



# Think Loughton

News from Loughton Town Council

Summer 2017 No 77



**YOU ARE** invited to join us on Jessel Green on Sunday 16 July for this popular family fun event. Free entertainment and low cost activities will be provided from 12 noon until 4pm.

We are planning for the 2017 event to be even bigger. In addition to all the usual bouncy castles, inflatables and 18' climbing wall, there will be a varied selection of craft and community stalls and food vendors.

The arena area will host a varied programme

of musical entertainment including a dance display by children from local schools with the theme "Bard to Bollywood". This specially created dance is designed to mark the 2017 UK-India Year of Culture, announced by former Prime Minister David Cameron to celebrate the UK's cultural ties with India. The work also commemorates the 400th anniversary of the death of William Shakespeare whose First Folio of work will be touring India during 2017.

A special soft play area for the under 5s will

also be provided close to the tea tent. New this year will be fairground rides for children.

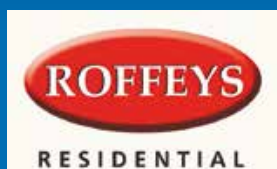
Individual activities start from 50p a go with all day wristbands from £5. Book online at [www.jesselgreen.org.uk](http://www.jesselgreen.org.uk) for a discount.

Please put the date in your diary now and join us for a great day out for all the family.

This annual not-for-profit community event is organised by Loughton Town Council in partnership with the Epping Forest Community Church and the Red Balloon Family.

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# Contact numbers

## COUNCIL SERVICES

|                                        |               |
|----------------------------------------|---------------|
| Loughton Town Council                  | 020 8508 4200 |
| City of London Corp (Epping Forest)    | 020 8532 1010 |
| Epping Forest District Council         | 01992 564000  |
| Waste Management Hotline               | 01992 564608  |
| Essex County Council (ECC)             | 03457 430 430 |
| Adult Social Care                      | 0345 603 7630 |
| Child Social Care                      | 0345 603 7627 |
| Debden Library                         | 0333 0132654  |
| Education & Schools                    | 0345 603 2200 |
| Loughton Library                       | 0333 0132677  |
| Registrar: Births, ceremonies & deaths | 0345 603 7632 |
| Essex Parking Partnership (enquiries)  | 01206 282316  |

## ADVICE, HELP & INFORMATION

|                                      |                |
|--------------------------------------|----------------|
| Affordable Counselling Epping Forest | 01992 573402   |
| Citizens Advice Bureau               | 0344 477 0808  |
| Citizens Advice Consumer Service     | 03454 04 05 06 |
| Epping Forest College                | 020 8508 8311  |
| Jobcentre Plus (Loughton)            | 0345 604 3719  |
| Loughton Information Centre          | 020 8502 0181  |
| NSPCC helpline (freephone)           | 0808 800 5000  |
| RSPCA cruelty line                   | 0300 1234 999  |
| Samaritans                           | 116 123        |
| SSAFA (Loughton Epping & Harlow)     | 01206 764114   |
| Trading Standards ECC (business)     | 0345 603 7626  |
| Victim Support (Essex)               | 0300 303 0165  |

## COMMUNITY

|                       |               |
|-----------------------|---------------|
| Age UK Essex          | 01245 346106  |
| Age UK Advice         | 0800 678 1174 |
| Care & Repair Service | 01992 564086  |

|                                        |                                                                              |
|----------------------------------------|------------------------------------------------------------------------------|
| Churches Together                      | <a href="http://www.loughtonchurches.org.uk">www.loughtonchurches.org.uk</a> |
| Epping Forest ReUse                    | 01992 578222                                                                 |
| ignite (Youth Activities)              | 020 8508 3643                                                                |
| Loughton Arts Centre                   | 07532 053194                                                                 |
| Loughton Voluntary Care Assoc.         | 020 8508 6114                                                                |
| Restore Community Centre               | 020 8508 7247                                                                |
| Royal British Legion (Loughton Branch) | 020 8508 5044                                                                |
| Royal Voluntary Service                | 0845 608 0122                                                                |
| Supporting Carers in Essex             | 0300 770 80 90                                                               |
| Voluntary Action Epping Forest         | 01992 564178                                                                 |
| Volunteering Enquiries                 | 01992 564256                                                                 |

## HEALTH & HOSPITALS

|                                     |               |
|-------------------------------------|---------------|
| ADAS (Alcohol & Drugs Service)      | 01279 641347  |
| Alzheimer's Society (Epping Forest) | 01279 427522  |
| Breathe Easy Harlow & Epping Forest | 01992 573387  |
| British Red Cross                   | 020 8508 2162 |
| Forest Medical Centre               | 020 8535 6888 |
| Holly House (Private)               | 020 8505 3311 |
| King George                         | 020 8983 8000 |
| Loughton Health Centre              | 020 8502 5000 |
| NHS Direct                          | 111           |
| Princess Alexandra                  | 01279 444455  |
| Rectory Lane Health Centre          | 020 8272 4600 |
| Spire Roding (Private)              | 020 8551 1100 |
| St Margaret's                       | 01279 444455  |
| Whipps Cross                        | 020 8539 5522 |

## LOCAL AMENITY REFUSE POINTS

|                       |                                                                                          |
|-----------------------|------------------------------------------------------------------------------------------|
| Essex County Council  | <a href="http://www.essex.gov.uk/recyclingcentres">www.essex.gov.uk/recyclingcentres</a> |
| Chigwell IG7 5AA      | Luxborough Lane                                                                          |
| Waltham Abbey EN9 1JU | Brooker Road                                                                             |

## POLICE & FIRE (dial 999 for emergencies)

|                              |               |
|------------------------------|---------------|
| Essex Police (non-emergency) | 101           |
| Action Fraud                 | 0300 123 2040 |
| Anti-terrorist hotline       | 0800 789321   |

## PUBLIC UTILITIES

|                                |              |
|--------------------------------|--------------|
| UK Power Networks emergency    | 105          |
| National Gas Emergency Service | 0800 111 999 |
| Thames Water 24 hour leakline  | 0800 714 614 |

## SPORT

|                                  |               |
|----------------------------------|---------------|
| David Lloyd Chigwell             | 0345 129 6783 |
| Debden Sports Club               | 020 8508 9392 |
| Loughton Athletic Club           | 07958 903842  |
| Loughton Bowling Club            | 020 8508 3546 |
| Loughton Cricket Club            | 020 8502 2064 |
| Loughton Football Club           | 020 8508 4757 |
| Loughton Leisure Centre (& pool) | 020 3225 5460 |
| Loughton Rugby Football Club     | 07969 638349  |
| South Loughton Cricket Club      | 07941 347812  |

## TRAVEL & TOURISM

|                                          |                |
|------------------------------------------|----------------|
| Arriva (traveline)                       | 0344 800 4411  |
| First Essex Customer Services            | 0345 602 0121  |
| Gatwick Airport: Your service centre     | 01293 555713   |
| Heathrow Airport                         | 0844 335 1801  |
| London Travel Information                |                |
| (TfL & London Overground)                | 0343 222 1234  |
| Luton Airport                            | 01582 405100   |
| National Express                         | 0871 781 8181  |
| National Rail Enquiries                  | 03457 484950   |
| Southend Airport                         | 01702 538 500  |
| Stansted Airport                         | 0844 335 1803  |
| Tourist Info Centre (Waltham Abbey)      | 01992 660336   |
| Traveline (public transport information) | 0871 200 22 33 |

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## Clerk's Remarks



**THE TOWN** council is finally on the move to its new home in Loughton Library this summer.

After protracted legal negotiations with Essex County Council I can report the lease has now been completed. Minor building works will be undertaken in the coming weeks to increase the size of the former

Connexions room on the first floor of the library located next to the Citizens' Advice Bureau offices. Our apologies for any inconvenience these necessary works may cause to library users.

We hope to complete the move during July/August. As our telephone and email contact details will remain unchanged this should not disrupt the services we offer to our residents. Our existing building at Buckingham Court is to be let initially on a short-term lease. Once we have completed the move, all our regular council and committee meetings will be held in the library.

Other changes at the town council include the departure of two long-serving members of staff, Shirley Haynes and Vivienne Messenger. Shirley will be known to many of you for her work managing the

council's financial assistance scheme and the Willingale Road allotments. Vivienne clerked the regular planning and licensing committee meetings and was also responsible for collating the information for this publication. We thank them for their service and wish them well in the future.

Understandably, residents have been complaining about an increase in anti-social behaviour in the town. The two key issues have been problems and serious crimes resulting from the night time economy in the High Road and the unacceptable conduct of moped riders on our roads and green spaces. Our thanks must go to Chief Inspector Lewis Bashford and his local policing team for their proactive response to these problems.

Another problem regularly reported by residents is that of speeding traffic particularly

along Oakwood Hill / Valley Hill. The Speedwatch scheme is looking for volunteers to form local groups to carry out roadside activities to improve road safety. Please contact us if you would like to be involved.

Whilst work continues by the District Council to analyse the responses to the draft Local Plan, the town council continues to promote the importance of Loughton's green spaces to the wellbeing of its residents at every opportunity. We hope you will join us on the lovely Jessel Green for the annual community fun day on Sunday 16 July from 12 noon until 4pm.

If you would like to run a craft stall or promote your groups activities at the event, there are still a few spaces so contact us to book your space.

**Enid K Walsh**  
Town Clerk

## Loughton Design Award 2017



**THIS YEAR**, from the list of worthy nominations, the judges were most impressed by works to The Lodge at 90 High Road.

The town council is very keen to protect and preserve the architectural heritage of Loughton. The original Chapel Keeper's Lodge was a fine building but increased living space was required to suit the aspirations of a modern family. One of the judges commented "I don't think James Cubitt (the original architect) would be too unhappy with the changes".

The owners were delighted at winning the award. "We have worked hard with the architect to design a home that was in keeping with the original. The builders re-used all the old bricks and pointing techniques, re-purposed the wooden arches inside the house and matched the original leaded window designs. Thanks to all the people walking by who have given their compliments - we too love our old 'new home' and hope others will for many years to come".

**67th Anniversary**

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| <p style="text-align: center; font-weight: bold; background-color: #0056b3; color: white; padding: 2px;">WINDOW &amp; DOORS DIVISION</p> <div style="display: flex;"> <ul style="list-style-type: none"> <li>ALL ROOFING &amp; REPAIRS</li> <li>TILING &amp; SLATING</li> <li>FLAT ROOFS</li> <li>VALLEYS</li> <li>CHIMNEY &amp; STACKS</li> </ul> </div> | <p style="text-align: center; font-weight: bold; background-color: #0056b3; color: white; padding: 2px;">DRIVEWAY &amp; LANDSCAPE DIVISION</p> <div style="display: flex;"> <ul style="list-style-type: none"> <li>BLOCK PAVING</li> <li>POOL SURROUND</li> <li>NATURAL STONE</li> <li>PATIOS</li> <li>BRICKWORK</li> <li>DECKING</li> <li>FENCING</li> </ul> </div> |

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# Loughton Town Council

Town Mayor and Deputy Town Mayor to be appointed on 17 May 2017 Town Clerk: Enid K Walsh

## Councillors

### ALDERTON WARD

**Cllr Philip Abraham** 020 8502 2925  
1 Lancaster Drive  
Loughton IG10 3NQ  
philabraham2000@gmail.com

**Cllr Adam Omer** 020 8508 1821  
32 Station Road  
Loughton IG10 4NX  
CllrAdamOmer@gmail.com

**Cllr Michael Stubbings** 07766 480522  
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Loughton IG10 3HF  
mick.stubbings@hotmail.com

### BROADWAY WARD

**Cllr Leon Girling** 020 8508 4200  
1 Buckingham Court  
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johnnymahoney@uwclub.net

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6 High View Close  
Loughton IG10 4EG  
stella.murphy@virgin.net

### FAIRMEAD WARD

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13 Colebrook Gardens  
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carolchristmas@yahoo.com

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24 Colebrook Gardens  
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k.latchford1@ntlworld.com

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### FOREST WARD

**Cllr Jill Angold-Stephens** 020 8281 0674  
89 Lower Park Road  
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16 Shaftesbury  
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**Cllr Trevor Downing** 020 8508 8877  
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### RODING WARD

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vietrose02@aol.com

**Cllr Mark Dalton** 07719 736901  
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**Cllr Stephen Murray** 020 8508 7548  
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**Cllr David Wixley** 020 8418 9284  
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david.wixley198@btinternet.com

### ST JOHN'S WARD

**Cllr Stephen Pewsey** 020 8279 1858  
59 Wroths Path  
Loughton IG10 1SH  
pewsey.stephen@gmail.com

**Cllr Caroline Pond** 020 8508 2361  
Forest Villa, 7 Staples Road  
Loughton IG10 1HP  
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**Cllr Chris Pond** 020 8508 2361  
Forest Villa, 7 Staples Road  
Loughton IG10 1HP  
loughton\_ponds@hotmail.com

### ST MARY'S WARD

**Cllr Philip Beales** 020 8418 0459  
65 Harwater Drive  
Loughton IG10 1LP  
philip.beales@loughtonresidents.co.uk

**Cllr Barbara Cohen** 020 8502 3242  
61 Traps Hill  
Loughton IG10 1TD  
bcohen61@hotmail.com

**Cllr Judy Jennings** 020 8508 1861  
94 York Hill  
Loughton IG10 1JA  
clrijennings@hotmail.co.uk

## Committee membership

*Committee memberships were finalised at the Annual Council meeting on 17 May 2017, (after Think Loughton went to print). Full details of the new Town Mayor, Deputy Town Mayor and the committees are available on the town council noticeboards around the town and its website [www.loughton-tc.gov.uk](http://www.loughton-tc.gov.uk)*

*You can also email councillors directly from the website.*

The views expressed in *Think Loughton* are not necessarily those of Loughton Town Council, and the inclusion of advertisements does not constitute an endorsement by the council of any products or services.

Further copies of *Think Loughton* are available from the Town Council and local libraries. A digital version of *Think Loughton* can be viewed on the council website where a PDF version can be downloaded. It is also available on tape - please call us to request a copy.

### Contacting us

For editorial contributions and diary entries, please call 020 8508 4200. For advertising enquiries, please call 01245 790244 / 07942 800865.

### Deadline dates

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**We do not accept unattributed articles for publication.**

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## Town Council Meetings

Committee memberships were finalised at the Annual Council meeting on 17 May 2017 (after *Think Loughton* went to print). Details of the new Town Mayor, Deputy Town Mayor and the Committees are available on the town council website [www.loughton-tc.gov.uk](http://www.loughton-tc.gov.uk)

|             |    |                              |
|-------------|----|------------------------------|
| <b>2017</b> |    |                              |
| <b>June</b> | 5  | Planning & Licensing         |
|             | 14 | Recreation                   |
|             | 19 | Planning & Licensing         |
|             | 21 | Environment & Heritage       |
| <b>July</b> | 3  | Planning & Licensing         |
|             | 5  | Resources & General Services |
|             | 17 | Planning & Licensing         |
|             | 19 | Council                      |
|             | 31 | Planning & Licensing         |
| <b>Aug</b>  | 21 | Planning & Licensing         |

For dates of subsequent meetings, check the council's website.

## News round-up

### ■ PLAY IN THE PARK:

These popular free children's sessions are back this summer, sponsored by the town council. Just turn up between 1.30 – 3.30pm; there's no need to book.

Join play leaders on the Roding Valley Recreation Ground on Tuesdays 25 July and 1, 8, 15 and 22 August, plus Thursdays on Jessel Green, Jessel Drive on 27 July and 3, 10, 17 and 24 August.

For details call EFDC's Community Development Team on 01992 564363.



### ■ SCHOOL CROSSING PATROL:

Vacancies are currently available in this area. No experience is required. Full training and a uniform will be provided. To find out more and apply, please visit: [www.workingforessex.com](http://www.workingforessex.com) or phone 03330 139788.

### ■ LIFEWALKS:

Walking is fun and a form of exercise everyone can do. Organised by EFDC's Community Services, this walking for health scheme is approved by local doctors and hospitals.

Every week there's a choice of group walks around the district led by specially trained staff.

This is the ideal activity if you are recovering from a heart attack or heart surgery, or are feeling stressed or depressed.

For local walks see Dates for the Diary on pages 8-9.

<http://tinyurl.com/mp6s4cu> or call Karen Murray on 01992 564222 / kmurray@eppingforestdc.gov.uk

### ■ THE BIG LUNCH:

Join OHERA on Sunday 18 June from midday to 4pm on the Roding Valley Recreation Ground adjacent to Highwood Lane for a picnic and BBQ lunch.

Games and arts and crafts activities will be supported by EFDC play workers so come and kick a football or have your face painted. Fun for all the family!

Contact Brenton Wait on 07582 119854.





# Public rights of way



**TIME IS** running out to ensure some of the well-used footpaths in Loughton are protected through registration as a PROW.

The government has announced that the official (definitive) maps would soon be closed against the addition of paths claimed on the basis of historic evidence.

The town council has already made an informal approach to Epping Forest District Council regarding its voluntary registration of a number of paths under its ownership. However, we need

your help to gather evidence on four other routes potentially under threat from development. These are

- across Luctons Field diagonally from Ladyfields to Luctons Path
- Jacksons Alley
- Luctons Path
- adjacent 18 Longfield to Lowery Path

If you have used any of these paths regularly during a 20-year period from 1994 to date, please contact the town council for an evidence form.



## Cheers for Chairs!

**2017 IS** a new "Year of the Chair" at Lopping Hall. The current chairs have served audiences well for over 30 years, but deserve to be retired!

The directors of the hall have already carried out a significant programme of improvements to the facilities and structure of the Hall. These include lift access to the first floor, new toilets including provision for the disabled, a new roof, improvements to the heating in the hall and the provision of the Loughton Arts Centre.

To further enhance the visitor experience, the trustees have decided to launch a new "Cheers for Chairs" fund, aiming to raise £11,000 to buy 200 new comfortable chairs for the main hall. With only 22% of the money raised so far, they need your help.

They are asking users and supporters of the Hall to help by buying a leg, seat, back or perhaps donating a whole chair or multiple chairs. A Just Giving Page will be set up but, if you wish to donate in the meantime, you can visit [www.loppinghall.org.uk](http://www.loppinghall.org.uk), download the chair flyer and send a cheque to: Lopping Hall, FAO Stephen Radley, 187-191 High Road, Loughton, IG10 4LF, made payable to "The Lopping Endowment".

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# Civic Celebration 2017



**OUR THANKS** to all who joined us at this year's Civic Celebration held in The Murray Hall in February.

It was a truly inspiring event organised by the current town mayor, Carol Davies, which celebrated our community in Loughton.

We thank our compere for the afternoon, Ian King, Leader at the Restore Community Church, who introduced the music and readings. These were specially chosen to reflect the theme of this year's celebration: "One person can make a difference and everyone should try", a text attributed to John F Kennedy.

Music included the popular anthem "You're the Voice" sung by the St John Fisher Catholic Primary School choir led by Kathryn Poulter; a humorous rendition of the "Carnival of Venice" by local musicians, Ken and Rachel Bartels (flute and harp); Matthew Shepherd, vocalist and guitarist, performed two of his own songs and Muki Zubis sung "Diamonds".

Readings were given by Epping Forest Youth Councillors, Alex Hantig and Alex Theodorou, and Nicole Abraham, daughter of deputy town mayor, Philip Abraham.

One of the highlights of this annual event is always the

presentation of the Citizenship Awards, an opportunity to celebrate some of the wonderful people that make a difference in our town.

We were honoured to have Michael Chapman, the Deputy Lord Lieutenant of Essex, in attendance to make the formal presentations.

Our congratulations go to **Sue Taylor**, the winner of the 2017 citizenship award. Sue has been the director of the Loughton Festival for over 10 years. The festival showcases the people and organisations that make Loughton such a vibrant place to live. It provides a wide range of events for all the family, from walks and music to community events. This year's festival in May raised valuable funds for the Essex Air Ambulance and the Loughton Youth Project.

In nominating Sue for this award, Kay Lundy described Sue as being passionate about Loughton and its inhabitants. Sue is also a keen member and promoter of the Epping Forest Neighbourhood Watch and runs the Debden History page. She received an engraved silver rose bowl and scroll, and a cheque for £250 for the Loughton Youth Project.

A special community long service award was presented to **Margaret Weston** for her dedication to



**Top left: Town mayor, Carol Davies**

**Top right: The choir from St John Fisher Catholic Primary School**

**Bottom right: Michael Chapman, the Deputy Lord Lieutenant of Essex, with the award winners**

the health and wellbeing of local residents. Margaret taught yoga over many decades, specialising in those with other serious health problems. She received a framed certificate and a cheque for £250 for Cancer UK.

The final award was presented to the **16th Epping Forest Beavers** for their artistic challenge to the Local Plan proposals. These young residents expressed their love and appreciation for the local green spaces and their objections to the proposed development through a series of before and after drawings. The Beavers also received a framed certificate and £250 cheque for their group. (The Beavers are for

boys and girls aged 5 - 7 and meet every Friday during term time in Trinity Church Hall. They welcome new members so to find out more contact Linda Brede on 07914 500059.)

The refreshments after the Celebrations, provided by local bakery school Fabulicious, were sponsored by the Loughton, Chigwell & Buckhurst Hill Rotary Club and Pesh & Manisha Kapasiawala.

A retiring collection raised funds for the town mayor's charities, the Loughton branch of the Citizens Advice Bureau and the Loughton Food Bank.

# Doggy Reunion Campaign



**THE DOGS TRUST** is raising awareness on the importance of dog owners to keep their dog's microchip details up to date and to ensure their dog is wearing

a collar and tag with the correct ownership information.

Doing so is a legal requirement and provides

the best and fastest way to be reunited with your dog should it go missing.

Last year, because their owners hadn't updated these details, 5,000 stray dogs handled in the UK by local authorities couldn't be reunited with their owner and faced being put to sleep.

Please help us to reduce numbers of strays and reunite more dogs with their owners.

Visit <https://tinyurl.com/lqnf78r> for more information.





# Ping pong anyone?



**THANKS TO** a grant from Essex County Council's Community Initiative Fund we have recently installed two outdoor table tennis tables, one each on the Roding Valley Recreation Ground and the Willingale Road Playing Field.

Records show that this popular sport was first played in England towards the end of the 19th century. Apparently, Victorians turned their dining room tables into miniature versions of the traditional lawn tennis courts and used everyday objects to replace the racquets and balls.

The game has been historically known by several different names including "Whif whaf," "Gossamer," and "Flim Flam", but whether you know it as ping pong or table tennis, why not try the outdoors experience.

Whether you are a beginner or a more experienced player, unfortunately the English weather will not always guarantee that winning stroke, but you will have fun with your friends.

If you don't have your own equipment, bats and balls are available from the town council office on payment of a returnable deposit.

# Burglar alarms

**RESIDENTS THROUGHOUT** the county have reported receiving unsolicited telephone calls from companies who say that crime is on the increase in their area and that they are at risk. They offer to install a free or very cheap burglar alarm and claim they are working with agencies such as the Home Office, District Council or the police. **This is not true.**

Crime Prevention Assistant, Tony Ellis and the District Council's Community Safety Officer, Paul Gardener pointed out that most people who have been contacted by these companies have had the good sense not to allow them to visit their home but on the odd occasion, when work has been carried out, the cost to the customer has been exorbitant. One man was charged £3,000 in installation and monitoring costs.

**Our advice is not to buy a security alarm from a cold caller over the telephone or at the door and don't agree to a visit.**

If you feel that you have been a victim of malicious cold calling regarding home security, then contact Trading Standards on 08454 040506.

Our local crime prevention officers always welcome calls from people who want advice to keep themselves and their property secure whether it is installing an appropriate security alarm or something as simple as having proper locks fitted to your home.

For free and impartial advice on this issue contact your local Crime Prevention Tactical Advisor via 101 or speak to EFDC's Community Safety Officer on 01992 564608.

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• conferences

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"Definitely the best" "Will use again" "Immaculate Hall" "Friendly staff"

## Dates for the diary

■ **Summer school holidays activities for children**, run by Epping Forest District Council, visit <https://tinyurl.com/k229wl9> for full details and to book, 01992 564226

■ **Every Monday, 10am-10.30am, Baby and Toddler Rhymetime**, Loughton Library, Traps Hill, Loughton, IG10 1HD

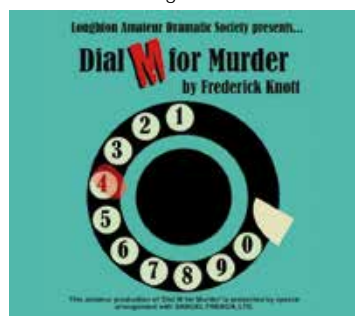


■ **Every Wednesday, 10.15am-11.45am, Basic Computer Coaching** Loughton Library, Traps Hill, Loughton, IG10 1HD

■ **8 Jun, 10am Life Walks**, Roding Valley Recreation Ground 2 miles. Meet at Roding Road car park. £2 per person 01992 564222

■ **8, 9 & 10 Jun, 8pm Snake in the Grass** by Alan Ayckbourn Theydon Bois Drama Society, TB Village Hall, Coppice Row CM16 7ER £9.50 01992 919038 / <http://theydondrama.org>

■ **15, 16 & 17 Jun, 8pm Dial M for Murder** by Frederick Knott Loughton Amateur Dramatic Society, Lopping Hall, 189 High Road £10 07552 736110 or book [www.lads.org.uk](http://www.lads.org.uk)



■ **18 Jun, 10.30am Horseman's Service** on The Green at the top of Avey Lane, Church of the Holy Innocents, High Beach, Church Lane, Loughton IG10 4BF, horses and their riders welcome, also dogs and any other well behaved animals

■ **18 Jun, 12 noon-4pm The Big Lunch** – Oakwood Hill Estate Residents Association – Roding Valley Recreation Ground, adjacent to Highwood Lane – 075821 19854



■ **18 Jun, 3-mile walk Thames Path: Shadwell Station to West India Quay Station** Epping Forest HF Group 020 8504 1329 (see p14)

■ **22 Jun, 7.45pm Book Folding** Essex Handicrafts Association Woodlands Branch 020 8508 7657 (see p13)

■ **24 Jun, 2.30pm Trio Manouche** with Quentin Collins National Jazz Archive fundraising concert Loughton Methodist Church, 260 High Road £15 020 8502 4701 [www.nationaljazzarchive.org.uk](http://www.nationaljazzarchive.org.uk)

■ **25 Jun, 10.30am 6.5-mile walk** Chigwell Station to Hainault country park Epping Forest HF Group [www.effhg.org.uk](http://www.effhg.org.uk) / 020 8504 1329 (see p14)

■ **1 Jul, 11pm 'Light up the Night'** St Clare Hospice Midnight Walk, 5K and 10K. £20 per adult

(16 years+), £10 for children (14-15 years) £80 for a party of 5 adults. Register online at: [www.stclarehospice.org.uk/event/midnight-walk-2017](http://www.stclarehospice.org.uk/event/midnight-walk-2017) 01279 773747

■ **2 Jul, 10.30am Life Walks** "The Stubbles and Strawberry Hill" 1.7 miles, meet at Nursery Road car park £2 per person 01992 564222

■ **2 Jul, 11am Summer Fair** Haven House Children's Hospice, The White House, High Rd, Woodford Green IG8 9LB 020 8505 9944

■ **2 Jul, HEARS lunch & talk** Stapleford Abbots Village Hall, Stapleford Road, RM4 1EW [www.hears.vpweb.co.uk](http://www.hears.vpweb.co.uk) (see p13)

■ **6 Jul, 9am Hughenden Manor visit** Depart from Loughton Library Traps Hill (by Leisure Centre) National Trust/ National Art Pass members £23.50, non NT £33.50. To book 020 8504 4899

■ **6 Jul, 10.15am Kate Poole: Cinnabar & Celandine**: artists' paints from 16th century English-Speaking Union, Murray Hall, 106 Borders Lane (see p14)

■ **9 Jul, from 9.30am Essex Wildlife Trust multi-terrain race** around the reserve; 10/5km, donation £20 adults, £5 children [www.essexwt.org.uk/whats-on](http://www.essexwt.org.uk/whats-on)

■ **9 Jul, 1pm-3pm GROW Project Big Lunch 1st Anniversary Celebration**: at Hillyfields Open Space

■ **15 Jul, 7.45pm Roding Players Orchestra summer concert** St Mary's Church, 201 High Rd £8 (on the door), £7 conc, u11s free, incl refreshments 07956 569678

■ **16 Jul, 12 noon-4pm Community Fun Day** Jessel Green opposite the Cottage Loaf Pub, Jessel Drive Loughton Town Council 020 8508 4200 (see p1)

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Essex IG10 2QZ

Tel **020 8508 4200**

Fax **020 8508 4400**

**contact@loughton-tc.gov.uk**

Town Clerk **Enid K Walsh**

# **Annual Report 2017**

**S**ince I was elected as Mayor last May, I have really enjoyed serving the community in Loughton. I've had the honour of being invited to attend many events for local groups and charities. I've cut ribbons and cakes, judged competitions, given out prizes, awarded certificates, presented cups and trophies, picked raffle tickets, watched very entertaining shows, performances and concerts. All in all, it's been wonderful to represent the Town Council wherever and whenever I was needed, on many joyful, as well as solemn and official occasions.

So far I've attended nearly 50 mayoral engagements! However, as space is limited, I think you may appreciate it if I don't mention them all to you in this report. Rather, I will just concentrate on three of the most notable, which were particularly memorable for me.

The first engagement was the annual Community Fun Day on our beautiful Jessel Green. Here I was charged with welcoming all the visitors and opening the proceedings. After an initial lovely Samba dance display by the pupils from Hereward and White Bridge Schools, the morning rain turned into a perfect sunny summer's day, and with all the stalls and amusements and a colourful display of amazing kites, it was a really wonderful family event.

Another memorable engagement was the opening of the Pyrles Lane Community Garden and Picnic, where I was invited by the GROW Team to cut the ribbon. This is a great project because it is bringing a piece of overgrown allotment land back into use with the aim of helping to improve residents' physical and mental health and wellbeing. This initiative is a real asset for our local community.

I should mention that cutting the ribbon can be rather trickier than it sounds. What happens usually, as in this case, the cameraman misses the actual snipping shot, and you have to hold the ribbon back together and pretend to cut it all over again.....so Phillip remember that!

The final engagement I will mention was our recent Civic Celebration & Citizenship Awards Ceremony. As you may know this took place in Murray Hall and it was an honour to have the Deputy Lord Lieutenant Michael Chapman to present the awards.

The Chairman of Essex County Council as well as other mayors, deputy mayors, and chairman from our neighbouring towns were in attendance.

My theme for the Civic Celebration, which was echoed throughout, was "One person can make a difference and everyone should try". This was also well-reflected in my two chosen charities for the event - the Loughton Foodbank and Loughton Citizens Advice Bureau.

This year's very worthy award winners have, each in their own way, all made a very positive difference for local residents. Citizen of the Year went to Sue Taylor – the hugely energetic organizer of the Loughton Festival. The Services to the Community award went to Margaret Weston – a yoga teacher who for over 40 years helped improve our residents' health and well-being. A special Young Caring Citizens award went to the 16th Epping Forest Beavers for their fantastic contribution to the Save Loughton's Green Spaces campaign. They created a set of wonderful drawings, to show their strength of feeling about their greens being built on and lost.

This brings me finally to the issue that has concerned many of us - the District Council's Local Plan.

The Town Council has been very busy researching, collecting the opinions of residents and organising its own response to the plan. It was and still is a mammoth task. We are waiting for the District Council's conclusion to all the submitted responses they received. Should it be necessary, the town council has a war chest should we need to take legal advice on the outcome.

On a more positive note, it's a new beginning for Loughton Town Council. We are about to have a change of scene, with the planned move into Loughton Library imminent. This will mean a more central location and hopefully it will be easier for the local community to contact us when they need to.

And finally I would like to thank everyone who has helped me during my mayoral year - friends, colleagues, Enid our clerk, all her staff for their support and hard work and to everyone who has been so kind, encouraging and supporting as well. Thank you all.

**Cllr Carol Davies**  
Town Mayor

## Planning & Licensing

### Cllr Jill Angold-Stephens

**W**e have actually seen slightly less applications this municipal year to date but only down from 360 to 344. The plans are still mainly for extensions to existing properties, as most people cannot afford to move within the town so when the family gets larger they increase their living space by extensions on their existing homes.

We do not always approve these extensions, as we need to take into consideration the effect on both neighbours and the street scene as a whole. Some people have unrealistic expectations of what is acceptable to others. There have been some 23 appeals on which we have commented, usually where we are opposing the development and wish to make sure that all the relevant issues are brought to the attention of the inspector who will not be familiar with the town. As usual, some appeals are allowed and some are dismissed.

We always hope that we have played our part in avoiding some of the worst excesses in planning applications. We do, however depend very largely on you, the residents of our town, to do your part in alerting us to any application that you feel is out of keeping or not appropriate in any way. Our meetings almost always run past the allotted time and we have some very late nights when there are a number of contentious applications to discuss and then word our objections.

In the past twenty meetings we have had presentations from the public at nineteen, only on 12 December was no-one present; maybe the date had something to do with it! When we have members of the public wishing to speak we always bring those applications forward in the meeting so that people do not have to listen to all our deliberations.

Licensing applications are fewer in number and we have only had 2 in the past year with 2 for street trading licenses as well.

Enforcement of planning regulations also forms part of our work. As we move about the town we keep our eyes open for anything that is not as it should be. This may be a building under construction for which we did not see an application, something being built not as the plans, or a shop

sign for which no planning consent has been received.

This often results in the errant person being required to put the matter right with the appropriate retrospective planning application.

This year has seen the publication of both the draft District Local Plan and the neighbourhood plan for Chigwell. I am sure that you are aware of the inclusion in the former of several of the lovely green spaces in the Debden part of the town and we are planning for what we may need to do when the comments sent to EFDC are considered and the plan is published early next year. This will then be followed later in the year by the 'examination in public'. We are planning to fight any development to the detriment of our greens with all the tools at our disposal. We already have money set aside for this and more is earmarked from the small increase in our part of the council tax for the coming year. Although the Chigwell plan was rejected by EFDC, sight of it has provided useful information that we may be able to call on in the future.

Without the invaluable support that our planning clerk, Vivienne Messenger who works so hard in keeping on top of all the applications we would have a much harder time. Vivienne is leaving us very shortly to take up a new post as a Democratic Services Officer with EFDC and along with our thanks to her for all her hard work over her time in this role we extend our good wishes for her future in her new position; we will miss her great efficiency in all she does, and her calm and helpful manner.

I would also like to extend my thanks to Cllr Carol Davies, who as well as being town mayor this year has still been a valuable vice chairman; Cllr Phil Abrahams who carries out all the projection of the plans, not an easy task when we want to go back and forth through applications; and to all my fellow committee members for their carefully considered contributions to our meetings. The meetings are frequent and often require us to make site visits before the meeting after we have looked at the plans online at home.

## Epping forest district

### planning our future

#### LOCAL PLAN

## Recreation

### Cllr David Wixley

**I**'m pleased to report that for the second year running the Council has received awards from the Essex Playing Fields Association. The Roding Valley Recreation Ground and the Willingale Road Playing Field both received Gold awards while our playgrounds at Westall Road and Traps Hill also received recognition. The new Traps Hill playground gained an additional award as the overall winner resulting in the Council receiving a cheque for £500 as well as a voucher, worth in excess of £500, from Wicksteed, which can be used for a new piece of playground equipment. Our thanks go to the designer of the playground, Helen Sephton-Pike, (Area Sales Manager for SMP), and also to the Project Manager, Maria Cooke. It is disappointing that this playground has suffered from vandalism with repairs costing £1,750.

Further expense has been incurred as a result of travellers camping on the Hillyfields Open Space with re-possession legal and clean-up costs amounting to £3,942. Most of the Hillyfields Open Space is owned by the Town Council with a smaller section belonging to the City of London. Discussions between those two bodies have taken place on how to prevent further incursions and, following public consultation, it has been agreed to construct a ditch and a bund. Costs for this work will be shared with the cost to the Council estimated at £1,000. Given time, the scheme should blend in and not be detrimental to the appearance of the site.

Other responsibilities of the Committee include the Willingale Road Nature Reserve and Community Orchard where we are grateful for the work carried out by Epping Forest Countrycare and its volunteers. It was also the venue for a "Mad About Moths" evening with 26 species of moths captured, identified, and released unharmed, including the relatively rare Jersey Tiger moth which is widespread in the Mediterranean but is now being found in the London area.

#### On the Roding Valley Recreation Ground:

- 5 noticeboards have been installed and we thank Cllr Tom Owen for providing the orientation maps.
- Park Run events on Saturday mornings are attracting an average of 120 participants.
- The Town Council's annual Charity Fun Run will be held on Sunday 14 May.
- Further hedgerow planting by Epping Forest Countrycare has taken place to screen walls and deter graffiti.
- Tennis coaching sessions, supported by a £400 grant from EFDC, will begin in April; and
- In the summer it is planned to hold basketball sessions.

The Committee has supported community events including skateboarding in conjunction with the Skate Loughton group, Countdown to Christmas held in The Broadway and the Jessel Green Family Fun Day which this year will be held on Sunday 16 July.

#### Murray and Kingsley Halls:

- Income for both halls has increased slightly.
- Improvements to the Murray Hall include new furniture for the foyer, a new PA system and replacement flooring in the Gents WC.
- A £400 grant from Essex County Council to provide Wi-Fi for hirers has been secured.
- We continue to monitor activities at the Loughton Youth Centre, adjacent to the Murray Hall.
- Repairs to the Kingsley Hall roof have been undertaken and further improvement work planned.

Finally, I thank my fellow Committee members and members of the Community Centre Working Party as well as the Town Clerk and officers, for their hard work and contributions throughout the year.





# Environment & Heritage

## Cllr Chris Pond

The Committee has continued to deal as fully as possible with issues in its remit, and the following should be particularly noted:

■ **Allotments** – a very high standard in the best allotment competition this year with the winners presented with their prizes at a ceremony at Willingale Road in the autumn. The Pyrles Lane and Roding Road sites had fencing repairs carried out, and the Grow project progressed very well on the Pyrles Lane site where individual plots had become impossible to let some years back.

■ **Bus Services** – the Committee expressed grave concern regarding Transport for London's proposal to curtail bus route 167. We responded vigorously to the consultation, but along with the many hundred other objectors, were ignored with the service to Debden withdrawn in early March. We agreed to progress the installation of a new bus shelter in Traps Hill opposite the Library.

■ **Waste** – we objected to the proposals by Essex County Council to make changes at recycling centres, whereby DIY waste was to be prohibited. These proposals affected both the Chigwell and Waltham Abbey centres, leading to a 25 mile round trip for Loughton residents to the Harlow centre. We thought the changes might also result in an increase in fly-tipping.

■ **Banners in the High Road** – we investigated the possible reuse of the brackets originally installed in 2012 to house the Olympics lamp

column banners in both the High Road and The Broadway, but the company responsible for them wanted to charge far too much for their reuse.

■ **Local Highway Panel projects** – we suggested that Public Bridleway no 14 from Forest Way to Woodbury Hill be surfaced with hoggin or similar to City of London requirements, to facilitate pedestrian and equestrian access, and install posts to prevent vehicle encroachment and avoid obstruction. A salt and grit bin is due to be installed at Shaftesbury.

■ **War Memorial** – the Remembrance Day ceremony passed off well, with excellent organisation. The WWII memorial from St Mary's Church has been given to the Town Council for safekeeping. This joined the WWI memorials from Lincoln Hall and St Mary's already in storage. Consideration would be given to displaying these in Loughton Library.

■ **Environmental Issues** – we have a new standing agenda item that provides an opportunity to discuss concerns and improve the ambience of the town by tackling adverse factors and promoting positive ones. If you know of an eyesore or site that needs attention let us know.

■ **Air Pollution** – there are growing worries about air quality on and around Loughton's busy roads. In line with the Council's existing Environmental Policy we propose to:

- Replace our diesel vehicle with a petrol, electric, or hybrid alternative;
- Exert pressure on EFDC to monitor and publicise vehicle pollution levels in the District; and on Essex County Council to include a requirement in their bus contracts for companies to incorporate anti-pollution measures on their vehicles;
- Cease (after a reasonable period) to pay mileage to councillors and if possible council staff for any diesel vehicle journeys;
- Require as a contractual condition our contractors to install particulate filters on any equipment they use (e.g. in grass cutting, site maintenance, etc)
- Where relevant, request similar conditions in planning consents;
- Join with relevant bodies such as the Conservators and local GPs to reduce the levels of pollution;
- Lobby relevant committees; and
- Encourage residents, when changing their vehicles, to choose the smallest and least polluting non-diesel cars.
- Encourage the provision of charging points for electric vehicles in Loughton.
- Promote these concerns at the forthcoming meeting of the Epping Forest Branch of the ALC and with the EALCs and NALC.

We continue to thank our officers for their encouragement and hard work.



# Resources & General Services

## Cllr Stephen Pewsey

This committee looks after the finances of the Town Council, and monitors our standards and the quality of our public service.

We are committed to the lowest possible precept – that part of the council tax which is allocated to Loughton Town Council – and the highest standards of openness and integrity.

In terms of transparency, the Annual Town Meeting itself is part of the accountability process: the Town Council's magazine Think Loughton goes through the letterbox of all 14,000 homes in Loughton; the Town Council's website has been completely redesigned and relaunched to make it fit for the social media age, the digital generation; and this year the Town Council will be moving to Loughton Library, where it will be more accessible, and fit better with a range of other services as part of a community hub.

In terms of the precept, we have kept it at the same level for the past eight years, at £49.18 per year for a Band D property. Times have been hard for many, and we've made sure that every penny we spend is efficiently used to provide an effective high quality service for the people of Loughton.

In 2017 however, our town faces an unprecedented challenge. The

District Council's draft Local Plan threatens to build houses on our green spaces and on our car parks. A very large public meeting last year and a following Town Council meeting agreed unanimously that we do not want our village greens to be concreted over. We are committed to defending our town by all means necessary, and that costs money. In order to build up a war-chest to fight the plan, we need to increase the precept.

For 2017-18 we have increased the precept to £51.63 per year for a Band D property; an increase of less than 5p a week. Loughton remains a low-tax town, by far the lowest tax town in the district.

The RGS Committee also awards grants to help good causes, and it's been a privilege to partner with the charities and the voluntary sector to help improve town life. These are the people who give up their time and lend a helping hand. These are our friends and neighbours who have made a difference, and we cannot thank them enough.

Finally, on your behalf, I would like to thank my fellow committee members, my Deputy Chair Jill Angold-Stephens, and the Town Council officers, especially the Town Clerk, Enid Walsh, and particularly this year our Deputy Town Clerk, Shirley Haynes for all their work and support throughout the past year.

Attendance at meetings during the municipal year 2016/17

| Committee/<br>Councillor | Council<br>8 meetings | Planning<br>& Licensing<br>24 meetings | Recreation<br>5 meetings | Environment<br>& Heritage<br>5 meetings | Resources<br>& General<br>Services<br>6 meetings |
|--------------------------|-----------------------|----------------------------------------|--------------------------|-----------------------------------------|--------------------------------------------------|
| P Abraham                | 8                     | 17*                                    |                          |                                         |                                                  |
| J Angold-<br>Stephens    | 6                     | 15*                                    |                          |                                         | 5*                                               |
| P Beales                 | 8                     |                                        | 3                        | 4*                                      | 3                                                |
| R Brookes                | 6                     |                                        | 5*                       |                                         | 1                                                |
| T Cochrane               | 7                     | 19*                                    |                          | 4*                                      |                                                  |
| B Cohen                  | 7                     | 6                                      | 2*                       |                                         |                                                  |
| M Dalton                 | 6                     |                                        |                          |                                         | 6*                                               |
| C Davies                 | 8                     | 15*                                    | 1                        | 4*                                      |                                                  |
| T Downing                | 6                     | 10*                                    | 1                        |                                         |                                                  |
| L Girling                | 6                     |                                        | 2*                       |                                         |                                                  |
| J Jennings               | 7                     | 1                                      |                          | 1                                       | 5*                                               |
| K Latchford              | 7                     | 17*                                    |                          |                                         |                                                  |
| J Mahoney                | 5                     |                                        |                          |                                         | 5*                                               |
| S Murphy                 | 7                     | 16*                                    |                          |                                         |                                                  |
| S Murray                 | 8                     |                                        | 5*                       |                                         | 5*                                               |
| A Omer                   | 6                     |                                        | 3*                       |                                         | 3*                                               |
| T Owen                   | 7                     |                                        |                          | 5*                                      |                                                  |
| S Pewsey                 | 7                     | 1                                      | 5                        | 4*                                      | 6*                                               |
| C C Pond                 | 8                     |                                        |                          | 5*                                      | 1                                                |
| C P Pond                 | 8                     | 1                                      |                          | 5*                                      | 1                                                |
| M Stubbings              | 8                     |                                        | 5*                       |                                         | 1                                                |
| D Wixley                 | 8                     | 2                                      | 5*                       | 5                                       | 6                                                |

\* a member of that committee

Financial Report

| £                                   | 2015/16 | 2016/17** |
|-------------------------------------|---------|-----------|
| Band D precept figure per household | 49.18   | 49.18     |
| Income                              |         |           |
| Precept                             | 586,599 | 594,600   |
| Local Council Tax Support grant     | 49,529  | 40,525    |
| Interest                            | 6,961   | 5,954     |
| Operating income                    | 143,612 | 175,922   |
| Total receipts                      | 786,701 | 817,001   |
| Running Costs                       |         |           |
| Resources & General Services        | 179,042 | 211,367   |
| Environment & Heritage              | 160,423 | 158,093   |
| Recreation                          | 496,833 | 552,994   |
| Planning & Licensing                | 27,121  | 30,068    |
| Total payments                      | 863,419 | 952,522   |
| Summary                             |         |           |
| Balance c/forward                   | 386,338 | 346,555   |
| Add receipts                        | 786,701 | 817,001   |
| Less payments                       | 863,419 | 952,522   |
| Transfer to reserves                | 36,925  | 98,714    |
| Balance c/forward                   | 346,555 | 309,748   |
| Total net assets represented by:    |         |           |
| General fund                        | 346,555 | 309,748   |
| Earmarked reserves                  | 500,841 | 402,127   |
| Overall balances                    | 847,396 | 711,875   |

\*\*Unaudited. For a detailed copy of the accounts please contact the council.

Members’ Allowances 2016/17

| The Parish Basic Allowance for 2016/17 is £108 p.a. |                              |                         |        |
|-----------------------------------------------------|------------------------------|-------------------------|--------|
| Councillor                                          | Parish<br>Basic<br>Allowance | Travel &<br>Subsistence | Total  |
|                                                     | £                            | £                       | £      |
| P Abraham                                           | 108.00                       |                         | 108.00 |
| J Angold-<br>Stephens                               | 108.00                       |                         | 108.00 |
| P Beales                                            | 108.00                       |                         | 108.00 |
| R Brookes                                           | 96.76                        |                         | 96.76  |
| T Cochrane                                          | 96.76                        |                         | 96.76  |
| B Cohen                                             | 0.00                         |                         | 0.00   |
| M Dalton                                            | 96.76                        |                         | 96.76  |
| C Davies                                            | 108.00                       | 98.82                   | 206.82 |
| T Downing                                           | 108.00                       |                         | 108.00 |
| L Girling                                           | 108.00                       |                         | 108.00 |
| J Jennings                                          | 108.00                       |                         | 108.00 |
| K Latchford                                         | 96.76                        |                         | 96.76  |
| J Mahoney                                           | 108.00                       |                         | 108.00 |
| A Omer                                              | 96.76                        |                         | 96.76  |
| T Owen                                              | 96.76                        |                         | 96.76  |
| C C Pond                                            | 108.00                       |                         | 108.00 |
| C P Pond                                            | 108.00                       |                         | 108.00 |
| M Stubbings                                         | 96.76                        |                         | 96.76  |
| D Wixley                                            | 108.00                       | 121.05                  | 229.05 |
| J Bostock*                                          | 11.24                        |                         | 11.24  |
| M Chalk*                                            | 11.24                        |                         | 11.24  |
| H Mann*                                             | 11.24                        |                         | 11.24  |
| T Owen*                                             | 11.24                        |                         | 11.24  |
| T Thomas*                                           | 11.24                        |                         | 11.24  |
| S Weston*                                           | 11.24                        |                         | 11.24  |

\* Term of Office ended on 8 May 2016

The following councillors have renounced their right to claim the allowance: S Pewsey, S Murphy and S Murray

Councillors list, by ward, during the year 2016/17

Alderton Ward

Cllr Philip Abraham  
Cllr Adam Omer  
Cllr Michael Stubbings

Broadway Ward

Cllr Leon Girling  
Cllr John Mahoney  
Cllr Stella Murphy

Fairmead Ward

Cllr Carol Davies  
Cllr Kevin Latchford  
Cllr Tom Owen

Forest Ward

Cllr Jill Angold-Stephens  
Cllr Tessa Cochrane  
Cllr Trevor Downing

Roding Ward

Cllr Rose Brookes  
Cllr Mark Dalton  
Cllr Stephen Murray  
Cllr David Wixley

St John’s Ward

Cllr Stephen Pewsey  
Cllr Caroline Pond  
Cllr Chris Pond

St Mary’s Ward

Cllr Philip Beales  
Cllr Barbara Cohen  
Cllr Judy Jennings

Contact details for the councillors may be viewed at **www.loughton-tc.gov.uk**



■ **25 Jul-22 Aug, Tuesdays 12 noon-3pm Family Fun events** Epping Forest District Museum, 39 – 41 Sun Street, Waltham Abbey, EN9 1EL, £1.50 per child, for full details <https://tinyurl.com/kdlt85v> 01992 716882



■ **25 Jul & 1, 8, 15 & 22 Aug, 1.30-3.30pm Play in the Park** Roding Valley Recreation Ground free children's sessions (see p4)

■ **25 & 26 Jul, 10am-3pm Musical in 2 Days! - Charlie and the Chocolate Factory.** Chigwell Hall, Chigwell, IG7 6BD, £40 (including materials) 5+ years, booking essential 020 8500 2735

■ **26 Jul, 11am-1pm River Dipping** River Roding, Fisherman's Car Park, Roding Lane, Chigwell IG9 6BJ (by David Lloyd Centre) Epping Forest Countrycare, join us for an exciting dip in the River Roding, see what animals live in amongst the stones and play some river games. We will be getting in the river with our nets so wellies are a must! £3 child (age 4-11) & must be accompanied by an adult, to book 01992 564224

■ **27 Jul & 3, 10, 17 & 24 Aug, 1.30-3.30pm Play in the Park** Jessel Green, free children's sessions (see p4)

■ **27 Jul, 7.45pm Italian Quilting** Essex Handicrafts Association Woodlands Branch 020 8508 7657 (see p13)

■ **29 July, 7pm Concert** an evening of music, monologues and more to raise money for Myeloma UK, High Beach Church, Church Lane, Loughton IG10 4BF, tickets £10 to include light buffet, glass wine/soft drink from 07510 195877 or on the door

■ **3 Aug, 10.15am Graham Redcliffe The Book Wot I Wrote** English-Speaking Union, Murray Hall, 106 Borders Lane (see p14)

■ **5 Aug, 11am-4pm Museum Family Fun Day** Epping Forest District Museum, 39 – 41 Sun Street, Waltham Abbey, EN9 1EL, free, no booking required, 01992 716882

■ **7 Aug, 1.30pm-3.30pm How to... Paint: Acrylic** Epping Forest District Museum, 39 – 41 Sun Street, Waltham Abbey, EN9 1EL, £10 7+ years inc materials, booking essential, 01992 716882

■ **10 Aug, 2.30pm-3.30pm Booster Cushion Theatre presents: Alan in Wonderland & the Three Goats Plus** Loughton Library, Traps Hill, Loughton, IG10 1HD, £8, 4+ years, children must be accompanied by an adult, allow 10 mins for registration, booking essential

■ **21 Aug, 10.30am-3.30pm Be an Animator!** Epping Forest District Museum, 39 – 41 Sun Street, Waltham Abbey, EN9 1EL £20 (including materials) 8+ years, wear old clothes and bring a packed lunch. Allow 10 mins for registration, booking essential. 01992 716882

■ **21 Aug, 10am Life Walks,** Grange Farm Loop 2.34 miles, meet at Highwood Lane, Loughton – park in the road, £2 per person 01992 564222

■ **21 Sept, NSPCC tennis tournament 2017** Woodford Wells Tennis Club, Monkham Lane, IG8 ONL, £40 per couple inc buffet lunch judithatrotter@aol.com / ckirkland@btinternet.com



#### High Beach Church

Enjoy a walk in Epping Forest and then visit the church for

■ **Sundays, 2pm-5.30pm, afternoon teas with homemade cakes,** High Beach Church, Church Lane, Loughton IG10 4BF, 07572 111387 / jane.begley@irwinmitchell.com

#### Plus

■ **18 Jun, 2.30pm and 4pm Walk in concerts** free event

■ **2 July, 3pm Sing through the Musicals,** concert by The Woodford Singers with audience participation

■ **8 July, 7pm Concert by The Chingford Singers** £10 a ticket to include light buffet and glass of wine/soft drink on the door or 07572 111387 / jane.begley@irwinmitchell.com

■ **9 July, Tea and Tales,** storytelling by Stephen Fellowes and friends

■ **16 July, 3pm, Concert by Adoramus,** £10 on the door, Sunday teas served as normal

■ **17 July, 7pm, Concert by the Loughton Youth choir**

**Disclaimer: Loughton Town Council takes no responsibility for events organised by external organisations/ individuals that are listed above. Please always check details and availability with the relevant organiser.**

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This brand new Sixth Form consortium, enrolled its first cohort of students in September 2015. Partner schools Debden Park High School, Epping St Johns and Roding Valley High School, have come together to provide the highest standards of Post 16 Education, offering a wide range of A Level and BTEC subjects.

This new Consortium demonstrates an exciting, innovative and forward thinking approach to teaching and learning inspiring all students to achieve their future ambitions.



# LOUGHTON BOWLS CLUB



**We are opening our green to the public on Sunday 25th June from 10am onwards, also every Friday at 5.15pm**

**Come along and have a go. Bar open and hot dogs available on the 25th. Flat soled shoes must be worn**

**11 Acre Rise, Loughton IG10 1AN  
020 8508 3546**

# Volunteer with Girlguiding in Loughton

By Sandra Munns, District Commissioner



**WOULD YOU** like to work with girls and young women to make a difference in your community while developing your skills and making new friends? Then volunteering with Girlguiding could be for you!

Our units in Loughton are in need of more female adult volunteers to help with our Rainbows, Brownies and Guides. We need people who can help at weekly meetings to give girls a space where they can build their confidence, raise their aspirations and have fantastic fun.

Volunteering with us isn't just about campfires and helping girls to get their next badge - although those are special moments that we all share. It's about empowering girls and giving them new experiences. It's being a role model and helping girls to realise their full potential.

In return, we offer support, specialised training and the opportunity to develop new skills, meet new people and have fun! Many women have found this experience invaluable to include on their CVs.

Whether you were in the Brownies or Guides when you were young, or you're new to guiding - we'd love you to come and join us! If you are interested come and speak to us at the Loughton Farmer's Market on 2 July.

Register at [www.girlguiding.org.uk/get-involved/become-a-volunteer](http://www.girlguiding.org.uk/get-involved/become-a-volunteer) or call 07929 487964 / [girlguidinginloughton@virginmedia.com](mailto:girlguidinginloughton@virginmedia.com)

# National Jazz Archive – Loughton's little known treasure

**THE ARCHIVE** has been based in Loughton Library in Traps Hill since it was founded in 1988, thanks to the support of Essex County Council. Its aim is to ensure that the rich heritage of jazz is safeguarded for future generations of enthusiasts, professionals and researchers. It's a registered charity run almost entirely by volunteers.

The Archive holds the UK's finest collection of written, printed and visual material on jazz, blues and related music, from 1919 to the present, with more than 4,000 reference books, magazines, programmes, posters and photographs.

A Heritage Lottery Fund grant in 2011 for 'The Story of British Jazz' project enabled the collection to be conserved and catalogued for the first time. Many items were digitised and can be accessed online.

As part of the current 'Intergenerational Jazz Reminiscence' project, also funded by HLF,

interviews and reminiscences are being recorded and will be available on the Archive's website and in an exhibition 'Say it with Music' at the Forum in Southend. Among the project partners are the Loughton Youth Project.

Regular fundraising jazz concerts are held, often in Loughton Methodist Church, the next being by the gypsy jazz group Trio Manouche on 24 June and singer and broadcaster Clare Teal on 14 September. A monthly e-newsletter keeps supporters up-to-date with concerts, talks, open days and other activities.

The Archive is open on Monday, Tuesday, Wednesday and Friday from 10am to 1pm, and more information is available at [www.nationaljazzarchive.org.uk](http://www.nationaljazzarchive.org.uk)

**Photo: The wonderful clarinettist Dave Shepherd (who sadly died in 2016) pictured at a fundraising concert for the Archive in 2015.**



# Appeal for volunteers



**THIS INDEPENDENT** charity helps find criminals and solve crimes. It runs the anonymous 0800 555 111 phone number which allows members of the public to pass on information about any crime or criminal activity that they know about. The information can also be submitted via a secure online form at [www.crimestoppers-uk.org](http://www.crimestoppers-uk.org)

Anonymous means that none of the caller's personal details are taken and their calls are not recorded or traced. There are times when someone feels unable to talk to the police

directly and that's why Crimestoppers exists - to provide them with an anonymous route to give information about crime.

Essex Crimestoppers are looking for volunteers to become 'Ambassador Coordinators' to help increase the level of intelligence on crime and criminals that are passed onto the police. The Ambassadors programme is a network of organisations or individuals who work with people who are or have been involved in or have knowledge of crime/criminals. Once these organisations have a clear understanding of the secure and anonymous reporting service that Crimestoppers provides, they will then be able to pass that information onto those people that they work with.

There are many organisations and individuals across Essex that have the potential of becoming

Ambassadors and we are looking for volunteers to identify such organisations in their local community, contact them, agree a meeting date and then present the programme.

The 'Ambassador Coordinators' will receive appropriate training and support for their role. The volunteer should feel comfortable speaking to senior representatives of organisations, have good interpersonal and networking skills and enjoy presenting to groups of people (from 2 to maybe 20 or more).

This is a flexible role in the sense that the volunteer can choose the number of days that they wish to work so long as they are able to commit sufficient time to carry out the role in a timely and professional manner.

If you are interested, drop an email to [colin.dobinson@crimestoppers-uk.org](mailto:colin.dobinson@crimestoppers-uk.org)



# Tennis coaching



**OUR NEW** initiative to provide low cost tennis coaching sessions on the Roding Valley Recreation Ground courts during the Easter school holidays proved very popular. Loughton town council plans to provide more regular lessons throughout the year for children.



An Alzheimer's Society initiative

**WHAT IS a Dementia Friend?** Someone who learns a little bit more about what it's like to live with dementia and then turns that understanding into action - anyone of any age can be a Dementia Friend. If you attend a Dementia Friends information session, you'll learn more about the disease and the small ways you can help. From telling friends about Dementia Friends to visiting someone you know living with dementia, every action counts.

We invite you to join one of the Dementia Friends Information Sessions at your local library.

Each session lasts around an hour. You'll learn more about dementia and how you can help to create dementia friendly communities.

■ Loughton Library, Thursday 29 June, 10am-11am.

■ Debden Library, Thursday 21 September, 1.30pm-2.30pm.

Places are limited so pre-book on line at [www.eppingforestdc.gov.uk/bookings](http://www.eppingforestdc.gov.uk/bookings) or call 01992 564226.

If you require any further information, contact Karen Murray on 01992 564222 / [kmurray@eppingforestdc.gov.uk](mailto:kmurray@eppingforestdc.gov.uk) or visit <https://tinyurl.com/l3zwp04> for details of the Epping Forest Dementia Action Alliance.



## Think Loughton

**to promote your business  
in the next issue of Think Loughton  
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Elaine or Tony Dryden

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Email: [mail@totalmediamarketing.co.uk](mailto:mail@totalmediamarketing.co.uk)

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## EPPING FOREST COLLEGE UPCOMING OPEN EVENTS

**Tue 27<sup>th</sup> June 2017**

**4.00pm – 8.00pm**

No appointment necessary – just pop in and say **hello!**

Nearest tube: **Debden (Central line)**, just 20 minutes from Stratford station, easily accessible by bus and close to M11 (Jct. 5) & M25 (Jct. 26).

**CLICK, CALL OR COME & SEE US:**

Epping Forest College | Borders Lane | Loughton | Essex | IG10 3SA

(020) 8508 8311 | [www.efc.ac.uk](http://www.efc.ac.uk) | [enquiry@efc.ac.uk](mailto:enquiry@efc.ac.uk)

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Epping Forest College

# Abbeyfield

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**We have vacancies at Rider House.**

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For more details please contact our chairman on 020 8500 3045, or visit our website:

[www.abbeyfieldloughton.org](http://www.abbeyfieldloughton.org)

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# Regular activities

 Amendments to: [contact@loughton-tc.gov.uk](mailto:contact@loughton-tc.gov.uk)

## ALLOTMENTS

**Loughton Potato Ground**, Baldwins Hill.  
[www.loughtonpotatoground.com](http://www.loughtonpotatoground.com)  
**Roding Road Allotment & Leisure Gardens Association**, Roding Road. [www.rodinroadallotments.co.uk/](http://www.rodinroadallotments.co.uk/)  
**Willingale Road Allotments**, Loughton Town Council 020 8508 4200

## ANIMAL TRAINING

**Epping Green Agility Club** (for dogs), Sunnyside Stables, Epping Green.  
Mondays & Wednesdays, 7.30-9pm (indoors). Mrs Widlake 020 8508 5254  
**Forest Dog Training School Club**, Debden Park Community Centre. Tuesdays, 6.30-7.30pm. 020 8508 3468 / [fdts1@aol.com](mailto:fdts1@aol.com)

## ARTS & CRAFTS

**Creative Art Classes** LifeWorks Centre, Loughton Methodist Church, 260 High Road. £12. Tuesdays & Thursdays. 07944 589998 [www.ruthdronsfield.co.uk](http://www.ruthdronsfield.co.uk)  
**Created Crafts**, 2nd Thursdays, 7.45pm Pam 020 8508 7657  
**Essex Handicrafts Association**, Woodlands Branch, The Studio, Loughton Methodist Church, 260 High Road. 4th Thursdays, 7.45pm. Pam 020 8508 7657  
**Loughton Arts Centre**, 187B High Road (by Lopping Hall). Monday-Saturday 10am-4pm. Local artists & photographers work. 07532 053194 <http://www.loughtonartscentre.org/>  
**The Arts Bar**, Lopping Hall. 2nd Fridays from 7pm. For creative people to meet, view the latest exhibition at Loughton Arts Centre & meet the artist (as above).  
**Thursday Art Group**, Loughton Baptist Church, 92 High Road. Thursdays, 1.30pm £3 (incl tea & biscuits) 020 8502 1379 / [theormes5@hotmail.co.uk](mailto:theormes5@hotmail.co.uk)  
**Woodford & District Floral Arrangement Group**, Churchill Room, Wanstead Library, Spratt Hall Road, E11. 3rd Mondays, 6.45pm for 7.30pm. Visitors £4 <http://nafas.org.uk/nafas-areas/>

## COUNSELLING

**Affordable Counselling Epping Forest** counselling sessions The Box, St John's Road, Epping CM16 5DN  
Thursday mornings 01992 573402 [affordablecounselling@gmail.com](mailto:affordablecounselling@gmail.com)  
**Samaritans**. Free, confidential emotional support for the distressed & despairing available 24/7. 020 8553 9900 / 116 123 / [jo@samaritans.org](mailto:jo@samaritans.org) / [txt 07725 909090](tel:07725909090)

## EDUCATION

**Music Lessons**, Loughton Music Academy, High Road. 020 8502 2992 [www.loughtonmusicacademy.co.uk](http://www.loughtonmusicacademy.co.uk)  
**WEA (Workers' Educational Association)** Loughton & Epping Branch. Mrs Pat Dale 020 8281 1536 / <http://wea-essex.org.uk/branches/loughton-and-epping/>

## FAMILIES

**Butterfly Club** Loughton Methodist Church, 260 High Road. Mondays (term time) 1.30-3pm £1 child (pre-school) with parents/carers [tom@loughtonmethodist.org.uk](mailto:tom@loughtonmethodist.org.uk) 020 8502 3071  
**St Michael's Church**, Roding Road. Causeway Prospects Service for adults with learning difficulties & their families/friends/carers. 1st Sundays, 3.30pm. 020 8418 7944  
**Toddler Church**, Loughton Methodist Church, 260 High Road. (0-5 plus fellowship). Tuesdays (term time), 10am. 020 8502 3071

## FOOD

**Farmers Market**, Centric Parade, High Road. 1st Sundays, 9am-2pm.  
David Linnell 020 8508 2932  
**Loughton Foodbank** Wednesdays, 10.15-11.45am St Mary's Church, 201 High Road & Saturdays, 2-3.30pm Restore Centre, 68 The Broadway. 07402 032313 [www.loughton.foodbank.org.uk](http://www.loughton.foodbank.org.uk)

## GENERAL INTEREST

**Bell ringing**, St John the Baptist Church, Church Lane. Tuesdays, 8-9pm (in tower). No experience necessary. Yvonne Finch 07748 970754  
**Belly dancing**, Epping Forest College, Borders Lane Thursdays, 7.30-9pm beginners £6. Soniya Collins 07759 076443 / [soniyabellydancer@btinternet.com](mailto:soniyabellydancer@btinternet.com)  
**Book groups** Loughton Library, Traps Hill 4th Mondays, 1.30pm 020 8502 0181  
**Calligraphy** for beginners (adults) 07956 544262  
**Deafblind club** Loughton Library, Traps Hill 1st Tuesdays, 2-4pm 020 8502 0181  
**Epping Forest Conservation Volunteers**, The Warren, Epping New Road most Sundays. Kevin Mason 8529 9273 [efcv2@yahoo.co.uk](mailto:efcv2@yahoo.co.uk) [www.efcv.co.uk](http://www.efcv.co.uk)  
**Epping Forest Countrycare**, EFDC's Countryside team. Volunteering projects in district's nature reserves. Thursdays 10am-4pm. 01992 788203 [www.eppingforestdc.gov.uk/index.php/out-and-about/countrycare](http://www.eppingforestdc.gov.uk/index.php/out-and-about/countrycare)  
**Epping Forest & District Stamp Club**, Roding Valley High School, Alderton Hill. 2nd Tuesdays, 7.30pm. 020 8505 5620  
**Essex Wildlife Trust Work Parties**, Roding Valley Nature Reserve. Wednesdays, 10am-4pm. Ranger Michael Poole 07881 815994  
**Film Loughton**. Film screenings locally. [www.filmiloughton.btck.co.uk](http://www.filmiloughton.btck.co.uk)  
**Forest Creative Writers**, Jazz Archive Library, Loughton Library, Traps Hill. Thursdays (term time) 12.45-2.45pm. Peter Relph 020 8508 6313  
**Forest Musical Theatre Company** St Michael's Church, Roding Road. Tuesdays & Wednesdays (rehearsals). [sally@forestmusical.co.uk](mailto:sally@forestmusical.co.uk)  
**Friends of Light & Healing**, Kingsley Hall, Kingsley Road. An evening of clairvoyance. Alternate Thursdays, 7.30 for 8pm. 020 8508 3266  
**Games Morning** Loughton Library, Traps Hill play board games & cards Wednesdays, 10am-12pm led by Loughton Voluntary Care 020 8502 0181  
**HEARS - Herts & Essex Architectural Research Society**, St Michael's Church, Roding Road. £2.50 non-members. 4th Fridays, 8pm. David Stevenson 020 8508 2512 [www.hears.vpweb.co.uk](http://www.hears.vpweb.co.uk) See Dates for the diary.  
**Hornby Railway Collectors Association**, St John's Church Scout Hall, Church Lane. 2nd Thursdays, 5-10pm alternate months. David Southgate 020 8508 7530  
**Loughton Amateur Dramatic Society**, Lopping Hall, High Road. Martin Howarth 020 8508 8644 [www.lads.org.uk](http://www.lads.org.uk) See Dates for the diary.  
**Loughton Astronomical Society**, Scout Hall, Theydon Bois. LAS Astrokysds (6-14 yrs). Thursdays 8-10pm. Brian Morton 01992 815804 [www.las-astro.org.uk](http://www.las-astro.org.uk)  
**Loughton Bowling Club Bridge Section**, Eleven Acre Rise. Thursday afternoons. 020 8502 0237  
**Loughton Bridge Club**, Oak View School, Whitehills Road. Mondays 7.20pm (term time). [fakenhamnewson@hotmail.com](mailto:fakenhamnewson@hotmail.com) [www.bridgewebs.com/loughton/](http://www.bridgewebs.com/loughton/)

**Loughton Camera Club**, Lopping Hall, High Road. Wednesdays, 8-10pm. 01992 575505 [www.loughtoncameraclub.org.uk/](http://www.loughtoncameraclub.org.uk/)  
**Loughton Camera Club/Welcome.html**  
**Loughton Chess Club**, Loughton Bowling Club, Eleven Acre Rise. Wednesdays, 7.30pm. 020 8508 8407 [www.freewebs.com/kengroce/](http://www.freewebs.com/kengroce/)  
**Loughton & District Historical Society**, Loughton Methodist Church, 260 High Road. £2.50 non-members. 2nd Thursdays, 8pm [www.loughtonhistoricalsociety.org](http://www.loughtonhistoricalsociety.org)  
**Loughton & Epping Forest Amateur Radio Society**, All Saints House, Romford Road, Chigwell Row, IG7 4QD. Alternate Fridays, 7.45pm. 020 8502 1645 [www.lefars.org.uk](http://www.lefars.org.uk)  
**Loughton Women's Institute**, Royal British Legion, Jubilee Hall, St Michael's Church, Roding Road 1st Wednesdays, 1.15pm (except 2nd Wednesday in January) Elna Green 020 8508 4514  
**Yarns & Tales** Loughton Library, Traps Hill for a knit, chat & tea 2nd Saturdays 2-4pm 020 8502 0181

## HEALTH

**ADAS (W Essex Alcohol & Drugs Service - by appt)** Rectory Lane Health Centre 01279 641347 / [admin@adasuk.org.uk](mailto:admin@adasuk.org.uk) [www.adasuk.org](http://www.adasuk.org)  
**Breathe Easy (British Lung Foundation)**, Tony Carr 01992 573387  
**Lifewalks** EFDC walking for health scheme various locations Mon, Tues, Thurs 10am & Sat, Sun 10.30am. Karen Murray 01992 564222 / [kmurray@eppingforestdc.gov.uk](mailto:kmurray@eppingforestdc.gov.uk)  
**Loughton Memory Café (Alzheimer's Society)**, Church Hall, Loughton Methodist Church, 260 High Road. 1st & 3rd Mondays, 10am-12pm 01279 427522 [www.alzheimers.org.uk](http://www.alzheimers.org.uk)  
**Memory Café Rotary Club** of Loughton Buckhurst Hill & Chigwell, Loughton Club, 8 Station Road 2nd Fridays 10am-12pm 07984 100379  
**ProActive (W Essex Prostate Cancer men's self-help group)** St Margaret's Hospital, The Plain Epping CM16 6TN. Friday monthly 1-3pm. John Woods 07747 374692 [www.proactive.me.uk](http://www.proactive.me.uk)

## LEISURE ACTIVITIES FOR CHILDREN / YOUNG PEOPLE

**2324 (Chigwell) Squadron, Air Training Corps**, Buckhurst Hill. Mondays & Thursdays evenings (13-17 yrs). 020 8505 3353 [www.2324squadron.org.uk](http://www.2324squadron.org.uk)  
**7th Epping Forest Scout Group**, St Edmund's Church, Traps Hill. Tuesdays: Scouts boys/girls (10½-14½ yrs) 7.30-9pm. Thursdays: Beavers boys/girls (6-8 yrs) 5-6pm & Cubs boys/girls (8-10½) 6.30-7.30pm. Keith Davis 07553 376181  
**16th Epping Forest Beavers** Trinity Church Hall, Mannock Drive. Fridays: Beavers (6-8 yrs) 5.30-6.45pm Cubs (8-10yrs) 6.45-8.30pm Linda Brede 020 8508 4867 / [lulu.brede@ntlworld.com](mailto:lulu.brede@ntlworld.com)  
**30th Loughton Scout Group**, St John's Church, Church Lane. Beavers (6-8 yrs), Cubs (8-10 yrs) & Scouts 10-14 yrs. Paul Snowden GSL 020 8508 4336 / [info@30thloughton.co.uk](mailto:info@30thloughton.co.uk)  
**41st Epping Forest Scout Group**, Lopping Hall, 189 High Road. Mondays 5.45-9pm, Thursdays & Fridays, 6-9pm Beavers, Cubs, Scouts & Explorers girls/boys (6-18) 020 8923 2378 / [agsl41@gmail.com](mailto:agsl41@gmail.com)  
**Baby & Toddler** 20-min session. Loughton Library, Traps Hill. Mondays 10am, Tuesdays 10.30am; Thursdays 2.20pm. 1st Saturdays (Daddy Cool) rhyme time 11am. 020 8502 0181

**Baby & Toddler Group** St Edmund's Parish Hall, Traps Hill. Thursdays 9.30-11.30am (term time) 07770 891912 / [stedmundsplaygroup@gmail.com](mailto:stedmundsplaygroup@gmail.com)  
**Cheeky cherubs stay & play** Loughton Club, 8 Station Road. Tuesdays 9.30-11.30am. 07711 883860 / [cheekycherubstayandplay@aol.com](mailto:cheekycherubstayandplay@aol.com)  
**Girlguiding Loughton South**. Rainbows, brownies & guides (girls 5-13yrs). Leadership opportunities available. 07908 491411. [www.girlguidingloughtonsouth.org.uk](http://www.girlguidingloughtonsouth.org.uk)  
**Grandparent & Toddler Rhymetime** Loughton Library Wednesdays 1.30-2.30pm in partnership with Spurgeon's Children Centre 020 8502 0181  
**ignite (children's & youth activities)** St Mary's Church, 201 High Road 020 8508 3643 [www.stmarysloughton.com](http://www.stmarysloughton.com)  
**Tots Time (0-4)** Mondays 9.30-11am. Forge (Y7-13) Wednesdays 3.30-5.30pm. Shine! Toddler church (2-5) Thursdays 9.45-10.45am.  
After Hours (Y9+) Fridays 8-10pm pool & table tennis & console games etc  
Shooting stars (Y1-6) St Michael's Church field, Roding Road, Wednesdays 4pm  
**Little Angels Baby & Toddler group**, St Michael's Church, Roding Road. Mondays 10-11.30am (term-time) 020 8418 7944  
**Little Oak's Delivery Site**, Torrington Drive. Fun, educational & daily varied sessions for children (0-5) & support for parents. 020 8418 7904  
**Loughton Youth Centre** 106 Borders Lane IG10 3SB. ECC Youth Services in partnership 07557 168088 / [louisa.stirling@essex.gov.uk](mailto:louisa.stirling@essex.gov.uk)  
Accurro: young people with learning difficulties Tuesday 6-9pm  
Action for Family Carers: Young Carers Wednesday 6-9pm (term time) free activities [charles.miles@affc.org.uk](mailto:charles.miles@affc.org.uk)  
Red Balloon Community Theatre: Loughton Youth Theatre Monday 4.30-6.30pm (Y3-7 / chorus) & Monday 7-9pm Y6-11 / principals)  
Spark: advice & support for young people & drop in youth club Monday & Thursday 3.30-5.30pm 020 8508 6743 [worthunlimited.co.uk/branch\\_spark.html](http://worthunlimited.co.uk/branch_spark.html)  
**Loughton Youth Project**, The Space, Loughton Library, Traps Hill. 24-hour online community radio station. Free afterschool / evening café weekdays. Nick Robinson [www.lypradio.com](mailto:www.lypradio.com)  
**Noah's Ark Toddler Group**, Oakwood Hill Estate Community Hall. (U5s). Tuesdays & Thursdays (term time) 10-11.30am. £1 (per family) Catherine Wait 07582 119932  
**Rainbows, Beavers, Brownies, Cubs & Scouts groups**, St Michael's Church, Roding Road. 020 8418 7944  
**Red Balloon Family Community Theatre** Epping Youth Theatre, The Box, St John's Road, Epping Tuesday 5.30-7.30pm (Y3-6) 020 3086 8186 [www.redballoonfamily.co.uk/rbct.htm](http://www.redballoonfamily.co.uk/rbct.htm)  
**Reindeer Explorer Scouts**, St Edmund's Church, Traps Hill. Girls/boys (13½ - 18 yrs). Fridays. Dave Martin 07889 189261  
**Sunrise Children's Centre**, Alderton Hall Lane. Fun, educational & daily varied sessions for children (0-5) & support for parents. 020 8502 5799

**MUSIC**  
**60's music appreciation social group** Loughton Club, 8 Station Road. Last Tuesdays 2-4.30pm 020 8508 8365 / 07761 792691  
**Loughton Folk Club**, 8 Station Road. Live acoustic music. Thursdays, 8pm. Jim 07762 146623 / [loughtonfolkclub@googlegmail.com](mailto:loughtonfolkclub@googlegmail.com)  
**National Jazz Archive**, Loughton Library, Traps Hill Mon-Thurs, Fri, 10am-1pm 020 8502 4701 [www.nationaljazzarchive.org.uk](http://www.nationaljazzarchive.org.uk)

**13 ▶ Roding Players Orchestra** rehearsals, Roding Valley High School, Alderton Hill. No audition. Mondays, 7.30-9.30pm. Miles Harwood 020 8505 4329 [www.rodingplayers.co.uk/](http://www.rodingplayers.co.uk/)  
**South West Essex Choir**, Loughton Methodist Church, 260 High Road. Tuesdays, 7.45-10pm. 01992 812606 [www.southwestessexchoir.org.uk/](http://www.southwestessexchoir.org.uk/)  
**Stand & Deliver Acoustic Open Mic Club**, Royal British Legion, 118 Church Hill. 2nd Tuesdays 8pm. Roy Tyzack [roy.tyzack@btinternet.com](mailto:roy.tyzack@btinternet.com)  
**Woodford Symphony Orchestra** welcomes new string players. Rehearsals Thursdays, 7.45-9.45pm, Roding Valley High School, 020 8924 9370 [wsorchestra.org.uk](http://wsorchestra.org.uk)

#### SOCIAL

**The Buffaloes**, Loughton Club, 8 Station Road. A charitable brotherhood - members (18+). Tuesdays & Thursdays, 8.30pm. [mldja.worsfold@yahoo.co.uk](mailto:mldja.worsfold@yahoo.co.uk) [www.loughtonclub.blogspot.com](http://www.loughtonclub.blogspot.com)  
**Café Hope** St Mary's Church, 201 High Road Monday-Friday 9.15am-2.45pm 020 8508 3643  
**Civil Service Retirement Fellowship**, Loughton Library (Jazz Room), Traps Hill. 3rd Monday, 2pm.  
**Mrs E Vale** 020 8508 2459  
**Forest Probus Club**, County Hotel, 30 Oak Hill, Woodford Green, IG8 9NY. 2nd Fridays. Lunch & speaker. Michael Housley 020 8529 6500  
**Friday Market**, St Michael's Church, Roding Road. Fridays, 10am-12 noon  
**Loughton Probus Club**, Gilwell Park, Chingford. 4th Tuesdays (lunch). Secretary Derek Allen 020 8504 3074 [www.probusloughton.org.uk/](http://www.probusloughton.org.uk/)  
**Over 50s Club**, Oakwood Hill Estate Hall. Daily programme of activities. 020 8508 5743

**Rotary Club of Loughton**, Buckhurst Hill & Chigwell The Blue Boar, Market Place, Abridge, RM4 1UA. Thursdays 6.15pm [www.loughtonrotary.org.uk](http://www.loughtonrotary.org.uk)  
**Royal British Legion Loughton Branch**, 118 Church Hill. Mondays & Thursdays, 8pm (bingo); Tuesdays & Thursdays, 1-4pm line dancing; 2nd & 4th Wednesdays quiz night; last Sundays 1-4pm (jazz @ the RBL) 020 8508 5044 [www.loughtonrbclub.co.uk](http://www.loughtonrbclub.co.uk)  
**Tea Club - Senior Citizens**, St Michael's Church, Roding Road. Alternate 3rd Saturdays 3-4.45pm. 020 8418 7944  
**Wesley Café**, Loughton Methodist Church, 260 High Road Monday-Thursdays 10am-3.30pm; Friday to 3pm & Saturday to 12.30pm 020 8502 3071

#### SPORT

**All-ability Trampoline Club** (disabled people to 19 yrs), Debden Park High School, Willingale Road. Wednesdays 6.45pm-7.45pm. Loughton Flyers Trampoline Club & EFDC. Fabrizio Ferrari 01992 564567 / [fferrari@eppingforestdc.gov.uk](mailto:fferrari@eppingforestdc.gov.uk)  
**Amici Badminton Club**, Roding Valley High School Sports Hall, Alderton Hill. Mondays, 8-10pm. Age 30+. Chris 07713 004996  
**Avenue Lawn Tennis Club**, 18 The Avenue, Friendly family club. Membership: juniors 020 8502 3793 & adults 020 8502 1950  
**Chigwell & Epping Forest Orienteering Club**. Monthly local event & non-local events every weekend. Helen 020 8502 1629 [chig.org.uk](http://chig.org.uk)  
**Colebrook Royals FC**, Grange Farm Pavilion, Grange Farm Lane, Chigwell IG7 6DP. Saturdays & Sundays. 07951 820444 [www.colebrookroyals.co.uk](http://www.colebrookroyals.co.uk)  
**Clubbercise** Murray Hall, 106 Borders Lane. Easy dance workout routines Wednesdays 7.15-9.15pm Lisa 07877 010158

**Epping Forest HF Walking Group** regular Sunday walks in the local area [www.effhg.org.uk](http://www.effhg.org.uk)  
**Epping Forest Sportability Club (EFSC)** Multi-sports club for young people with mild-moderate physical & learning difficulties. Oak View School, Whitehills Road. Saturdays 10am-2pm (term time) [efsc@hotmail.co.uk](mailto:efsc@hotmail.co.uk) [www.efsportability.com](http://www.efsportability.com)  
**Jumping Jens**, St Michael's Church, Jubilee Hall, Roding Road. £4. Tuesdays & Thursdays, 8-9pm. 07866 127522  
**Karate Club** Trinity Church, Mannock Drive. Wednesdays, 6.30-7.30pm 020 8508 7657  
**Katy Little School of Dance**, Loughton. Ballet, tap, jazz, examinations & shows. 4 yrs to adults 07712 106941 / [www.katylittleschoolofdance.co.uk](http://www.katylittleschoolofdance.co.uk)  
**Keep Fit with Caroline** Loughton Methodist Church, Joseph Rank Room, 260 High Road Tuesdays & Thursdays, 10.40-11.40am £5. 07714 467784  
**Loughton Athletic Club**, The Pavilion, South View Road (Roding Valley Recreation Ground). Tuesdays, 7pm. [www.loughtonac.org.uk](http://www.loughtonac.org.uk)  
**Loughton Football Club**, Avondale Close. 8-18 yrs + senior team. Sundays (youth teams), Saturdays (seniors) & weekday evenings (training). Keith Campen 020 8508 4757 [www.loughtonfc.com/contactus.htm](http://www.loughtonfc.com/contactus.htm)  
**Loughton Karate Club**, Loughton Club, Station Road. All ages (from 5+) & all levels welcome. Sundays 4-5.30pm. Stephen O'Brien 07758 341584  
**Loughton Mountaineering Club**, Victoria Tavern, Smarts Lane. Hill walkers & climbers welcome. Mondays, 8.30pm. [www.loughtonmc.org](http://www.loughtonmc.org)  
**Loughton Rugby Football Club**, Hornbeam Road, Buckhurst Hill. Wednesdays (training), 7.15pm. Duncan Kaye 07969 638349 [www.pitchero.com/clubs/loughton](http://www.pitchero.com/clubs/loughton)

**Loughton Wado-Kai Karate Club**, Roding Valley High School Drama Hut, Alderton Hill. All ages. Wednesdays 7pm. 07971 672542 [www.loughtonwadokai.co.uk](http://www.loughtonwadokai.co.uk)  
**Roding Valley Angling Club**. New members welcome. Darren 07716 061273 / [roding.valley.angling.club@gmail.com](mailto:roding.valley.angling.club@gmail.com)  
**Walk - West Essex Ramblers** (sorry no dogs). Weekends, Wed & Thurs. 020 8554 1665 / 07434 902394 [www.westsessexramblers.org.uk](http://www.westsessexramblers.org.uk)  
**Walk for Women** Roding Valley Recreation Ground, Highwood Lane, Oakwood Hill Estate Alternate Thursdays 9.45am for 10am free. Nicky 07873 752353 / [silver.yonder@gmail.com](mailto:silver.yonder@gmail.com)  
**Yoga** - Loughton Bowling Club, Eleven Acre Rise. (Age 50+) For all abilities & medical conditions. Monday, Wednesday & Friday mornings. EFDC Sports Dev 01992 564561

#### TALKS

**Bancroft's Decorative & Fine Arts Society**, Bancroft's Preparatory School Hall, Whitehall Road, Woodford Green. Member of NADFAS. 2nd Tuesdays, 7.15pm for 8pm. 020 8599 6281  
**English-Speaking Union**, Murray Hall, 106 Borders Lane. 1st Thursdays, 10.15am for 10.45am. £4 incl tea/coffee. 020 8505 9001  
**Mothers' Union**, St John's Church in Lady Chapel, Church Lane. 3rd Thursdays, 10.30am for coffee & speaker. Ivy Southgate 020 8508 7530  
**National Trust**, £3 non-members. Refreshments & NT information. 020 8508 9541 See Dates for the diary  
**New Vistas**, Loughton Club, 8 Station Road. Guest speakers. 1st & 3rd Tuesdays 1.45pm. Juliet Hipkin 01992 574552  
**St John's Wives' Group**, St John's Parish Hall, Church Lane. Christine Doughty 020 8504 5057



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