in promoting History of Dutch Art. An account of how Dutch paintings and artists became status symbols. The Arts Society, Bancroft's Prep School, 611 High Road, Woodford Green, IG8 0RF. Donation Requested. Refreshments are available from 7.15pm. Visitors welcome! Information from:

artssocietywoodfordgreen@outlook.com

15 Oct 2.30pm John Constable - the Man and his Landscapes a talk by Patricia Hodgkins, Woodford & District National Trust, All Saints Church Hall, Woodford Green, IG8 0NH. Members and non-members all welcome. Enquiries: speller643@btinternet.com / 07774 164407

■ 21 Oct 2-4.15pm Enrico Tomasso & his Hot Four Theydon & Abridge Jazz Club, Abridge Village Hall, 39 Ongar Road, RM4 1UD. Disabled facilities. Free Parking / Bar / tea & coffee. £10 members, £12 non-members Membership available. Enquiries: Dave Dyer - 01945 588325 / 07903 879209 davedyer24@gmail.com or Roger Gayler 01992 523849

www.theydonjazzclub.weebly.com 23 Oct 7.45pm Beading Essex Handicrafts Association Woodlands Branch Meets on the 4th Thursday of each month in the church hall at Loughton Methodist church contact Karen Myles 020 8508 4581 Branch Secretary (see p13).

28 Oct 10am-3pm Nature Walk

Explore the natural world, with a mix of games and outdoor based activities. Find out more about the wildlife on your doorstep. Events for Children and Families at Epping Forest Field Centre, High Beach, IG10 4AF T: 02085 028500. www.fieldstudies-council.org/eppingforest/eco-adventures

Ages: from 18 months to 11 years. Eco Tots: 18 months - 5 years old Eco Explorers: 5-8 years old Eco Adventurers: 8-11 years old.





■ 29 Oct 4.30-6.30pm Bat Walk - Eco Champions (7+ years old), Explore the natural world, with a mix of games and outdoor based activities. Find out more about the wildlife on your doorstep. Events for Children and Families at Epping Forest Field Centre, High Beach, IG10 4AF T: 02085 028500. www.field-studies-council.org/eppingforest/eco-adventures



- 30 Oct 1 Nov 8pm Home, I'm Darling by Laura Wade. An original and witty take on married life and its joys and stresses. Judy and Jonny live a 1950's lifestyle, in a modern world. But amid the sparkling work surfaces, the home-made marmalade and the vegetable patch, their seemingly idyllic life faces challenges as they grapple with financial struggles, the state of their marriage and the crumbling realities of the 21st century. This play is amusing, thought provoking and will certainly entertain. Loughton Amateur Dramatic Society (LADS), at Lopping Hall, High Road, Loughton IG10 4LF. Tickets (£14) available from 07552 736 110 (answerphone), lads.boxoffice@gmail. com or www.lads.org.uk

 4 Nov 2-4.15pm Alan Gresty & his
- Ragtimers Theydon & Abridge Jazz Club, Abridge Village Hall, 39 Ongar Road, RM4 1UD. Disabled facilities. Free Parking / Bar / tea & coffee. £10 members, £12 non-members. Membership available. Enquiries: Dave Dyer – 01945 588325 / 07903 879209 davedyer24@gmail.com or Roger Gayler 01992 523849
- www.theydonjazzclub.weebly.com ■ 9 Nov 11.50am Remembrance Sunday Parade from Loughton's Royal British Legion Headquarters in Church Hill to the War Memorial. At 12.15pm the Remembrance Service and Poppy Wreath ceremony will commence followed by the march off up Church Hill.

For more information:

■ 11 Nov 8pm Bad Behaviour: a history of unruly audiences a lecture by Mark Fisher, a freelance theatre critic and feature writer. He is a theatre critic for The Guardian and has written about the Edinburgh Festival. Is the phenomenon of unruly audiences so recent? The Arts Society, Bancroft's Prep School, 611 High Road, Woodford Green, IG8 0RF. Donation Requested. Refreshments are available from 7.15pm. Visitors welcome! Information from:

artssocietywoodfordgreen@outlook.com ■ 12 Nov 2.30pm Branch AGM, followed by 'Walthamstow - a place full of History' a talk by Peter Lawrence, Woodford & District National Trust, All Saints Church Hall, Woodford Green, IG8 0NH. Members and non-members all welcome. Enquiries: speller643@btinternet.com/ 07774 164407

*** Is Nov 2-4.15pm Enrico Tomasso & his Hot Four Theydon & Abridge Jazz Club, Abridge Village Hall, 39 Ongar Road, RM4 1UD. Disabled facilities. Free Parking / Bar / tea & coffee. £10 members, £12 non-members. Membership available. Enquiries: Dave Dyer - 01945 588325 / 07903 879209 davedyer24@gmail.com or Roger Gayler 01992 523849

www.theydonjazzclub.weebly.com ■ 27 Nov 7.45pm Christmas Decorations Essex Handicrafts Association Woodlands Branch Meets on the 4th Thursday of each month in the church hall at Loughton Methodist church contact Karen Myles 020 8508 4581 Branch Secretary (see p13).

Disclaimer: Loughton Town Council takes no responsibility for events organised by external organisations/ individuals that are listed above Please always check details and availability with the relevant organiser.







PROJECT ARCHITECTURE ARCHITECTURAL DESIGN **FEASIBILITY STUDIES** PLANNING APPLICATIONS **CONCEPTS**

IDEAS

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eacon Tribute

LOUGHTON TOWN COUNCIL was honoured to host the lighting of the Beacon at the top of Hillyfields Open Space, on 8 May 2025, participating in this national tribute in which over 1,500 beacons were lit across the length and breadth of the country

vE Day 80th Anniversary.
Cllr Katie Valentine, then
Loughton Town Mayor welcomed
everyone to this special event
and thanked the 41st Epping Forest Scouts for reading 'The Tribute', Reverend Chris Davies for his words of Remembrance, and Frankie Gibney (Young Loughton Citizen of the Year) for lighting the Beacon. She also

acknowledged Ben Mayers, the Standard Bearer, and Roseanne Duckworth for playing the bugle. We were also delighted to see our local MP, Dr Neil Hudson in attendance, at the end of his busy schedule on this momentous day.

A big thank you to all who took part and the large crowd of Loughton residents who attended supporting this historic, commemorate event.

The beacon was previously lit here celebrating in 2012 the Queen's Diamond Jubilee, in 2016 the Queen's 90th Birthday, in 2022 the Platinum Jubilee, and the D-Day Landings 80th Anniversary in 2024.





Youth Council Vaping Report

EPPING FOREST YOUTH COUNCIL'S

(EFYC) vaping report has been launched read the full report here: https://www. eppingforestdc.gov.uk/your-council/eppingforest-youth-council/ This important project was inspired by the voices of over 100 young people who attended our 2023 Youth Conference. Underage vaping was consistently raised as a top concern and therefore chosen as our 2025 priority issue. A massive thank you to everyone involved with this project:

- Healthwatch Essex
- The Children's Society East
- Essex Public Health
- The Training Effect
- Amy Winehouse Foundation

And to all the Epping Forest schools that supported the project encouraging students' participation in our anonymous survey.

The findings and outcomes will be presented to over 100 pupils from every secondary school across the district at our Youth Conference on 21 November. We're especially excited to welcome Dr Neil Hudson, MP, a strong advocate for young people's health, who will be joining us for the day.

This report is just the beginning. Raising awareness and encouraging action, we hope will help our peers make informed, healthy choices.

Jacques Prinsloo, a Loughton Youth Councillor involved in the EFYC's vaping report, said "This report gives young people a voice on an issue affecting them directly. The findings are worrying, but they also show where we can step in. We hope our work sparks honest conversations in schools and families and leads to better health support for young people."

Further information, Contact Di Gilson-Butler, Young Persons Officer, Epping Forest District Council. Tel: 01992 564 365



Blue Plaque Heroic Students

ON 3 JULY, Caroline Boyce, from Somerset, visited 91 Staples Rd, the location of an LTC plaque, to the site of the Oriolet fruitarian hospital, and its medical director, Josiah Oldfield (1863-1953), which she had found mentioned on the internet. Oldfield was a campaigner for vegetarianism, anti-capital punishment, a doctor and a lawyer. He was also the friend and roommate in West London, of Mohandas K Gandhi.

Oldfield was Caroline's grandfather, which she only recently found out after much genealogical and DNA research. Her mother (still alive aged 103) is his illegitimate daughter. She knew only that the father was "a doctor".

91 Staples Rd was built in about 1930, when the open-air ward blocks of the hospital had been demolished. It gears two blue plagues, the other to Barbara Harmer, born there in 1953, the first woman supersonic airline pilot.

Thanks to Debbie and Paul Davies for facilitating the visit.

Photo: Caroline Boyce outside 91 Staples Road





FIVE QUICK-THINKING sport students from New City College (NCC) Epping Forest, Chace Ratcliffe, Jesse Ansen, Joshua Feldman, Ozzie Hunt, and Blessing Danquah, were praised as heroes following a car crash in May just vards from their campus. En route to an early afternoon training session they witnessed a collision between two vehicles in The Broadway, Debden. One student said: "We saw the crash happen right in front of us. It happened so suddenly and was quite shocking, but our first thought was to go and help the people involved." Without hesitation, they

The crash resulted in a hold-up in The Broadway, so while one of the students called the emergency services, the others took control of the situation, directing traffic around the vehicles, checking up on the drivers and passengers - one a

sprang into action.

pregnant woman with a child - all the while helping to keep the scene calm and prevent further danger to anyone.

Paramedics arrived shortly afterwards and fortunately nobody sustained serious injuries. The road was quickly restored to normal.

A person involved in the collision later contacted NCC expressing their thanks to the students, praising them for being helpful, calm and mature.

In recognition of their initiative and great citizenship, the students were presented with awards by NCC Deputy Principal Michelle Letch at the campus in Borders Lane. Michelle said: "We are very proud of these students who worked as a team, showing great courage and community spirit. Their response in a high-pressure situation was outstanding. This award is just a small token of thanks recognising their actions and the way they represented New City College that day."

(N) New City College Ofsted **Adult Courses** From day job to dream job

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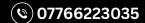
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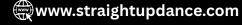


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Regular activities

Amendments to: debra.paris@loughton-tc.gov.uk

ALLOTMENTS

Loughton Potato Ground, Baldwins Hill. www.loughtonpotatoground.com Roding Road Allotment & Leisure Gardens Association, Roding Road. www.rodingroadallotments.co.uk/ Willingale Road Allotments, Loughton Town Council 020 8508 4200

ANIMAL TRAINING Epping Green Dog Agility Club Epping Cricket Club, Epping. T: 07793 030752 E: eppinggreenac@gmail.com

ARTS & CRAFTS
Art Classes, Thurs & Fri 10am-12 noon,
Lopping Hall, IG10 4LF

Adult art sessions, beginners & intermediate level students. Incl. painting in acrylics, watercolours, drawing in charcoal, pastels & working in mixed media collage. £18.50 per

working in mixed media collage. £18.50 per session. For more info visit: www. rachelmoss-hogg.com
The Arts Society West Essex
Expert illustrated talks covering all aspects of the Arts. First Weds of each month (except August). Theydon Bois Village Hall, CM16 7ER. 10.15am coffee - meeting 10.45am. Annual subscription £45 / visitors £7 per session. Enquiries: secretarytheartssociety.WF@gmail.com

secretarytheartssocietyWE@gmail.com or 07980 476710

or 0/980 4/6/10
Chigwell Floral Art Group A social afternoon for flower lovers. St Winifred's Church Hall, 115 Manor Rd, Chigwell, IG7 5PS. 2-4pm, Last Thursday (except Aug & Dec). Doors open 1.30pm. Visitors £8

open 1.3Upm. Visitors £8 Contact: Christine Sawdon 07743 138629 http://nafas.org.uk/nafas-areas/L&O Art Classes LifeWorks Centre, Loughton Methodist Church, 260 High Rd. £12. Tues 2. Thure. 72044 59008

& Thurs. 07944 589998 www.ruthdronsfield.co.uk

Essex Handicrafts Association, Woodlands Branch, The Studio, Loughton Methodist Church, 260 High Rd. 4th Thurs, 7,45pm. Karen Myles, branch secretary, 020 8508 4581

Thursday Art Group, Loughton Baptist Church, 92 High Rd. Thurs, 1.30pm £3 (incl tea & biscuits) 020 8502 1379 /

tea & oisculis) 020 6002 16797 theormes5@hotmail.co.uk Woodford & District Floral Arrangement Group, Churchill Room, Wanstead Library, Spratt Hall Rd, E111. 3rd Mons, 6.45 for

7.30pm. Visitors £9. http://nafas.org.uk/nafas-areas/

Affordable Counselling Epping Forest Loughton 10am-1pm Thursdays. Waltham Abbey Tues/Thurs 9.30am-12.30pm. Epping Tues/Thurs 4pm-7pm. Chigwell Tues 10.30am-1.30pm. 07583 111796 (answer phone) affordablecounselling@gmail.com

Samaritans. Free, confidential emotional Saffarfalls: Free, comide flat emotional support for the distressed & despairing available 24/7. 020 8553 9900 / 116 123 / jo@samaritans.org / txt 07725 909090 Spark Counselling and Mentoring for young people. Loughton Youth Centre, Borders Lane, Loughton 020 8508 6743

Spark@worthunlimited.co.uk Free service - donations accepted EDUCATION

Bridge Lessons various courses available in a relaxed atmosphere in Loughton. Days and times are flexible. Contact Hazel on 07788 711288 for further information – Fees

Music Lessons, Loughton Music Academy, High Rd. 020 8502 2992

www.loughtonmusicacademy.co.uk FOOD

Gradu Loughton Community Surplus
Hub runs every Tues 11.30am-1pm at The
Loughton Club, 8 Station Road IG10 4NX.
Contact us at Website: www.3food4u.org
Email: info.3food4u@gmail.com
Tel: 01992 842642

Epping Forest Foodbank 4 hubs run on a weekly basis: Tues 10am-12 noon: Civic Offices, 323 High St, CM16 4BZ. Wed 10am-12 noon: St Mary's Church, 201 High St, IG10 1BB,

High St, IG10 1BB, Thur 2-4pm: Hazelwood's Children's Centre, Waltham Abbey, EN9 3EL, Sat 10am-12 noon: Trinity Church, Mannock Drive, IG10 2JD, Contact: https://

eppingforest.foodbank.org.uk or T: 0300 102 9808. Warehouse address: Unit 24 Oakwood Industrial Estate, IG10 3TZ.

GENERAL INTEREST

Bell ringing, St John the Baptist Church, Church Lane. Tues, 8-9pm (in tower). No experience necessary. Yvonne Finch 07748 970754

Book Groups Loughton Library, Traps Hill 4th Mons, 1.30pm 0333 0132677 Calligraphy for beginners (adults) 07956 544262

Epping Forest Conservation Volunteers, The Warren, Epping New Rd most Suns. Kevin Mason 8529 9273 efcv2@yahoo. co.uk www.efcv.co.uk

Epping Forest Countrycare, EFDC's Countryside team. Volunteering projects in district's nature reserves. Thurs 10am-4pm 01992 788203 www.eppingforestdc.gov. uk/index.php/out-and-about/countrycare Epping Forest & District Stamp Club, Roding Valley High School, Alderton Hill, 2nd Tues (most months) 8pm. 01992 654001

Essex Wildlife Trust - Roding Valley Meadows. Volunteer work parties undertaking practical reserve management, Tuesdays & Wednesdays, 10am-3pm. Contact: roding@essexwt.org. uk/

020 8500 3094

Forest Creative Writers, Loughton Methodist Church, 260 High Road, Loughton, Thurs (term-time) 1-3pm. Christine Ives 020 8508 3173 Forest Musical Theatre Company, Tues & Weds (rehearsals). Email rachel@forestmusical.co.uk or visit www.forestmusical.co.uk Friends of Light & Healing, Kingsley Hall, Kingsley Rd. An evening of clairvoyance. Alternate Thurs, 7.30 for 8pm.

07743 376468 Hanbury Hub Communi-tea Every Weds 1.30-3.30pm a new hub run by volunteers for the local community with talks and workshops running. Don Miller Charitable Trust Gardens of Hanbury Pynest Green Lane Waltham Abbey EN9 3QL

020 8508 5111 Hornby Railway Collectors Association, St John's Church Scout Hall, Church Lane. 2nd Thurs, 5-10pm alternate months. David Southgate 020 8508 7530 Loughton Amateur Dramatic Society, Lopping Hall, High Rd. Martin Howarth 020 8508 8644 www.lads.org.uk See Dates for the diary.

Loughton Astronomical Society, Scout Hall, Theydon Bois. LAS Astrokyds (6-14 yrs). Thurs 8-10pm. Brian Morton 01992 815804 www.las-astro.org.uk Loughton Bowling Club Bridge Section, Eleven Acre Rise. Thurs pm.

020 8502 0237 Loughton Bridge Club, Grange Farm - Mon & Weds 7.20pm lindajenkins34@hotmail.com www.bridgewebs.com

Loughton Camera Club, Lopping Hall, High Rd. Weds, 8-10pm. 07873 534 604 www.loughtoncameraclub.org.uk/Loughton_ Camera_Club/Welcome.html

Loughton Chess Club, Loughton Bowling Club, Eleven Acre Rise. Weds, 7.30pm. 020 8508 8407

http://www.loughtonchess.co.uk/ Loughton & District Historical Society. Loughton Methodist Church, 260 High Rd. £4 non-mems. 2nd Thurs, 8pm www.loughtonhistoricalsociety.org www.loughton listoricasociety.org Loughton & Epping Forest Amateur Radio Society, All Saints Hse, Romford Rd, Chigwell Row, IG7 4QD. Alt. Fri 7.45pm T: 07850 120180 E: info@lefars.org.uk W: www.lefars.org.uk
RSPB North East London Local Group

Talks held on the 2nd Tuesday of every month at 8pm (except July and August). St Mary's Church, 207 High Road, South Woodford E18 2PA. www.rspb.org.uk/ groups/northeastlondon

HEALTH

ADAS (W Essex Alcohol & Drugs Service -by appt) Rectory Lane Health Centre 01279 641347 / admin@adasuk.org.uk www.adasuk.org Breathe Easy (British Lung Foundation), Tony Carr 01992 573387

Cycling For Health Wednesday morning rides run by Jarvis Goodyear at Epping Forest MTB. For all information and Direct Booking click on this link https://www. eppingforestmtb.co.uk/cycling-for-health/ For more info contact email Jarvis direct on C4H@eppingforestmtb.co.uk

C4H@eppingiorestrifuc.co.uk Lifewalks a voluntary run walk scheme under the supervision of the Lee Valley Park Authority. For More Info Contact: Lyndsey North Community Health & Wellbeing Officer Lee Valley Regional Park Authority M: 07909 000 309

E: LNorth@leevalleypark.org.uk E: Livorn@levalleyJark.org.uk
W: visitleevalley.org.uk
Memory Café Rotary Club of Roding,
Loughton Club, 8 Station Rd, IG10 4NX.
1st Fri 10am-12pm. Fran 07903 274398
Open Door Friendship Group for adults with
mental ill health. Fridays 3.30/5.30pm St
Michael and All Angels Church Hall, Roding
Rd, IG10 3EJ opendoorfriendship@gmail. Rd, IG10 3EJ opendoorfriendship@gmail. com + Weds 2pm Yoga sessions at the Methodist Church, High Rd, IG10 1RB £5 members (£10 non-members) ProActive (W Essex Prostate Cancer men's self-help group) St Margaret's Hospital, The Plain Epping CM16 6TN. Fri monthly 10.30am-2.30pm. Anthony Dollimore 07973 345094

www.proactive.me.uk

LEISURE ACTIVITIES FOR CHILDREN / YOUNG PEOPLE

2324 (Chigwell) Squadron, Air Training Corps, Buckhurst Hill. Mons & Thurs Corps, Buckhurst Hill. Mons & Thurs evenings (13-17 yrs). 020 8505 3353 www.2324squadron.org.uk 7th Epping Forest Scout Group, St Edmund's Church, Traps Hill. Tues: Scouts boys/girls (10½-14½ yrs) 7.30-9pm. Thurs: Beavers boys/girls (8-10½) 6.30-7.30pm. Keith Davis 07553 376181 12th Loughton Brownie Pack St John's Church, Church Lane, [610 1PD. Mondays (term time) 6 to 7.30pm: girls 7 to 10.5yrs. Info: 12thloughton Scout Group, St John's Church, Church Lane. Beavers (6-8 yrs), Cubs (8-10 yrs) &, Scouts (10-14 yrs) Paul

Cubs (8-10 yrs) &, Scouts (10-14 yrs) Paul Snowdon GSL 020 8508 4336 / info@30thloughton.co.uk 41st Epping Forest Scout Group, Lopping Hall, 189 High Rd. Mons 5.45-9pm Thurs &

Hall, 189 High Rd. Mons 5.45-9pm Thurs 8 Fri, 6-9pm Beavers, Cubs, Scouts & Explorers girls/boys (6-18) 020 8923 2378 / agsl41@gmail.com
Anna Fiorentini Theatre & Film School Multi-award-winning stage school offering acting, singing, dancing and film classes for kids. Fun, creative workshops.
Sundays at Roding Valley High School, Alderton Hill, IG10 3JA. www. afperformingarts.com 020 7682 1403 for more info.

aper ormilingaris.com 020 7662 1403 for more info. Baby Sensory Stay and Play Loughton Library, Traps Hill, IG10 1HD. Every Tues – 2pm to 3pm. Every Thurs – 10am to 11am. Baby sensory storytime session. Baby & Toddler Group St Edmund's Parish Hall, Traps Hill. Thurs 9.30-11.30am (term time) stedmundsplaygroup@gmail.

Baby and Toddler Rhymetime Loughton Library, Traps Hill, IG10 1HD. Every Tues – 10am to 10.30am. Join in with stories and

rhymes
Boperoos Fun music and movement
classes for young ones. Sundays
1yrs: 9 – 9.45am; 2-3yrs: 10 – 10.45am; 45yrs: 11 – 11.45am. Prices – Trial: £9;
5 sessions £42.75; 10 sessions £81.
Loughton Music Academy, 257a High Rd,
IG10 1AD. E: info@boperoos.com Guides (girls aged 5 -17yrs). Leadership opportunities available for girls & women over 14yrs. More information and to register https://www.girlguiding.org.uk/informationfor-parents/

Little Angels Baby & Toddler Group, St Michael's Church, Roding Rd. Weds 10-11am (term-time) 020 8418 7944. Attendance requires booking via our website - www.stmichaelsloughton.com Little Oak's Child & Family Wellbeing Servce, 020 8508 0932, please see our Facebook page for programme details

Loughton Youth Centre 106 Borders Lane IG10 3SB. ECC Youth Services in partnership 07557 168088 / louisa. stirling@essex.gov.uk Accurro: young people aged 11-19 with disabilities Tues 6-8pm.

Accurro: social scheme for young adults up to 25 yrs with disabilities Thurs 6.30-9pm. Tel: 01279 870297. Email:

april. 19: 012/9 6/0297. Email: enquiries@accuro.org.uk Action for Family Carers: Young Carers Youth Club Weds 4.30-6.30pm – 2 clubs per month, dates advised on a monthly basis. For further information contact chris.

basis. For further information contact cirry vince@affc.org.uk Spark Youth Club - Mon/Thurs 3.30-5.30pm term time Age 11-16, 020 8508 6743 Spark@worthunlimited.co.uk 6743 Spark@worthunlimited.co.uk
Noah's Ark Toddler Group (under 5s)
Oakwood Hill Community Hall, IG10 3NB
10-11.30am Mon (term time). £1 donation.
10-11.30am Weds Noah's Ark Messy
Church 9.30am-1pm Thurs Community
drop-in service. 020 8508 9883
The Loughton Pantomime UpStage
Theatre Company Mon 6-7pm 7-15yrs
(Junior Chorus). Mon 7-10pm over 16s
(Adult Cast) @ Lopping Hall, Loughton,
IG10 4LF

ÌG10 4LF

IG10 4LF www.upstage.org.uk hello@upstage.org.uk Reindeer Explorer Scouts, St Edmund's Church, Traps Hill. Girls/boys (13½-18 yrs). Fri. Dave Martin 07889 189261

Fr. Dave Martin 07889 189261
Straight Up Dance & Theatre School
Learn to Sing, Act, Dance – and Shine!
Ages 3 to 103 – Street Dance, Musical
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9am–1:30pm. Weekday classes also
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Theatre. Trial sessions available. For more
info and fees.

info and fees. Web: www.straightupdance.com Email: straightupdanceuk@gmail.com Phone: 07766 223035

Phone: 07/66 223035
Toddler Church, Loughton Methodist
Church, 260 High Rd. (0-5). Tues (term
time), 10am. 020 8502 3071
administrator@loughtonmethodist.org.uk
Toddler Toy Time, Loughton Library, Traps
Hill, IG10 1HD. Every Weds – 10am to
11am. Soft play equipment. Toys and the
sensory wall.

MUSIC

Dancing through the decades Loughton Club, 8 Station Rd. Last Tues of month (except Dec) 2-4.30pm. Please contact June 07904 280319 / or Joyce 07761 792691

Epping Forest Guitar Group Mondays (term time) 7.15–9.15pm Lopping Hall. New members welcome - acoustic and classical guitar players. For more info contact guitar players. For more info contact Eppingforestguitargroup@gmail.com Epping Forest Singers A friendly, mixed, non-auditioned choir singing a varied repertoire. Rehearsals: Thurs 7.30-9.30pm (term time only). At St John Fisher Catholic Primary School, Burney Drive, Loughton IG10 2DY. Further details:

www.eppingforestsingers.com
Loughton Folk Club, 8 Station Rd. Live
acoustic music. Thurs, 8pm.
loughtonfolkclub@googlemail.com
Loughton Ladies Choir Meets every Thurs 2.15-3.45pm St John's Church Hall, Church Lane IG10 1PD. New Members welcome – sopranos/altos Peter Jones – 07769 973405

Loughton Operatic Society, Lopping Hall, High Rd, 020 8505 2033. loughtonoperaticsociety@hotmail.com

www.loughtonoperatic.org.uk Rehearsals Tues & Thurs

National Jazz Archive, Loughton Library, Traps Hill Mon-Weds, Fri, 10am-1pm 020 8502 4701 www.nationaljazzarchive.org.uk Rob's Music School Music Lessons. Learn an instrument or singing. For fun or exams. All ages & abilities welcome in a friendly setting. Rob's Music School, Hillcrest Rd, Loughton. Contact Rob on 07905 774574 for more info

Roding Players Orchestra rehearses on Monday evenings from 7pm-9pm at Roding Valley High School. New members always welcome. Contact Miles Harwood on 07715 239101 or milesharwood@aol.com www.rodingplayers.co.uk

South West Essex Choir Loughton Methodist Church, 260 High Rd. Tues, 7.45-10pm. 01992 812606 Newsdew Abridge loss Club (TALC) Abridge loss

tyzackwolinternet.com
Theydon & Abridge Jazz Club (TAJC) Abridge
Village Hall, 39 Ongar Rd, RM4 1UD. 07903
879209 / 01945 588325. www.
theydonjazzclub.weebly.com Every other Tues 2-4.15pm £10 members, (£12 nonmembers).

Woodford Symphony Orchestra welcomes new string players. Rehearsals Thurs, 7.45-9.45pm, Roding Valley High School, 020 8924 9370 www.wsorchestra.org.uk

Action For Family Carers

Action For Family Carers
Adult Unpaid Carers Support/Social Groups
held monthly: Buckhurst Hill: last THURSDAY
of each month, 1.30pm – 3pm, St James
U.R.Church, Palmerstone Road, IG9 5NG.
Ongar: second WEDNESDAY of each month,
1.30pm – 3pm @ Zinc Arts Centre, Chipping
Ongar, CM5 0AD. Free parking & free
refreshments.
The Buffaloes Loudton Club & Station Rd

The Buffaloes, Loughton Club, 8 Station Rd. A charitable brotherhood - members (18+). Tues & Thurs, 8.30pm. mldjaworsfold@yahoo.co.uk

mujawosiologya too.cuk www.loughtonclub.blogspot.com Café Hope St Mary's Church, 201 High Rd. Mon-Fri 9.15am-2.45pm 020 8508 3643 Friday Market, St Michael's Church, Roding Rd. Fri, 10-11.15am Loughton Probus Club, Gilwell Park,

Chingford. 4th Tues (lunch). Secretary Derek Allen 020 8504 3074

www.probusloughton.org.uk/ www.produsiougritori.org.uk/ Royal British Legion Loughton Branch, 118 Church Hill. Mons & Thurs, 8pm (bingo); Tues & Thurs, 1-4pm line dancing; 2nd & 4th Weds quiz night; last Sun 1-4pm (jazz @ the RBL) 020 8508 5044 www.loughtonrolclub.co.uk
St Mary's Church 201 High Road, IG10 1BB.
Mon 12 noon Free English Conversation

Class (term time)
Tues - Free English Lessons with Sarah at
Blackbird English. Contact livinglanguageproject.co.uk

Mon 3.15-5.30pm Connect free tea, coffee, cake and chat! Crochet group, Lego, table tennis, activities. All welcome. Come alone or with friends

Fri 11am - 12.30pm Horizon Coffee

Morning for those in retirement - free tea, coffee, cake. Simple activities and a short

Wesley Café, Loughton Methodist Church, 260 High Rd Mon-Thurs 10am-3pm; Fri 10am-2pm; Sat 10am-1pm Closed Sun. 020 8502 3071

SPORT & FITNESS

All-ability Trampolining Club (disabled people to 19 yrs), Debden Park High School, Willingale Rd. Weds 6.45-7.45pm. Loughton Flyers Trampolining Club & EFDC. Fabrizio Ferrari 01992 Glub & Eribo. Fabrizio Ferfali 1992 564567 / fferrari@eppingforestdc.gov.uk Amici Badminton Club, Roding Valley High School Sports Hall, Alderton Hill. Mons, 8-10pm. Age 30+. Chris 07713 004996 Avenue Lawn Tennis Club, 18 The Avenue, Friendly family club. Contact: www.avenuetennisclub.com for Contact: www.avenuetennisclub.com for full club details (juniors and adults)
Bowls Social Bowls for beginners at Loughton Bowls Club, Eleven Acre Rise. From May-Sept. Fri. 5pm. Free parking. Hall for hire. Call Paul Elliott 07555 334612
Clubbercise Murray Hall, 106 Borders Lane. Easy dance workout routines Weds 7.15-9.15pm Lisa 07877 010158
Colebrook Royals FC, Grange Farm Pavilion, Grange Farm Lane, Chigwell IG7 6DP. Sats & Suns 07951 820444
www.colebrookrovals.co.uk www.colebrookroyals.co.uk
Connaught Tennis, Squash and Bowls
Club Beginners & Improvers Social Lawn
Bowls. First 5 sessions free. Make friends, Bowls. First 5 sessions free. Make friends, have fun and bowl! Every Tuesday 5pm to 7pm. Connaught Club, Chingford. Call Nicola on 020 8529 2341
Epping Forest HF Walking Group regular Sunday walks in the local area.
www.efhfg.org.uk
Epping Forest Sportability Club (EFSC) Multi-sports club for young people with mild-moderate physical & learning difficulties. Oak View School, Whitehills Rd. Sats 10am-1pm (term time) efsc@hotmail.

co.uk www.efsportability.com

Flexercise with Caroline Loughton Methodist Church, Wesley Hall, 260 High Rd Tues & Thurs, 10.30-11.30am £7 (First class free) 07714 467784

Katy Little School of Dance, Loughton. Ballet, tap, jazz, examinations & shows. 4 yrs to adults 07712 106941 / www.katylittleschoolofdance.co.uk Loughton Cricket Club The Uplands, Loughton, IG10 1NQ. Mid April through to September. Children (5yrs) to adults. For info: Contact Cliff Greenhill Chairman 020 8502 2064 cliff.greenhill@btinternet.com www.loughtoncc.hitscricket.com Loughton Fencing Club Weds, term-time, Debden Park High School, Willingale Rd. All abilities, equipment supplied free. Jnrs 7-8.30pm, snrs 7.30-9pm. First session free. info@loughtonfencingclub.co.uk Loughton Football Club, Avondale Close. 8-18 yrs + senior team. Suns (yth teams), Sats (snrs) & weekday evenings (training). Keith Campen 07986 186428 www.loughtonfc.com/contact-us Loughton Karate Club, Lopping Hall. All ages & all levels. Suns 5-6pm + weekday evenings. Stephen O' Brien 07758 341584. ALSO Women's Self-Defence Class – see website http://loughtonkarateclub.co.uk/ Lopping Hall community hall in Loughton IG10. Events and shows, rooms to let dance and keep fit classes, Art Centre. For more info: loppinghallmanager@gmail.com www.loppinghall.org.uk / 020 8508 1660 Loughton Rugby Club, Hornbeam Road, Buckhurst Hill, IG9 6JT. Training Wednesdays 7:30pm. Matches Saturdays. Contact: Michael Walker 07939 468222 Loughton Wado-Kai Karate Club, Roding Valley High School Drama Hut, Alderton Valley High School Drama Hut, Alderton Hill. All ages. Weds 7pm. 07971 672542 www.loughtonwadokai.co.uk London GD Handball Club Every Tuesday. Roding Valley High School, IG10 3JA. 8-14 Yrs, all levels welcome. Sessions led by GB U20 coach. £30 for the school year – FREE Taster Session. Contact: development@londongdhandball.co.uk Mountaineering Club, Victoria Tavern, Smarts Lane. Hill walkers & climbers welcome. Mons 8.30pm.

www.loughtonmc.org

Old Loughtonians Hockey Club All ages, beginners to elite welcome, www.oldloughts.co.uk 020 8504 4010, OLHC@oldloughtonians.co.uk beginners to eine Weaconte, www.oldloughts.co.uk 020 8504 4010, OLHC@oldloughtonians.co.uk Pilates classes Epping Forest Community Church, Grosvenor Drive, IG10 2LG, Weds 8pm, Thurs 10am, £5. Suitable for all. www.ginafitnesspilates.co.uk Roding Valley Angling Club. New members welcome. Darren 07818 392020 / roding. valley.angling.club@gmail.com Roding Valley Parkrun Saturdays 9am Roding Valley Perkrun Saturdays 9am Roding Valley Perkrun Saturdays 9am Roding Valley Perkrun Saturdays 9am Roding Valley Recreational Ground IG10 3BS. Free of charge (pre register at parkrun.org.uk). Contact: rodingvalley@parkrun.com Strength & Balance Programme Help prevent falls. Free taster session. Tues 11am-12 noon. Lopping Hall, 189 High Rd, IG10 4LF. JW Physio Clinic Contact: 020 3146 6837 jwphysioclinic.com reception@jwphysioclinic.com Total Football Academy - Ages 6-14 at Roding Valley school in Loughton. Wednesdays 6-7pm Contact Tony on 07962 371177 Total Football Mania - 6 a side leagues and vets league Roding Valley school & Debden Park school in Loughton www.totalfootballmania.com Contact Tony on 07962 371177 Walk - West Essex Ramblers (sorry no dogs). Weekends, Wed & Thurs. 020 8554 1665 / 07434 902394 www.westessexramblers.org.uk Wing Tjun Kung Fu Roding Valley High School, Alderton Hill. All ages and abilities 28. Sundays (times vary betw 11.15am-3.15pm for each age group) 07977 132111 www.omni-martialarts.co.uk

TALKS Arts Society Woodford Green, Bancroft's Preparatory School Hall, Whitehall Rd, Woodford Green. Member of NADFAS. 2nd Tues, 7.15 for 8pm. 020 8599 6281 Mothers' Union, St John's Church in Lady Chapel, Church Lane. 3rd Thurs, 10:15am for coffee & speaker. Contact: Lesley Collischon 020 8508 5694 National Trust, £3 non-members. Refreshments & NT info. 020 8508 9541 See Dates for the diary See Dates for the diary St John's Wives' Group, St. John's Parish Hall, Church. Lane, Loughton, 1st & 3rd Mons 2pm (excluding August). Anne Pratt 020 8508 3539

Think Oughton Fun i Loughton Community Day

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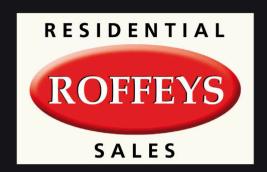












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