



# Think Loughton

News from Loughton Town Council

Summer 2016 No 73

## JESSEL GREEN COMMUNITY FUN DAY

A fantastic day out on your doorstep!



**WE LOOK** forward to welcoming you to this year's community event on Sunday 17 July. Marking the 2016 summer Olympics in Rio, the programme will start at 12 noon on Jessel Green with a carnival-style dance display by children from local schools.

The entertainment will continue in the arena area with live music from local groups culminating with a performance by Harlow Brass Band.

There will be plenty on offer for all the family. New this year, you can visit the petting zoo and have a reptile experience. There is also an opportunity to try out different

activities – a climbing wall, horse and carriage rides, kite making and flying (thanks to the Essex Kite Group) and archery run by Odin Events.

All the inflatables and bouncy castles will return with soft play for young children. There will also be a range of funfair games. Individual activities start from 50p a go with all day wristbands from £5. Book online at [www.jesselgreen.org.uk](http://www.jesselgreen.org.uk) for a discount.

There will also be a number of community and craft stalls including face painting and of course, a choice of refreshments.

Why not take the opportunity to visit the

mobile NHS Health vehicle and receive a free NHS health check. This takes about 20 minutes and all results are given at the end of the check. They also send results on to the person's doctor for follow up.

This event is organised by the town council in partnership with Epping Forest Community Church, Restore and the Red Balloon Family Foundation. We are grateful to John at the Cottage Loaf pub for his sponsorship. There will be live music at the pub from mid-afternoon.

Please put the date in your diary now and join us for a great day out for all the family.



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# Contact numbers

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Epping Forest District Council	01992 564000
Waste Management Hotline	01992 564608
Essex County Council	03457 430 430
Adult Social Care	0345 603 7630
Child Social Care	0345 603 7627
Debden Library	020 8508 5869
Education & Schools	0345 603 2200
Loughton Library	020 8502 0181
Registrar: Births, ceremonies & deaths	0345 603 7632

## POLICE & FIRE (dial 999 for emergencies)

Essex Police (non-emergency)	101
Anti-terrorist hotline	0800 789321

## ADVICE, HELP & INFORMATION

Affordable Counselling Epping Forest	01992 573402
Citizens Advice Bureau	0344 477 0808
Citizens Advice Consumer Service	03454 04 05 06
Epping Forest College	020 8508 8311
Jobcentre Plus (Loughton)	0345 604 3719
Loughton Information Centre	020 8502 0181
NSPCC helpline (freephone)	0808 800 5000
RSPCA cruelty line	0300 1234 999
Samaritans	116 123
SSAFA (Loughton Epping & Harlow)	01206 764114
Trading Standards Essex CC (business)	0345 603 7626
Victim Support (Essex)	0300 303 0165

## HEALTH & HOSPITALS

ADAS (W Essex Alcohol & Drugs Service)	01279 641347
Alzheimer's Society (Epping Forest)	01279 427522

Breathe Easy Harlow & Epping Forest	01992 573387
British Red Cross	020 8508 2162
Forest Medical Centre	020 8535 6888
Holly House (Private)	020 8505 3311
King George	020 8983 8000
Loughton Health Centre	020 8502 5000
NHS Direct	111
Princess Alexandra	01279 444455
Rectory Lane Health Centre	020 8272 4600
Spire Roding (Private)	020 8551 1100
St Margaret's	01279 444455
Silverthorn Centre, Chingford	020 8430 7210
Whipps Cross	020 8539 5522

## SPORT

David Lloyd Chigwell	0345 129 6783
Debden Sports Club	020 8508 9392
Loughton Athletic Club	07958 903842
Loughton Bowling Club	020 8508 3546
Loughton Cricket Club	020 8502 2064
Loughton Football Club	020 8508 4757
Loughton Leisure Centre (& pool)	01992 564574
Loughton Rugby Football Club	07969 638349
Roding Valley Cricket Club	rodingvalley.play-cricket.com
South Loughton Cricket Club	07941 347812

## TRAVEL & TOURISM

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Heathrow Airport	0844 335 1801
London Travel Information	
(TfL & London Underground)	0343 222 1234
Luton Airport	01582 405100

National Express	08717 818178
National Rail Enquiries	03457 484950
Southend Airport	01702 538 500
Stansted Airport	0844 335 1803
Tourist Info Centre (Waltham Abbey)	01992 660336
Traveline (public transport information)	0871 200 22 33

## PUBLIC UTILITIES

UK Power Networks	0800 783 8838
National Gas Emergency Service	0800 111 999
Thames Water 24 hour leakline	0800 714 614

## COMMUNITY

Age UK Essex	01245 346106
Age UK Advice	0800 169 2081
Care & Repair Service	01992 564086
Churches Together in Loughton	www.loughtonchurches.org.uk
ignite (Youth Activities)	020 8508 3643
Loughton Arts Centre	07532 053194
Loughton Voluntary Care Assoc.	020 8508 6114
Loughton Youth Project	www.lypradio.com/
Restore Community Centre	020 8508 7247
Royal British Legion (Loughton Branch)	020 8508 5044
Voluntary Action Epping Forest	
General Enquiries	01992 564178
Volunteering Enquiries	01992 564256
Royal Voluntary Service	0845 608 0122

## LOCAL AMENITY REFUSE POINTS

Chigwell IG7 5AA	Luxborough Lane
Waltham Abbey EN9 1JU	Brooker Road
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Essex County Council	0345 603 7625
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OPEN DAYS IN MARCH AND OCTOBER

FOR MORE INFORMATION [www.oaktreeschools.co.uk](http://www.oaktreeschools.co.uk)

 @OaktreeSchools



## Clerk's Remarks



**IN THE** spring edition, we reported that "Loughton Town Council is on the move!". You may not be surprised to read that we are still here at Buckingham Court; the reason – the discovery of a small amount of asbestos in the office area of the library. We expect Essex County Council

to address this before we start work in the new space. We are optimistic that this issue will be resolved shortly and look forward to seeing you in our new home.

With the town council elections on 5 May, a number of our existing councillors have decided to retire. I take this opportunity to say on your behalf, a big thank you to them for their work for the town and wish them well in their future endeavours. We particularly mention cllr Margaret Chalk who has represented Roding ward since 2004. Margaret, now in her 80s is passionate about the Roding Valley Nature Reserve and Recreation Ground and her knowledge of these areas has been invaluable.

The details of the new councillors representing you until 2020 will be posted on our

website soon after the election, with a full report provided in the next edition of this newsletter.

Have you viewed our new website yet? Visit [www.loughton-tc.gov.uk](http://www.loughton-tc.gov.uk) After almost 20 years our original award winning site, designed and managed by John Wheeldon, has had a major facelift. This has also helped make it more easily readable on mobile phones and other portable devices reflecting the current trend for people seeking information on the move. All the usual information is available with a useful search box and site map to help you find what you're looking for. If you have any suggestions to improve the site please email us the details.

As usual there will be a varied programme of activities on offer in the town during the summer months, so do take

a moment to look through the dates for the diary pages. Keep a lookout for more publicity on our noticeboards and website, and in the local press.

If you missed our special celebration of Her Majesty the Queen's 90th birthday in April with the lighting of the beacon on Hillyfields, there's still time to organise a party with your friends and family. Alternatively there's an invitation to join the Queen of Hearts birthday tea party on Saturday 11 June at St Michael's Church field in Roding Road. Between 3pm-5pm there will be children's games and an Alice in Wonderland theme fancy dress competition. Happy Birthday your Majesty!

Enid K Walsh  
Town Clerk

## Financial assistance



**THE TOWN** council is committed to supporting the vital work of local groups and charities and this year made grants totalling £28,000.

Successful applicants received their awards at the Annual Town Meeting held in March at the Murray Hall.

Those included Cruse Bereavement Care (£350), Epping Forest Reuse (£350), 7th Epping Forest Scouting Group (£1,000), ignite (£200), Loughton Methodist Church (£1,500 towards the Creative Loughton Festival), Loughton Youth Project (£4,000), New Vistas (£300), Reindeer Explorer Scout Unit

(£500), Restore (£4,000 towards the community centre running costs, £1,250 for the Friday night open youth club and £900 for the Noah's Ark Toddler Group), Revitalise Respite Holidays (£800 for respite breaks), Samaritans of Redbridge (£400), Spark (£700 for youth work), St Clare Hospice (£600), Loughton Festival (£2,000), Trinity Methodist Church (£700 to assist with setting up a new parent and toddler group) and Voluntary Action Epping Forest (£750). Epping Forest District Citizens Advice Bureau, now resident in Loughton Library, received a grant of £8,000 towards its running costs.

**66th Anniversary**

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# Loughton Town Council

Town Mayor and Deputy Town Mayor (to be advised) Town Clerk: Enid K Walsh

## Councillors

### ALDERTON WARD

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philabraham2000@gmail.com

**Cllr Adam Omer**  
32 Station Road  
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### BROADWAY WARD

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### FAIRMEAD WARD

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13 Colebrook Gardens  
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24 Colebrook Gardens  
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### FOREST WARD

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### RODING WARD

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**Cllr Mark Dalton**  
9 Highland Avenue  
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**Cllr Stephen Murray** 020 8508 7548  
1 Avondale Court, Avondale Drive  
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### ST JOHN'S WARD

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59 Wroths Path  
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loughton\_ponds@hotmail.com

### ST MARY'S WARD

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65 Harwater Drive  
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**Cllr Barbara Cohen**  
61 Traps Hill  
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Essex IG10 1TD

**Cllr Judy Jennings** 020 8508 1861  
94 York Hill  
Loughton IG10 1JA  
clrijennings@hotmail.co.uk

## Committee membership

*Following the recent council elections, full details of the committee membership are available on the town council noticeboards around the town and its website [www.loughton-tc.gov.uk](http://www.loughton-tc.gov.uk). You can also email councillors directly from the website.*

The views expressed in *Think Loughton* are not necessarily those of Loughton Town Council, and the inclusion of advertisements does not constitute an endorsement by the council of any products or services.

Further copies of *Think Loughton* are available from the Town Council and local libraries. A digital version of *Think Loughton* can be viewed on the council website where a PDF version can be downloaded. It is also available on tape - please call us to request a copy.

### Contacting us

For editorial contributions and diary entries, please call 020 8508 4200. For advertising enquiries, please call 01787 461824.

### Deadline dates

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**We do not accept unattributed articles for publication.**

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## Town Council Meetings

All meetings take place at 1 Buckingham Court, Rectory Lane, Loughton, at 7:45pm unless otherwise indicated.

2016

Jun	6	Planning & Licensing
	15	Recreation
	20	Planning & Licensing
	22	Environment & Heritage
	22	Environment & Heritage
July	4	Planning & Licensing
	6	Resources & General Services
	18	Planning & Licensing
	20	Council
Aug	1	Planning & Licensing
	22	Planning & Licensing
	31	Recreation
Sept	5	Planning & Licensing

For dates of subsequent meetings, check the council's website.

## News round-up

### ■ TRAPS HILL PLAY AREA:

Works to replace the equipment in this popular play area by Loughton Library in Traps Hill started in May with completion expected in mid-June. Look out for details of a special opening event by the new town mayor on a Saturday in June/July. We are grateful for the input of local families who helped make the choice of equipment suitable for children up to the age of 14.

### ■ BEST ALLOTMENT COMPETITION:

We announce the 2016 allotment competition for all plot holders at the Loughton Potato Ground, Roding Road and Willingale Road allotments. The winner will be presented with an engraved silver trophy and a £25 gardening voucher.

Shortlisting takes place in mid-July when hopefully the fruit, vegetables and flowers will be looking their best with a final judging by the end of July. Further competition details will be displayed at these sites.

For current vacancies at the local allotment sites please contact: Loughton Potato Ground: [www.loughtonpotatoground.com](http://www.loughtonpotatoground.com)  
Roding Road Allotment & Leisure Gardens Association: [www.rodingroadallotments.co.uk](http://www.rodingroadallotments.co.uk)  
Willingale Road Allotments: Shirley Haynes, LTC 020 8508 4200



### ■ 5 NEW NOTICEBOARDS:

These have been installed by LTC on the Roding Valley Recreation Ground close to the entrances at Green Walk, Greensted Road, Cranleigh Gardens, Oakwood Hill and the vehicle gate at Roding Road at a net cost of £6,392.

### ■ MILESTONES:

The renovation of the three historic milestones across the town took place in March as part of the Clean for the Queen event.





# Tribute to councillor Ken Angold-Stephens



**IT WAS** with deep sadness that the town council announced the death of cllr Ken Angold-Stephens who passed away after a brave battle with cancer on 8 April 2016.

Ken joined the town council after the May 2004 elections representing the residents of Roding Ward. He served as Loughton town mayor for the year 2009/10. He was also a member of Epping Forest District Council serving as its chairman in 2011/12.

The dignity, courage and positivity with which he faced his terminal illness were the qualities associated with Ken in his working life.

Ken was instrumental in creating the Memorial Rose Garden in Roding Road, next to St Michael's Church. The garden had

been open to the public since the 1960s but became overgrown during the 1990s. Thanks to Ken's dogged persistence during the many years of negotiation, planning and fundraising, it was restored to its former glory in 2014 and now serves as a fitting memorial to his devotion and hard work for the local community.

All our thoughts are with his wife, Jill and his family at this very sad time.

Town mayor, cllr Judy Jennings paid tribute to Ken saying, "He was someone to look up to and emulate in his role as a councillor and you could always rely on him for good information and advice when needed. He will be a great loss not only to his family but to the town as well".

## New trustees wanted!

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We serve the community at our branches in Loughton and Waltham Abbey, with the branch in Epping due to reopen soon.

About 3,000 clients per year receive free advice and information either face to face, by telephone or online, on a wide range of subjects.

We are looking for people who have a clear understanding of the needs of the local area to help us oversee and develop this much-needed service and are willing to join our trustee board.

The board meets usually four times a year and although the post of trustee is unpaid it will provide you with a wealth of new experiences and great satisfaction.

We are seeking people with strategic vision, independent judgement and a willingness to give time and commitment to being a trustee. Some experience in fundraising would also be useful.

For further information and to apply contact Janet Woods, chairman, on 020 8508 1764 / [jlwoods4916@gmail.com](mailto:jlwoods4916@gmail.com) [www.efcab.org.uk](http://www.efcab.org.uk) / [www.citizensadvice.org.uk](http://www.citizensadvice.org.uk)

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# Civic Service and Citizenship Award Presentation

**THIS YEAR'S** Civic Service, held at the Loughton Methodist Church (LMC) in February, was organised by town mayor, cllr Judy Jennings.

One of Judy's interests this past year had been the provision of arts in Loughton and so her theme for the service, "creation and inspiration" was particularly appropriate.

Readings on this theme were given by cllr Stephen Murray and Matthew Tinker, member of the UK Youth Parliament. Peter Relph from the Forest Creative Writers read one of his own poems, "Keeping Culture Alive".

Music during the service included the popular anthem "Power in Me" performed by the St John Fisher Catholic Primary School choir led by teacher, Kathryn Poulter. Members of Harlow Brass Band, of which the town mayor is a member, accompanied the hymns. Judy's sister-in-law, Glenna Parry sang the musical interlude, Only Heavenly Music from Stella Natalis by Karl Jenkins, accompanied by Roy Frost on solo trumpet.

We are particularly grateful to both Revd Oseias Da Silva from LMC and Revd Nina Coulthard, from St Michael's, for leading the service.

One of the highlights of this annual service is the presentation of the Citizenship Awards, an opportunity to celebrate Loughton's wonderful community spirit and some of the people that make a difference in our town. This award scheme is now in its 8th year and we are delighted that there are still plenty of worthy nominations from amongst our residents.

This year Michael Chapman, the Deputy Lord Lieutenant of Essex, made the presentations.

Our congratulations go to Diane Rhodes, the winner of the 2016 citizenship award. Diane has dedicated her life to the service of the local community and has spent over three decades helping to make Loughton a better place to live.

Her involvement has been wide ranging - from leading a campaign to "save the conker tree" in the High Road to creating the thriving Loughton Arts Centre in 2011 run entirely by volunteers. The centre is part of the Lopping Hall complex and aims to increase the profile of the visual arts in Loughton.

A founder member of the Loughton Residents Association in 1981, she later served as a district councillor for 12 years but it is for her extensive community work that she received this honour.

The second award was presented to Adam Taylor who was chosen as the Young Citizen of the Year 2016. Adam had been nominated for his exceptional service to young people and his commitment to the Scout Association where



(l to r) Michael Chapman DL, Adam Taylor, Diane Rhodes, Monty Juniper and cllr Judy Jennings

he has been an active member since the age of 4. Now, aged 21 and despite being in full time education, he has become the youngest adult leader to complete training in over a decade within the district.

He serves on the 1st Chigwell and Chigwell Row Scout Group Executive Committee and the District Executive Committee - the only person under 25 years old to hold these roles. He's also a Queen's scout and a Duke of Edinburgh Team Leader, mentoring young people through the award levels. Adam has also completed a range of fundraising projects from bag packing to marathons, raising over £15,000 within the past 5 years.

The third and final award was made to Monty Juniper for his lifetime service to the town and its people.

Monty was born in Loughton in 1921 and after many years living in Alderton Way, he and his wife have recently moved to North Weald to be near his family.

As a young man he served in the Territorial Army from 1937 and was mobilised for war service in 1939. Despite the war he married

Dorothy Fenn in 1942 and they have now been together for over 70 years.

Monty had many varied roles in the community. He was active in the Loughton branch of the Royal British Legion becoming their welfare secretary and was always to be seen on Remembrance Day. His volunteering work included ten years with the Citizens Advice Bureau. Monty has chosen the Loughton branch of the CAB as his charity to receive a £250 cheque. He also worked with Victim Support for four years.

Monty served as a local councillor for many years. First in the 1950s as a member of the Chigwell Urban District Council and then as one of the founder members of Loughton Town Council from 1996. During his term of office he served as chairman of the council from 1998 - 1999 before standing down, aged 83, in 2004. He also served as a Justice of the Peace for some 25 years from the late 1960s.

A collection during the service raised £350 for one of the town mayor's charities, the Lopping Endowment, a trust which looks after the Lopping Hall.

# Summer activities in Loughton

**IF YOU** are looking for activities to keep your young people entertained this summer then you don't have far to go. This is because Epping Forest District Council's Community Services summer programme is jam-packed with activities running throughout the district over the summer. This year there are more activities than ever running in Loughton.

You will find activities for all interests, ages and abilities, from free activities such as Play in the Park, to activities for the more

adventurous such as mountain biking, and activities for people with disabilities such as trampolining. We've introduced more family friendly activities like the Xplorer navigation challenge, a fun family activity teaching young people the basics of map reading and navigation.

This year's participants can also win prizes when they attend with the Epping Forest Explorer Card. For every activity a young person goes to, which is part of the Epping

Forest Explorer programme, their card is stamped and they'll receive a prize for every third activity attended. Look out for the Epping Forest Explorer symbol at the activities you attend.

Many activities are listed on pages 8-9 in the dates for the diary section. You can book online by visiting [www.eppingforestdc.gov.uk/index.php/out-and-about/our-activities](http://www.eppingforestdc.gov.uk/index.php/out-and-about/our-activities) or by phone from 1 July on 01992 564226 weekdays 10am-4pm.



# Ruth Rendell



(l to r) Simon Rendell, cllr Judy Jennings, Phillip Rendell, Mrs & Mr Wilcox

**THE LIFE** of renowned author Ruth Rendell was honoured when a blue heritage plaque was unveiled in February at 45 Millsmead Way, Loughton. Ms Rendell lived at this address from 1951. It was here that she began her illustrious writing career publishing over sixty thriller novels and creating well known characters including Inspector Wexford.

Ruth Rendell was awarded a Commander

of the Order of the British Empire (CBE) in the 1996 Birthday Honours and made a life peer as Baroness Rendell of Babergh. She also wrote a series of novels under the pseudonym Barbara Vine.

Her son Simon Rendell and grandson Phillip visited from the States for the unveiling ceremony, which was led by our town mayor, cllr Judy Jennings, with other local dignitaries.



Supporting independent living

by Martine Wartnaby, Community Agent Epping Forest

**THE NEW** Community Agents service in the Epping Forest district aims to help the over 65s remain independent in their own home. There are currently three part-time community agents covering the district offering free short term assistance.

People can refer themselves or the service can be accessed via GPs or other health professionals such as physiotherapists, community matrons, friends and family, as long as the person in question is aware that this is happening.

We are also recruiting volunteers to help us widen the service once our initial visit and support has taken place. Many people who are housebound or isolated due to location or lack of transport just need a friendly face to visit once a week. Training will be provided.

Once referred, we visit as soon as possible to assess in the home and can signpost and refer on.

Please contact general enquiries on 0800 977 5858 / 01376 574341 **www.communityagentsessex.org.uk**

In partnership with the British Red Cross, Age UK, Rural Community Council of Essex and Neighbourhood watch. Funded by Essex County Council.

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**EPPING  
FOREST  
DISTRICT**  
SIXTH FORM



This brand new Sixth Form consortium opened in September and has enrolled its first cohort of students. Partner schools Debden Park High School, Epping St Johns, King Harold Academy and Roding Valley High School, have come together to provide the highest standards of Post 16 Education, offering a wide range of A Level subjects. This new Consortium will demonstrate an exciting, innovative and forward thinking approach to teaching and learning inspiring all students to achieve their future ambitions.

For further information visit [www.efd6.net](http://www.efd6.net) or  
email: [info@efd6.net](mailto:info@efd6.net)



## Dates for the diary

### ■ Until 27 Sept, 2-5.30pm

Sunday teas in Epping Forest enjoy homemade cake, tea/coffee & friendship Church of the Holy Innocents, High Beach [jane.begley@irwinmitchell.com](mailto:jane.begley@irwinmitchell.com) / 07572 111387

■ **6 Jun, 10am-1pm** Volunteering event recruitment opportunities with local organisations Voluntary Action Epping Forest 01992 564256 [www.vaef.org.uk](http://www.vaef.org.uk)

■ **6 Jun, 8.15pm** Fun of fundraising talk by Pauline Obee MBE St John's Wives' Group, St John's Parish Hall, Church Lane 020 8504 5057 (see p14)

■ **9-11 Jun, 8pm** Rumours comedy by Neil Simon Theydon Bois Drama Society, Village Hall, Coppice Row, Theydon Bois CM16 7ER £8.50 Box office 01992 812250 <http://theydondrama.org>

■ **11 Jun, 3-5pm** Queen of Hearts birthday tea party children's games & Alice in Wonderland theme fancy dress competition St Michael's Church field, Roding Road 020 8418 7944



■ **12 Jun, 10.30am-4pm** Keep It Local family funday & traders fete Loughton Cricket Club, The Uplands [www.keepitlocalgb.co.uk](http://www.keepitlocalgb.co.uk)

■ **20 Jun, 8.15pm** From Titanic to Harry Potter Highs & lows of a stuntwoman's life talk by Lucy Allen St John's Wives' Group (as before)

■ **23 Jun, 7.45pm** Weaving (1) Essex Handicrafts Association Woodlands Branch 020 8508 7657

■ **24 Jun** Oxford: city of dreaming spires & cruise along the Isis £41.85 EFDC New Horizons 01992 564226 [www.eppingforestdc.gov.uk/index.php/out-and-about/our-activities/bookings](http://www.eppingforestdc.gov.uk/index.php/out-and-about/our-activities/bookings)

■ **25 Jun, 9am** Haven House Children's Hospice open gardens day @ various local gardens £5 all gardens, £2 per garden 020 8506 3637 / [mattcharlton@havenhouse.org.uk](mailto:mattcharlton@havenhouse.org.uk)

■ **29 Jun, 10.30-11am** Horseman's service The Green, top of Avey Lane. Church of the Holy Innocents, High Beach (as above)

■ **30 Jun, 3-8pm until 24 Jul** Debden Healthy Living Festival Debden House Centre, Debden Green: local providers promote their services. EFDC Sports & Health Dev 01992 564567

■ **3 Jul, 2pm** Woodford Singers concert Church of the Holy Innocents, High Beach (as above)

■ **4 Jul, 8.15pm** The anatomy of humour talk by Sean Brady St John's Wives' Group (as above)

■ **7 Jul, 10.15am** Friends of Essex Churches Trust talk by Dr James Bettley English-Speaking Union, Murray Hall, 106 Borders Lane (see p14)

■ **10 Jul, 11am-5pm** Haven House Children's Hospice summer fayre, The White House, High Road, Woodford Green Games, retail stalls, BBQ food, Pimms, beer & cider, live entertainment & lots more. Suggested donation £2, under 3s free 020 8506 3638 [events@havenhouse.org.uk](mailto:events@havenhouse.org.uk)

■ **12 Jul, 7.30pm** Lancelot (Capability) Brown 1716-1763 Landscape, art & Dame Nature talk by Caroline Holmes, lecturer, author & broadcaster Bancroft's Decorative & Fine Arts Society 020 8599 6281 (see p14)

■ **16 Jul, 7.45pm** Roding Orchestra 25th anniversary summer concert St Mary's Church, 201 High Road [www.rodingleaders.co.uk](http://www.rodingleaders.co.uk)

■ **16 Jul, 2.30pm** Award-winning bassist Gary Crosby's Groundation National Jazz Archive fundraising concert. Loughton Methodist Church, 260 High Road 020 8502 4701 [www.nationaljazzarchive.org.uk](http://www.nationaljazzarchive.org.uk)



■ **17 Jul, 12-4pm** Family fun day various events on Jessel Green, Jessel Drive Loughton Town Council 020 8508 4200 (see p1)

■ **17 Jul & 21 Aug, 2.30pm & 4pm** Walk in concerts free events, retiring collection Church of the Holy Innocents, High Beach (as above)

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# Annual Report 2016

I am pleased to start my report by confirming we have met many of our main targets – the refurbishment of the popular and well used Traps Hill play area is now scheduled for June; we have added some of the missing names of fallen servicemen from the town to the war memorial on Kings Green; and we will soon be saying goodbye to our home at Buckingham Court as an office move to the library is planned. This will ultimately save on operational costs and provide a more central location for residents by creating a community hub with more services available under one roof. It should also secure the future of the library in Loughton.

Communication is everything these days and we continue to publish our quarterly newsletter Think Loughton as this also provides an ideal vehicle to support the work of local groups and charities by publicising their activities. Our website, originally created in 1997, is finally being replaced with a new design from April.

Our future plans include major improvements to the Roding Valley Recreation Ground, in particular the football changing rooms, which are in need of a face lift and the car park area. Our plans include a café and toilet to improve facilities for visitors to this lovely area. We are of course very protective of all our green spaces across the town and continue to monitor the work of the district council closely as they prepare the new draft Local Plan. I will, however, allow the committee chairmen to provide you with more details of our plans.

I have enjoyed being a hands-on mayor this year as it has given me the opportunity to serve the community in a variety of ways. I've been involved in activities such as cleaning and painting the milestones on Loughton's roads as part of the Clean for the Queen event, planting a tree in the community orchard, meeting the bees at their new apiary in Roding Road Allotments, serving teas to senior citizens at the LiberTea event in The Broadway and encouraging the contestants in the "It's a Knockout" event on Jessel Green. Part of my role has been to represent the council at important ceremonies including those hosted by the City of London, Epping Forest District Council and other neighbouring councils. I have also attended many local charitable events including those organised by St Clare Hospice, Chigwell Riding Trust, Abbeyfield Society, Loughton Voluntary Care and the Restore Centre.

Other pleasurable events have included presentations to the winners of several town council competitions including awards for the Best Allotment, Christmas cards and Christmas windows. In February I unveiled a blue heritage plaque in memory of Ruth Rendell, the author of the famous Inspector Wexford detective stories. In July I hosted a ceremony to commemorate the 75th anniversary of the falling of the first bomb in the London Civil Defence area and the dedication of a beautiful new planter in The Drive. November saw the unveiling of a new orientation board at the top of York Hill. Also in November I attended the annual Remembrance parade and service, and a moving ceremony to dedicate a new bronze plaque with four new names on the war memorial on King's Green. In December I switched on the Christmas lights in the Broadway and Loughton High Road and had an exciting carriage ride with Santa. I also lit the first candle on the menorah at the Hanukkah celebration on Standard Green.

The annual Civic Service was held in February at the Loughton Methodist Church, during which I awarded Loughton Citizen of the Year to Diane Rhodes and Young Citizen of the Year to Adam Taylor. Full details of this event may be found in the summer 2016 edition of Think Loughton.

I think it very important for the mayor to be involved with local schools and I have continued this tradition by attending events at Oak View School. We have held mock council meetings for the pupils of St John Fisher Catholic Primary School in which they were able to play the roles of councillors and learn about the council's responsibilities. I have also made presentations at Epping Forest College, the Jack Petchey's Speak Out Challenge, the Yes Partnership Motivation Conferences and the Epping Forest Investors in Young People Business Awards.

Finally, with the elections in May so comes the end of the four-year term of this council. I take this opportunity to say "thank you" to my fellow councillors for their hard work and commitment during this time. I would also extend special thanks to the town clerk and her staff for their support and kindness, and their efficiency in organising many of the events I have mentioned.

**Cllr Judy Jennings**  
Town Mayor



## **Loughton Town Council**

1 Buckingham Court  
Rectory Lane  
Loughton  
Essex IG10 2QZ

Tel **020 8508 4200**

Fax **020 8508 4400**

**contact@loughton-tc.gov.uk**

Town Clerk **Enid K Walsh**

## Planning & Licensing

### Cllr Jill Angold-Stephens

The last year has seen a marked increase in the work of this committee with 13 of our 19 meetings running well over the 2 hours laid down in our standing orders. The number of planning applications has increased from some 315 last year to 406 this year.

We are seeing a larger number of extensions to properties as families find it more expensive to move within the town or district. Wherever possible we try to support such applications whilst always taking into account the effect on neighbours and the streetscene. As well as these applications, we have seen a number of amendments, revisions and additions to plans already submitted. We have also attended a number of appeals, being represented by me, my vice-chairman or the planning clerk, dependent on our availability; as expected some have produced a successful outcome for the town and others for the developer. We feel it is important for us to attend whenever possible but sometimes at site visits we are prevented by the inspector from speaking.

On two occasions we have been invited by the district council to submit ideas for names of new buildings; once of what is now called Sovereign Place by the developer, but our suggestions were ignored as the developer had already put up hoardings announcing the name. The second time for the 2 blocks of flats to be built in Burton Road where our suggestions are under consideration.

The town council has also successfully designated Loughton as a neighbourhood plan area. The plan, once completed should enable us to have better control over what and where development occurs

in the future. Our work in trying to register the precious green spaces in Debden, currently with Essex County Council, has provided useful evidence for the neighbourhood plan. We are watching with interest the district council's work on the Local Plan but this is now not due for completion until the end of 2017 at the earliest.

In all this work the committee has been ably supported by the planning clerk, Vivienne Messenger who works so hard to keep on top of everything including the large number of matters for enforcement that we bring to her attention at each meeting. I wish to record our thanks to her. I would also like to thank cllr Carol Davies who has been a valued vice-chairman for me, cllr Phil Abrahams who takes us through the projected plans at each meeting and all my fellow committee members for their thoughtful contributions to the consideration of each set of plans so that our decisions are for what is appropriate for our town.

Finally, we are very pleased to present the 2016 LTC award for building design to the architect of the new extension at Staples Road Primary School. Almost all the local primary schools have needed to increase their size in the last few years to accommodate the growing number of children of school age in the town and we know that we will soon need to increase the size of our secondary schools. It is very gratifying to see that the architect for Staples Road Primary School has been able to produce an extension that meets the needs of the school whilst maintaining the period feel and its empathy with the forest opposite.

## Recreation

### Cllr David Wixley

I start my report by mentioning 5 awards received from the Essex Playing Fields Association. The playground at Monksgrove received a silver award while those at Colebrook Lane and Westall Road both received certificates of merit. The Roding Valley Recreation Ground also received a silver award and the Willingale Road Playing Field a certificate of merit.

The council has also received an award (the Acumen Wages Service Award for Community Work) for the range and number of community events held throughout the year. Examples of these events are the annual fun run, dog microchipping (in conjunction with the Dogs Trust), the community fun day on Jessel Green and Santa Comes to Town.

Future events include Park Run, and Xplorer which is a form of orienteering for children and families. We welcome the support of the district council, Intersport and Run Active in promoting these activities.

We hope that the Traps Hill playground will be a strong contender for an award in 2016 as it is soon to be refurbished following extensive public consultation including input from a Loughton mums' group. A consultant, Maria Cook from Craigdene Ltd, has helped with this project, which is supported by a £20,000 Community Initiatives Fund grant towards the estimated cost of £80,000.

The late cllr Ken Angold-Stephens had been the driving force behind the restoration of the Memorial Garden in Roding Road. The garden is on land owned by the church from which the council has obtained a 21-year lease thus ensuring that it is kept maintained as an attractive public garden.

Work on the Willingale Road Nature Reserve by Countrycare and its volunteers has included the planting of fruit trees with the aim of developing a community orchard.

The Queen's 90th birthday was celebrated by the lighting of a beacon on



Hillyfields on 21 April.

The committee continues to support Skate Loughton enabling it to hold regular events at Roding Valley High School.

The committee's remit extends beyond recreation and includes matters relating to community safety and welfare so we have received presentations from Luke Lowrie of the Red Balloon Family Foundation and Nick Robinson of the Loughton Youth Project and two of its members. We also support the Epping Forest Positive Activities Group which promotes services for young people.

For older people there are plans to host a Senior Safety Day at the Murray Hall.

We send representatives to the police local community meetings and also the annual police conference organised by the Essex Association of Local Councils.

We are concerned about the danger and litter associated with the misuse of nitrous oxide (laughing gas) cylinders known as a legal high. This concern has prompted correspondence with Eleanor Laing MP who advised that a Psychoactive Substances Bill, leading to legislation, is being introduced to address this problem.

The committee has been invited to comment on future proposals for both the Essex County Fire and Rescue Service and also the Sure Start Children's Centres.

Both the Kingsley Hall and Murray Hall, which now has a wedding licence, continue to be popular venues with positive feedback from users. A community centres working party consisting of officers and councillors meets twice a year to consider matters relating to the running and maintenance of the halls.

I thank the members of both the working party and the Recreation Committee for their contributions throughout the year with a special "thank you" to officers for their hard work and support.



# Environment & Heritage

## Cllr Chris Pond

This committee has met bi-monthly, supported by the town clerk and services manager (to whom our thanks are due) and continues to make good progress within its area of responsibility.

### ■ Allotments

We were pleased to run a successful annual best allotment competition again, with some very worthy prizewinners. Bee hives returned to the Roding Road site after a 25-year gap, and the new committee there has worked very effectively with council officers on improving the site. The management appointment discussions are in progress. A consortium of charitable users is interested in taking over the Pyrles Lane site as a social enterprise, and negotiations are ongoing. Continuation of the water supply there has been inserted into the outline planning permission for the adjacent development.

### ■ Christmas festivities

More businesses than ever decorated their windows. The lamp post decorations were again very tasteful, but perhaps did not make sufficient impact against the bright street lighting. Efforts to get Essex County Council to replace the lamp standards in the northern part of the High Road, which are too weak to support heavy decorations, again came to nothing, but our appointment of a town centres officer will, we hope, result in this dark area being enlivened for Christmas 2016.

### ■ Heritage issues

The drinking fountain's oak corner posts were repaired effectively by a specialist contractor. Ceremonies were held in July and November to mark the installation of a planter to commemorate the falling of the 75th anniversary of the first bomb in the London region, and the addition of further names to the war memorial. Essex Police had withdrawn their support for Remembrance Day parades across the county but folks in Loughton handled the arrangements well.



A blue plaque was installed to commemorate Ruth Rendell at her former house in Millsmead Way in February, and one more has been agreed, awaiting the necessary permissions. There are now 38 plaques in Loughton. The 200-year old milestones in Loughton were cleaned, painted, and re-lettered in March.

### ■ Transport and traffic regulation orders (TRO)

The committee continues to monitor changes to local bus services particularly following ECC's tendering round and the ending of funding from Transport for London for 2016/17. We are also pressing for all-night

street lighting in the town with the introduction of 24-hour tube services.

Moves to ban heavy vehicles from the conservation areas and other roads near the forest edge were supported by the committee and we have commented on other schemes, some major, such as the revised road layouts following the Langston Road development. A potential TRO is sent for consultation, and the town council uses its local knowledge in commenting.

### ■ Footpaths

Minor modifications to footpaths near Englands Lane, and naming thereof, were agreed, and a new footpath (to be called Royal Oak Path) dedicated near the former Royal Oak Public House, Smarts Lane to Forest Road. ECC resurfaced the Shaftesbury-Forest Road path in accordance with City of London specifications. Bulb planting, in memory of former resident Dennis Jones, by Lady Mary's Path was undertaken to create a lovely spring display.

### ■ Flower baskets

The displays were extended along Old Station Road, but winter planting was abandoned, as they had not proved attractive.



### ■ Northern Gateway Access Road

I attended the public enquiry into this road proposed by the London Borough of Enfield, which we, EFDC, ECC and the Corporation of London fear would increase traffic on the A121 and A1168. The proposal, as such, was withdrawn as a result.

### ■ Cemetery digitisation of burial registers

This project was completed in 2015 and the burial records for Loughton Cemetery from the first burial in 1888 are now available online.

# Resources & General Services

## Cllr Stephen Pewsey

This is the committee that oversees the finances of the town council and the standards and the quality of our public service.

The committee's priority is to make sure that the precept – that part of the council tax which is allocated to Loughton Town Council – is invested wisely and used effectively in projects and services which offer really good value for money, are high quality, and which help to make our town a better place.

As town councillors we all live in Loughton, and we are all unpaid volunteers, and that is your guarantee that we are as keen as you are for Loughton to be a low-tax town which welcomes new enterprise, is a place where existing businesses can flourish, and is a great place in which to live and bring up our children.

So our main purpose is scrutiny – to make sure that every penny counts, and is not wasted but well spent, and that everything the town council does is open and transparent. We go above and beyond our very strict national audit rules in every aspect of the council's work, which is one of the reasons we are a Quality Gold accredited council and have a trophy cabinet full of other awards back in the council offices.

Thanks to this careful scrutiny, our precept – or local rate – has not

increased for the past 7 years. Residents still pay less than £1 a week in a Band D property for all our services, from bus shelters to playgrounds, from blue plaques to grit bins, from community centres to tennis courts.

The committee also awards grants to help good causes; those which directly help improve life for the people of Loughton. The voluntary sector plays a vital role in our town life – and I would like to thank and pay tribute to all those who give up their time to make this town a better place. With £27,500 available in total in 2016 we have focussed our awards for Loughton's young people, through groups such as the Loughton Youth Project, playgroups and the scouts, and also on organisations which help the vulnerable elderly. We are also delighted to help support yet again the Loughton branch of the Epping Forest Citizens Advice Bureau with an £8,000 grant. This is a charity which has made such a difference to so many lives.

Finally, on your behalf, I would like to thank my hardworking fellow committee members, especially my deputy chair, Imogen Lawrence, and all the town council officers, especially the town clerk, Enid Walsh, and her deputy, Shirley Haynes, for all their work and support throughout the past year.

Attendance at meetings during the municipal year 2015/16

Committee/ Councillor	Council 7 meetings	Planning & Licensing 22 meetings	Recreation 5 meetings	Environment & Heritage 5 meetings	Resources & General Services 6 meetings
P Abraham	6	22*		1	
J Angold-Stephens	4	15*			4*
K Angold-Stephens	3	1			4*
P Beales	4		5*	3*	3
J Bostock**	4	11*			
M Chalk	5	19*	4*		
C Davies	7	17*		4*	
T Downing	5	11*	1	2*	
L Girling	5		4*	1	
J Jennings	7	2	1	5*	6*
I Lawrence	2	8	1	2*	3*
J Mahoney	5		3*	1	6*
H Mann**	1	1	1		1*
S Murray**	5		1		
M Owen	5		4*	5*	
S Pewsey	6			4*	5*
C C Pond	7			5*	1
C P Pond	7			5*	
E Stacey	2				2*
T Thomas	2		2*		
S Weston	7		2		
D Wixley	7	6	5*	5	6

\* a member of that committee    \*\*extended leave of absence granted during the year

Financial Report

	2014/15	2015/16**
Band D precept figure per household	49.18	49.18
Income		
Precept	581,700	587,100
Local Council Tax Support grant	58,358	49,529
Interest	9,703	6,961
Operating income	182,796	143,111
Total receipts	832,557	786,701
Running Costs		
Resources & General Services	154,683	179,042
Environment & Heritage	140,207	160,423
Recreation	533,848	496,833
Planning & Licensing	27,000	27,121
Total payments	855,738	863,419
Summary		
Balance c/forward	462,180	386,338
Add receipts	832,557	786,701
Less payments	855,738	863,419
Transfer to reserves	-52,661	36,925
Balance c/forward	386,338	346,555
Total net assets represented by:		
General fund	386,338	346,555
Earmarked reserves	537,776	500,841
Overall balances	924,114	847,396

\*\*Unaudited. For a detailed copy of the accounts please contact the council.

Members’ Allowances 2015/16

The Parish Basic Allowance for 2015/16 is £108 p.a.			
Councillor	Parish Basic Allowance	Travel & Subsistence	Total
	£	£	£
P Abraham	108.00		108.00
J Angold-Stephens	108.00		108.00
K Angold-Stephens	108.00		108.00
P Beales	108.00		108.00
J Bostock	108.00		108.00
M Chalk	108.00		108.00
C Davies	108.00	41.70	149.70
T Downing	108.00		108.00
L Girling	108.00		108.00
J Jennings	108.00	25.92	133.92
J Mahoney	108.00		108.00
H Mann	108.00		108.00
M Owen	108.00		108.00
C C Pond	108.00		108.00
C P Pond	108.00		108.00
T Thomas	108.00		108.00
S Weston	108.00		108.00
D Wixley	108.00	73.80	181.80

The following councillors have renounced their right to claim the allowance: I Lawrence, S Murray, S Pewsey, E Stacey

Councillors list, by ward, during the year 2015/16

<b>Alderton Ward</b> Cllr Philip Abraham Cllr Ed Stacey Cllr Tracey Thomas	<b>Roding Ward</b> Cllr Ken Angold-Stephens Cllr Margaret Chalk Cllr Stephen Murray Cllr David Wixley
<b>Broadway Ward</b> Cllr Leon Girling Cllr John Mahoney Cllr Margaret Owen	<b>St John’s Ward</b> Cllr Stephen Pewsey Cllr Caroline Pond Cllr Chris Pond
<b>Fairmead Ward</b> Cllr Jill Bostock Cllr Carol Davies Cllr Judy Jennings	<b>St Mary’s Ward</b> Cllr Philip Beales Cllr Imogen Lawrence Cllr Harvey Mann

**Forest Ward**  
Cllr Jill Angold-Stephens  
Cllr Trevor Downing  
Cllr Sharon Weston

Contact details for the councillors may be viewed at **www.loughton-tc.gov.uk**



■ **21 Jul, 11am-4pm** Dogs Trust  
free event Roding Valley Recreation  
Ground (see p10)

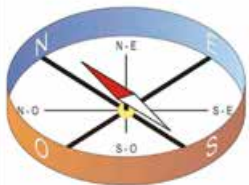
■ **26 Jul & 2 Aug, 10am-12 noon**  
Outdoor athletics: run, jump & throw  
events ages 6-12 Roding Valley  
Recreation Ground athletics track  
by tennis courts, Roding Road IG10  
3BS. £5, book: EFDC Community  
Services 01992 564226

■ **28 Jul, 7.45pm** Weaving (2) Essex  
Handicrafts Association Woodlands  
Branch 020 8508 7657

■ **1 Aug, 10.30am-3pm** Discover  
your inner artist ages 7+ £20 Epping  
Forest District Museum, 39-41 Sun  
Street, Waltham Abbey EN9 1EL  
01992 564551 Opportunity to gain  
a Discover level Arts Award www.  
artsaward.org.uk/site/?id=2300

■ **1 Aug, 12-2pm** Teddy bears  
picnic BYO teddies & picnic St  
Michael's Church field, Roding Road  
020 8418 7944

■ **1, 15 & 22 Aug, 10am-12pm**  
Xplorer navigation challenge: family  
orienteering Roding Valley Recreation  
Ground, Roding Road, IG10 3BS  
£2 per map just turn up. EFDC  
Community Services



■ **8 Aug, 2-4pm** Xplorer navigation  
challenge (as above)

■ **2, 9, 16 & 23 Aug, 1.30-3.30pm**  
Play in the Park free Roding Valley  
Recreation Ground just turn up.  
EFDC Comm Services



■ **3 Aug, 11am-1pm** Life of a  
bumblebee ages 4-11 Chigwell Row  
Wood, Romford Road, IG7 6EG £3,  
to book: Epping Forest Countrycare  
01992 564224

■ **4 Aug, 10.15am** Epping Forest  
District Museum talk by curator, Tony  
O'Connor English-Speaking Union,  
Murray Hall, 106 Borders Lane (see  
p14)

■ **4, 11, 18 & 25 Aug, 10am-12pm**  
Play in the Park free Jessel Green,  
Jessel Drive just turn up. EFDC  
Comm Services

■ **5, 12, 16, 23 & 30 Aug, 9am-  
4pm** MTB (mountain biking) days  
Debden House Centre, Debden  
Green IG10 2NZ £30 (bike & helmet  
hire incl), to book: EFDC Comm  
Services 01992 564226

■ **12 & 26 Aug, 10am-12pm** Play in  
the Forest High Beach Visitor Centre,  
IG10 4AF £3 just turn up. EFDC  
Comm Services

■ **17 Aug, 11am-1pm** River dipping  
River Roding ages 4-11 Fisherman's  
car park, Roding Lane, Chigwell IG9  
6BJ (next to David Lloyd Centre) £3,  
to book: Epping Forest Countrycare  
01992 564224

■ **22-24 Aug, 9.30am-12pm**  
Holiday Club children ages 5-13 £18  
each tom@loughtonmethodist.org.uk  
/ 020 8502 3071

■ **24-28 Aug** Creative Loughton  
Festival 2016 Art workshops,  
interactive street art & performances  
LifeWorks & Loughton Methodist  
Church, 260 High Road lifeworks@  
loughtonmethodist.org.uk www.  
creativeloughtonfestival.com



■ **27 Aug** Fun Fair free Loughton  
Methodist Church (as above)

■ **31 Aug, 12-2pm** Teddy bears  
picnic ages 3-6 Linder's Field Local  
Nature Reserve, Buckhurst Hill IG9  
5QN £3, to book: Epping Forest  
Countrycare 01992 564224

**Disclaimer: Loughton Town  
Council takes no responsibility  
for events organised by external  
organisations/individuals that are  
listed above. Please always check  
details and availability with the  
relevant organiser.**

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## Free dog microchipping

**RESPONSIBLE DOG** owners are invited to bring their dogs to this free fun Dogs Trust event on Thursday 21 July from 11am – 4pm at the Roding Valley Recreation Ground, near the tennis courts.

Remember that under the new legislation all dogs must be microchipped. The trust will be offering free microchipping and advice to owners, plus free neutering vouchers and health check vouchers. Weather permitting there will also be dog agility activities. Call 020 8508 4200 for more information.



## Online crime reporting

**AS POLICE** station front counters close, Essex Police has launched new ways to report non-emergency crime, meaning that for the first time in the county crime can be reported online.

A new website [www.essex.police.uk/doitonline](http://www.essex.police.uk/doitonline) lets people report non-emergency crime, road traffic collisions and provides access to a range of information and advice, easily and conveniently. Online reporting for lost or found property will also become available. They have also subscribed to the national knowledge bank "Ask The Police", which is accessible on this website. Ask the Police contains answers to hundreds of often-asked questions about policing from abandoned vehicles to youth issues.

Gareth Nicholson, head of communications at Essex Police, said: "With the huge growth we've seen in people using the internet for daily tasks like shopping as well as accessing services from councils to GPs online, it's obvious that people need to be able to access police services online too. If the crime is happening now or you're in danger, we still need you to call 999, but reporting a crime or a road traffic collision can now be done more conveniently than ever before. We want people who don't need us in an emergency to think carefully about how they contact us and whether the information they're looking for is already online because that gives officers more time to fight crime."

Assistant Chief Constable Maurice Mason said: "I want to reassure people living in those towns that the commitment to keep them safe remains our absolute priority. The closure of public front counters will have no effect on our local patrols and ability to respond to calls for help. Our job is to remain at the heart of our communities, but every expensive and outdated building which isn't well-used by the public means fewer officers on patrol stopping crime and helping vulnerable people."



# Loughton Building Design Award



**THIS AWARD** was introduced by the town council in 2012 to recognise and reward individual examples of good design and construction, and to raise public awareness of the built environment within Loughton.

We look for building works completed in the previous 12 months that either:

- enhance the town;
- improve a dilapidated building;
- upgrade or enhance a conservation area; or are
- noteworthy in terms of design or innovation.

This year the judges were most impressed by the new extension at Staples Road Primary School. Mark Chandler from Vincent and Gorbing Architects received the award at the

Annual Town Meeting.

This attractive building uses materials that blend in well with the original part of the school. The outdoor area has also been remodelled to provide a much improved play area in what was previously a difficult site with a steep slope. The whole effect of the work gives a tasteful and attractive aspect at this focal point of the conservation area and importantly does not detract from the forest opposite the school.

**Photo: (l to r) Architect Stephen Chown, cllr Judy Jennings and headteacher Veronica Wallace with children from Staples Road Primary School**

## 2016 fun run

**THE WINNERS** were in first place Peter Fairlamb followed closely behind by Mark Fox and Mark Buglione.

Almost 200 runners completed this year's 4km fun run on 17 April. The town mayor, cllr Judy Jennings, started the family event and £1,000 was raised, which was split between two local charities, Oak View School and St Clare Hospice.





# Lighting of the Loughton beacon



**HER MAJESTY** the Queen's 90th birthday was celebrated on 21 April when the Deputy Lord Lieutenant, Michael Chapman, the Queen's official representative in the county, lit Loughton's special beacon at the top of the Hillyfields open space at 7.30pm.

This was part of the national tribute in which over 1,000 beacons were lit across the length and breadth of the country and overseas.

Our regular town crier, Peter Frost, was unable to join us on this occasion and so

we send our thanks to cllr Leon Girling who stepped in to fill this important role. The musical entertainment included a performance by the choir of St John Fisher Catholic Primary School of their favourite songs.



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Monday 27<sup>th</sup> June 2016 | 6.00pm – 8.00pm

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Epping Forest College | Borders Lane | Loughton | Essex | IG10 3SA  
(020) 8508 8311 | [www.efc.ac.uk](http://www.efc.ac.uk) | [enquiry@efc.ac.uk](mailto:enquiry@efc.ac.uk)  
@eppingforestcol f/eppingforestcollege





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# Regular activities

Amendments to: [vivienne.messenger@loughton-tc.gov.uk](mailto:vivienne.messenger@loughton-tc.gov.uk)

## ALLOTMENTS

**Loughton Potato Ground**, Baldwins Hill.  
[www.loughtonpotatoground.com](http://www.loughtonpotatoground.com)  
**Roding Road Allotment & Leisure Gardens Association**, Roding Road.  
[www.rodingroadallotments.co.uk/](http://www.rodingroadallotments.co.uk/)  
**Willingale Road Allotments**, Loughton  
Town Council 020 8508 4200

## ANIMAL TRAINING

**Epping Green Agility Club** (for dogs),  
Sunnyside Stables, Epping Green.  
Mondays & Wednesdays, 7.30-9pm  
(indoors). Mrs Widlake 020 8508 5254  
**Forest Dog Training School Club**,  
Debden Park Community Centre.  
Tuesdays, 6.30-7.30pm. 020 8508 3468  
/ fdtst1@aol.com

## ARTS & CRAFTS

**Creative Art Classes** LifeWorks Centre,  
Loughton Methodist Church, 260 High  
Road. £10. Tuesdays & Thursdays.  
07944 589998 [www.ruthdronsfield.co.uk](http://www.ruthdronsfield.co.uk)  
**Created Crafts**, 2nd Thursdays, 7.45pm  
Pam 020 8508 7657  
**Essex Handicrafts Association**,  
Woodlands Branch, The Studio,  
Loughton Methodist Church, 260 High  
Road. 4th Thursdays, 7.45pm. Pam 020  
8508 7657

**Loughton Arts Centre**, 187B High  
Road (by Lopping Hall). Monday-  
Saturday 10am-4pm. Local artists &  
photographers work. 07532 053194  
<http://www.loughtonartscentre.org/>  
**The Arts Bar**, Lopping Hall. 2nd Fridays  
from 7pm. For creative people to meet,  
view the latest exhibition at Loughton  
Arts Centre & meet the artist (as above).  
**Thursday Art Group**, Loughton Baptist  
Church, 92 High Road. Thursdays,  
1.30pm £3 (incl tea & biscuits) 020 8502  
1379 / theormes5@hotmail.co.uk  
**Woodford & District Floral Arrangement  
Group**, Churchill Room, Wanstead  
Library, Spratt Hall Road, E11. 3rd  
Mondays, 6.45pm for 7.30pm. Visitors  
£4 <http://nafas.org.uk/nafas-areas/>

## COUNSELLING

**Affordable Counselling Epping Forest**  
counselling sessions The Box, St  
John's Road, Epping CM16 5DN  
Thursday mornings 01992 573402  
[affordablecounsellingef@gmail.com](mailto:affordablecounsellingef@gmail.com)  
**affordablecounsellingeppingforest.org.uk**  
**Samaritans**. Free, confidential emotional  
support for the distressed & despairing  
available 24/7. 020 8553 9900 / 116  
123 / [jo@samaritans.org](mailto:jo@samaritans.org) / txt 07725  
909090

## EDUCATION

**Music Lessons**, Loughton Music  
Academy, High Road. 020 8502 2992  
[www.loughtonmusicacademy.co.uk](http://www.loughtonmusicacademy.co.uk)  
**WEA (Workers' Educational Association)**  
Loughton & Epping Branch. Mrs Pat  
Dale 020 8281 1536 / [mrsdale@googlemail.com](mailto:mrsdale@googlemail.com) [www.wea-essex.org.uk](http://www.wea-essex.org.uk)

## FAITH

**Butterfly Club** Loughton Methodist  
Church, 260 High Road. Mondays  
(term time) 1.30-3pm £1 child (pre-  
school) with parents/carers tom@  
loughtonmethodist.org.uk 020 8502  
3071  
**St Michael's Church**, Roding Road.  
Causeway Prospects Service for adults  
with learning difficulties & their families/  
friends/carers. 1st Sundays, 3.30pm.  
020 8418 7944  
**Toddler Church**, Loughton Methodist  
Church, 260 High Road. (0-5 plus  
fellowship). Tuesdays (term time), 10am.  
020 8502 3071

## FOOD

**Farmers Market**, Centric Parade, High  
Road. 1st Sundays, 9am-2pm.  
David Linnell 020 8508 2932

**Loughton Foodbank** Wednesdays,  
10.15-11.45am St Mary's Church, 201  
High Road & Saturdays, 2-3.30pm  
Restore Centre, 68 The Broadway. 07402  
032313 [www.loughton.foodbank.org.uk](http://www.loughton.foodbank.org.uk)

## GENERAL INTEREST

**Bell ringing**, St John the Baptist Church,  
Church Lane. Tuesdays, 8-9pm (in  
tower). No experience necessary. Yvonne  
Finch 07748 970754  
**Belly dancing**, Loughton Club, 8  
Station Road. Wednesdays 7-9.30pm.  
Sonya Collins 07759 076443 /  
[soniyabellydancer@btinternet.com](mailto:soniyabellydancer@btinternet.com)  
**Book groups** Loughton Library, Traps Hill  
4th Mondays, 1.30pm 020 8502 0181  
**Calligraphy** for beginners (adults) 07956  
544262

**Deafblind club** Loughton Library, Traps  
Hill 1st Tuesdays, 2-4pm 020 8502 0181  
**Epping Forest Conservation Volunteers**,  
The Warren, Epping New Road. 1st, 3rd  
& 4th Sundays. Kevin Mason 8529 9273  
[efcv2@yahoo.co.uk](mailto:efcv2@yahoo.co.uk) [www.efcv.co.uk](http://www.efcv.co.uk)  
**Epping Forest Countrycare**, EFDC's  
Countryside team. Volunteering projects  
in district's nature reserves. Thursdays  
10am-4pm. 01992 788203  
[www.eppingforestdc.gov.uk/index.php/out-and-about/countrycare](http://www.eppingforestdc.gov.uk/index.php/out-and-about/countrycare)  
**Epping Forest & District Stamp Club**,  
Roding Valley High School, Alderton Hill.  
2nd Tuesdays, 7.30pm. 020 8505 5620  
**Essex Wildlife Trust Work Parties**, Roding  
Valley Nature Reserve. Wednesdays,  
10am-4pm. Ranger Michael Poole 07881  
815994

**Film Loughton**. Film screenings locally.  
[www.filmiloughton.btck.co.uk](http://www.filmiloughton.btck.co.uk)  
**Forest Creative Writers**, Jazz Archive  
Library, Loughton Library, Traps Hill.  
Thursdays (term time) 12.45-2.45pm.  
Peter Relph 020 8508 6313  
**Forest Musical Theatre Company**  
St Michael's Church, Roding Road.  
Tuesdays & Wednesdays (rehearsals).  
[sally@forestmusical.co.uk](mailto:sally@forestmusical.co.uk)  
**Friends of Light & Healing**, Kingsley  
Hall, Kingsley Road. An evening of  
clairvoyance. Alternate Thursdays,  
7.30 for 8pm. 020 8508 3266  
**Games Morning** Loughton Library,  
Traps Hill play board games & cards  
Wednesdays, 10am-12pm led by  
Loughton Voluntary Care 020 8502 0181  
**HEARS - Herts & Essex Architectural  
Research Society**, St Michael's Church,  
Roding Road. £2.50 non-members. 4th  
Fridays, 8pm. David Stevenson 020 8508  
2512 [www.hears.vpweb.co.uk](http://www.hears.vpweb.co.uk) See Dates  
for the diary.

**Hornby Railway Collectors Association**,  
St John's Church Scout Hall, Church  
Lane. 2nd Thursdays, 5-10pm alternate  
months. David Southgate 020 8508 7530  
**Loughton Amateur Dramatic Society**,  
Lopping Hall, High Road. Martin Howarth  
020 8508 8644 [www.lads.org.uk](http://www.lads.org.uk)  
See Dates for the diary.

**Loughton Astronomical Society**, Scout  
Hall, Theydon Bois. LAS Astrokryds (6-14  
yrs). Thursdays 8-10pm. Brian Morton  
01992 815804 [www.las-astro.org.uk](http://www.las-astro.org.uk)  
**Loughton Bowling Club Bridge Section**,  
Eleven Acre Rise. Thursday afternoons.  
020 8502 0237

**Loughton Bridge Club**, Oak View School,  
Whitehills Road. Mondays 7.20pm (term  
time). [fakenhamnewson@hotmail.com](mailto:fakenhamnewson@hotmail.com)  
[www.bridgewebs.com/loughton/](http://www.bridgewebs.com/loughton/)  
**Loughton Camera Club**, Lopping Hall,  
High Road. Wednesdays, 8-10pm.  
01992 575505  
[www.loughtoncameraclub.org.uk/](http://www.loughtoncameraclub.org.uk/)  
[Loughton\\_Camera\\_Club/Welcome.html](http://Loughton_Camera_Club/Welcome.html)  
**Loughton & District Historical Society**,  
Loughton Methodist Church, 260 High  
Road. Guests: £1.50. 2nd Thursdays,  
8pm [www.loughtonhistoricalsociety.org](http://www.loughtonhistoricalsociety.org)

**Loughton & Epping Forest Amateur Radio  
Society**, All Saints House, Romford Road,  
Chigwell Row, IG7 4QD. Alternate Fridays,  
7.45pm. 020 8502 1645 [www.lefars.org.uk](http://www.lefars.org.uk)  
**Loughton Chess Club**, Loughton Bowling  
Club, Eleven Acre Rise. Wednesdays,  
7.30pm. 020 8508 3546 [www.freewebs.com/kengroce/](http://www.freewebs.com/kengroce/)  
**Loughton Women's Institute**, Royal British  
Legion, 118 Church Hill. 1st Wednesdays,  
2.15pm (except 2nd Wednesday in  
January) Elna Green 020 8508 4514  
**Yarns & Tales** Loughton Library, Traps  
Hill for a knit, chat & tea 2nd Saturdays  
2-4pm 020 8502 0181

## HEALTH

**ADAS (W Essex Alcohol & Drugs Service -  
by appt)** Rectory Lane Health Centre  
01279 641347 / [admin@adasuk.org.uk](mailto:admin@adasuk.org.uk)  
[www.adasuk.org](http://www.adasuk.org)  
**Breathe Easy (British Lung Foundation)**,  
Tony Carr 01992 573387  
**Lifewalks** EFDC walking for health scheme  
various locations Mon, Tues, Thurs 10am  
& Sat, Sun 10.30am. Karen Murray 01992  
564222 / [kmurray@eppingforestdc.gov.uk](mailto:kmurray@eppingforestdc.gov.uk)  
**Loughton Memory Café (Alzheimer's  
Society)**, Church Hall, Loughton Methodist  
Church, 260 High Road. 1st & 3rd  
Mondays, 10am-12pm 01279 427522  
[www.alzheimers.org.uk](http://www.alzheimers.org.uk)  
**Memory Café** Rotary Club of Loughton  
Buckhurst Hill & Chigwell, Loughton Club,  
8 Station Road 2nd Fridays 10am-12pm  
07984 100379  
**ProActive** (W Essex Prostate Cancer  
men's self-help group) St Margaret's  
Hospital, The Plain Epping CM16 6TN.  
Friday monthly 1-3pm. John Woods  
07747 374692 [www.proactive.me.uk](http://www.proactive.me.uk)

## LEISURE ACTIVITIES FOR CHILDREN / YOUNG PEOPLE

**2324 (Chigwell) Squadron, Air Training  
Corps**, Buckhurst Hill. Mondays &  
Thursdays evenings (13-17 yrs). 020  
8505 3353 [www.2324squadron.org.uk](http://www.2324squadron.org.uk)  
**7th Epping Forest Scout Group**, St  
Edmund's Church, Traps Hill. Tuesdays:  
Scouts boys/girls (10½-14½ yrs) 7.30-  
9pm. Thursdays: Beavers boys/girls (6-8  
yrs) 5-6pm & Cubs boys/girls (8-10½)  
6.30-7.30pm. Keith Davis 07553 376181  
**16th Epping Forest Beavers** Trinity Church  
Hall, Mannock Drive. Mondays: Beavers  
(6-8 yrs) 5.45-7pm. Fridays: Cubs (8-10  
yrs) 6.30-8pm Linda Brede 020 8508  
4867 / [lulu.brede@ntlworld.com](mailto:lulu.brede@ntlworld.com)  
**30th Loughton Scout Group**, St John's  
Church, Church Lane. Beavers (6-8 yrs),  
Cubs (8-10 yrs) & Scouts 10-14 yrs.  
Paul Snowden GSL 020 8508 4336 /  
[info@30thloughton.co.uk](mailto:info@30thloughton.co.uk)  
**41st Epping Forest Scout Group**, Lopping  
Hall, 189 High Road. Mondays 5.45-9pm,  
Thursdays & Fridays, 6-9pm Beavers,  
Cubs, Scouts & Explorers  
girls/boys (6-18) 020 8923 2378 /  
[agsl41@gmail.com](mailto:agsl41@gmail.com)  
**Baby & Toddler** 20-min session. Debden  
Library, Epping Forest College, Borders  
Lane. Fridays, 10am. 020 8508 5869  
**Baby & Toddler** 20-min session. Loughton  
Library, Traps Hill. Mondays 10am,  
Tuesdays 10.30am; Thursdays 2.20pm.  
1st Saturdays (Daddy Cool) rhyme time  
11am. 020 8502 0181  
**Baby & Toddler Group** St Edmund's  
Parish Hall, Traps Hill. Thursdays 9.30-  
11.30am (term time) 07770 891912 /  
[stedmundsplaygroup@gmail.com](mailto:stedmundsplaygroup@gmail.com)  
**Cheeky cherubs stay & play** Loughton  
Club, 8 Station Road. Tuesdays  
9.30-11.30am. 07711 883860 /  
[cheekycherubstayandplay@aol.com](mailto:cheekycherubstayandplay@aol.com)  
**Duke of Edinburgh's Award**, Loughton  
Youth Centre, 106 Borders Lane  
Tuesdays 6.30-8.30pm (term time) (14½-  
19 yrs) 01279 404401 /  
[edward.nkwelle@essex.gov.uk](mailto:edward.nkwelle@essex.gov.uk)

**Grandparent & Toddler Rhymetime**  
Loughton Library Wednesdays 1.30-  
2.30pm in partnership with Spurgeon's  
Children Centre 020 8502 0181  
**Girlguiding Loughton South**. Rainbows,  
brownies & guides (girls 5-13yrs).  
Leadership opportunities available. 07908  
491411. [www.loughtonsouth.webspace.virginmedia.com](http://www.loughtonsouth.webspace.virginmedia.com)  
**ignite** (children's & youth activities) St  
Mary's Church, 201 High Road 020 8508  
3643 [www.stmarysloughton.com](http://www.stmarysloughton.com) Tots  
Time (0-4) Mondays 9.30-11am. Forge  
(Y7-13) Wednesdays 3.30-5.30pm.  
Shine! Toddler church (0-4) Thursdays  
9.45-10.45am. After Hours (Y9+) Fridays  
8-10pm  
**Little Angels Baby & Toddler group**, St  
Michael's Church, Roding Road. Mondays  
10am-12 noon (term-time) 020 8418  
7944  
**Little Oak's Delivery Site**, Torrington Drive.  
Fun, educational & daily varied sessions  
for children (0-5) & support for parents.  
020 8418 7904  
**Loughton Youth Project**, The Space,  
Loughton Library, Traps Hill. 24-hour  
online community radio station. Free  
afterschool / evening café weekdays. Nick  
Robinson [www.lypradio.com/](http://www.lypradio.com/)  
**Noah's Ark Toddler Group**, Oakwood Hill  
Estate Community Hall. (U5s). Tuesdays  
& Thursdays (term time) 10-11.30am. £1  
(per family) Catherine Wait 07582 119932  
**Papworth Trust**, Loughton Youth Centre,  
106 Borders Lane. Thursdays 5-7pm  
(term time) (8-18 yrs) free activities for  
disabled young people 01279 404401 /  
[edward.nkwelle@essex.gov.uk](mailto:edward.nkwelle@essex.gov.uk)  
**Rainbows, Beavers, Brownies, Cubs  
& Scouts groups**, St Michael's Church,  
Roding Road. 020 8418 7944  
**Red Balloon Community Theatre** Youth  
Centre, Murray Hall, 106 Borders Lane,  
IG10 3SB  
Loughton Children's Theatre: Mondays  
4.30-6.30pm (school yrs 3-7/chorus)  
Loughton Youth Theatre: Mondays 7-9pm  
(school yrs 6-11/principals)  
Team 6: Tuesdays 6-7.30pm (school yrs  
6-8)  
Epping Youth Theatre, The Box, St John's  
Road, Epping Tuesdays 5.30-7.30pm  
(school yrs 3-6) 020 3086 8186 (option 2)  
/ [redballoonfam](mailto:redballoonfam)  
[www.redballoonfamily.co.uk/rbct.htm](http://www.redballoonfamily.co.uk/rbct.htm)  
**Reindeer Explorer Scouts**, St Edmund's  
Church, Traps Hill. Girls/boys (13½-18  
yrs). Fridays. Dave Martin 07889 189261  
**Russian drama studio**, Kingsley Hall,  
Kingsley Road. Mondays 4.15-6.15pm.  
Anastasia 07435 358943  
[www.petrushka-studio.co.uk](http://www.petrushka-studio.co.uk)  
**Scouts Explorers**, Loughton Youth Centre,  
106 Borders Lane. Mondays 6-8.30pm  
(term time) (13-19 yrs) free activities  
01279 404401 / [edward.nkwelle@essex.gov.uk](mailto:edward.nkwelle@essex.gov.uk)  
**Sunrise Children's Centre**, Alderton Hall  
Lane. Fun, educational & daily varied  
sessions for children (0-5) & support for  
parents. 020 8502 5799  
**Young Carers**, Loughton Youth Centre,  
106 Borders Lane. Wednesdays 6.30-  
9pm (term time) (8-8 yrs) free activities  
01279 404401 / [edward.nkwelle@essex.gov.uk](mailto:edward.nkwelle@essex.gov.uk)

## MUSIC

**60's music appreciation social group**  
Loughton Club, 8 Station Road. Last  
Tuesdays 2-4.30pm 020 8508  
8365 / 07761 792691  
**Loughton Folk Club**, 8 Station Road. Live  
acoustic music. Thursdays, 8pm.  
Jim 07762 146623 /  
[loughtonfolkclub@googlegmail.com](mailto:loughtonfolkclub@googlegmail.com)  
**Roding Players** Orchestra rehearsals,  
Roding Valley High School, Alderton Hill.  
No audition. Mondays, 7.30-9.30pm.  
Miles Harwood 020 8505 4329  
[www.rodingplayers.co.uk/](http://www.rodingplayers.co.uk/)

**13** ▶ **South West Essex Choir**, Loughton Methodist Church, 260 High Road. Tuesdays, 7.45-10pm. 01992 812606 [www.southwestessexchoir.org.uk/](http://www.southwestessexchoir.org.uk/)  
**Stand & Deliver Acoustic Open Mic Club**, Royal British Legion, 118 Church Hill. 2nd Tuesdays 8pm. Roy Tyack roy.tyack@btinternet.com  
**Woodford Symphony Orchestra** welcomes new string players. Rehearsals Thursdays, 7.45pm & 9.45pm, Roding Valley High School, 020 8924 9370 [wsorchestra.org.uk](http://wsorchestra.org.uk)

**SOCIAL**  
**The Buffaloes**, Loughton Club, 8 Station Road. A charitable brotherhood - members (18+). Tuesdays & Thursdays, 8.30pm. [mldja.worsfold@yahoo.co.uk](mailto:mldja.worsfold@yahoo.co.uk) [www.loughtonclub.blogspot.com](http://www.loughtonclub.blogspot.com)  
**Civil Service Retirement Fellowship**, Loughton Library (Jazz Room), Traps Hill. 3rd Monday, 2pm.  
Mrs E Vale 020 8508 2459  
**Forest Probus Club**, County Hotel, 30 Oak Hill, Woodford Green, IG8 9NY. 2nd Fridays. Lunch & speaker.  
Michael Housley 020 8529 6500  
**Friday Market**, St Michael's Church, Roding Road. Fridays, 10am-12 noon  
**Loughton Probus Club**, Gilwell Park, Chingford. 4th Tuesdays (lunch). Secretary Derek Allen 020 8504 3074 [www.probusloughton.org.uk/](http://www.probusloughton.org.uk/)  
**Over 50s Club**, Oakwood Hill Estate Hall. Daily programme of activities. 020 8508 5743  
**Rotary Club of Loughton, Buckhurst Hill & Chigwell** The Blue Boar, Market Place, Abridge, RM4 1UA. Thursdays 6.15pm [www.loughtonrotary.org.uk](http://www.loughtonrotary.org.uk)  
**Royal British Legion Loughton Branch**, 118 Church Hill. Mondays & Thursdays, 8pm (bingo); Tuesdays & Thursdays, 1-4pm line dancing; 2nd & 4th Wednesdays quiz night; last Sundays 1-4pm (jazz @ the RBL) 020 8508 5044 [www.loughtonrblclub.co.uk](http://www.loughtonrblclub.co.uk)

**Tea Club - Senior Citizens**, St Michael's Church, Roding Road. Alternate 3rd Saturdays 3-4.45pm. 020 8418 7944  
**Wesley's Café**, Mondays 10am-5:30pm, Tuesdays-Fridays 10-3:30pm & Saturday 10-12:30pm)

**SPORT**  
**All-ability Trampoline Club** (disabled people to 19 yrs), Debden Park High School, Willingale Road. Wednesdays 6.45pm-7.45pm. Loughton Flyers Trampoline Club & EFDC. Fabrizio Ferrari 01992 564567 / [fferrari@eppingforestdc.gov.uk](mailto:fferrari@eppingforestdc.gov.uk)  
**Amici Badminton Club**, Roding Valley High School Sports Hall, Alderton Hill. Mondays, 8-10pm. Age 30+. Suzanne 07940 313691 / Chris 07713 004996  
**Avenue Lawn Tennis Club**, 18 The Avenue, Friendly family club. Membership: juniors 020 8502 3793 & adults 020 8502 1950  
**Chigwell & Epping Forest Orienteering Club**. Monthly local event & non-local events every weekend. Helen 020 8502 1629 [chig.org.uk](http://chig.org.uk)  
**Colebrook Royals FC**, Grange Farm Pavilion, Grange Farm Lane, Chigwell IG7 6DP. Saturdays & Sundays. 07951 820444 [www.colebrookroyals.co.uk](http://www.colebrookroyals.co.uk)  
**Clubbercise** Murray Hall, 106 Borders Lane. Easy dance workout routines Wednesdays 7.15-9.15pm Lisa 07877 010158  
**Epping Forest HF Walking Group** regular Sunday walks in the local area [www.ehf.org.uk](http://www.ehf.org.uk)  
**Epping Forest Sportability Club (EFSC)** Multi-sports club for young people with mild-moderate physical & learning difficulties. Oak View School, Whitehills Road. Saturdays 10am-2pm (term time) [efsc@hotmail.co.uk](mailto:efsc@hotmail.co.uk) [www.efsportability.com](http://www.efsportability.com)  
**Jumping Jens**, St Michael's Church, Jubilee Hall, Roding Road. £4. Tuesdays & Thursdays, 8-9pm. 07866 127522

**Karate Club** Trinity Church, Mannock Drive. Wednesdays, 6.30-7.30pm 020 8508 7657  
**Katy Little School of Dance**, Loughton. Ballet, tap, jazz, examinations & shows. 4 yrs to adults 07712 106941 / [www.katylittleschoolofdance.co.uk](http://www.katylittleschoolofdance.co.uk)  
**Keep Fit**, Lincoln Hall, 125 High Road. All ages. £5. Tuesdays & Thursdays, 10.30-11.30am. 020 8470 0807  
**Loughton Athletic Club**, The Pavilion, South View Road (Roding Valley Recreation Ground). Tuesdays, 7pm. 07958 903842 [www.loughtonac.org.uk](http://www.loughtonac.org.uk)  
**Loughton Fencing Club**, Debden Park High School, Sports Hall, Willingale Road. Wednesdays, 7-8pm (children); 7.30-9pm (adults) 01992 522462 [www.loughtonfencingclub.co.uk/](http://www.loughtonfencingclub.co.uk/)  
**Loughton Football Club**, Avondale Close. 8-18 yrs + senior team. Sundays (youth teams), Saturdays (seniors) & weekday evenings (training). Keith Campen 020 8508 4757 [www.loughtonfc.com/contactus.htm](http://www.loughtonfc.com/contactus.htm)  
**Loughton Karate Club**, Loughton Club, Station Road. All ages (from 5+) & all levels welcome. Sundays 4-5.30pm. Stephen O'Brien 07758 341584  
**Loughton Mountaineering Club**, Victoria Tavern, Smarts Lane. Hill walkers & climbers welcome. Mondays, 8.30pm. [www.loughtonmc.org](http://www.loughtonmc.org)  
**Loughton Rugby Football Club**, Hornbeam Road, Buckhurst Hill. Wednesdays (training), 7.15pm. Duncan Kaye 07969 638349 [www.pitchero.com/clubs/loughton](http://www.pitchero.com/clubs/loughton)  
**Loughton Swimming Club** Mondays, 7pm. Beryl Dearn 020 8559 1557  
**Loughton Wado-Kai Karate Club**, Roding Valley High School Drama Hut, Alderton Hill. All ages. Wednesdays 7pm. 07971 672542 [www.loughtonwadokai.co.uk](http://www.loughtonwadokai.co.uk)

**Old Buckwellians Football Club**, Roding Valley Recreation Ground. Saturday League + over-35s team. Wednesday evenings (training). Simon Burnage 07808 329318 [www.oldbucks.co.uk](http://www.oldbucks.co.uk)  
**Roding Valley Angling Club**. New members welcome. Darren 07716 061273 / [roding.valley.angling.club@gmail.com](mailto:roding.valley.angling.club@gmail.com)  
**Walk - West Essex Ramblers** (sorry no dogs). Saturdays, Sundays, Wednesdays & Thursdays. 020 8502 1628 [www.westsexramblers.org.uk](http://www.westsexramblers.org.uk)  
**Yoga** Kingsley Hall, Kingsley Road. Wednesdays 7-8pm £7 [yogaplanet@live.com](mailto:yogaplanet@live.com)  
**Yoga - Loughton Bowling Club**, Eleven Acre Rise. (Age 50+) For all abilities & medical conditions. Monday, Wednesday & Friday mornings. EFDC Sports Dev 01992 564561

**TALKS**  
**Bancroft's Decorative & Fine Arts Society**, Bancroft's Preparatory School Hall, Whitehall Road, Woodford Green. Member of NADFAS. 2nd Tuesdays, 7.30pm for 8pm. 020 8599 6281  
**English-Speaking Union**, Murray Hall, 106 Borders Lane. 1st Thursdays, 10.15am for 10.45am. £4 incl tea/coffee. 020 8505 9001  
**Mothers' Union**, St John's Church in Lady Chapel, Church Lane. 3rd Thursdays, 10.30am for coffee & speaker. Ivy Southgate 020 8508 7530  
**National Trust**, £3 non-members. Refreshments & NT information. 020 8508 9541 See Dates for the diary  
**New Vistas Club**, Loughton Club, 8 Station Road. Guest speakers. 1st & 3rd Tuesdays 1.45pm. Juliet Hipkin 01992 574552  
**St John's Wives' Group**, St John's Parish Hall, Church Lane. Christine Doughty 020 8504 5057

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## Spec-tacular donation in Loughton



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opticians has collected 3000 pairs of glasses for Vision Aid Overseas (VAO).

Specsavers, located at 231 High Road, has been asking people to donate their old and unused glasses to the charity, which provides eye care

services for people in Zambia.

Store director Ray De Souza says: 'We're so grateful for the generosity of the local residents.

'It's important that we provide opportunities for those who don't have access to good quality eye care services. We are also keen to remind the local community of the importance of regular sight tests through this collection'

VAO works in Africa to transform access to eye care services and is part of the Vision 2020 initiative to eliminate avoidable blindness by 2020. Since 2003 Specsavers stores



have collected and recycled more than a quarter of a million glasses for the charity, and have raised over £550,000.

This money has helped a number of projects including solely funding an eyecare clinic in the Zambian capital Lusaka, which was officially opened by Specsavers founder Dame Mary Perkins.

To book an eye test, visit Specsavers Loughton, 231 High Street, Loughton, Essex IG10 1AD, call 0208 498 6740 or visit [www.specsavers.co.uk/stores/loughton](http://www.specsavers.co.uk/stores/loughton)



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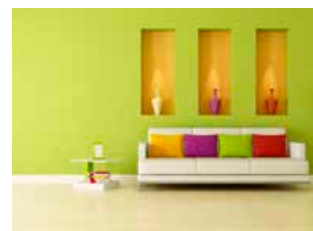
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