



Think Loughton

News from Loughton Town Council

Winter 2016/2017 No 75

Draft Local Plan – have your say now!

epping forest district
planning our future

THIS IS the single most important issue affecting Loughton for a generation. We urge all residents to respond to the public consultation on the Local Plan – the document that will guide the future growth of the district up until 2033.

You only have until Monday 12 December to make your views known.

Cllr John Philip, Portfolio Holder for Planning Policy at Epping Forest District Council (EFDC) said *"This is your Local Plan. This is our opportunity as a community to ensure development in Epping Forest District takes place how and where we want it to".*

The plan aims to provide for approximately 11,400 new homes and approximately 10,000 new jobs across the district. For Loughton, there are thirteen potential development sites providing for around 1,190 residential properties. The largest of these being:

- Borders Lane Playing Fields (304)
- Jessel Green (195)
- Debden Underground car park (193)

- the old Epping Forest College site (159).
- Loughton Underground car park (114)
- Rochford Green (53)
- Traps Hill car park (44)

Please take the time to look at the proposals and make your views known. The plans will be on display in Loughton Library until 12 December.

Full details are available at www.eppingforestdc.gov.uk/planningourfuture and a limited number of paper copies will be available at libraries and from council offices.

Your comments can be submitted to EFDC using the online questionnaire. Alternatively, if you prefer, you can send a written response by email to ldfconsult@eppingforestdc.gov.uk or by post to the Civic Offices, Epping, CM16 4BZ.

The town council will be preparing a formal response on behalf of Loughton's residents so please let us know your views by email using contact@loughton-tc.gov.uk.

The Debden Estate, 1952



Photo © Historic Environment Scotland

gov.uk or by post to the address on page 4. This will help us reflect the thoughts of the local community.

EFDC has promised "We will

listen and there will be changes" so ensure your comments are submitted to them no later than **Monday 12 December 2016.** Further information on page 14.



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Contact numbers

COUNCIL SERVICES

Loughton Town Council	020 8508 4200
City of London Corp (Epping Forest)	020 8532 1010
Epping Forest District Council	01992 564000
Waste Management Hotline	01992 564608
Essex County Council (ECC)	03457 430 430
Adult Social Care	0345 603 7630
Child Social Care	0345 603 7627
Debden Library	020 8508 5869
Education & Schools	0345 603 2200
Loughton Library	020 8502 0181
Registrar: Births, ceremonies & deaths	0345 603 7632
Essex Parking Partnership (enquiries)	01206 282316

ADVICE, HELP & INFORMATION

Affordable Counselling Epping Forest	01992 573402
Citizens Advice Bureau	0344 477 0808
Citizens Advice Consumer Service	03454 04 05 06
Epping Forest College	020 8508 8311
Jobcentre Plus (Loughton)	0345 604 3719
Loughton Information Centre	020 8502 0181
NSPCC helpline (freephone)	0808 800 5000
RSPCA cruelty line	0300 1234 999
Samaritans	116 123
SSAFA (Loughton Epping & Harlow)	01206 764114
Trading Standards ECC (business)	0345 603 7626
Victim Support (Essex)	0300 303 0165

COMMUNITY

Age UK Essex	01245 346106
Age UK Advice	0800 169 2081
Care & Repair Service	01992 564086

Churches Together	www.loughtonchurches.org.uk
ignite (Youth Activities)	020 8508 3643
Loughton Arts Centre	07532 053194
Loughton Voluntary Care Assoc.	020 8508 6114
Restore Community Centre	020 8508 7247
Royal British Legion (Loughton Branch)	020 8508 5044
Royal Voluntary Service	0845 608 0122
Supporting Carers in Essex	0300 7 70 80 90
Voluntary Action Epping Forest	01992 564178
Volunteering Enquiries	01992 564256

HEALTH & HOSPITALS

ADAS (Alcohol & Drugs Service)	01279 641347
Alzheimer's Society (Epping Forest)	01279 427522
Breathe Easy Harlow & Epping Forest	01992 573387
British Red Cross	020 8508 2162
Forest Medical Centre	020 8535 6888
Holly House (Private)	020 8505 3311
King George	020 8983 8000
Loughton Health Centre	020 8502 5000
NHS Direct	111
Princess Alexandra	01279 444455
Rectory Lane Health Centre	020 8272 4600
Spire Roding (Private)	020 8551 1100
St Margaret's	01279 444455
Silverthorn Centre, Chingford	020 8430 7210
Whipps Cross	020 8539 5522

LOCAL AMENITY REFUSE POINTS

Essex County Council	www.essex.gov.uk/recyclingcentres
Chigwell IG7 5AA	Luxborough Lane
Waltham Abbey EN9 1JU	Brooker Road

POLICE & FIRE (dial 999 for emergencies)

Essex Police (non-emergency)	101
Action Fraud	0300 123 2040
Anti-terrorist hotline	0800 789321

PUBLIC UTILITIES

UK Power Networks emergency	105
National Gas Emergency Service	0800 111 999
Thames Water 24 hour leakline	0800 714 614

SPORT

David Lloyd Chigwell	0345 129 6783
Debden Sports Club	020 8508 9392
Loughton Athletic Club	07958 903842
Loughton Bowling Club	020 8508 3546
Loughton Cricket Club	020 8502 2064
Loughton Football Club	020 8508 4757
Loughton Leisure Centre (& pool)	01992 564574
Loughton Rugby Football Club	07969 638349
South Loughton Cricket Club	07941 347812

TRAVEL & TOURISM

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First Essex Customer Services	0345 602 0121
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Heathrow Airport	0844 335 1801
London Travel Information	
(TfL & London Overground)	0343 222 1234
Luton Airport	01582 405100
National Express	0871 781 8181
National Rail Enquiries	03457 484950
Southend Airport	01702 538 500
Stansted Airport	0844 335 1803
Tourist Info Centre (Waltham Abbey)	01992 660336
Traveline (public transport information)	0871 200 22 33

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Clerk's Remarks



WELCOME to the winter edition of Think Loughton.

I'll begin my remarks by reinforcing the sentiments of the lead article and encouraging you to take the time to respond to the proposals in the Local Plan.

Please don't be disheartened by your first look at the draft. It will appear a lengthy and

complicated document with many associated policies. There's no need to comment on every section. Try to concentrate on how the proposals, particularly those for Loughton, might impact on your life and that of your family.

If you wish to object to a particular proposal you will need to provide reasons for this; ideally these should be based wherever possible on evidence and be related to a planning policy.

You can find information to help at <http://planninghelp.cpre.org.uk/improve-where-you-live/shape-your-local-area/local-plans>

The town council has been gathering public opinion at various local events in recent weeks so that its official response to the draft will reflect the views of local residents. The council meeting to confirm

its response will be held in the Murray Hall on Tuesday 29 November 2016 starting at 7.45pm. There will be a limited time at the start of the meeting for speakers to address the council. However, please be aware that should you wish to speak you must pre-register with the town council no later than 4pm on the day of the meeting.

With the festive season approaching we have been encouraging shops and business to decorate their windows. Our thanks go to the staff at Majestic Wine store in Station Road who have donated some bottles of bubbly to add to the prizes in our Christmas Window Competition this year.

We are also grateful to Fairhead Nurseries who are generously providing a large Christmas tree to be installed outside Loughton Methodist

Church in the High Road. This will enhance the existing lit trees on Kings Green and by Standard Green and the lamp column displays. Located in Nursery Road, Fairheads is one of the town's oldest family businesses supplying trees, plants and shrubs since 1912.

I am pleased to report that our auditors have again given the council a clear report confirming that there were "no matters giving concern that the relevant legislation and regulatory requirements had not been met". A copy of the audit papers may be viewed on the council's website.

Finally, on behalf of the councillors and staff, I wish you all the compliments of the season.

Enid K Walsh
Town Clerk

Council scoops awards



WE ARE delighted to announce that the town council has been recognised by the Essex Playing Fields Association for the high standard of maintenance at our children's play areas and recreation grounds.

Recreation committee chairman, cllr David Wixley, and services manager, Paul Hoy, received the awards at a prestigious ceremony held at the Essex County Cricket Club.

The awards were presented

by Lord Petre, Patron of the EPFA, and cllr John Aldridge, chairman of Essex County Council.

The Traps Hill play area was the outright winner in Classes 3 and 7, children's play areas and for 'exceptional work carried out during the year'.

We also received gold awards for the Roding Valley Recreation Ground, the Westall Road children's play area and the Willingale Road Playing Fields.



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Loughton Town Council

Town Mayor: Cllr Carol Davies **Deputy Town Mayor:** Cllr Philip Abraham **Town Clerk:** Enid K Walsh

Councillors

ALDERTON WARD

Cllr Philip Abraham 020 8502 2925
1 Lancaster Drive
Loughton IG10 3NQ
philabraham2000@gmail.com

Cllr Adam Omer 020 8508 1821
32 Station Road
Loughton IG10 4NX
CllrAdamOmer@gmail.com

Cllr Michael Stubbings 07766 480522
70 Greenfields
Loughton IG10 3HF
mick.stubbings@hotmail.com

BROADWAY WARD

Cllr Leon Girling 020 8418 0076
95 Willingale Road
Loughton IG10 2DD
CllrLeonGirling@gmail.com

Cllr John Mahoney 07909 517145
Flat, Lopping Hall, 189 High Road
Loughton IG10 4LF
johnnymahoney@uwclub.net

Cllr Stella Murphy 020 8508 2794
6 High View Close
Loughton IG10 4EG
stella.murphy@virgin.net

FAIRMEAD WARD

Cllr Carol Davies 07817 230372
13 Colebrook Gardens
Loughton IG10 2HS
carolchristmas@yahoo.com

Cllr Kevin Latchford 020 8502 4568
24 Colebrook Gardens
Loughton IG10 2HS
k.latchford1@ntlworld.com

Cllr Tom Owen 020 8508 6916
15 Lower Park Road
Loughton IG10 4NB
to4labour@hotmail.co.uk

FOREST WARD

Cllr Jill Angold-Stephens 020 8281 0674
89 Lower Park Road
Loughton IG10 4NE
jill@angold-stephens.co.uk

Cllr Tessa Cochrane 020 8508 4148
16 Shaftesbury
Loughton IG10 1HN
tessa.cochran@ntlworld.com

Cllr Trevor Downing 020 8508 8877
207 Smarts Lane
Loughton IG10 4BW
downingtj1@gmail.com

RODING WARD

Cllr Rose Brookes 020 8502 5981
3 Lower Park Road
Loughton IG10 4NB
vietrose02@aol.com

Cllr Mark Dalton 07719 736901
9 Highland Avenue
Loughton IG10 3AJ
dalton.m.k@btinternet.com

Cllr Stephen Murray 020 8508 7548
1 Avondale Court, Avondale Drive
Loughton IG10 3BT
stephen.w.murray@hotmail.com

Cllr David Wixley 020 8418 9284
2 Copper Beech Court, Goldings Road
Loughton IG10 2QH
david.wixley198@btinternet.com

ST JOHN'S WARD

Cllr Stephen Pewsey 020 8279 1858
59 Wroths Path
Loughton IG10 1SH
stephen-pewsey@fsmail.net

Cllr Caroline Pond 020 8508 2361
Forest Villa, 7 Staples Road
Loughton IG10 1HP
caroline_pond@hotmail.com

Cllr Chris Pond 020 8508 2361
Forest Villa, 7 Staples Road
Loughton IG10 1HP
loughton_ponds@hotmail.com

ST MARY'S WARD

Cllr Philip Beales 020 8418 0459
65 Harwater Drive
Loughton IG10 1LP
philip.beales@loughtonresidents.co.uk

Cllr Barbara Cohen 020 8502 3242
61 Traps Hill
Loughton IG10 1TD
bcohen61@hotmail.com

Cllr Judy Jennings 020 8508 1861
94 York Hill
Loughton IG10 1JA
clrljennings@hotmail.co.uk

Committee membership

C Chairman

VC Vice Chairman

RESOURCES & GENERAL SERVICES

C S Pewsey
VC J Angold-Stephens
M Dalton
J Jennings
J Mahoney
S Murray
A Omer

ENVIRONMENT & HERITAGE

C C C Pond
VC C P Pond
P Beales
T Cochrane
C Davies
T Owen
S Pewsey

PLANNING & LICENSING

C J Angold-Stephens
VC C Davies
P Abraham
T Cochrane
T Downing
K Latchford
S Murphy

RECREATION

C D Wixley
VC A Omer
R Brookes
B Cohen
L Girling
S Murray
M Stubbings

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Further copies of *Think Loughton* are available from the Town Council and local libraries. A digital version of *Think Loughton* can be viewed on the council website where a PDF version can be downloaded. It is also available on tape - please call us to request a copy.

Contacting us

For editorial contributions and diary entries, please call 020 8508 4200. For advertising enquiries, please call 01245 790244 / 07942 800865.

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Think Loughton is published by **Loughton Town Council**
1 Buckingham Court, Rectory Lane,
Loughton Essex IG10 2QZ
T 020 8508 4200 F 020 8508 4400
E contact@loughton-tc.gov.uk
W www.loughton-tc.gov.uk

Design and layout by
Scott Dryden Graphic Design
8 St Michaels Road, Chelmsford,
Essex CM2 9PT
T 01245 606042
E mail@scottdryden.co.uk
W www.scottdryden.co.uk

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Town Council Meetings

All meetings take place at 1 Buckingham Court, Rectory Lane, Loughton, at 7:45pm unless otherwise indicated.

2016

Nov 28 Planning & Licensing
Dec 7 Resources & General Services
12 Planning & Licensing
14 Council

2017

Jan 9 Planning & Licensing
11 Resources & General Services (Budgets) (7pm) Recreation
23 Planning & Licensing
25 Council (7pm) Environment & Heritage
Feb 6 Planning & Licensing
15 Resources & General Services
20 Planning & Licensing
22 Council
Mar 6 Planning & Licensing

For dates of subsequent meetings, check the council's website.

News round-up

■ SNOW IN THE RODING VALLEY:

Searching for that special Christmas present? Loughton resident, Martin Hawkes has produced a new booklet about the Roding Valley. Martin says "to discover this area on my doorstep was a real bonus. With such a variety of landscapes, including the rare water meadows and nature reserve by the river Roding, it is attractive for both wildlife and photography". Alongside the photographs there is a guide to the birds you may find there to help you enjoy what the valley between Debden and Buckhurst Hill has to offer.



Available now in Loughton's Book Shop at 150 High Road.

■ LOOKING FOR SOMEWHERE NEW

TO VISIT? Our local museum at 39-41 Sun Street, Waltham Abbey, tells the story of the people and events that have shaped our district. For details of exhibitions and opening hours see <http://discoverwalthamabbey.co.uk/places-to-go-and-things-to-do/epping-forest-district-museum>

■ CONGRATULATIONS

to our planning clerk, Vivienne Messenger, on passing the Certificate in Local Council Administration. Vivienne was presented with the CiLCA certificate by the town mayor at the Planning and Licensing Committee meeting on 3 October 2016.



■ LOLLIPOP PEOPLE:

Are you interested in becoming a lollipop person at Thomas Willingale Road School to help children cross the road safely?

Hours: 8.15-8.55 and 15.15-15.45 Monday to Friday, term time only.

Full training, uniform and equipment will be provided.

www.workingforessex.com or call 0844 8006685 for more details.

■ WINTER SERVICE: Volunteers are invited to contact the town council in readiness for periods of wintery weather. They will receive a supply of salt to help keep pavements and roads safe in their residential areas. If you live in the hillier parts of the town and would like to help, contact Debbie Taylor on 020 8508 4200 to register. Advice and details of ECC's gritting service can be found at www.essex.gov.uk/Pages/Winter.aspx

■ CHRISTMAS & NEW YEAR OPENING

TIMES: The town council offices will close on Friday 23 December at 12 noon, reopening as normal from 9am on Wednesday 28 December until Friday 30 December at 4pm; then close on Monday 2 January 2017 with normal opening hours resuming on Tuesday 3 January 2017.



Photo © St Clare Hospice

CELEBRATIONS in the town start early this year with the festivities in The Broadway planned for the last weekend in November.

Friday 25 November, 3pm – 6pm in The Broadway, Countdown to Christmas. There will be free entertainment including fun fair rides for children and carol singing led by students from local schools and Epping Forest College. The Christmas lights will be switched on by town mayor, Carol Davies. The event is organised jointly by volunteers from the Broadway Town Centre Partnership and Loughton Town Council.

Sunday 27 November, from 12 noon, in The Broadway, the popular Santa Fun Run around Loughton. Organised by Geraldine from Geraldine's Hair Fashions, this raises valuable funds for St Clare Hospice. For details of this

5km run, see page 8, Dates for the Diary.

Sunday 27 November – Friday 23 December, Christmas Crafts, unusual & inexpensive hand-made items from local craftspeople at the Loughton Arts Centre, 187B High Road. There will be pottery, table decorations, turned wooden bowls, decorative glassware, hand-made natural soap, ceramic figurines, jewellery, prints and cards.

Saturday 3 December, from 11am – 2pm, Christmas Fair at St Mary's Church, in the High Road, with stalls, crafts, carol singing, activities, Christmas goodies and refreshments.

Saturday 3 December, 4.30pm, our annual **LIGHT UP A LIFE** to celebrate the lives of friends and loved ones. This special event, organised by the town council in partnership

with St Clare Hospice, offers precious time to pause and remember those close to our hearts, in the company of others who understand.

We meet at the Loughton Methodist Church, 260 High Road at 4.30pm for the short walk to Kings Green by the war memorial and the lighting of the tree. For more information and to dedicate a light visit <http://stclarehospice.org.uk/get-involved/lightupalife/> or phone 01279 773756.

You can also enjoy festive fun at the Loughton Royal British Legion Club. New members are welcome and you don't need to have served in the forces to join. www.loughtonrbclub.co.uk

For details of the many other Christmas events in the town, look at the Dates for the Diary on pages 8 and 9 in the centrefold.

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Loughton Citizenship Awards 2017

DO YOU know someone worthy of recognition for their community work or bravery?

This annual award celebrates those special individuals in our town who go the extra mile for their fellow citizens. This may be through long service for a voluntary organisation or local charity, good neighbourliness, running a campaign to improve community facilities or cohesion, or by an act of courage or bravery.

Awards will be presented by the town mayor at the 2017 Civic Celebration to be held in the Murray Hall, Borders Lane on 26 February.

Any Loughton resident or a Loughton employer, educational institution, group or society may submit a nomination but please do not let the nominee know at this stage.

The closing date for nominations is 31 January 2017.

For more information contact the town council or download a nomination form from http://www.loughton-tc.gov.uk/Documents_and_Forms_and_Policies_2583.aspx

Changes at recycling centres Essex County Council

RESIDENTS are advised that from 31 October 2016 the Chigwell recycling centre will no longer accept soil, hardcore, plasterboard, bathroom ceramics, including sinks, toilets and baths, and any tiles, fitted kitchen units and worktops, and uPVC or wooden doors or window frames. These items will still be accepted at the Harlow centre in Temple Bank, Harlow CM20 2DY, subject to certain volume restrictions.

Whilst the town council supports the county council's attempts to reduce the amount of business waste entering local recycling centres illegally, we have expressed concern that this change will mean a 25-mile round trip for local residents and could see an increase in fly-tipping.

Home library service

IF YOU are finding it hard to visit the library because of ill health, disability or caring responsibilities you can still enjoy all the library has to offer. We can arrange for library materials to be delivered direct to your home on a regular basis by a friend, family member or a library volunteer.

Whatever your interest, Essex Libraries have an excellent selection of books, including large print, audio and e-audio books and a wide range of DVDs.

Join our free Home Library Service and enjoy a visit from a library volunteer who can call regularly with books and other items.

Alternatively, if you have a friend or family member able to visit the library they can have a Friends and Family card and borrow items on your behalf. Loan periods can also be extended to avoid late return charges.

For more information, contact Loughton library or call the libraries enquiry line on 0345 603 7628.



2013 Loughton Building Design Award

Loughton Building Design Award

NOMINATIONS are invited for this annual award which aims to raise public awareness of the built environment within Loughton.

As a town council, we continually seek to protect and enhance our town. This award provides public recognition and rewards those individual examples of good design and construction and/or sympathetic restoration.

Residents, architects, developers, building contractors and owners are all encouraged to nominate their favourite building projects that were completed in 2016. The closing date for

nominations is Tuesday 31 January 2017, with presentations to the award winners made at the Annual Town Meeting on 15 March 2017 in the Murray Hall.

If there's a new development, whether commercial or residential, or a refurbished property that has caught your eye and deserves to be celebrated, please make a nomination. Visit www.loughton-tc.gov.uk/Documents_Forms_and_Policies_2583.aspx to download a form or contact the town council for more information.

Financial assistance

LOCAL GROUPS, organisations and charities are invited to apply to the town council for grant funding for the period April 2017 – March 2018. Completed application forms must be submitted by 31 December 2016, with the awards announced on 15 February 2017.

In this current financial year, with a total grant budget of £35,500, we have helped over 20 groups to improve or maintain their services to the local community. These include the exciting new GROW Garden Community Project, Loughton Arts Centre, Loughton Festival, Loughton Methodist Church, Epping Forest Reuse, New Vistas and the Restore Community Centre.

The council has continued its support for young people by funding activities at the

Loughton Youth Project, ignite, Restore and Spark, and various toddler and scout groups in the town.

Other organisations to receive funding included Cruse Bereavement Care, Loughton Voluntary Care, Revitalise Respite Holidays, Samaritans of Redbridge and St Clare Hospice.

We also continued to support the vital work of the Loughton branch of the Citizens Advice Bureau, now based in Loughton Library at Traps Hill.

If you are part of a local organisation that is delivering excellent work for people in Loughton and require a bit of extra cash, download an application form at www.loughton-tc.gov.uk/Grant_Scheme_2591.aspx or contact Shirley Haynes on 020 8508 4200 for advice.

Best allotment in Loughton



WE CELEBRATED the achievements of our allotment gardeners at a presentation evening held at the Willingale Road Allotments in September. The awards were made by this year's town mayor, Carol Davies. Carol thanked everyone for their hard work and commitment in producing wonderful gardens and produce of the highest standard.

There are over 350 allotment plots in Loughton at the Loughton Potato Ground and the Roding

Road and Willingale Road sites. In all 46 plots were shortlisted, with the final judging in late July undertaken by Alec Hague, an allotment gardener from Ongar with 40 years' experience.

The Best Allotment in Loughton 2016 was awarded to Brian Smith, from the Loughton Potato Ground. Brian received a silver cup, a £25 garden voucher and a certificate. Alec commented that Brian's plot was 'WOW – an enormous variety of crops, the only plot to

achieve the maximum number of points for its produce'. Alec was unaware at the time that Brian had previously won Best Allotment in both 2012 and 2013.

Runner up was Leslie Ford from the Roding Road allotments, who received a silver salver and a certificate. Alec commented the plot was "beautifully kept; a brilliant plot only second by the smallest of margins.

Best Newcomer Award went to Des Connor, from the Roding Road allotments, who received a shield and certificate. Des had only been allotment gardening for a year and Alec commented that his plot was "brilliant for only one year's work".

Other winners were Teresa Witham and Emily Russell from the Willingale Road Allotments, Jan Boucek and Rosie Partridge from the Loughton Potato Ground and Dave Robinson and George Hartwell from the Roding Road Allotments whose plots were highly commended.

This was the 8th year of the Best Allotment awards in Loughton which help raise the profile of the allotments and celebrate the dedication and passion of the gardeners.

If you are interested in renting a plot, contact details for the 3 sites can be found on page 14 of this edition.

Photo: Brian Smith (left) with Loughton town mayor Cllr Carol Davies and Des Connor (right)

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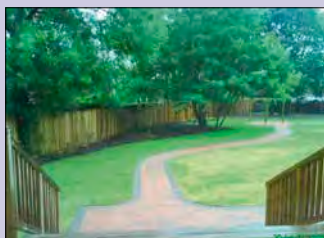
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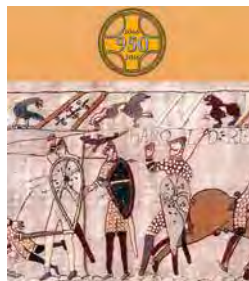


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Dates for the diary

■ **22 Nov** Christmas in Faversham & Canterbury with choral evensong at the Cathedral (Blue Badge Guide, City & Village Tour Guide) £28.75 EFDC New Horizons 01992 564226
www.eppingforestdc.gov.uk/index.php/out-and-about/our-activities/bookings

■ **24 Nov, 2-3pm** The Last Anglo Saxon King talk 950th anniversary of Battle of Hastings Epping Forest District Museum, 39-41 Sun Street, Waltham Abbey 01992 564226
www.eppingforestdc.gov.uk/museum



■ **24 Nov, 7.45pm** Christmas tree decorations Essex Handicrafts Association Woodlands Branch 020 8508 7657 (see p13)

■ **25 Nov, 3-6pm** Countdown to Christmas on The Broadway Christmas lights switch-on & much more (see p5)

■ **25 Nov, 6-9pm** Christmas market Church of the Holy Innocents Crafts, jewellery, Christmas wreaths & light refreshments 07572 111387 / jane.begley@irwinmitchell.com



■ **25 Nov, 8pm** East Anglian building materials talk by Elphin & Brenda Watkin non-members free Herts & Essex Architectural Society (HEARS) St Michael's Church, Roding Rd (see p13)

■ **26 Nov, 10am-2pm** Christmas Market St Michael's Church, Roding Road 020 8418 7944

■ **27 Nov, 12-5pm** Loughton Santa Fun Run 5km from Geraldine's Hair Fashions, 76 The Broadway St Clare Hospice £12 adults (incl Santa suit), £5 children, £60 team of 6. <http://stclarehospice.org.uk/event/loughton-santa-run-2016/> 020 8508 6070 / 01279 773738

■ **27 Nov-23 Dec** Christmas Crafts unusual & inexpensive hand-made items from local craftspeople Loughton Arts Centre, 187B High Road 07532 053194 (see p5)

■ **1 Dec, 10.15am** Wildlife in Tanzania talk by Bob Johnson English-Speaking Union, Murray Hall, 106 Borders Lane (see p14)

■ **1-2, 5-8 Dec** The Tinderbox directed by Christopher Elmer-Gorry East 15 Acting School director's season 2016 Corbett Theatre box office, Rectory Lane 020 8508 5983 / corbett@essex.ac.uk

■ **3, 5-8 Dec** Fairy tales of New York East 15 Acting School director's season 2016 Corbett Theatre, Rectory Lane 020 8508 5983 / corbett@essex.ac.uk

■ **2 Dec, 9.30am-12.30pm** Charity coffee morning & stalls Indian/African cuisines, jewellery, handbags & clothes Loughton Cricket Club, The Uplands Daiglen Independent School 07946 455551 £5 on door, children free entry Proceeds to Wipe Away Those Tears charity helping terminally ill children in Essex

■ **3 Dec, 11am-2pm** St Mary's Christmas Fair, 201 High Road 020 8508 3643 stmarysloughton.com (see p5)

■ **3 Dec, 3-4.30pm** Christmas Tea Club for senior citizens at St Michael's Church, Roding Road 020 8418 7944

■ **4 Dec, 3pm** Christmas concert: Mary-Jess & Joanna Forest plus seasonal refreshments Church of the Holy Innocents, High Beach (as above)

■ **6 Dec, 1.45-4pm** All aboard for Santa's grotto talk by Ann Hardy New Vistas, Loughton Club, 8 Station Road 01992 574552 (see p14)

■ **6 Dec, 8pm** St Pancras & friends: a journey through London's stations talk by Andrew J Davies MA (Oxon) Bancroft's Decorative & Fine Arts Society (see p14)

■ **8 Dec, 2.30pm** Rainham Hall talk by Sally James National Trust Woodford & district (see p14)

■ **8 Dec, 8pm** Shops & shopping of yesterday in Loughton & beyond talk by Chris Pond Loughton & District Historical Society, Loughton Methodist Church, 260 High Road (see p13)

■ **10 Dec, 6pm** Carols on the Green front of St Michael's Church, Roding Road everyone is welcome 020 8418 7944 www.stmichaelsloughton.com

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■ **11 Dec, 2pm** Christmas concert: Woodford Singers plus seasonal refreshments Church of the Holy Innocents, High Beach (as above)
■ **14 Dec, 7.30pm** Club RapidPlay Tournament Loughton Chess Club, Loughton Bowls Club, Eleven Acre Rise 020 8508 8407 www.freewebs.com/kengroce/



■ **14 Dec, 7.30pm** Informal carol singing: Russian theme plus seasonal refreshments Church of the Holy Innocents, High Beach (as above)
■ **15 Dec** Bucket-a-thon Loughton Station Festive bucket collections at various locations 1-24 Dec Haven House Children's Hospice volunteer support also needed to reach £10k target 020 8506 3638 www.havenhouse.org.uk/bucket-a-thon
■ **25 Dec, 4-7pm** Christmas Day celebrations Join us for a meal, fun & games Free, just turn up Restore Community Centre, 68 The Broadway 020 8508 7247
■ **3 Jan, 12pm** New Year's lunch Toby Carvery, High Road, Buckhurst Hill IG9 5HT New Vistas (see p14)
■ **5 Jan, 10.15am** Epping Forest area quiz Joan Francies English-Speaking Union, Murray Hall, 106 Borders Lane (see p14)
■ **9 Jan, 1.30-3.30pm** Women artists in France & Britain 1850-1950 Rosanna Eckersley WEA 10-week course £80 Loughton Bowls Club, Eleven Acre Rise 020 8281 1536 <http://wea-essex.org.uk/branches/loughton-and-epping/>
■ **10 Jan, 8pm** The Huguenots in Spitalfields talk by Sue Arnold Bancroft's Decorative & Fine Arts Society (see p14)
■ **11 Jan, 10am-12pm** Wetland natural history Tricia Moxley WEA 10-week course £80 Jack Silley Pavilion, Tidy's Lane, Epping CM16 6SP (as above)
■ **12 Jan, 10am-12pm** Modernist High Noon: British writing 1910 - 1935 Adrian Eckersley WEA 20-week course £160 United Reform Church, Lindsey Street, Epping CM16 6RB (as above)
■ **12 Jan, 8pm** A year in the life of Henry Ashmole 1864 talk by William (Bill) George Loughton & District Historical Society (see p13)

■ **12-14 Jan, 8pm** The Thrill of Love by Amanda Whittington Compelling drama about Ruth Ellis. Loughton Amateur Dramatic Society, Lopping Hall, 189 High Road £10 07552 736110 www.lads.org.uk
■ **12-14 Jan, 8pm** Blithe Spirit comic play by Noël Coward directed by Simon Gilbert Theydon Bois Drama Society, TB Village Hall, Coppice Row CM16 7ER <https://www.ticketsource.co.uk/> £9.50 <http://theydondrama.org>
■ **17 Jan, 1.45-4pm** Hypnotherapy talk by Karen Boxall New Vistas (see p14)
■ **18 Jan, 2.30pm** Art of the river through artists' eyes talk by Alexandra Epps National Trust (see p14)
■ **26 Jan, 7.45pm** Circle stitches Essex Handicrafts Association Woodlands Branch (see p13)
■ **27 Jan, 8pm** Shrewsbury: from Medieval to Georgian talk by David Stevenson £2.50 non-members Herts & Essex Architectural Society (see p13)
■ **2 Feb, 10.15am** The Central Line talk by Jenny Plummer English-Speaking Union, Murray Hall, 106 Borders Lane (see p14)
■ **7 Feb, 1.45-4pm** Where my caravan has rested talk by Maureen Poole New Vistas (see p14)
■ **8 Feb, 8pm** Les Parisiennes 1940's Paris fashion talk by Anne Sebba Bancroft's Decorative & Fine Arts Society (see p14)
■ **9 Feb, 8pm** Seasonal customs & traditions in Essex talk by Mark Lewis the David Wilkinson memorial lecture Loughton & District Historical Society (see p13)
■ **16 Feb, 8pm** Wanstead House talk by Georgina Green National Trust (see p14)
■ **21 Feb, 1.45-4pm** Coast to coast trek across Scotland talk by Alan Hardy New Vistas (see p14)
■ **23 Feb, 7.45pm** Carrickmacros Essex Handicrafts Association Woodlands Branch (see p13)
■ **24 Feb, 8pm** Abbot Moot's medieval barns revisited Lee Prosser £2.50 non-members Herts & Essex Architectural Society (see p13)

Disclaimer: Loughton Town Council takes no responsibility for events organised by external organisations/ individuals that are listed above. Please always check details and availability with the relevant organiser.

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Loughton Festival 2017

THE 2016 festival team celebrated their 10th successful year, thanks to a hard working team of volunteers who organised and ran over 20 events. They also sold teas and cakes, ran raffles and collected money as people left events, raising nearly £5,000 for the Chigwell Disabled Group and Haven House Children's Hospice.

The planning team are now hard at work organising the festival for May 2017. Fundraising next year will support the Loughton Youth Project and Essex Air Ambulance.

The festival simply could not run without its volunteers so if you would like to help out for an afternoon or evening in April or May, please email info@loughtonfestival.org or phone 020 8508 2512.

Directors needed for Lopping Hall



DO YOU have the enthusiasm and time to become a director of Lopping Hall?

The hall on the High Road is one of

Loughton's most important and most historical buildings. Opened in 1884, it was paid for by the Corporation of London to compensate the villagers of Loughton for the loss of their rights to "lop" the forest's trees for firewood. Housing the library and council offices, as well as hosting concerts and meetings, Lopping Hall was a central focus for life in Loughton.

Over the past few years the hall has seen significant and exciting improvements, including lift access to the first floor; new lavatories, including provision for the disabled; a new roof; improvements to the heating, and the opening of the Loughton Arts Centre.

The directors of the hall have now started on the refurbishment of the public spaces, with the redecoration of two of its rooms. They aim to balance the preservation of the Victorian building with making the hall suitable for twenty-first century demands.

Lopping Hall is well used by local groups and for many years has provided a home for local amateur dramatic and opera societies, the Loughton Camera Club and, more recently, Film Loughton - see www.loppinghall.btck.co.uk

The hall's directors meet monthly and are involved in many aspects of the hall's life. They are looking for enthusiastic new members to volunteer to join them, as they continue to make Lopping Hall the centre of Loughton life again.

If you are interested in becoming a director of Lopping Hall, please contact the secretary, Stephen Radley, by email at: Loppinghallloughton@gmail.com

Epping Forest Gateways



HAVE YOU noticed the new Epping Forest signs that have gone up in key roadside locations? The photograph shows the sign at the junction of Earls Path with Shaftesbury and Smarts Lane. This is the final phase of the Heritage Lottery Funded 'Branching Out' project. In recent years this has seen the opening of a new visitor centre, The View, in Chingford, improvements to some of the most popular forest sites, delivery of the Discovering Epping Forest education programme, as well as grazing and veteran tree management projects.

The Epping Forest gateways, which are not actual gates but visual markers, are sited at locations beside roads entering Epping Forest. The term 'gateways' recalls the historic 'gateways' of the forest, such as 'Forest Gate'

and 'Chingford Hatch'. The idea is that they provide a sense of arrival into this special ancient woodland and raise awareness of the importance of Epping Forest. It is hoped that they will encourage drivers to take more care as they pass through this unique open space which straddles London and Essex. By promoting the woodland location, drivers will hopefully be more mindful of grazing animals, wildlife and visitors alike.

The design of the gateway is inspired by the work of a local artist, Walter E Spradbery (1889-1969). Spradbery, who studied at the Walthamstow Art School, designed posters for the Underground Group and London Transport between 1912 and 1944. Many of the posters he designed promoted Epping Forest and the image selected was part of the early 1900's 'Beyond the City' campaign artwork, which was used by the Underground Electric Railways Company Ltd (the predecessor to Transport for London) to promote leisure travel to greater London and beyond. The artwork has been reproduced with kind permission of the London Transport Museum (www.ltmuseum.co.uk).

The gateways are located at 20 sites throughout Epping Forest, with larger signs marking entrances to the forest from more major roads such as the M25 (Honey Lane in Waltham Abbey, Centre Road in the south, Goldings Hill in Loughton and Rangers Road in Chingford).

You may also notice the introduction of similar signage which will be located at the new improved Epping Forest sites which are: Connaught Water, High Beach, Chingford Plain, The View, Barn Hoppitt and Jubilee Pond. This signage is intended to once again provide a sense of arrival and assist with navigation around the most popular Epping Forest locations.

To keep up to date with all Epping Forest events, visit www.cityoflondon.gov.uk/eppingforestevents or follow Epping Forest on social media **CoLEppingForest** on Twitter, **City of London Epping Forest** on Facebook and **coleppingforest** on Instagram.



PEOPLE in West Essex will benefit from better, joined-up care thanks to a new programme which gives health and care professionals the ability to view medical records during treatment.

Health and care professionals need to access information in order to make the best decisions about a patient's diagnosis and treatment. My Care Record will help this to happen more quickly and accurately. Before viewing the record, patients will be asked for

their permission by the professional treating them.

My Care Record does not share information, but provides health and care professionals access to view information. An example could include allowing a hospital doctor to see a person's previous medical treatment or conditions in order to treat them appropriately.

A microsite - www.mycarerecord.org.uk - with frequently asked questions, has been created for people to find out more.

Base London wins Queen's Award for Enterprise

CONGRATULATIONS to Loughton based men's footwear brand Base London, who received the Queen's Award for Enterprise in this year's Honours list.

Founded in 1995, Base had a vision to bring quality, fashionable branded footwear to the British market and soon established itself as a brand leader. In 2008 the company embarked on a new strategy and their shoes are now stocked in many countries around the world including Hong Kong, the US, Canada, China and Europe.

Using clever marketing steeped in the cheeky British personality to get its message across, this "Britishness" has been a key element in the success of the brand's export endeavours which have been recognised in the award.

Base's offices are at 4-6 Buckingham Court, Rectory Lane. Visit www.baselondon.com for more details.



Neighbourhood Watch



EPPING FOREST

Neighbourhood Watch is looking for additional volunteers to work with their neighbours to care for their own road, street, lane or block of flats.

This scheme aims to make communities feel safer. It provides a great opportunity for people to get to know their neighbours and importantly opens a channel of communication between the police and the public, helping crimes be prevented and detected.

Many roads in Loughton are now set up as watch groups, but to be really effective we need far more people to start up groups in their own roads or blocks of flats. The police say that if every road was a neighbourhood watch then the two-way flow of information would make their job so much easier, so what are you waiting for? Get in contact with Loughton Neighbourhood Watch and start up your group today!

You can read more about the scheme at www.eppingforestnhw.org.uk and if you would like to start a watch group where you live, contact the Loughton co-ordinator on info@loughtonnhw.vpweb.co.uk or phone 020 8508 2512. You can also join EF NHW Notices on Facebook, where daily updates are published.

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Regular activities

Amendments to: vivienne.messenger@loughton-tc.gov.uk

ALLOTMENTS

Loughton Potato Ground, Baldwins Hill. www.loughtonpotatoground.com
Roding Road Allotment & Leisure Gardens Association, Roding Road. www.rodinroadallotments.co.uk/
Willingale Road Allotments, Loughton Town Council 020 8508 4200

ANIMAL TRAINING

Epping Green Agility Club (for dogs), Sunnyside Stables, Epping Green. Mondays & Wednesdays, 7.30-9pm (indoors). Mrs Widlake 020 8508 5254
Forest Dog Training School Club, Debden Park Community Centre. Tuesdays, 6.30-7.30pm. 020 8508 3468 / fdts1@aol.com

ARTS & CRAFTS

Creative Art Classes LifeWorks Centre, Loughton Methodist Church, 260 High Road. £12. Tuesdays & Thursdays. 07944 589998 www.ruthdronsfield.co.uk
Created Crafts, 2nd Thursdays, 7.45pm Pam 020 8508 7657
Essex Handicrafts Association, Woodlands Branch, The Studio, Loughton Methodist Church, 260 High Road. 4th Thursdays, 7.45pm. Pam 020 8508 7657
Loughton Arts Centre, 187B High Road (by Lopping Hall). Monday-Saturday 10am-4pm. Local artists & photographers work. 07532 053194 <http://www.loughtonartscentre.org/>
The Arts Bar, Lopping Hall. 2nd Fridays from 7pm. For creative people to meet, view the latest exhibition at Loughton Arts Centre & meet the artist (as above).
Thursday Art Group, Loughton Baptist Church, 92 High Road. Thursdays, 1.30pm £3 (incl tea & biscuits) 020 8502 1379 / theormes5@hotmail.co.uk
Woodford & District Floral Arrangement Group, Churchill Room, Wanstead Library, Spratt Hall Road, E11. 3rd Mondays, 6.45pm for 7.30pm. Visitors £4 <http://nafas.org.uk/nafas-areas/>

COUNSELLING

Affordable Counselling Epping Forest counselling sessions The Box, St John's Road, Epping CM16 5DN Thursday mornings 01992 573402 affordablecounselling@gmail.com
Samaritans. Free, confidential emotional support for the distressed & despairing available 24/7. 020 8553 9900 / 116 123 / jo@samaritans.org / [txt 07725 909090](tel:07725909090)

EDUCATION

Music Lessons, Loughton Music Academy, High Road. 020 8502 2992 www.loughtonmusicacademy.co.uk
WEA (Workers' Educational Association) Loughton & Epping Branch. Mrs Pat Dale 020 8281 1536 / mrsdale@googlemail.com www.wea-essex.org.uk

FAITH

Butterfly Club Loughton Methodist Church, 260 High Road. Mondays (term time) 1.30-3pm £1 child (pre-school) with parents/carers tom@loughtonmethodist.org.uk 020 8502 3071
St Michael's Church, Roding Road. Causeway Prospects Service for adults with learning difficulties & their families/friends/carers. 1st Sundays, 3.30pm. 020 8418 7944
Toddler Church, Loughton Methodist Church, 260 High Road. (0-5 plus fellowship). Tuesdays (term time), 10am. 020 8502 3071

FOOD

Farmers Market, Centric Parade, High Road. 1st Sundays, 9am-2pm. David Linnell 020 8508 2932
Loughton Foodbank Wednesdays, 10.15-11.45am St Mary's Church, 201 High Road & Saturdays, 2-3.30pm Restore Centre, 68 The Broadway. 07402 032313 www.loughton.foodbank.org.uk

GENERAL INTEREST

Bell ringing, St John the Baptist Church, Church Lane. Tuesdays, 8-9pm (in tower). No experience necessary. Yvonne Finch 07748 970754
Belly dancing, Loughton Club, 8 Station Road. Wednesdays 7-9.30pm beginners £6. Soniya Collins 07759 076443 / soniyabellydancer@btinternet.com
Book groups Loughton Library, Traps Hill 4th Mondays, 1.30pm 020 8502 0181
Calligraphy for beginners (adults) 07956 544262
Deafblind club Loughton Library, Traps Hill 1st Tuesdays, 2-4pm 020 8502 0181
Epping Forest Conservation Volunteers, The Warren, Epping New Road most Sundays. Kevin Mason 8529 9273 efcv2@yahoo.co.uk www.efcv.co.uk
Epping Forest Countrycare, EFDC's Countryside team. Volunteering projects in district's nature reserves. Thursdays 10am-4pm. 01992 788203 www.eppingforestdc.gov.uk/index.php/out-and-about/countrycare
Epping Forest & District Stamp Club, Roding Valley High School, Alderton Hill. 2nd Tuesdays, 7.30pm. 020 8505 5620
Essex Wildlife Trust Work Parties, Roding Valley Nature Reserve. Wednesdays, 10am-4pm. Ranger Michael Poole 07881 815994
Film Loughton. Film screenings locally. www.filmoughton.btck.co.uk
Forest Creative Writers, Jazz Archive Library, Loughton Library, Traps Hill. Thursdays (term time) 12.45-2.45pm. Peter Relph 020 8508 6313
Forest Musical Theatre Company St Michael's Church, Roding Road. Tuesdays & Wednesdays (rehearsals). sally@forestmusical.co.uk

Friends of Light & Healing, Kingsley Hall, Kingsley Road. An evening of clairvoyance. Alternate Thursdays, 7.30 for 8pm. 020 8508 3266
Games Morning Loughton Library, Traps Hill play board games & cards Wednesdays, 10am-12pm led by Loughton Voluntary Care 020 8502 0181
HEARS - Herts & Essex Architectural Research Society, St Michael's Church, Roding Road. £2.50 non-members. 4th Fridays, 8pm. David Stevenson 020 8508 2512 www.hears.vpweb.co.uk See Dates for the diary.
Hornby Railway Collectors Association, St John's Church Scout Hall, Church Lane. 2nd Thursdays, 5-10pm alternate months. David Southgate 020 8508 7530
Loughton Amateur Dramatic Society, Lopping Hall, High Road. Martin Howarth 020 8508 8644 www.lads.org.uk See Dates for the diary.
Loughton Astronomical Society, Scout Hall, Theydon Bois. LAS Astrokyls (6-14 yrs). Thursdays 8-10pm. Brian Morton 01992 815804 www.las-astro.org.uk
Loughton Bowling Club Bridge Section, Eleven Acre Rise. Thursday afternoons. 020 8502 0237
Loughton Bridge Club, Oak View School, Whitehills Road. Mondays 7.20pm (term time). fakenhamnewson@hotmail.com www.bridgewebs.com/loughton/

Loughton Camera Club, Lopping Hall, High Road. Wednesdays, 8-10pm. 01992 575505 www.loughtoncameraclub.org.uk/
Loughton Camera Club/Welcome.html Loughton_Camera_Club/Welcome.html
Loughton & District Historical Society, Loughton Methodist Church, 260 High Road. £2.50 non-members. 2nd Thursdays, 8pm www.loughtonhistoricalsociety.org
Loughton & Epping Forest Amateur Radio Society, All Saints House, Romford Road, Chigwell Row, IG7 4QD. Alternate Fridays, 7.45pm. 020 8502 1645 www.lefars.org.uk
Loughton Chess Club, Loughton Bowling Club, Eleven Acre Rise. Wednesdays, 7.30pm. 020 8508 8407 www.freewebs.com/kengroce/
Loughton Women's Institute, Royal British Legion, Jubilee Hall, St Michael's Church, Roding Road 1st Wednesdays, 1.15pm (except 2nd Wednesday in January) Elna Green 020 8508 4514
Yarns & Tales Loughton Library, Traps Hill for a knit, chat & tea 2nd Saturdays 2-4pm 020 8502 0181

HEALTH

ADAS (W Essex Alcohol & Drugs Service - by appt) Rectory Lane Health Centre 01279 641347 / admin@adasuk.org.uk www.adasuk.org
Breathe Easy (British Lung Foundation), Tony Carr 01992 573387
Lifewalks EFDC walking for health scheme various locations Mon, Tues, Thurs 10am & Sat, Sun 10.30am. Karen Murray 01992 564222 / kmurray@eppingforestdc.gov.uk
Loughton Memory Café (Alzheimer's Society), Church Hall, Loughton Methodist Church, 260 High Road. 1st & 3rd Mondays, 10am-12pm 01279 427522 www.alzheimers.org.uk
Memory Café Rotary Club of Loughton Buckhurst Hill & Chigwell, Loughton Club, 8 Station Road 2nd Fridays 10am-12pm 07984 100379
ProActive (W Essex Prostate Cancer men's self-help group) St Margaret's Hospital, The Plain Epping CM16 6TN. Friday monthly 1-3pm. John Woods 07747 374692 www.proactive.me.uk

LEISURE ACTIVITIES FOR CHILDREN / YOUNG PEOPLE

2324 (Chigwell) Squadron, Air Training Corps, Buckhurst Hill. Mondays & Thursdays evenings (13-17 yrs). 020 8505 3353 www.2324squadron.org.uk
7th Epping Forest Scout Group, St Edmund's Church, Traps Hill. Tuesdays: Scouts boys/girls (10½-14½ yrs) 7.30-9pm. Thursdays: Beavers boys/girls (6-8 yrs) 5-6pm & Cubs boys/girls (8-10½) 6.30-7.30pm. Keith Davis 07553 376181
16th Epping Forest Beavers Trinity Church Hall, Mannock Drive. Fridays: Beavers (6-8 yrs) 5.30-6.45pm Cubs (8-10yrs) 6.45-8.30pm Linda Brede 020 8508 4867 / lulu.brede@ntlworld.com
30th Loughton Scout Group, St John's Church, Church Lane. Beavers (6-8 yrs), Cubs (8-10 yrs) & Scouts 10-14 yrs. Paul Snowden GSL 020 8508 4336 / info@30thloughton.co.uk
41st Epping Forest Scout Group, Lopping Hall, 189 High Road. Mondays 5.45-9pm, Thursdays & Fridays, 6-9pm Beavers, Cubs, Scouts & Explorers girls/boys (6-18) 020 8923 2378 / agsl41@gmail.com
Baby & Toddler 20-min session. Loughton Library, Traps Hill. Mondays 10am, Tuesdays 10.30am; Thursdays 2.20pm. 1st Saturdays (Daddy Cool) rhyme time 11am. 020 8502 0181

Baby & Toddler Group St Edmund's Parish Hall, Traps Hill. Thursdays 9.30-11.30am (term time) 07770 891912 / stedmundsplaygroup@gmail.com
Cheeky cherubs stay & play Loughton Club, 8 Station Road. Tuesdays 9.30-11.30am. 07711 883860 / cheekycherubsstayandplay@aol.com
Girlguiding Loughton South. Rainbows, brownies & guides (girls 5-13yrs). Leadership opportunities available. 07908 491411. www.girlguidingloughtonsouth.org.uk
Grandparent & Toddler Rhymetime Loughton Library Wednesdays 1.30-2.30pm in partnership with Spurgeon's Children Centre 020 8502 0181
ignite (children's & youth activities) St Mary's Church, 201 High Road 020 8508 3643 www.stmarysloughton.com
Tots Time (0-4) Mondays 9.30-11am. Forge (Y7-13) Wednesdays 3.30-5.30pm. Shine! Toddler church (2-5) Thursdays 9.45-10.45am.
After Hours (Y9+) Fridays 8-10pm pool & table tennis & console games etc
Shooting stars (Y1-6) St Michael's Church field, Roding Road, Wednesdays 4pm
Little Angels Baby & Toddler group, St Michael's Church, Roding Road. Mondays 10-11.30am (term-time) 020 8418 7944
Little Oak's Delivery Site, Torrington Drive. Fun, educational & daily varied sessions for children (0-5) & support for parents. 020 8418 7904
Loughton Youth Centre 106 Borders Lane IG10 3SB. ECC Youth Services in partnership 07557 160888 / louisastirling@essex.gov.uk
Accurro: young people with learning difficulties Tuesday 6-9pm
Action for Family Carers: Young Carers Wednesday 6-9pm (term time) free activities charles.miles@affc.org.uk
Red Balloon Community Theatre: Loughton Youth Theatre Monday 4.30-6.30pm (Y3-7 / chorus) & Monday 7-9pm Y6-11 / principals)
Spark: advice & support for young people & drop in youth club Monday & Thursday 3.30-5.30pm 020 8508 6743 worthunlimited.co.uk/branch_spark.html
Loughton Youth Project, The Space, Loughton Library, Traps Hill. 24-hour online community radio station. Free afterschool / evening café weekdays. Nick Robinson www.lypradio.co.uk/
Noah's Ark Toddler Group, Oakwood Hill Estate Community Hall. (U5s). Tuesdays & Thursdays (term time) 10-11.30am. £1 (per family) Catherine Wait 07582 119932
Rainbows, Beavers, Brownies, Cubs & Scouts groups, St Michael's Church, Roding Road. 020 8418 7944
Red Balloon Family Community Theatre Epping Youth Theatre, The Box, St John's Road, Epping Tuesday 5.30-7.30pm (Y3-6) 020 3086 8186 www.redballoonfamily.co.uk/rbct.htm
Reindeer Explorer Scouts, St Edmund's Church, Traps Hill. Girls/boys (13½ - 18 yrs). Fridays. Dave Martin 07889 189261
Russian drama studio, Kingsley Hall, Kingsley Road. Mondays 4.15-6.15pm. Anastasia 07435 358943 www.petrushka-studio.co.uk
Sunrise Children's Centre, Alderton Hall Lane. Fun, educational & daily varied sessions for children (0-5) & support for parents. 020 8502 5799

MUSIC

60's music appreciation social group Loughton Club, 8 Station Road. Last Tuesdays 2-4.30pm 020 8508 8365 / 07761 792691
Davenant Community Choir, Davenant Foundation School, Chester Road Thursdays, 6.45-8.45pm. No auditions 020 8508 9597 / 020 8508 2026

13 ▶ **Loughton Folk Club**, 8 Station Road. Live acoustic music. Thursdays, 8pm. Jim 07762 146623./loughtonfolkclub@googlemail.com
Roding Players Orchestra rehearsals, Roding Valley High School, Alderton Hill. No audition. Mondays, 7.30-9.30pm. Miles Harwood 020 8505 4329 www.rodingleaders.co.uk/
South West Essex Choir, Loughton Methodist Church, 260 High Road. Tuesdays, 7.45-10pm. 01992 812606 www.southwestessexchoir.org.uk/
Stand & Deliver Acoustic Open Mic Club, Royal British Legion, 118 Church Hill. 2nd Tuesdays 8pm. Roy Tyzack roy.tyzack@btinternet.com
Woodford Symphony Orchestra welcomes new string players. Rehearsals Thursdays, 7.45-9.45pm, Roding Valley High School, 020 8924 9370 wsorchestra.org.uk

SOCIAL
The Buffaloes, Loughton Club, 8 Station Road. A charitable brotherhood - members (18+). Tuesdays & Thursdays, 8.30pm. mldja.worsfold@yahoo.co.uk www.loughtonclub.blogspot.com
Café Hope St Mary's Church, 201 High Street Monday-Friday 9.15am-2.45pm 020 8508 3643
Civil Service Retirement Fellowship, Loughton Library (Jazz Room), Traps Hill. 3rd Monday, 2pm.
Mrs E Vale 020 8508 2459
Forest Probus Club, County Hotel, 30 Oak Hill, Woodford Green, IG8 9NY. 2nd Fridays. Lunch & speaker.
Michael Housley 020 8529 6500
Friday Market, St Michael's Church, Roding Road. Fridays, 10am-12 noon
Loughton Probus Club, Gilwell Park, Chingford. 4th Tuesdays (lunch).
Secretary Derek Allen 020 8504 3074 www.probusloughton.org.uk/

Over 50s Club, Oakwood Hill Estate Hall. Daily programme of activities. 020 8508 5743
Rotary Club of Loughton, Buckhurst Hill & Chigwell The Blue Boar, Market Place, Abridge, RM4 1UA. Thursdays 6.15pm www.loughtonrotary.org.uk
Royal British Legion Loughton Branch, 118 Church Hill. Mondays & Thursdays, 8pm (bingo); Tuesdays & Thursdays, 1-4pm line dancing; 2nd & 4th Wednesdays quiz night; last Sundays 1-4pm (jazz @ the RBL) 020 8508 5044 www.loughtonrbclub.co.uk
Tea Club - Senior Citizens, St Michael's Church, Roding Road. Alternate 3rd Saturdays 3-4.45pm. 020 8418 7944
Wesley Café, Loughton Methodist Church, 260 High Road Monday-Thursdays 10am-3.30pm; Friday to 3pm & Saturday to 12.30pm 020 8502 3071

SPORT
All-ability Trampoline Club (disabled people to 19 yrs), Debden Park High School, Willingale Road. Wednesdays 6.45pm-7.45pm. Loughton Flyers Trampoline Club & EFDC. Fabrizio Ferrari 01992 564567 / fferrari@eppingforestdc.gov.uk
Amici Badminton Club, Roding Valley High School Sports Hall, Alderton Hill. Mondays, 8-10pm. Age 30+. Suzanne 07940 313691 / Chris 07713 004996
Avenue Lawn Tennis Club, 18 The Avenue, Friendly family club. Membership: juniors 020 8502 3793 & adults 020 8502 1950
Chigwell & Epping Forest Orienteering Club. Monthly local event & non-local events every weekend. Helen 020 8502 1629 chig.org.uk
Colebrook Royals FC, Grange Farm Pavilion, Grange Farm Lane, Chigwell IG7 6DP. Saturdays & Sundays. 07951 820444 www.colebrookroyals.co.uk
Clubbercise Murray Hall, 106 Borders Lane. Easy dance workout routines Wednesdays 7.15-9.15pm Lisa 07877 010158

Epping Forest HF Walking Group regular Sunday walks in the local area www.effhg.org.uk
Epping Forest Sportability Club (EFSC) Multi-sports club for young people with mild-moderate physical & learning difficulties. Oak View School, Whitehills Road. Saturdays 10am-2pm (term time) efsc@hotmail.co.uk www.efsportability.com
Jumping Jens, St Michael's Church, Jubilee Hall, Roding Road. £4. Tuesdays & Thursdays, 8-9pm. 07866 127522
Karate Club Trinity Church, Mannock Drive. Wednesdays, 6.30-7.30pm 020 8508 7657
Katy Little School of Dance, Loughton. Ballet, tap, jazz, examinations & shows. 4 yrs to adults 07712 106941 / www.katylittleschoolofdance.co.uk
Keep Fit with Caroline Loughton Methodist Church, Joseph Rank Room, 260 High Road Tuesdays & Thursdays, 10.40-11.40am £5. 07714 467784
Loughton Athletic Club, The Pavilion, South View Road (Roding Valley Recreation Ground). Tuesdays, 7pm. www.loughtonac.org.uk
Loughton Football Club, Avondale Close. 8-18 yrs + senior team. Sundays (youth teams), Saturdays (seniors) & weekday evenings (training). Keith Campen 020 8508 4757 www.loughtonfc.com/contactus.htm
Loughton Karate Club, Loughton Club, Station Road. All ages (from 5+) & all levels welcome. Sundays 4-5.30pm. Stephen O'Brien 07758 341584
Loughton Mountaineering Club, Victoria Tavern, Smarts Lane. Hill walkers & climbers welcome. Mondays, 8.30pm. www.loughtonmc.org
Loughton Rugby Football Club, Hornbeam Road, Buckhurst Hill. Wednesdays (training), 7.15pm. Duncan Kaye 07969 638349 www.pitchero.com/clubs/loughton

Loughton Swimming Club Mondays, 7pm. Beryl Dearn 020 8559 1557
Loughton Wado-Kai Karate Club, Roding Valley High School Drama Hut, Alderton Hill. All ages. Wednesdays 7pm. 07971 672542 www.loughtonwado-kai.co.uk
Roding Valley Angling Club. New members welcome. Darren 07716 061273 / roding.valley.angling.club@gmail.com
Walk - West Essex Ramblers (sorry no dogs). Weekends, Wed & Thurs. 020 8554 1665 / 07434 902394 www.westessexramblers.org.uk
Yoga - Loughton Bowling Club, Eleven Acre Rise. (Age 50+) For all abilities & medical conditions. Monday, Wednesday & Friday mornings. EFDC Sports Dev 01992 564561

TALKS
Bancroft's Decorative & Fine Arts Society, Bancroft's Preparatory School Hall, Whitehall Road, Woodford Green. Member of NADFAS. 2nd Tuesdays, 7.15pm for 8pm. 020 8599 6281
English-Speaking Union, Murray Hall, 106 Borders Lane. 1st Thursdays, 10.15am for 10.45am. £4 incl tea/coffee. 020 8505 9001
Mothers' Union, St John's Church in Lady Chapel, Church Lane. 3rd Thursdays, 10.30am for coffee & speaker. Ivy Southgate 020 8508 7530
National Trust, £3 non-members. Refreshments & NT information. 020 8508 9541 See Dates for the diary
New Vistas, Loughton Club, 8 Station Road. Guest speakers. 1st & 3rd Tuesdays 1.45pm. Juliet Hipkin 01992 574552
St John's Wives' Group, St John's Parish Hall, Church Lane. Christine Doughty 020 8504 5057

epping forest district draft local plan... find out more

Information points

Epping Forest District's Draft Local Plan will guide the future growth of the district to 2033. Information points are available in public venues until 12 December 2016 to view the Draft Local Plan.

Venue	
Buckhurst Hill Library	North Weald Library
Bumble Green Leisure Centre, Nazeing	Ongar Library
Chigwell Library	Roydon Village Hall
Epping Library & Civic Offices	Sheering Village Hall
Latton Bush Centre, Harlow	Theydon Bois Village Hall
Loughton Library	Waltham Abbey Library

Please note that access to the information points are subject to opening times of the venue. More information about this and about Epping Forest District Council's Draft Local Plan can be found at

www.eppingforestdc.gov.uk/planningourfuture



You can also submit your feedback about the Draft Local Plan through the website.
Phone: 01992 564517 (available to answer your calls between 10am-4pm, Monday to Friday). Email: ldfconsult@eppingforestdc.gov.uk

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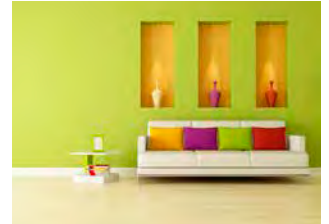
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