



Think Loughton

News from Loughton Town Council

Summer 2018 No 81



WE ARE DELIGHTED to confirm that this year's event will be held on Sunday 15 July with a programme of activities from 12 noon until 4pm.

There will be plenty on offer for all the family including an 18' climbing wall, horse and carriage rides and kite flying (thanks to the Essex Kite Group). All the inflatables and bouncy castles including the human hamster balls will return together with soft play for young

children. To mark the 2018 Football World Cup, new this year will be human table football and a penalty shootout game.

Individual activities start from 50p a go with all day wristbands from £6. Book online at www.jesselgreen.org.uk for a discount. There will also be community and craft stalls including face painting and, of course, a choice of refreshments. (Contact office to book a stall.) The arena area will provide a programme of live

entertainment throughout the afternoon.

This event is organised by the town council in partnership with Epping Forest Community Church, Restore and the Red Balloon Foundation. We are grateful to John at the Cottage Loaf pub for his sponsorship. There will also be live music at the pub from late afternoon.

Please put the date in your diary now and join us for a great day out for all the family.

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Contact numbers

COUNCIL SERVICES

Loughton Town Council	020 8508 4200
City of London Corp (Epping Forest)	020 8532 1010
Epping Forest District Council	01992 564000
Waste Management Hotline	01992 564608
Essex County Council (ECC)	03457 430 430
Adult Social Care	0345 603 7630
Child Social Care	0345 603 7627
Debden Library	0333 0132654
Education & Schools	0345 603 2200
Loughton Library	0333 0132677
Registrar: Births, ceremonies & deaths	0345 603 7632
Essex Parking Partnership (enquiries)	01206 282316

ADVICE, HELP & INFORMATION

Action for Family Carers	0300 770 80 90
Affordable Counselling Epping Forest	01992 573402
Citizens Advice Bureau	0344 477 0808
Citizens Advice Consumer Service	03454 04 05 06
Epping Forest College	020 8508 8311
Jobcentre Plus (Loughton)	0345 604 3719
NSPCC helpline (freephone)	0808 800 5000
RSPCA cruelty line	0300 1234 999
Samaritans	116 123
SSAFA (Loughton Epping & Harlow)	01206 764114
Trading Standards ECC (business)	0345 603 7626
Victim Support (Essex)	0300 303 0165

COMMUNITY

Age UK Essex	01245 346106
Age UK Advice	0800 678 1174
Care & Repair Service	01992 564086

Churches Together	www.loughtonchurches.org.uk
Epping Forest ReUse	01992 578222
ignite (Youth Activities)	020 8508 3643
Loughton Arts Centre	07532 053194
Loughton Voluntary Care Assoc.	020 8508 6114
Restore Community Centre	020 8508 7247
Royal British Legion (Loughton Branch)	020 8508 5044
Royal Voluntary Service	0845 608 0122
Supporting Carers in Essex	0300 770 80 90
Voluntary Action Epping Forest	01992 564178
Volunteering Enquiries	01992 564256

HEALTH & HOSPITALS

ADAS (Alcohol & Drugs Service)	01279 641347
Alzheimer's Society (Epping Forest)	01279 427522
Breathe Easy Harlow & Epping Forest	01992 573387
British Red Cross	020 8508 2162
Forest Medical Centre	020 8535 6888
The Holly Private Hospital	020 8505 3311
King George	020 8983 8000
Loughton Health Centre	020 8502 5000
NHS Direct	111
Princess Alexandra	01279 444455
Rectory Lane Health Centre	020 8272 4600
Spire Roding (Private)	020 8551 1100
St Margaret's	01279 444455
Whipps Cross	020 8539 5522

LOCAL AMENITY REFUSE POINTS

Essex County Council	www.essex.gov.uk/recyclingcentres
Chigwell IG7 5AA	Luxborough Lane
Waltham Abbey EN9 1JU	Brooker Road

POLICE & FIRE (dial 999 for emergencies)

Essex Police (non-emergency)	101
Action Fraud	0300 123 2040
Anti-terrorist hotline	0800 789321

PUBLIC UTILITIES

UK Power Networks emergency	105
National Gas Emergency Service	0800 111 999
Thames Water 24 hour leakline	0800 714 614

SPORT

David Lloyd Chigwell	0345 129 6783
Debden Sports Club	020 8508 9392
Loughton Athletic Club	07958 903842
Loughton Bowling Club	020 8508 3546
Loughton Cricket Club	020 8502 2064
Loughton Football Club	020 8508 4757
Loughton Leisure Centre (& pool)	020 3225 5460
Loughton Rugby Football Club	07969 638349
South Loughton Cricket Club	07941 347812

TRAVEL & TOURISM

Arriva (traveline)	0344 800 4411
First Essex Customer Services	0345 602 0121
Gatwick Airport: Your service centre	01293 555713
Heathrow Airport	0844 335 1801
London Travel Information	
(TfL & London Underground)	0343 222 1234
Luton Airport	01582 405100
National Express	0871 781 8181
National Rail Enquiries	03457 484950
Southend Airport	01702 538 500
Stansted Airport	0844 335 1803
Tourist Info Centre (Waltham Abbey)	01992 660336
Traveline (public transport information)	0871 200 22 33

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Clerk's Remarks



WELCOME TO the summer edition of Think Loughton which includes an insert, the town council's Annual Report on its work in 2017/18.

I start with a request for information. We will be participating in the national commemorations to mark the day 100 years ago when the

guns fell silent at the end of the First World War. Following the annual Remembrance Day service and parade at the War Memorial on Kings Green on Sunday 11 November 2018, and as darkness falls, we will be lighting a beacon as part of the national tribute, the Battle's Over.

The autumn edition of this newsletter will pay a special tribute to those local people that gave their lives for their country or returned home wounded during or after the dreadful darkness of four years of War 1914 – 1918. We already have a lot of information from our research into the names commemorated on Loughton's War Memorial but welcome your personal family recollections and photographs to be included in the edition. Please contact the town council office if you can help in this regard.

Progress on the Local Plan with its threat to our green spaces has been delayed by a judicial review listed for hearing on 23 and 24 May 2018. We will be watching the outcome of this review closely.

One of our key priorities in the coming months will be the development of plans for a major improvement project on the Roding Valley Recreation Ground centering on the football changing rooms and car park area. It is no longer viable to keep this facility operational as repair costs have been depleting the funds we have for the project. This means that the changing rooms will not be available to hire for football teams during the 2018/19 season.

Other activities on the Recreation Ground will continue as normal with Play in the Park and tennis coaching during the

summer school holidays. The annual charity fun run in late April raised £500 for the Chigwell Riding Trust (see page 7 for a photograph of the winners). Numbers were down on previous years mainly due to the cold weather that day.

Following the success of the Parkrun on Saturday mornings, we are supporting the introduction of a Junior Parkrun on Sunday mornings. This will be for an initial trial period of 3 – 4 months to ensure that this new activity does not inconvenience our other regular users of the Recreation Ground or cause a nuisance to nearby residents.

Finally, don't forget to put Sunday 15 July 2018 in your diaries and join us on Jessel Green for the annual fun day.

Enid K Walsh
Town Clerk

It's football... just walking!

MANY OVER 50'S across the Epping Forest district have returned to the beautiful game and their first step has been to come to our weekly Walking Football session; we will now be starting another session in Loughton.

■ Roding Valley Recreation Ground, Roding Road, Loughton, IG10 3BS

■ Every Saturday morning, 10:30 – 11:30am (5-a-side pitch)

■ £2.50 per session (first week free)

A sport for all abilities -

Walking Football is slow-paced and designed to help people keep an active lifestyle or return to sport after an injury, without letting your age or ability level get in the way! The game is non-contact and any player who sprints or jogs whilst the ball is in play will concede a free kick.

Make new friends – enough about the game itself, the social

side is also a huge part of why Walking Football is becoming so popular across the nation. Weekly sessions give people a chance to make new friends who share a common interest!

Alan, a Leyton Orient fan said, "Walking Football has given me a chance to gradually return to a good level of fitness, whilst having fun at the same time."

Peter said, "I have been attending for the last 3 months and now look forward to the sessions every week; I have met a lot of new people and enjoy socialising at the sessions".

Contact Ezra Folan (Health & Wellbeing Officer) on 01992 564363 or efolan@eppingforestdc.gov.uk

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Loughton Town Council

Town Mayor and Deputy Town Mayor to be appointed on 23 May 2018 Town Clerk: Enid K Walsh

Councillors

ALDERTON WARD

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1 Lancaster Drive
Loughton IG10 3NQ
philabraham2000@gmail.com

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32 Station Road
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CllrAdamOmer@gmail.com

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70 Greenfields
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mick.stubbings@hotmail.com

BROADWAY WARD

Vacancy

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24 Colebrook Gardens
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k.latchford1@ntlworld.com

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15 Lower Park Road
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to4labour@hotmail.co.uk

FOREST WARD

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16 Shaftesbury
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tessa.cochran@ntlworld.com

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RODING WARD

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Cllr David Wixley 020 8418 9284
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ST JOHN'S WARD

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pewsey.stephen@gmail.com

Cllr Caroline Pond 020 8508 2361
Forest Villa, 7 Staples Road
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loughton_ponds@hotmail.com

ST MARY'S WARD

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65 Harwater Drive
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philip.beales@loughtonresidents.co.uk

Cllr Barbara Cohen 020 8502 3242
61 Traps Hill
Loughton IG10 1TD
bcohen61@hotmail.com

Cllr Judy Jennings 020 8508 1861
94 York Hill
Loughton IG10 1JA
cllrjennings@hotmail.co.uk

Committee membership

Committee memberships were finalised at the Annual Council meeting on 23 May 2018 (after Think Loughton went to print). Details of the new Town Mayor, Deputy Town Mayor and the Committees are available on the town council website www.loughton-tc.gov.uk

The views expressed in *Think Loughton* are not necessarily those of Loughton Town Council, and the inclusion of advertisements does not constitute an endorsement by the council of any products or services.

Further copies of *Think Loughton* are available from the Town Council and local libraries. A digital version of *Think Loughton* can be viewed on the council website where a PDF version can be downloaded. It is also available on tape - please call us to request a copy.

Contacting us

For editorial contributions and diary entries, please call 020 8508 4200. For advertising enquiries, please call 01245 790244 / 07942 800865.

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Autumn 2018	9 July
Winter 2018/19	2 Oct

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We do not accept unattributed articles for publication.

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Town Council Meetings

All meetings take place at Loughton Library & Town Hall, Traps Hill, Loughton, IG10 1HD at 7:45pm unless otherwise indicated.

2018

Jun	4	Planning & Licensing
	13	Recreation
	18	Planning & Licensing
Jul	2	Planning & Licensing
	4	Resources & General Services
	16	Planning & Licensing
	18	Council
	30	Planning & Licensing
Aug	20	Planning & Licensing
	29	Recreation

For dates of subsequent meetings, check the council's website.

News round-up



■ **FORMER COUNCILLOR, LEON GIRLING**, resigned from the town council in early March 2018 having served the Broadway Ward since May 2012. Leon expressed his regret not to be able to see out his second term

in office but family and work commitments meant he felt unable to devote sufficient time to his councillor role. The council expressed its appreciation for his work particularly encouraging community events and with the Save Jessel Green campaign.

■ BRENT SMITH

joined us as our Assistant Town Clerk in April. Brent was previously employed by Witham Town Council as their Customer Services Manager and before that he worked in Loughton for over eight years. Brent is very keen to learn all his new responsibilities and is looking forward to attending community events and meeting local residents.



■ **HEATHER, LADY MURRAY**, was remembered at a special memorial service held at Loughton Methodist Church on 26 April 2018. Lady Murray was married for nearly 60 years to the late Lord Murray of Epping Forest,

the former general secretary of the TUC, who died in 2004 and after whom the Murray Hall in Borders Lane was named. She remained active in the local community until her death at the age of 94. We send our condolences to her son, Cllr Stephen Murray and her family.

■ **WE ALSO REMEMBER PETER ADAMS**, one of the four Epping Forest Verderers, who passed away in April 2018. Peter was awarded an MBE in 2015 for voluntary services to the Conservation of Flora and Fauna in South West Essex and East London. We send our condolences to his widow Judy and their family.



■ **THESE POPULAR** children's activity events return during the summer school holidays on Jessel Green and Roding Valley Recreation Ground. See page 9 for full details.

Civic Celebration 2018

THE THEME chosen for this year's celebration by town mayor Philip Abraham was "No act of kindness, no matter how small, is ever wasted". We were impressed by the work of students from Epping Forest College who decorated the hall by creating a 'stained glass window' illustrating the story of this Aesop's fable – the lion with a thorn in its paw and the mouse that helped him.

The highlight of this annual event is the presentation of the Citizenship Awards, an opportunity to celebrate Loughton's wonderful community spirit and some of the people that make a difference in our town.

Our congratulations go to Janet Woods, winner of the citizenship award for her dedicated work for the Epping Forest Citizens Advice and Paula Fairlamb and Loughton Parkrun Team who received a special community award for their dedication to the health and wellbeing of local residents.

A retiring collection raised funds for the town mayor's charities, the Redbridge Samaritans, which serves the Loughton area, and Teens Unite, a teenage cancer charity.



Town mayor Philip Abraham with Janet Woods, Paula Fairlamb and Lady Rosemary Ruggles-Brise DL, who presented the awards

Photo © www.everythingeppingforest.co.uk

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Crimestoppers is appealing to local residents to help play their part in passing on information about crime in the community.

In Essex, information given to the Crimestoppers UK Contact Centre led to more than 300 people being arrested and charged between April and September last year (2017) and numbers continue to increase.

Drug crimes, drink driving and uninsured or disqualified drivers, and possession of weapons are among the highest number of crimes reported.

Crimestoppers is an independent charity that gives people the power to speak up, stay safe and stop crime – 100% anonymously – either by calling the professionally-staffed 24-hour hotline 0800 555 111 or using a non-traceable online form via the Crimestoppers website at www.crimestoppers-uk.org

Chair of Crimestoppers in Essex, Stuart Rawlins, says the charity gives people the ability to speak up to stop crime without fear for their own safety. "Crimestoppers is all about getting through to people who want to make a difference in their local communities. Just one small piece of information that could appear insignificant may be the key that leads to an arrest and charge being made."

Calls and information passed on to Crimestoppers are not recorded and cannot be traced. We do not take any personal details and everyone who contacts us remains 100% anonymous, always.

Crimestoppers in Essex is also looking for volunteers to join its team and help keep communities safer. For more information, visit crimestoppers-uk.org or contact Stuart Rawlins at stuart.rawlins@crimestoppers-uk.org

Crimestoppers is not an emergency service and in the event of an emergency, you should always ring 999.



Cemetery memorials

LOUGHTON CEMETERY in Church Lane first opened for burials in 1888. Since then families have erected memorials to remember their loved ones. Sadly, over the intervening years, many of these memorials have been neglected and fallen into disrepair.

It is worrying to read in the national press about a number of fatal accidents involving memorials. As you would expect, your town council takes the safety of its employees, contractors and visitors to the cemetery very seriously. We are therefore planning to undertake a full safety audit of the memorials in early autumn 2018.

Memorials remain the property of the owner of the exclusive right of burial in the grave. Where repair work is required, we will make every effort to contact the owners but recognise that many will have moved away

from Loughton. In some cases, it will be necessary to lay memorials down as can be seen in the photograph.

The testing will involve a visual inspection and hand testing by experienced contractors. The town council recognises that the assessment process may be upsetting for members of the public and regrets any distress that it may cause. However, it is far better that the memorial is evaluated rather than being left to pose a potential danger to other people.

A copy of our memorial safety policy is displayed on the cemetery noticeboard or may be found at <https://tinyurl.com/y7f54t3g>

If you have an interest in a grave in our cemetery please ensure we have your correct address. For more information, contact our Burial Clerk, Pippa Bryce, at the town council offices who will be pleased to advise you.

Annual town meeting 2018

OVER 70 residents attended this meeting in Murray Hall back in March to hear about the town council's work during 2017/18 and its plans for 2018/19.

This year's guest speaker Heather Scholer, project manager for Epping Forest Foodbank, gave a presentation about the work of this increasingly important local charity and encouraged residents to get involved.

"We don't think anyone in our community should have to face going hungry. That's why we provide three days' nutritionally balanced emergency food and support to local people who are referred to us in crisis. We are part of a nationwide network of foodbanks, supported by The Trussell Trust, working to combat poverty and hunger across the UK.

We provide emergency food parcels to people who live in or near the Epping Forest District who have been referred to us by frontline care professionals."

To find out how to give or receive help visit <https://eppingforest.foodbank.org.uk>



Local charities and groups celebrating their grant awards

Charity fun run



L – R: JC Bramble-Elliott (1st U16), Town Mayor Philip Abraham, Peter Fairlamb (1st male adult), Paula Fairlamb (1st female adult), Jenni and Freya with 'Bella' (1st pooch)

Library volunteers

WE'RE LOOKING for volunteers to get involved and help us deliver the Summer Reading Challenge 2018 to children in Essex libraries. The challenge this year is called Mischief Makers. By volunteering with us you can develop your skills, enhance your CV, meet new people and contribute to your local community. Volunteering feels good!

You'll be working with children and their parents or carers, encouraging them to join the challenge and talking to them about the books they have been reading. Children of all ages are encouraged to read six books and if they complete the challenge they will receive a certificate and a medal. There is an additional scheme for children 10 and over.

The Summer Reading Challenge runs from Saturday 14 July to Saturday 1 September. During this period, we'll ask you to commit to a minimum contribution of 18 hours (approximately 6 sessions of 3 hours each). You're welcome to complete more hours, and it may also be possible to volunteer for the Summer Reading Challenge at other libraries, by arrangement with the Library Supervisor.

If you are interested we'll give you support and training to ensure your experience is rewarding. We look forward to hearing from you!

For more information ask staff in Loughton Library or visit www.libraries.essex.gov.uk

For information on other volunteering roles visit the Essex Libraries website volunteering page: <http://libraries.essex.gov.uk/volunteering-with-libraries/>

What's the most important thing you can do to support your family?

Writing a Will might seem like tempting fate, but it will ensure your family are taken care of at their point of greatest need.

Failing to plan for the future can have expensive and upsetting consequences if you die or are incapacitated. At Prior Knowledge we can help you take the right steps now, to protect your home, safeguard your savings, and ensure your wishes are respected.

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Mobile: 07901 542838

Email: marcoskallou@priorknowledge.co.uk
www.wantwilladvice.co.uk



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Dates for the diary

■ **Tuesdays - Summer school holidays 12noon-3pm Family Fun events** Epping Forest District Museum, 39 – 41 Sun Street, Waltham Abbey, EN9 1EL, £1.50 per child, for full details <https://tinyurl.com/kdlt85v> 01992 716882

■ **7-9 Jun 8pm Much Ado About Nothing** William Shakespeare - probably his most sparkling comedy. Theydon Bois Village Hall, Coppice Row, CM16 7ER Tickets £10 online <https://www.ticketsource.co.uk/theydonboisdramasociety/> 01992 919038 (50p donation to the Royal British Legion for each ticket sold)

■ **7-9 Jun 8pm California Suite** by Neil Simon Loughton Amateur Dramatic Society, Lopping Hall, 189 High Road, £10, 07552 736110 or go to www.lads.org.uk



■ **7 Jun, 12 Jul & 13 Aug 10am Lifewalks** Roding Valley Recreation Ground 2 miles. Meet at Roding Road Car Park, £2 p/person 01992 564222

■ **12 Jun 10-11am or 11am-12noon Pussy Cat, Pussy Cat** Learn a nursery rhyme, share a Story, make a craft. Epping Forest District Museum, 39 – 41 Sun Street, Waltham Abbey, EN9 1EL. Booking essential, 01992 716882 or email museum@eppingforestdc.gov.uk 2-4 years, £1.50 p/child

■ **23 Jun 2.30-4.30pm Julian Marc Stringle Quartet** National Jazz Archive fundraising concert. Loughton Methodist Church, 260 High Road, £15, 020 8502 4701

■ **26 Jun 7-9pm Get creative with your fruit & veg** turn it into art for summer picnics & BBQ garnishes and serving baskets. Adult workshops, £10, contact Victoria Robertson, Community Engagement Officer E: vrobertson@eppingforestdc.gov.uk T: 01992 564226 Booking essential

■ **27 Jun Dover Castle** £30 p/person (£15 per person with English Heritage Membership). Pick up: Morrison's or Homepage. Book/pay at www.eppingforestdc.gov.uk/foreveractive or 01992 564226 (Mon-Fri 10am-4pm). For more info Contact Karen Murray, tel 01992 564222 kmurray@eppingforestdc.gov.uk

■ **5 Jul 10.15am Celia Heath Westfield Chaplaincy at Stratford City** English-Speaking Union, Murray Hall, 106 Borders Lane (see p14)

■ **7 Jul 12noon-3pm Love Loughton** St Marys Church, 201 High Road, IG10 1BB. Fun Day for all the family

■ **10 Jul 10-11am or 11am-12noon Baa Baa Black Sheep** Learn a nursery rhyme, share a story and make a craft. Epping Forest District Museum, 39 – 41 Sun Street, Waltham Abbey, EN9 1EL (Contact details as previous)

■ **14 Jul 7.30pm Roding Players Orchestra summer concert** St Mary's Church, 201 High Rd, £8 (on the door), £7 conc, u11s free, incl refreshments – shirley.fuller55@gmail.com / 07713 113384

■ **14 Jul-1 Sep Mischief Makers** Summer Reading Challenge 2018 Loughton Library, Traps Hill. Created in partnership with The Beano, celebrating its 80th year. Children will be invited into the world of Dennis, Gnasher and all the other Beano Town residents. For children aged 3-12 yrs (special early year's version for babies and toddlers)



■ **15 Jul, 12noon-4pm Community Fun Day** Jessel Green opposite the Cottage Loaf Pub, Jessel Drive Loughton Town Council 020 8508 4200 (see p1)

■ **17 Jul 1-2pm Dementia Friends Information Session** Loughton Library. Learn more about dementia and how you can help to create dementia friendly communities. Places limited, book www.eppingforestdc.gov.uk/bookings or via www.dementiafriends.org.uk or call 01992 564226

■ **19 Jul & 20 Aug 10am Lifewalks** 2.34 miles Grange Farm Loop. Meet at Highwood Lane Car Park, £2 p/person 01992 564222

■ **21 Jul-22 Dec Artist in War and Peace** Exhibition of local artist, Walter Spradbery (1889 – 1969), best known for his London Transport poster designs. Also marks centenary of end of World War I when Spradbery served in Royal Army Medical Corps. Epping Forest District Museum, 39 – 41 Sun Street, Waltham Abbey, EN9 1EL

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Annual Report 2018

In May 2017, I was honoured as well as humbled to be elected as your Town Mayor. I feel privileged to have been given this opportunity to serve the community and I have been delighted to help raise valuable funds to support a number of local charities.

The Town Council has again been very busy and this past year was filled with discussions on how to deal with the Local Plan to save Loughton's green spaces. When the Plan was published in December 2017, the Town Council reacted swiftly to submit its official representation. The Town Council also sought professional advice from a specialist planning consultancy to ensure that our representations were presented making a clear planning case.

The Town Council also successfully completed its strategic move to Loughton Library from the offices at Buckingham Court in July 2017. This makes us more easily accessible to the public and helps secure the future of the library. The move went ahead smoothly and the Town Council is now well settled in its new home on the first floor of the Library.

I have had a wonderful year so far. In my official capacity as Mayor I have attended about 75 events. I received a warm welcome wherever I went. I was amazed by the number of people who came up to me or stopped me to have a selfie with me. In Chinese terms, I would like to call this year 'The year of the Selfie'.

My first official event was the Community Fun Day at our precious Jessel Green. Around 2,000 people gathered for this summer event. The day was blessed with glorious sunshine and it was a great day out for the whole family. The event was organised by Loughton Town Council in partnership with Epping Forest Community Church, Restore and the Red Balloon Family Foundation. The fun aspect of Jessel Green turned serious later in the year when Jessel Green was formally included in the Local Plan to build 154 homes. Jessel Green was the focus of everybody's mind throughout the year. It was wonderful how the community got together mainly through social media to take action to Save Jessel Green and Save Loughton's Greens. This battle continues.

The most solemn occasion during my term was the Remembrance Sunday Parade and Service with some of the war veterans and laying the wreath at the War Memorial. This is organised by the Loughton Branch of the Royal British Legion working with Churches Together in Loughton and the Town Council.

This year's Civic Celebration & Citizenship Awards Ceremony was held at the Murray Hall in February. My choice of theme for the celebration was "No act of kindness, no matter how small, is ever wasted".

The recipient of the 2018 Citizen of the Year Award was Janet Woods who had been volunteering with the Epping Forest Citizens Advice. Janet led this organisation with dedication as chairman of the Board of Trustees for many years.

The Special Award for Community Service went to Paula Fairlamb and the Loughton Parkrun team. Paula and her team work so hard and sacrifice such a lot to keep the event open even during the worst of the winter weather.

It was a pleasure to have in attendance the Deputy Lord Lieutenant, Lady Rosemary Ruggles-Brise, to present the awards. I was delighted that the Chairman of Essex County Council and Epping Forest District Council as well as several mayors and deputy mayors from our neighbouring towns were amongst the guests.

I have also enjoyed attending performances organised by the Loughton Amateur Dramatic Society, the Loughton Operatic Society and the National Jazz Archive.

The Fly a Flag for the Commonwealth, now in its fourth year, was also celebrated by the council, in order to commemorate friendship and co-operation with fellow Commonwealth citizens around the world. 'Towards a Common Future' was a fitting theme for this year's Commonwealth Day.

I would like to thank Deputy Mayor Cllr Stephen Murray for stepping in whenever I was not available, previous Mayor Cllr Carol Davis for her assistance and all my fellow councillors for their support during my term.

I end my report by expressing my sincere thanks to Town Clerk, Enid Walsh for her support at meetings, Pippa Bryce for diligently keeping my diary and all the other staff for the smooth operation of the council – a real quality gold service from a Quality Gold Council.



Loughton Town Council

Loughton Library & Town Hall
Traps Hill
Loughton
IG10 1HD

Tel **020 8508 4200**

Fax **020 8508 4400**

contact@loughton-tc.gov.uk

Town Clerk **Enid K Walsh**

Cllr Philip Abraham

Town Mayor

Planning & Licensing

Cllr Jill Angold-Stephens

Once again the committee has had a very busy year with 23 meetings and over 400 applications considered of which 19 have been for amended plans. With some applicants actively seeking our comments we have managed to get applications amended so that they fit in better with their surroundings and the neighbouring properties. We have speakers at most of our meetings either for or against applications and sometimes both. We always bring these applications forward in the meeting so that speakers do not have to sit through the whole agenda.

There have also been 9 planning appeals on which we have commented. Some have been rejected and some upheld so we feel that our input has been worthwhile.

There have been 19 licensing applications, some for a change of opening hours and some for the sale of alcohol or extended hours for the sale of alcohol. There have also been two appeals at which a member of the committee attended to put our objections forward.

We take each application, be it planning or licensing, on its merits and if we object this means that the application is likely to be considered by the councillors of the District Council's Area Planning Sub-Committee South instead of being decided by council officers.

Our really important work this year has been around the EFDC Local Plan and our response to this. It was finally published just before Christmas with responses having to be returned before the end of January. EFDC's formal submission of the Local Plan for Independent Examination, originally required by 31 March 2018, has been delayed by a judicial review to be held in late May 2018. When the Plan is eventually examined in public by a Planning Inspector, in order to ensure that we put the best possible case for the town we have sought legal advice. We propose to do this again in preparation for the hearing at which we expect to be represented. In order for the inspector to ask for changes to the plan we have to show that parts of it are not soundly based. This is really important as it will affect how the town develops up to 2033 and it could be of benefit or disadvantage to Loughton's residents. My committee has asked the council to provide extra funding for this work triggering a small increase in the community charge for Loughton Town Council.

Before I finish I should like to pay tribute to our new planning clerk, Debra Paris who has settled well into the position. She provides a presentation of all the applications for us to consider and patiently guides us through our work. I would also like to thank my vice-chairman, Cllr Carol Davies, Cllr Philip Abraham who despite his duties as town



mayor has managed to be present to carry out the projection of plans for our consideration and my fellow committee members for their carefully considered contributions to our meetings.

Finally, I would like to mention the Building Design Award that was considered following a number of applications. It was decided by the judges that as none of the applications totally fulfilled the criteria for the award this year we have instead issued certificates of commendation for two properties.

■ The cottage at 1 Kings Green, part of a terrace designed by Horace White in 1908, had undergone an unsympathetic modernisation in the 1960s. Its new owners have restored it to its 1908 appearance with authentic many-paned windows and a proper bay. The commendation was made in accordance with the 'improving conservation areas' part of the Award Scheme.

■ The Crate, part of the Oakwood Hill Industrial Estate, was recently opened by the Town Mayor and he was most impressed by the way shipping containers had been reused to house some 35 start-up shops and offices including a Costa Coffee to serve the estate. This is a pilot project and the way in which it has been developed providing some ninety employment opportunities is worthy of commendation.

Resources & General Services

Cllr Stephen Pewsey

The Resources & General Services Committee manages the Town Council's finances and also makes sure that the Town Council acts openly, transparently and ethically.

Loughton is a low-tax town – a place where it's easier to live and bring up our children, and a place that attracts new business and enterprise. This helps hard-pressed local families and businesses. However, the financial outlook for local government is becoming bleak, and inflation is taking its toll on all our services. Most importantly, Loughton faces the challenge of over-development and the threat to build on our green spaces. We do not want our open spaces concreted over. To defend the town from this threat over the coming months will cost money. So we are increasing the precept by around 5p a week for most households to £53.67 for a Band D property. For around a pound a week, Loughton Town Council continues to invest in a wide range of services which make our neighbourhood a better place; our playgrounds, our allotments, our family events, our community halls, our bus shelters, our street nameplates, our grit bins, to name but a few. Of all the towns in Epping Forest District, Loughton has by far the lowest precept.

While our tax is low, our standards are high. We are answerable to you for the money we spend and for the resources we use. Loughton Town Council sets the standards in audit and accountability. Our books are open and all our actions are in the public domain, and reported online, in our magazine Think Loughton and in the local press.

We believe in our town and the people in it. It is our privilege to work closely with local voluntary groups and charities to make life better for those who need a helping hand. We help fund their projects, ranging from equipment for scouts and guides to days out for the elderly housebound. We support community events such as Loughton Festival. We are proud to be partners of bodies like Citizens Advice Bureau and Loughton Youth Project which are making such a difference in our town. This year, our new apprenticeship scheme shows in a practical way how we invest in Loughton's young people.

We have a wonderful and hard-working team of officers and councillors, and I would like to take this opportunity to thank them all, especially our Town Clerk, Enid Walsh, and the Deputy Chairman of my committee, Jill Angold-Stephens.

Environment & Heritage

Cllr Chris Pond



Environment: The Committee's views on air quality were progressed through the Essex Association of Local Councils, and endorsed by a large majority at the AGM in Dunmow in September 2017. This was followed by a motion at Essex County Council, whose Place Policy and Scrutiny Committee is currently considering the matter. Air quality has been the subject of numerous high-level reports nationally, and is now generally held to be a serious health and environmental problem, so the Committee is pleased to have set the ball rolling, if only in a small way.

■ **Heritage:** A blue plaque was installed on the former bus garage in Church Hill and one to the Oriole Hospital located in Staples Road was agreed. This brings the total of plaques in the town to 40.

No action ensued from the Committee having pressed EFDC to have the Local List revised, even though the Committee, in effect, offered to do the work. It was agreed to repaint some of the white-on-black Chigwell UDC street nameplates, but sanction for this from EFDC is awaited.

The Committee's CIF bid for illustrating the residence of Sir Jacob Epstein in Baldwins Hill was successful and is awaiting implementation. The Council will support the 2018 Heritage Open Days event in early September. Details of the local properties opening their doors will be publicised later in the summer and it is hoped to repeat the "classic car

rally" which proved so popular with residents.

■ **Allotments:** The Committee noted with approval the success of the GROW project, a community allotment on the Pyrles Lane site managed by volunteer, Anne Redelinghuys on behalf of Restore (part of the Above and Beyond Charity). Lettings on the Willingale Road allotment site have increased thanks in part to the work of Allotment Officer, Pippa Bryce.

To celebrate the improvements in local allotment sites, in addition to the annual Best Allotment awards, a Loughton Horticultural Show is to be held in the Murray Hall on 1 September 2018.

■ **Loughton Cemetery:** A memorial safety testing programme will take place later this year. We appreciate that this is a highly sensitive issue for the public but, following a number of fatal accidents in other parts of the country, the Council needs to assess and manage the risks from the memorials.

■ **Street furniture:** The flower baskets in the High Road and Broadway were much appreciated this year, a riot of colour thanks in part to the cooler weather. Christmas lighting displays were again low-key, but with the contract coming up for review, it is hoped to provide more impact in 2018. Without business sponsorship, our limited budget means that lighting displays in Loughton will never manage to compete with those in nearby London boroughs.



I close my report by thanking my fellow committee members and the council staff for their dedication this year.

Recreation

Cllr David Wixley

The Committee has met 5 times in this council year and I'm pleased to start my report with details of the community events that we have supported: The Town Mayor's Annual Charity Fun Run; The Jessel Green Family Fun Day; Teens Unite Charity Fun Run; and Countdown to Christmas

Over £4,000 has been collected at these events for the benefit of the following charities:

Essex & Herts Air Ambulance; Redbridge Samaritans; St Clare Hospice; Teens Unite; Chigwell Riding Trust and Breast Cancer Now

Health & Safety

The Council has a proactive approach to health and safety and our 8 playgrounds and 2 outdoor gyms receive regular inspections by both staff and external qualified inspectors. We have also employed specialists to provide an inventory of the Council's tree stock and to advise on any resulting safety issues. Concern for the wellbeing of our staff has led to the introduction of the lone worker Skyguard system.

I am pleased to report that plans for 4 defibrillators to be installed at various locations in the town are progressing well.

Essex Playing Fields Association Awards

The Council has again been successful in winning awards for the high standards of our play areas and recreation grounds. The Roding Valley Recreation Ground was the Class 1 winner with the Willingale Road Playing Field receiving a Certificate of Merit. Traps Hill playground was the Class 3 runner-up and both Westall Road and Newmans Lane playgrounds received Certificates of Merit. In achieving these awards we are grateful to Paul Hoy, the Services Manager and his team, and the EFDC Grounds Maintenance staff for their excellent work.

Roding Valley Recreation Ground

We have continued to promote children's tennis coaching sessions and the Saturday morning Parkrun has proved popular. The introduction of a junior parkrun on Sunday mornings is under consideration. A new activity is walking football also on Saturday mornings. A major issue to be tackled

in the coming months is the refurbishment of the football changing rooms and surrounding car parking area.

Willingale Road Nature Reserve and Community Orchard

A volunteer day was organised by the EFDC Countrycare team in September with a crop of apples being donated to the Loughton Food Bank.

Jessel Green

Despite concerns about the future of the Green the annual Jessel Green Family Fun Day will be held on Sunday 15 July 2018. The Green, like the Roding Valley Recreation Ground, will also host the Play in the Park events.

Memorial Rose Garden, Roding Road

Diseased Box hedging has had to be removed and replaced with Hedge Germander as recommended by the Royal Horticultural Society. We are grateful to those local residents who generously contributed to the cost of this work.

Kingsley and Murray Halls

Bookings at these popular venues have remained buoyant but it has been decided not to renew the wedding licence for the Murray Hall.

The Committee enjoyed a presentation from EFDC's Community Health & Wellbeing Officers who gave details of the wide range of activities available to all age groups across the district. They plan to meet with local GPs to promote these activities.

I regret to report on two serious cases of vandalism to play equipment; one damaged item has been removed and will not be replaced, while the other one will be replaced with a different, but less vulnerable, piece of equipment.

On a more positive note, I am grateful for the work of four volunteer litter pickers who help keep the Roding Valley Recreation Ground, the Hillyfields Open Space and the Willingale Road Playing Field tidy.

Finally, I thank my fellow committee members and members of our Community Centres Working Party and the Town Clerk and her staff for all their hard work during the last year.

Attendance at meetings during the municipal year 2017/18

Committee/ Councillor	Council 6 meetings	Planning & Licensing 23 meetings	Recreation 5 meetings	Environment & Heritage 4 meetings	Resources & General Services 6 meetings
P Abraham	6	19*			1
J Angold-Stephens	4	16*	1		4*
P Beales	4			3*	3
R Brookes	6		5*		1
T Cochrane	5	21*		4*	
B Cohen	4	4	3*		
M Dalton	6				5*
C Davies	4	16*		3*	
T Downing	4	14*	1		1
L Girling	1		1*		
J Jennings	5	2		1	4*
K Latchford	4	18*			
J Mahoney	3				4*
S Murphy	5	18*			
S Murray	6		5*		2*
A Omer	5	1	3*		2*
T Owen	6			4*	
S Pewsey	4	2	1	2*	5*
C C Pond	6			4*	
C P Pond	6			4*	
M Stubbings	5	8	5*		1
D Wixley	6	1	5*	4	5

* a member of that committee

Financial Report

£	2016/17	2017/18**
Band D precept figure per household	49.18	51.63
Income		
Precept	594,600	634,800
Local Council Tax Support grant	40,525	27,016
Interest	5,954	2,627
Operating income	175,922	153,442
Total receipts	817,001	817,885
Running Costs		
Resources & General Services	211,367	144,340
Environment & Heritage	158,093	161,572
Recreation	552,994	483,058
Planning & Licensing	30,068	32,821
Total payments	952,522	821,791
Summary		
Balance c/forward	847,396	711,875
Add receipts	817,001	817,885
Less payments	-952,522	-821,791
Balance c/forward	711,875	707,969
Total net assets represented by:		
General fund	309,747	320,242
Earmarked reserves	402,128	387,727
Overall balances	711,875	707,969

**Unapproved & unaudited. For a detailed copy of the accounts please contact the council.

Members' Allowances 2017/18

The Parish Basic Allowance for 2017/18 is £108 p.a.			
Councillor	Parish Basic Allowance	Travel & Subsistence	Total
	£	£	£
P Abraham	108.00	37.80	145.80
J Angold-Stephens	108.00		108.00
P Beales	108.00		108.00
R Brookes	108.00		108.00
T Cochrane	108.00		108.00
B Cohen	108.00		108.00
M Dalton	108.00		108.00
C Davies	108.00	13.32	121.32
T Downing	108.00		108.00
L Girling*	91.12		91.12
J Jennings	108.00		108.00
K Latchford	108.00		108.00
J Mahoney	108.00		108.00
A Omer	108.00		108.00
T Owen	108.00		108.00
C C Pond	108.00		108.00
C P Pond	108.00		108.00
M Stubbings	108.00		108.00
D Wixley	108.00	162.90	270.90

* Resigned 1st March 2018

Cllrs S Pewsey, S Murphy and S Murray have renounced their right to claim the allowance.

Councillors list, by ward, during the year 2017/18

Alderton Ward

Cllr Philip Abraham
Cllr Adam Omer
Cllr Michael Stubbings

Roding Ward

Cllr Rose Brookes
Cllr Mark Dalton
Cllr Stephen Murray
Cllr David Wixley

Broadway Ward

Cllr Leon Girling (until 1/03/18)
Cllr John Mahoney
Cllr Stella Murphy

St John's Ward

Cllr Stephen Pewsey
Cllr Caroline Pond
Cllr Chris Pond

Fairmead Ward

Cllr Carol Davies
Cllr Kevin Latchford
Cllr Tom Owen

St Mary's Ward

Cllr Philip Beales
Cllr Barbara Cohen
Cllr Judy Jennings

Forest Ward

Cllr Jill Angold-Stephens
Cllr Tessa Cochrane
Cllr Trevor Downing

Contact details for the councillors may be viewed at www.loughton-tc.gov.uk

■ **23 Jul 2-4pm Comedy Club 4**
Kids and Silly Sports Large Marquee, Chigwell Hall, Chigwell, IG7 6BD, 6+ years £10. Booking essential www.eppingforestdc.gov.uk/holiday-activities (from 4 June) / 01992 564226 (from 2 July)

■ **25 Jul 10.30am-1pm Be a Printmaker** Produce your own posters and cards 8+ years £10.
Epping Forest District Museum (address as previous) Bookings open: online 4 June and by telephone from 2 July. www.eppingforestdc.gov.uk/museum/ 01992 564226

■ **31 Jul & 7, 14, 21 & 28 Aug 1.30-3.30pm Play in the Park** Roding Valley Recreation Ground, (near tennis courts) IG10 3BS, free children's sessions, a range of sports and arts & crafts. No need to book. Contact Michelle Pickett, Community Engagement Officer, EFDC 01992 564269 for full details

■ **1, 8 and 15 Aug 10.30am-12.30pm Drop in and Draw** Epping Forest District Museum (address as previous). All ages welcome £1.50. No need to book

■ **2nd Aug 10.15am Elizabeth Gowring "The Silver Thread"** the history of the Balkan Silver Craftsmanship, English-Speaking Union, Murray Hall, 106 Borders Lane (see p14)

■ **2 Aug 10am Lifewalks** 2.25 miles Roding Valley Nature Reserve. Meet at Roding Valley Nature Reserve Car Park, Chigwell, £2 p/person 01992 564222

■ **2, 9, 16, 23 & 30 Aug 10am-12noon Play in the Park** Jessel Green, Jessel Drive, IG10 2EQ free children's sessions, a range of sports and arts & crafts. No need to book. Contact Michelle Pickett, Community Engagement Officer, EFDC 01992 564269 for full details

■ **3 Aug 10.30am-12noon Little Storytellers** Use your imagination, tell a story through dance, drama and crafts. Forest Room, Jack Silley Pavilion, Epping, CM16 6SP 4+ years £8 Booking essential www.eppingforestdc.gov.uk/holiday-activities (from 4 June) / 01992 564226 (from 2 July)

■ **4 Aug 11am-4pm Family Fun Day** Epping Forest District Museum, 39 - 41 Sun Street, Waltham Abbey, EN9 1EL, free, no booking required

■ **9 Aug 2.30-3.30pm Booster Cushion Theatre presents...**
Old MacDonald & the 3 Pigs Plus
Comical show weaving the song 'Old McDonald' with the story of the Three Pigs Jazz Archive Room, 1st Floor, Loughton Library, Traps Hill, IG10 1HD 4+ years £8 Booking essential www.eppingforestdc.gov.uk/holiday-activities (from 4 June) / 01992 564226 (from 2 July)

■ **16 Aug How to Draw...a Portrait 10.30am-12noon / How to Draw...a Landscape 1.30-3pm** Epping Forest District Museum, (address as previous) 8 - 14 years £8. Booking essential. Bookings open: online 4 June and by telephone from 2 July www.eppingforestdc.gov.uk/museum/ 01992 564226

■ **22 Aug 10.30am-12noon Art and the Garden** Spend a fun morning in the museum garden. Learn how to draw plants from life. Epping Forest District Museum (address as previous) 8 - 14 years £8. Booking essential. Bookings open: online 4 June and by telephone from 2 July www.eppingforestdc.gov.uk/museum/ 01992 564226

■ **22 Aug 12noon-2pm Teddy Bears' Picnic** Linder's Field Local Nature Reserve, Roebuck Lane, Buckhurst Hill, IG9 5QN. Epping Forest Countrycare. Bring along a picnic to enjoy while you join in with bug hunting, crafts, nature trails and more. Don't forget to bring your teddy bear! £3 p/child 3-6 yrs. Booking essential 01992 564224.



■ **22 Aug 2-4pm How to Paint...Like an Artist** Artist led workshop using real artwork from the museum's collection as inspiration. Epping Forest District Museum (address as previous). 8-14 years £10. Bookings open: online 4 June and by telephone from 2 July www.eppingforestdc.gov.uk/museum/ 01992 564226

■ **24 Aug 10.30am-12.30pm Family Fun - Arts and Crafts Drop In** The Limes Centre, Limes Avenue, Chigwell IG7 5LP. All ages £2 per child. No need to book

■ **1 Sep Coach Visit to Norfolk** For more details contact HEARS (Herts & Essex Architectural Society) hears12@aol.com <http://hears.vpweb.co.uk>

■ **14 Sep Whitstable** £13 p/person. Forever Active Day Trips: Pick up: Bus Stops - Morrison's or Homebase. Book/pay at www.eppingforestdc.gov.uk/foreveractive or 01992 564226 (Mon-Fri 10am-4pm). Contact Karen Murray, Forever Active Day Trips Coordinator, for more info kmurray@eppingforestdc.gov.uk or Tel. 01992 564222

Disclaimer: Loughton Town Council takes no responsibility for events organised by external organisations/ individuals that are listed above. Please always check details and availability with the relevant organiser.

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Horticultural Show



THE TOWN COUNCIL

will be holding the inaugural Loughton Horticultural Show on Saturday 1 September from 2pm – 4.30pm at The Murray Hall in Borders Lane.

Classes will include vegetables, fruit, flower arrangements, preserves & cakes; allotmenters, keen gardeners, children and novices are all welcome to have a go – the only restriction is that entrants must live in Loughton.

Admission to the show is free and refreshments will be available. Awards will be presented at 4pm, followed by the presentation of the Town Mayor's Best Allotment Awards.

For more information contact Pippa Bryce at the Town Council on 020 8508 4200.



THE NEW Essex Lottery is a weekly online lottery created to support local causes in Essex. Tickets are only £1 per week! With 60% going to local good causes and prizes up to £25,000! You can choose a specific local charity to support and, if you purchase a ticket from their page on the lottery website, 50% goes to that charity. Why not support the Lopping Hall in Loughton High Road in this way? Supporters must be at least 16 years of age.

Dear resident...

by Lewis Basford, District Commander, Essex Police



SINCE MY last article you may have read the confirmation that Epping Forest District Council has agreed to fund officers and significant progress has already been made to get these officers on the ground. The additional officers will be in the District

by the summer and will be working from Epping Forest District Council offices.

This new team will be focussed on community issues working with the Epping Forest Community Safety Team. They will look at significant local issues. I look forward to writing about what the team have delivered for Loughton residents.

You may have seen the recent monthly release of data that shows residents the volume of work that my team are undertaking each month. I believe that this goes some way in demonstrating the demands on the team from a variety of incidents including Mental Health, Missing People and Domestic Abuse. To see the Graphics each month you can view them via my twitter [@ChInspBasford](https://twitter.com/ChInspBasford) or <https://www.essex.police.uk/your-area/brentwood-epping-forest>

The Community Policing Team has been

listening to your feedback from the local meetings held in the last few months. All the team are soon to be trained to use the speed detection devices so that we can target the roads identified by residents as those requiring enforcement. The device can be used both day and night and the results of our deployments will be published via Twitter and our local District Facebook page.

I'm proud of the work the team have been doing recently around dementia. Sgt Berwick from the Community Team and our Missing Person Liaison Officer Mart East have been attending Dementia Cafes where they have been recording details of those most vulnerable to our missing person database. This allows the team to always be one step ahead with key information if we were ever required to assist in locating them. An excellent initiative that highlights a not seen or heard about area of policing in the local area.

I always want to ensure that residents have a voice and can communicate with my team. If you are having issues locally that you wish to inform the team of you can contact us via the email address EppingForestCommunityPolicingTeam@essex.pnn.police.uk

I've been in the District for just over 12 months now and hope to have the platform again to continue to inform you of the work of the local teams from Loughton Police Station.

LOUGHTON

SATURDAY 7 JULY
12 NOON - 3PM

FUN DAY

Inflatables, rides, local groups & charities, food & good fun!



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Loughton Leisure Centre refurbishment

MANY LOUGHTON residents will no doubt have noticed that work has started on the refurbishment of the Leisure Centre at Traps Hill. The project is part of a district-wide programme of leisure facility upgrades that has come about following the start of a new 20-year contract with Places for People Leisure last April.

As well as the Loughton refurbishment, a brand new £9 million centre is currently being built in Waltham Abbey – due to open in November 2018. Ongar Leisure Centre and Epping Sports Centre are also receiving smaller upgrades and refurbishments.

At Loughton the front half of the building

(where the Octagon was) is being replaced with a split floor facility that will include a bigger gym area as well as more studio space. The swimming pool changing facility is also being entirely upgraded with new lockers, cubicles and tiling. The internal layout of the centre will be changed and the mechanical plant will be upgraded to more efficient and environmentally friendly equipment. At the time of writing the work is on programme to be completed in mid-September 2018.

Residents are more than welcome to pop into the Leisure Centre reception area where there are display boards about the project and the latest information is available.

New trustees wanted!

**citizens
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They are looking for people who have a clear understanding of the needs of the local area to join their Trustee Board to help oversee and develop this much-needed service. The board meets usually four times a year and although the post of Trustee is unpaid it will provide you with a wealth of new experiences and great satisfaction.

For further information and to apply contact Trustee Alison McBrayne on 020 8504 2491 or alison@mcbayne.idps.co.uk

Further information about local and national Citizens Advice services is available on www.efcab.org.uk and www.citizensadvice.org.uk

Epping Forest College Upcoming Open Events



Epping Forest College

Thursday 21st June 2018
4pm–6pm

Your Local College

Epping Forest College | Borders Lane | Loughton | Essex | IG10 3SA

(020) 8508 8311 | www.efc.ac.uk | enquiry@efc.ac.uk

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For more details please contact our House Manager on 020 8508 8887, or visit our website:

www.abbeyfieldriderhouse.com



Regular activities

Amendments to: debra.paris@loughton-tc.gov.uk

ALLOTMENTS

Loughton Potato Ground, Baldwins Hill.
www.loughtonpotatoground.com

Roding Road Allotment & Leisure Gardens Association, Roding Road.
www.rodingroadallotments.co.uk/

Willingale Road Allotments, Loughton Town Council 020 8508 4200

ANIMAL TRAINING

Epping Green Agility Club (for dogs), Sunnyside Stables, Epping Green. Mon & Weds, 7.30-9pm (indoors). Mrs Widlake 020 8508 5254

Forest Dog Training School Club, Debden Park Community Centre. Tues, 6.30-7.30pm. 020 8508 3468 / fdts1@aol.com

ARTS & CRAFTS

Creative Art Classes LifeWorks Centre, Loughton Methodist Church, 260 High Rd. £12. Tues & Thurs. 07944 589998 www.ruthdronsfield.co.uk

Created Crafts, 2nd Thurs, 7.45pm Pam 020 8508 7657

Essex Handicrafts Association, Woodlands Branch, The Studio, Loughton Methodist Church, 260 High Rd. 4th Thurs, 7.45pm. Pam 020 8508 7657

Loughton Arts Centre, 187B High Rd (by Lopping Hall). Mon-Sat 10am-4pm. Local artists & photographers work. 07532 053194 <http://www.loughtonarts.org/>

The Arts Bar, Lopping Hall. 2nd Fri from 7pm. For creative people to meet, view the latest exhibition at Loughton Arts Centre & meet the artist (as above).

Thursday Art Group, Loughton Baptist Church, 92 High Rd. Thurs, 1.30pm £3 (incl tea & biscuits) 020 8502 1379 / theornes5@hotmail.co.uk

Woodford & District Floral Arrangement Group, Churchill Room, Wanstead Library, Spratt Hall Rd, E11. 3rd Mons, 6.45 for 7.30pm. Visitors £4 <http://nafas.org.uk/nafas-areas/>

COUNSELLING

Affordable Counselling Epping Forest The Box, St John's Rd, Epping CM16 5DN Thurs mornings 01992 573402 affordablecounselling@gmail.com

Samaritans. Free, confidential emotional support for the distressed & despairing available 24/7. 020 8553 9900 / 116 123 / jo@samaritans.org / txt 07725 909090

Spark Counselling and Mentoring for young people. Loughton Youth Centre, Borders Lane, Loughton 020 8508 6743 Spark@worthunlimited.co.uk Free service - donations accepted

EDUCATION

Music Lessons, Loughton Music Academy, High Rd. 020 8502 2992 www.loughtonmusicacademy.co.uk

WEA (Workers' Educational Association) Loughton & Epping Branch. Mrs Pat Dale 020 8281 1536 / <http://wea-essex.org.uk/branches/loughton-and-epping/>

FAMILIES

Butterfly Club Loughton Methodist Church, 260 High Rd. Mons (term time) 1.30-3pm £1 child (pre-school) with parents/carers tom@loughtonmethodist.org.uk 020 8502 3071

Toddler Church, Loughton Methodist Church, 260 High Rd. (0-5 plus fellowship). Tues (term time), 10am. 020 8502 3071

FOOD

Farmers Market, Centric Parade, High Rd. 2nd Suns, 9am-2pm. David Linnell 020 8508 2932

Loughton Foodbank Weds, 10.15-11.45am, St Mary's Church, 201 High Rd & Sats, 2-3.30pm, Restore Centre, 68 The Broadway. 07402 032313 www.loughton.foodbank.org.uk

GENERAL INTEREST

Bell ringing, St John the Baptist Church, Church Lane. Tues, 8-9pm (in tower). No experience necessary. Yvonne Finch 07748 970754

Book Groups Loughton Library, Traps Hill 4th Mons, 1.30pm 020 8502 0181

Calligraphy for beginners (adults) 07956 544262

Deafblind Club Loughton Library, Traps Hill 1st Tues, 2-4pm 020 8502 0181

Epping Forest Conservation Volunteers, The Warren, Epping New Rd most Suns. Kevin Mason 8529 9273 efcv2@yahoo.co.uk www.efcv.co.uk

Epping Forest Countryside, EFDC's Countryside team. Volunteering projects in district's nature reserves. Thurs 10am-4pm 01992 788203 www.eppingforestdc.gov.uk/index.php/out-and-about/countryside

Epping Forest & District Stamp Club, Roding Valley High School, Alderton Hill. 2nd Tues, 7.30pm. 020 8505 5620

Essex Wildlife Trust Work Parties, Roding Valley Nature Reserve. Weds, 10am-4pm. Ranger Michael Poole 07881 815994

Film Loughton. Film screenings locally. www.film.loughton.btck.co.uk

Forest Creative Writers, Jazz Archive Library, Loughton Library, Traps Hill. Thurs (term time) 12.45-2.45pm. Peter Relph 020 8508 6313

Forest Musical Theatre Company, St Michael's Church, Roding Rd. Tues & Weds (rehearsals). sally@forestmusical.co.uk

Friends of Light & Healing, Kingsley Hall, Kingsley Rd. An evening of clairvoyance. Alternate Thurs, 7.30 for 8pm. 020 8508 3266

Games Morning Loughton Library, Traps Hill. Play board games & cards. Weds, 10am-12pm led by Loughton Voluntary Care 020 8502 0181

HEARS - Herts & Essex Architectural Research Society, St Michael's Church, Roding Rd. £2.50 non-members. 4th Fri, 8pm. David Stevenson 020 8508 2512 www.hears.vpweb.co.uk See Dates for the diary.

Hornby Railway Collectors Association, St John's Church Scout Hall, Church Lane. 2nd Thurs, 5-10pm alternate months. David Southgate 020 8508 7530

Loughton Amateur Dramatic Society, Lopping Hall, High Rd. Martin Howarth 020 8508 8644 www.lads.org.uk See Dates for the diary.

Loughton Astronomical Society, Scout Hall, Theydon Bois. LAS Astrokids (6-14 yrs). Thurs 8-10pm. Brian Morton 01992 815804 www.las-astro.org.uk

Loughton Bowling Club Bridge Section, Eleven Acre Rise. Thurs pm. 020 8502 0237

Loughton Bridge Club, Oak View School, Whitehills Rd. Mons 7.20pm (term time) fakenhamnewson@hotmail.com www.bridgewebs.com/loughton/

Loughton Camera Club, Lopping Hall, High Rd. Weds, 8-10pm. 07775 933 371 www.loughtoncameraclub.org.uk/ Loughton_Camera_Club/Welcomes.html

Loughton Chess Club, Loughton Bowling Club, Eleven Acre Rise. Weds, 7.30pm. 020 8508 8407 www.freewebs.com/kengroce/

Loughton & District Historical Society, Loughton Methodist Church, 260 High Rd. £2.50 non-mems. 2nd Thurs, 8pm www.loughtonhistoricalsociety.org

Loughton & Epping Forest Amateur Radio Society, All Saints Hse, Romford Rd, Chigwell Row, IG7 4QD. Alt. Fri 7.45pm 020 8502 1645 www.lefars.org.uk

Loughton Women's Institute, Royal British Legion, Jubilee Hall, St Michael's Church, Roding Rd 1st Weds, 1.15pm (except 2nd Weds in January) Elna Green 020 8508 4514

Yarns & Tales Loughton Library, Traps Hill for a knit, chat & tea 2nd Sats 2-4pm 020 8502 0181

HEALTH

ADAS (W Essex Alcohol & Drugs Service - by appt) Rectory Lane Health Centre 01279 641347 / admin@adasuk.org.uk www.adasuk.org

Breathe Easy (British Lung Foundation), Tony Carr 01992 573387

Lifewalks EFDC walking for health scheme various locations Mon, Tues, Thurs 10am & Sat, Sun 10.30am. Karen Murray 01992 564222 / kmurray@eppingforestdc.gov.uk

Loughton Memory Café (Alzheimer's Society), Church Hall, Loughton Methodist Church, 260 High Rd. 1st & 3rd Mons, 10am-12pm 01279 427522 www.alzheimers.org.uk

Memory Café Rotary Club of Loughton Buckhurst Hill & Chigwell, Loughton Club, 8 Station Rd 2nd Fri 10am-12pm 07984 100379

ProActive (W Essex Prostate Cancer men's self-help group) St Margaret's Hospital, The Plain Epping CM16 6TN. Fri monthly 10.30am-2.30pm. Anthony Dollimore 07973 345094 www.proactive.me.uk

LEISURE ACTIVITIES FOR CHILDREN / YOUNG PEOPLE

2324 (Chigwell) Squadron, Air Training Corps, Buckhurst Hill. Mons & Thurs evenings (13-17 yrs). 020 8505 3353 www.2324squadron.org.uk

7th Epping Forest Scout Group, St Edmund's Church, Traps Hill. Tues: Scouts boys/girls (10½-14½ yrs) 7.30-9pm. Thurs: Beavers boys/girls (6-8 yrs) 5-6pm & Cubs boys/girls (8-10½) 6.30-7.30pm. Keith Davis 07553 376181

16th Epping Forest Beavers Trinity Church Hall, Mannock Drive. Fri: Beavers (6-8 yrs) 5.30-6.45pm Cubs (8-10yrs) 6.45-8.30pm Linda Brede 020 8508 4867 / lulu.brede@gmail.com

30th Loughton Scout Group, St John's Church, Church Lane. Beavers (6-8 yrs), Cubs (8-10 yrs) & Scouts (10-14 yrs) Paul Snowden GSL 020 8508 4336 / info@30thloughton.co.uk

41st Epping Forest Scout Group, Lopping Hall, 189 High Rd. Mons 5.45-9pm Thurs & Fri, 6-9pm Beavers, Cubs, Scouts & Explorers girls/boys (6-18) 020 8923 2378 / agsl41@gmail.com

Baby & Toddler 20-min session. Loughton Library, Traps Hill. Mons 10am Tues 10.30am; Thurs 2.20pm. 1st Sats (Daddy Cool) rhyme time 11am. 020 8502 0181

Baby & Toddler Group St Edmund's Parish Hall, Traps Hill. Thurs 9.30-11.30am (term time) 07770 891912 / stedmundsplaygroup@gmail.com

Cheeky cherubs stay & play Loughton Club, 8 Station Rd. Tues 9.30-11.30am. 07711 883860 / cheekycherubstayandplay@aol.com

Girlguiding Loughton South. Rainbows, brownies & guides (girls 5-13yrs). Leadership opportunities available. 07908 491411. <http://www.girlguidingloughton.org.uk>

ignite (children's & youth activities) St Mary's Church, 201 High Rd 020 8508 3643 www.stmarysloughton.com

Tots Time (0-4) Mons 9.30-11am. Forge (Y7-13) Weds 3.30-5.30pm. Shine! Toddler church (2-5) Thurs 9.45-10.45am. After Hours (Y9+) Fri 8-10pm pool & table tennis & console games etc. Shooting stars (Y1-6) St Michael's Church field, Roding Rd, Weds 4pm

Little Angels Baby & Toddler group, St Michael's Church, Roding Rd. Mons 10-11.30am (term-time) 020 8418 7944

Little Oak's Child & Family Wellbeing Service, 020 8508 0932, please see our Facebook page for programme details **Loughton Youth Centre** 106 Borders Lane IG10 3SB. ECC Youth Services in partnership 07557 168088 / louisastirling@essex.gov.uk

Accurro: young people with learning difficulties Tues 6-9pm. Action for Family Carers: Young Carers Weds 6-9pm (term time) free activities charles.miles@affc.org.uk

Spark Youth Club - Mon/Thurs 3.30-5.30pm term time Age 11-16, 020 8508 6743 Spark@worthunlimited.co.uk

Loughton Youth Project, The Space, Loughton Library, Traps Hill. 24-hour online community radio station. Free afterschool / evening café weekdays. Nick Robinson www.lyradio.com/

Noah's Ark Toddler Group, Oakwood Hill Estate Community Hall. (U5s). Tues & Thurs (term time) 10-11.30am. £1 (p/family) Catherine Wait 07582 119932

Rainbows, Brownies, Cubs & Scouts Groups, St Michael's Church, Roding Rd. 020 8418 7944

Red Balloon Family, Epping Drama Club 7-16yrs Tues 5.45-7.45pm @ The Box, Epping, CM16 5DN 020 3086 8186 www.rbf.org.uk

Red Balloon Family, UpStage Theatre Company 7-14yrs Mon 5-7pm; 14yrs+ Mon 7-10pm @ Lopping Hall, Loughton, IG10 4LF 020 3086 8186 www.rbf.org.uk

Reindeer Explorer Scouts, St Edmund's Church, Traps Hill. Girls/boys (13½-18 yrs). Fri. Dave Martin 07889 189261

MUSIC

60's music appreciation social group

Loughton Club, 8 Station Rd. Last Tues 2-4.30pm 020 8508 8365 / 07761 792691

Loughton Folk Club, 8 Station Rd. Live acoustic music. Thurs, 8pm. Jim 07762 146623 / loughtonfolkclub@googlemail.com

Loughton Operatic Society, Lopping Hall, High Rd, 020 8505 2033. loughtonoperaticsociety@hotmail.com www.loughtonoperatic.org.uk Rehearsals Tues & Thurs

National Jazz Archive, Loughton Library, Traps Hill Mon-Weds, Fri, 10am-1pm 020 8502 4701 www.nationaljazzarchive.org.uk

Roding Players Orchestra rehearsals, Roding Valley High School, Alderton Hill. No audition. Mons, 7.30-9.30pm. Miles Harwood 020 8505 4329 www.rodingplayers.co.uk/

South West Essex Choir, Loughton Methodist Church, 260 High Rd. Tues, 7.45-10pm. 01992 812606 www.southwestessexchoir.org.uk/

Stand & Deliver Acoustic Open Mic Club, Royal British Legion, 118 Church Hill. 2nd Tues 8pm. Roy Tyzack roy.tyzack@btinternet.com

13 ▶ **Woodford Symphony Orchestra** welcomes new string players. Rehearsals Thurs, 7.45-9.45pm, Roding Valley High School, 020 8924 9370 www.wsorchestra.org.uk

SOCIAL

The Buffaloes, Loughton Club, 8 Station Rd. A charitable brotherhood - members (18+). Tues & Thurs, 8.30pm. mljajaworsfold@yahoo.co.uk www.loughtonclub.blogspot.com

Café Hope St Mary's Church, 201 High Rd Mon-Fri 9.15am-2.45pm 020 8508 3643

Chit Chat Club, St Michael's Church, Roding Rd, 1st Thurs, 1-3pm. Social activities & games, refreshments, company. 020-8418 7944

Civil Service Retirement Fellowship, Loughton Library (Jazz Room), Traps Hill. 3rd Mon, 2pm. Mrs E Vale 020 8508 2459

Forest Probus Club, Gilwell Park, E4. 2nd Fri. Lunch & speaker. New members welcome. Chairman Brian Cook 0208 5320227

Friday Market, St Michael's Church, Roding Rd. Fri, 10am-12 noon

Loughton Probus Club, Gilwell Park, Chingford. 4th Tues (lunch). Secretary Derek Allen 020 8504 3074 www.probusloughton.org.uk/

Over 50s Club, Oakwood Hill Estate Hall. Daily programme of activities. 020 8281 5680

Rotary Club of Loughton, Buckhurst Hill & Chigwell The Blue Boar, Market Place, Abridge, RM4 1UA. Thurs 6.15pm www.loughtonrotary.org.uk

Royal British Legion Loughton Branch, 118 Church Hill. Mons & Thurs, 8pm (bingo); Tues & Thurs, 1-4pm line dancing; 2nd & 4th Weds quiz night; last Sun 1-4pm (jazz @ the RBL) 020 8508 5044 www.loughtonrblclub.co.uk

Tea Club - Senior Citizens, St Michael's Church, Roding Rd. Alternate 3rd Sats 3-4.45pm. 020 8418 7944

Wesley Café, Loughton Methodist Church, 260 High Rd Mon-Thurs 10am-3.30pm; Fri to 3pm & Sat to 12.30pm 020 8502 3071

SPORT

All-ability Trampoline Club (disabled people to 19 yrs), Debden Park High School, Willingale Rd. Weds 6.45-7.45pm. Loughton Flyers Trampolining Club & EFDC. Fabrizio Ferrari 01992 564567 / fferrari@eppingforestdc.gov.uk

Amici Badminton Club, Roding Valley High School Sports Hall, Alderton Hill. Mons, 8-10pm. Age 30+. Chris 07713 004996

Avenue Lawn Tennis Club, 18 The Avenue, Friendly family club. Membership: juniors 020 8502 3793 & adults 020 8502 1950

Chigwell & Epping Forest Orienteering Club. Monthly local event & non-local events every weekend. Helen 020 8502 1629 chig.org.uk

Colebrook Royals FC, Grange Farm Pavilion, Grange Farm Lane, Chigwell IG7 6DP. Sats & Suns 07951 820444 www.colebrookroyals.co.uk

Clubercise Murray Hall, 106 Borders Lane. Easy dance workout routines Weds 7.15-9.15pm Lisa 07877 010158

Epping Forest HF Walking Group regular Sunday walks in the local area www.effhg.org.uk

Epping Forest Sportability Club (EFSC) Multi-sports club for young people with mild-moderate physical & learning difficulties. Oak View School, Whitehills Rd. Sats 10am-2pm (term time) efsc@hotmail.co.uk www.efsportability.com

Jumping Jens, St Michael's Church, Jubilee Hall, Roding Rd. £4. Tues & Thurs, 8-9pm. 07866 127522

Karate Club Trinity Church, Mannock Drive. Weds, 6.30-7.30pm 020 8508 7657

Katy Little School of Dance, Loughton. Ballet, tap, jazz, examinations & shows. 4 yrs to adults 07712 106941 / www.katylittleschoolofdance.co.uk

Keep Fit with Caroline Loughton Methodist Church, Joseph Rank Room, 260 High Rd Tues & Thurs, 10.40-11.40am £5. 07714 467784

Loughton Athletic Club, The Pavilion, South View Rd (Roding Valley Rec Ground). Tues, 7pm. www.loughtonac.org.uk

Loughton Fencing Club Weds, term-time, Debden Park High School, Willingale Rd. All abilities, equipment supplied free. Jhrs 7-8.30pm, snrs 7.30-9pm. First session free. info@loughtonfencingclub.co.uk

Loughton Football Club, Avondale Close. 8-18 yrs + senior team. Suns (youth teams), Sats (snrs) & weekday evenings (training). Keith Campen 020 8508 4757 www.loughtonfc.com/contact-us

Loughton Karate Club, Lopping Hall. All ages & all levels. Suns 5-6pm + weekday evenings. Stephen O' Brien 07758 341584. ALSO **Women's Self-Defence Class** - see website <http://loughtonkarateclub.co.uk/>

Mountain Climbing Club, Victoria Tavern, Smarts Lane. Hill walkers & climbers welcome. Mons 8.30pm. www.loughtonmc.org

Lopping Hall community hall in Loughton IG10. Events and shows, rooms to let, dance and keep fit classes, Art Centre. For more info: loppinghallmanager@gmail.com / www.loppinghall.org.uk/ 020 8508 1660

Loughton Rugby Football Club, Hornbeam Rd, Buckhurst Hill. Weds (training), 7.15pm. Duncan Kaye 07969 638349 www.pitchero.com/clubs/loughton

Loughton Wado-Kai Karate Club, Roding Valley High School Drama Hut, Alderton Hill. All ages. Weds 7pm. 07971 672542 www.loughtonwado-kai.co.uk

Roding Valley Angling Club. New members welcome. Darren 07716 061273 / roding.valley.angling.club@gmail.com

Walk - West Essex Ramblers (sorry no dogs). Weekends, Wed & Thurs. 020 8554 1665 / 07434 902394 www.westessexramblers.org.uk

Walk for Women Roding Valley Recreation Ground, Highwood Lane, Oakwood Hill Estate Alternate Thurs 9.45 for 10am free. Nicky 07873 752353 / silver.yonder@gmail.com

Yoga - Loughton Bowling Club, Eleven Acre Rise. (Age 50+) For all abilities & medical conditions. Mon/Weds & Friday mornings. EFDC Sports Dev 01992 564561

TALKS

Bancroft's Decorative & Fine Arts Society, Bancroft's Preparatory School Hall, Whitehall Rd, Woodford Green. Member of NADFAS. 2nd Tues, 7.15 for 8pm. 020 8599 6281

English-Speaking Union, Murray Hall, 106 Borders Lane. 1st Thurs, 10.15 for 10.45am. £4 incl tea/ coffee. 020 8505 9001 / 01992 8127944

Mothers' Union, St John's Church in Lady Chapel, Church Lane. 3rd Thurs, 10.30am for coffee & speaker. Ivy Southgate 020 8508 7530

National Trust, £3 non-members. Refreshments & NT info. 020 8508 9541 See Dates for the diary

New Vistas, Loughton Club, 8 Station Rd. Guest speakers. 1st & 3rd Tues 1.45pm. Juliet Hipkin 01992 574552

St John's Wives' Group, St John's Parish Hall, Church Lane. Christine Doughty 020 8504 5057



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