



Think Loughton

News from Loughton Town Council

Summer 2020 No 89

Annual Town Meeting

THE ANNUAL TOWN MEETING

was held at the Murray Hall on 11 March, where we welcomed many Loughton residents to what transpired to be one of our last council meetings before this dreadful Coronavirus pandemic took a hold and the Government required all citizens to stay at home to protect the NHS and to save lives.

The meeting was an opportunity for local groups to exhibit displays informing the local community about their organisations; and for Councillors to take questions on local issues and advise residents of the work the Town Council had undertaken over the last year to help improve or maintain the areas it has responsibility for. The evening also included the presentation of various awards granted by the Council.

The Town Mayor, Cllr Stella Murphy, presented the Citizenship Award to Judy Lovell, in recognition of dedicated service to the community, saying "Judy was nominated for the award for her dedication and tireless work on the Debden Broadway Estate through her roles within the Restore Community Church and the Oakwood Hill Community Centre. Judy has a huge impact on those who are in need, lonely, vulnerable, or suffer from mental health issues and drug and alcohol abuse. She is compassionate, empathetic,

professional and extremely caring. She is hands on and has set up coffee mornings, games afternoons, senior citizen events, Christmas dinners, social events, creative art courses for women and so much more. Judy is extremely active and goes above and beyond to assist

the community whether they fall into her remit or not."

Accepting her award Judy received a silver engraved rose bowl, along with a scroll and cheque for £250 for her chosen charity, Restore Community.

The Loughton Building Design

Award was presented to the successful homeowners and architect (see p5) along with certificates to representatives from some of the local groups and charities that will receive financial assistance from the Town Council in 2020/21.



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Epping Forest District Council	01992 564000
Waste Management Hotline	01992 564608
Essex County Council (ECC)	03457 430 430
Adult Social Care	0345 603 7630
Child Social Care	0345 603 7627
Debden Library	0333 0132654
Education & Schools	0345 603 2200
Loughton Library	0333 0132677
Registrar: Births, ceremonies & deaths	0345 603 7632
Essex Parking Partnership (enquiries)	01206 282316

ADVICE, HELP & INFORMATION

Action for Family Carers	0300 770 80 90
Affordable Counselling Epping Forest	01992 573402
Citizens Advice	0300 330 2107
Citizens Advice Consumer Service	03454 04 05 06
Epping Forest College	020 8508 8311
Jobcentre Plus (Loughton)	0345 604 3719
NSPCC helpline (freephone)	0808 800 5000
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SSAFA (Loughton Epping & Harlow)	01206 764114
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Victim Support (Essex)	0300 303 0165

COMMUNITY

Age UK Essex	01245 346106
Age UK Advice	0800 678 1174
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Churches Together	www.loughtonchurches.org.uk
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ignite (Youth Activities)	020 8508 3643
Loughton Arts Centre	07532 053194
Loughton Voluntary Care Assoc.	020 8508 6114
Restore Community Centre	020 8508 9883
Royal British Legion (Loughton Branch)	020 8508 5044
Royal Voluntary Service	0845 608 0122
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Voluntary Action Epping Forest	01992 910701
Volunteering Enquiries	01992 284761

HEALTH & HOSPITALS

ADAS (Alcohol & Drugs Service)	01279 641347
Alzheimer's Society (Epping Forest)	01279 427522
Breathe Easy Harlow & Epping Forest	01992 573387
British Red Cross	020 8508 2162
Forest Medical Centre	020 8535 6888
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King George	020 8983 8000
Loughton Health Centre	020 8502 5000
NHS Direct	111
Princess Alexandra	01279 444455
Rectory Lane Health Centre	020 8272 4600
Spire Roding (Private)	020 8551 1100
St Margaret's	01279 444455
Whipps Cross	020 8539 5522

LOCAL AMENITY REFUSE POINTS

Essex County Council	www.essex.gov.uk/recyclingcentres
Chigwell IG7 5AA	Luxborough Lane
Waltham Abbey EN9 1JU	Brooker Road

POLICE & FIRE (dial 999 for emergencies)

Essex Police (non-emergency)	101
Action Fraud	0300 123 2040
Anti-terrorist hotline	0800 789321

PUBLIC UTILITIES

UK Power Networks emergency	105
National Gas Emergency Service	0800 111 999
Thames Water 24 hour leakline	0800 714 614

SPORT

David Lloyd Chigwell	0345 129 6783
Debden Sports Club	020 8508 9392
Loughton Athletic Club	07958 903842
Loughton Bowling Club	020 8508 3546
Loughton Cricket Club	020 8502 2064
Loughton Football Club	020 8508 4757
Loughton Leisure Centre (& pool)	020 3225 5460
Loughton Rugby Football Club	07969 638349
South Loughton Cricket Club	07941 347812

TRAVEL & TOURISM

Arriva (traveline)	0344 800 4411
First Essex Customer Services	0345 602 0121
Gatwick Airport: Your service centre	01293 555713
Heathrow Airport	0844 335 1801
London Travel Information	
(TfL & London Overground)	0343 222 1234
Luton Airport	01582 405100
National Express	0871 781 8181
National Rail Enquiries	03457 484950
Southend Airport	01702 538 500
Stansted Airport	0844 335 1803
Tourist Info Centre (Waltham Abbey)	01992 660336
Traveline (public transport information)	0871 200 22 33

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Clerk's Remarks



AT THE time of writing we are in the midst of the coronavirus, the greatest challenge that most of us have experienced in our lifetime. By the time that you read the summer edition of Think Loughton, the position may or may not have improved. Everyone has been affected in some way or another and we offer our condolences to those who have

lost loved ones and who continue to face severe challenges.

We can only reiterate the thoughts of everyone in expressing our deepest thanks to all at the NHS, care workers and the diversity of front line service industries that are working under extreme pressures to save lives and keep the country running.

More positively, the pandemic has brought out the best of Loughton's residents, demonstrating ever stronger community spirit and neighbourliness in Loughton.

Like everyone else it has been a frustrating time for the Town Council with the cancellation in the short term of the majority of Town Council Committee meetings and a number of high profile events including the 'Fun Run' and 'Jessel Green Community Day'.

There are a number of ongoing projects, that we would like to progress. One is to collate articles from local residents who can recall and provide memories



of the VE Day and/or VJ Day celebrations. The idea is to preserve these anecdotes for future generations as we reach the 75th anniversary celebrations (see page 7). We would also like to mark Remembrance Sunday in November with an exhibition of poppies, to be displayed in a prominent position in Loughton, leading up to and on Remembrance Day itself. We would love you to start knitting

and contribute to making this a memorable tribute. Both these projects remain particularly poignant, given the current circumstances where the words 'bravery' and 'sacrifice' are in the fore.

Keep safe and healthy
All best wishes

Mark Squire
Town Clerk

Happy retirement

AT THE end of March we said goodbye and good luck to our Cemetery Attendant, Alex Wilson, who retired from the town council. Alex was appointed to this post in 2014, having previously worked for the council as a Park Warden until 2007.

Alex worked hard ensuring the cemetery looked its best for the many visitors and was always happy to assist those looking for the graves of their families. One of his outside pursuits is playing the bagpipes and Alex would sometimes go above and beyond his formal duties and provide this service as an extra.

His piping has taken him all over the globe and although he has hung up his spade and leaf blower, we don't believe he has any plans to hang up his pipes any time soon. We wish Alex and his wife, Mavis (another keen musician) a long and happy retirement.

Unfortunately, his retirement presentation was yet another



event that had to be put on hold due to the Coronavirus pandemic. However, officers and councillors are keen to invite him back once things return to normal to formally honour his most dedicated and exemplary service.



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Town Mayor: Cllr Stella Murphy **Deputy Town Mayor:** Cllr Tessa Cochrane **Town Clerk:** Mark Squire

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Cllr Judy Jennings 020 8508 1861

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Committee membership

C Chairman

VC Vice Chairman

RESOURCES & GENERAL SERVICES

C J Jennings

VC J Angold-Stephens

M Dalton

J Jogia

J Mahoney

S Murray

A Omer

ENVIRONMENT & HERITAGE

C C C Pond

VC C P Pond

P Beales

T Cochrane

C Davies

T Owen

S Pewsey

PLANNING & LICENSING

C J Angold-Stephens

VC K Latchford

P Abraham

T Cochrane

C Davies

T Downing

S Murphy

RECREATION

C D Wixley

VC A Omer

R Brookes

B Cohen

J Jogia

S Murray

M Stubbings

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Further copies of *Think Loughton* are available from the Town Council and local libraries. A digital version of *Think Loughton* can be viewed on the council website where a PDF version can be downloaded. It is also available on tape - please call us to request a copy.

Contacting us

For editorial contributions and diary entries, please call 020 8508 4200. For advertising enquiries, please call 01245 790244 / 07942 800865.

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Town Council Meetings

Loughton Library & Town Hall, Traps Hill, Loughton, IG10 1HD at 7:45pm

AT THE TIME OF GOING TO PRINT ALL MEETINGS REMAIN CANCELLED UNTIL FURTHER NOTICE. DETAILS WILL BE AVAILABLE ON OUR WEBSITE, FACEBOOK AND NOTICEBOARDS WHEN THIS SITUATION CHANGES. The proposed dates below are subject to change.

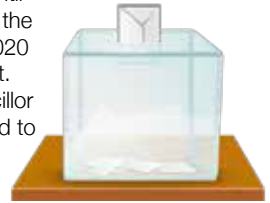
Jun	1	Planning & Licensing
	10	Recreation
	15	Planning & Licensing
	24	Environment & Heritage
	29	Planning & Licensing
Jul	8	Resources & General Services
	13	Planning & Licensing
	22	Council
Aug	27	Planning & Licensing
	24	Planning & Licensing

For dates of subsequent meetings, check the council's website.

News round-up

■ **LOCAL ELECTIONS:** As a result of the Coronavirus pandemic, the local by-elections due to have taken place in May this year, have been postponed until 6 May 2021 under the Coronavirus Act 2020 by the Government.

Therefore all councillor information as listed to the left will remain unchanged, until further notice.



■ **PLANNING APPLICATIONS:** Although Loughton Town Council's Planning and Licensing Committee has been unable to hold its meetings in public, the Committee has continued to consider and register its comments on the planning applications to be decided by the Local Planning Authority (LPA). A list of the planning applications the Committee considers continues to be published on the website and written objections/comments are still invited and duly considered. This information can be found on the Planning and Licensing Committee page http://www.loughton-tc.gov.uk/Planning_and_Licensing_2643.aspx



■ **BEST ALLOTMENT AWARDS:** Unfortunately, this is another casualty to the Coronavirus situation. This year's awards will not be made as allotmenters have been unable to tend their plots under the Government's directive that citizens should stay at home to stop the spread of the virus, to protect the NHS and save lives.



■ **ESSEX LIBRARIES ON-LINE:** Essex Libraries have made the following latest improvements to its digital offer for library members at home: Ancestry and Find My Past: available for customers to use from home. Once members have logged into their account on the library catalogue there is a link and instructions as to how to do so. This means that only verified library members can access the service.

Now also available to library members with an online membership number are the following services: **PressReader, Times Digital Archive and British Library 19th Century Newspapers**

Loughton Building Design Awards 2020

THIS AWARD scheme introduced by the town council in 2012 recognises and rewards individual examples of good design and construction, and raises public awareness of the built environment within Loughton. We look for building works completed in the previous 12 months that either:

- enhance the town;
- improve a dilapidated building;
- upgrade or enhance a conservation area; or are
- noteworthy in terms of design or innovation.

This year we received seven nominations. Alongside the overall winner a Certificate of Commendation was awarded to a property in York Hill, for renovations which had vastly improved its appearance and thereby enhanced the conservation area. Following a majority decision, the overall award was presented to a rebuild at 1 Hillcrest Road. While the town council is keen to protect and preserve the architectural heritage of Loughton, it recognises the need to provide increased living space to suit modern family needs.

Town Mayor, Cllr Stella Murphy, and Cllr Jill Angold-Stephens remarked that "the building is an example of good design and construction. Its use of traditional materials, particularly



the green oak timber, is both complimentary and sympathetic to the street scene. The development enhances the appearance of its surroundings and the town. The plot was a difficult shape and the house has been well designed to fit the site while enabling the residents to enjoy the forest beyond. The

appearance of the garden is also well thought out."

The Town Mayor, Cllr Stella Murphy, presented awards at the Annual Town Meeting on 11 March 2020 to Kim Hardy and Peter Steer the proud owners, and to Abbie Whitehead, the successful architect for this project. Also in attendance was Derek Clark, the building contractor.

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Knitted Poppy Appeal



ARE YOU looking for something to keep you busy during these difficult times - can you knit or crochet? Maybe you would like to put your skill to good use by knitting or crocheting poppies for Remembrance Sunday.

We wish to mark Remembrance Sunday in November with an exhibition of knitted poppies to be displayed in a prominent location in Loughton. Please start knitting and contribute to making this a memorable tribute. As this edition is only appearing on our website this time around (due to the current exceptional circumstances), please mention this to a friend or neighbour who may be interested in participating. **PLEASE HOLD ONTO YOUR COMPLETED POPPIES FOR NOW AND DO NOT SEND THEM TO THE TOWN COUNCIL UNTIL GOVERNMENT GUIDELINES ARE RELAXED.**

Why not try our patterns out, or if you have your own pattern maybe you would like to share it with us?

Patterns

You will need a ball of red wool (Colour A - one ball will make a lot of poppies!) and some black wool (Colour B) or a black button for all patterns.

If you have different yarn left in your stash, just use that and the appropriate needle size. If you experience problems with any of the techniques in the poppy patterns, and you have access to the internet, you will find lots of tutorial videos on YouTube.

Knitted Poppies

For the best finish, knit with a Double Knit (DK yarn). The size of needle will determine how big the poppy will be, we recommend 3.5mm or 3.75mm (UK9).

1. Easy garter/knit stitch pattern for beginners

Colour A: Red. Colour B: Scrap of Black or a black button

Body of Poppy: Using Col A cast on 120 stitches.

Rows 1-4 Knit

Row 5 Knit 3 stitches together across the row (40 stitches)

Rows 6-9 Knit

Row 10 Knit 2 stitches together across the row (20 stitches)

Rows 11-14 Knit

Row 15 Knit 2 stitches together across the row (10 stitches)

Cut yarn leaving a tail of about 20cm

Thread tail through yarn needle and slip all the remaining live stitches onto the yarn tail and pull tight.

Pull around into a circle and then mattress stitch (or use whatever stitching you normally use) to seam for an invisible seam.

Sew in ends.

Centre of Poppy: Using Col B, cast on 16 stitches. Cast off.

Coil into a tight spiral and sew base to the centre.

Or use a black or green button with 4 holes and sew to centre of poppy. Add pin.

2. Easy ribbed poppy pattern

Body of Poppy: Using Col A Cast on 60 stitches
Rows 1 -10 : K2, P2 across whole row (for a slightly smaller poppy do 8 rows of rib).

Row 11 : Knit 2 stitches together across the row (30 stitches).

Row 12: Slip 1 stitch, Knit 2 stitches together then pass the slip stitch over. Repeat across the whole row (10 stitches).

Break off yarn with long tail and thread back through remaining stitches and pull tight.

Join edges with mattress stitch

Centre of Poppy: Using Col B, cast on 16 stitches. Cast off.

Coil into a tight spiral and sew base to the centre. Or use a black or green button with 4 holes and sew to centre of poppy. Add pin.

Crocheted Poppies

Pattern 1

Three petal crochet poppy with 4.5mm hook Ch 3, join with slst to form circle. Ch 3, work 9 dc into the centre of the circle and join with slst.

Work the three petals separately.

Petal 1, Ch 3, work 1st dc into same st, work 2 dc into each of the next 3 sts.

Ch 1 work 2 sc into each st, tie off.

Petal 2, work 2 dc into last dc of previous petal, work 2 dc into each of the next 3 sts. Ch 1 work 2 sc into each st, tie off.

Work petal 3 as 2. Sew all ends in and attach button in the centre.

Add pin

Pattern 2

Two petal crochet poppy

Rnd 1: With 3mm hook and wool, ch2. Make 10dc in 2nd ch from hook. Join with a slst in 1st dc. (10sts)

Rnd 2: *ch1 dc ch1 2tr in next st, 3tr in next st, 2tr ch1 dc in next st, slst in next 2sts. rep from * once again.

Rnd 3: *ch1 3dc in next 2 sts, 2dc in next 5sts, 3dc in next 2 sts, slst in next 2sts. rep from * once again. Fasten off.

Attach button in the centre. Add pin.

Stitch explanation st(s) = stitch(es) ch = chain rep=repeat dc = double crochet rnd=round htr = half treble crochet slst = slip stitch r = row tr = treble crochet

East 15 Acting School is going digital!

DUE TO the unprecedented circumstances surrounding COVID-19, East 15 Acting School has closed its campuses for the upcoming summer term. The creativity, imagination and resilience shown by students and staff has been inspiring and we can't wait to launch our 2020 Summer Season 'online'. Performances will run from the end of May and links to watch our student productions will be provided on our website closer to the time. We hope you can join us in supporting our students digitally and we look forward to welcoming the Loughton community to our on-site theatre once normality resumes.

<https://www.east15.ac.uk/productions-london-loughton>



75th VE/VJ celebrations

VE (VICTORY IN EUROPE) DAY

marks the end of the Second World War in Europe and is celebrated in the UK on 8 May 2020. VJ (Victory over Japan) Day on 15 August 2020 also marks the end of all hostilities in the Second World War.

This is an opportunity across the UK, as organisations, family and friends - largely made up of descendants of those brave service men and women, and civilians come together to remember both the heroism and suffering of their forbears, many of whom have now passed out of living memory.

We would like to collate articles from local residents who can recall and provide memories of the VE Day and/or VJ Day celebrations. The concept is to mark the sacrifices of a generation and preserve these anecdotes for future generations as we mark these 75th anniversary celebrations.

We would hope to publish these articles at some point in the future. Please send by e-mail to contact@loughton-tc.gov.uk



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Dates for the diary

For information on Regular Activities see pages 15 & 16

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■ Wednesdays at 6:30pm

Loughton Chess Club Wednesday Nights at the Bowls club are suspended until further notice due to the coronavirus pandemic. Instead Loughton chess club are meeting on-line on www.chess.com. Anyone interested, will need to be a member of chess.com but it is free to join. See <https://www.chess.com/club/loughton-chess-club>. During the lockdown, Loughton on-line tournaments are usually Wednesdays at 6:30pm but check on <https://www.freewebs.com/kengroce/>



■ 8 Aug – 15 Sept 9am-5pm (Mon-Sat)

Loughton Camera Club Annual Exhibition 2020. Loughton Library, Traps Hill, IG10 1HD Free entry. If lockdown continues the exhibition will take place via the website: www.loughtoncameraclub.org.uk



■ 26 Sept 7pm Proms in the Forest

(Postponed from 9 May due to Covid-19 restrictions) celebrate the 75th anniversary of Victory in Europe. First half contains war-time classics including 'We'll gather Lilacs' and 'We'll Meet Again'. Second half in the style of 'Last Night of the Proms'. Enter into the spirit by dressing in 1940s style, to have a chance to win a prize! Tickets £15 inc a light buffet, from 1 August - Early Bird rate of £13 if purchased before 31 August. All proceeds go to church funds. Up to date information can be found on TicketSource at: <https://www.ticketsource.co.uk/stephen-fellowes/t-xolpko> or search for "Prom in the Forest". The Church of the Holy Innocents, Church Lane, High Beach, IG10 4BF. Contact Jane Begley 07272 111387 / 020 7421 3854 or jane.begley@irwinmitchell.com

Disclaimer: Loughton Town Council takes no responsibility for events organised by external organisations/individuals that are listed above. Please always check details and availability with the relevant organiser.

■ 25 Jun 7.45pm Marbling Essex Handicrafts, Church Hall, Loughton Methodist Church Contact Karen Myles 020 8508 4581 (see p13)

■ 23 Jul 7.45pm Sand Art Essex Handicrafts, Church Hall, Loughton Methodist Church Contact Karen Myles 020 8508 4581 (see p13)

■ 6 Aug 10.15am AGM (members only) – followed at 10.45am by "The Galapagos Conservation Trust" talk by Ben Stockwell, the communications officer for the Galapagos Conservation Trust. Non-members welcome to attend the talk. English-Speaking Union, Murray Hall, Borders Lane (see p14)

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Town Clerk **Mark Squire**

Annual Report 2020

This has been yet another busy year for the Council which saw the saving of Jessel Green, a project close to the hearts of everyone in the community and a wonderful achievement for all those involved.

Much effort, time and resources was put into attending the Local Plan Hearings at the District Council and defending the green space in Loughton. Ultimately it was good news for Jessel Green, the well-being of local residents and common sense in general. We are proud of Loughton Town Council's role in securing this valuable green space. Thanks again to the highly effective 'Save Jessel Green' campaign and a host of other groups and individuals. Together we have shown great community spirit and with an abundance of hard work, we have made a real positive impact.

In May 2019 it was an honour to be elected as Town Mayor. It has been a privilege to serve the community I have spent my whole life in and to raise funds for my chosen charities; CRY (Cardiac Risk in the Young), Oakview School, Essex Air Ambulance, Yes Partnership, Local Food Bank and Restore. All of these charities are hugely important to our local community and it has been incredibly rewarding to be able to support them and learn more about what they do. I thank Cllr Wixley for introducing me to the Cardiac Risk in the Young charity.

My duties as Mayor have seen me attend 53 functions and events thus far. Each has been a fantastic occasion and it has been great meeting so many of our local residents of all ages. My first engagement was at Sainsbury's to celebrate their 150th anniversary.

I was also invited to the lighting of the Menorah Candle and was made to feel so comfortable and welcome by our Jewish friends.

I was especially moved by the Holocaust memorial event at Waltham Abbey and it was touching to once again see the community out in force for the Remembrance Day parade in Loughton. It was an honour to lay a wreath amongst war veterans. This is always a well organised event by the Loughton branch of the Royal British Legion, the Town Council and with the Churches of Loughton coming as one to remember the sacrifices made for us.

I have also enjoyed performances organised by LADS (Loughton Amateur Dramatic Society), The Loughton Operatic Society and the National Jazz Archive.

The Jessel Green Community Fun Day was yet again successful and well attended and highlighted the great community spirit and importance of this space in our town.

Not forgetting the Horticultural Show and Awards to the Best Allotment Winner, we had so many great entries; it was a wonderful community event. *At the time of writing it is unlikely that the Horticultural Show scheduled for 22 August will take place. Please monitor our website, Facebook page and noticeboards for further updates.*

Our community was shaken in December 2019 by the tragic event at Debden Park School which resulted in the loss of one of the students, Harley Watson. The decision was made to cancel the annual Christmas festivities in The Broadway out of respect for Harley and his family. My thoughts are with Harley, his family, friends and everyone affected by this tragedy.

I would like to thank my deputy, Tessa Cochrane for her support this year and attending many events with me.

I would also like to thank Pippa Bryce for the smooth running of everything and keeping the diary so well organised, my thanks for all her help and support this year.

A special mention to Mark Squire who has done an excellent job in his first year as town clerk and he has been a great help to me.

Finally, thank you to my fellow councillors for their support in what has been a truly incredible year.

Cllr Stella Murphy
Town Mayor

Planning & Licensing

Cllr Jill Angold-Stephens

We have, as usual, had over 20 meetings throughout the year but this year there have been fewer applications at each meeting with a total of 278 new applications and 14 amended ones. This follows a decrease in planning applications recorded nationally.

We have looked very carefully at each application before recording our comments for EFDC. These often include suggestions for change where we have objections or concerns. We have objected to some 74 applications and some of these have re-appeared with changes.

EFDC Area Plans South Committee, now held at Epping, considers those Loughton applications where there are several objectors including LTC or where a town councillor registers to speak against an application. Planning officers decide all other applications.

There have been fifteen appeals brought by applicants this year; 7 have been dismissed, 3 were allowed (with conditions imposed) and the rest are awaiting decisions, so I feel that we are doing something right. We always need to balance the need for more housing, including extensions, against the need to protect the environment. This has been particularly pertinent of late with Epping Forest being declared a Special Area of Conservation (SAC) both in relation to pollution and damage caused by increases in visitor numbers and frequency. Three of the appeals that were dismissed gave the effect on the SAC as one of the reasons for dismissal.

There have been 17 licensing applications, relating to new or changed opening hours; the sale of alcohol or extended hours for the sale of alcohol. We try, so far as is possible, to be consistent throughout

the town in the matter of licensing hours as we feel this is fair both to residents and applicants. Of the seventeen applications, four have been for street trading licenses, usually renewals, and as there have been no complaints about these we have not objected to them.

The town council spent a large amount of money on advice and representation in relation to the hearing in public before the inspector last summer. This resulted in us being successful in saving Jessel Green from development to the advantage of Loughton residents. This involved a great deal of hard work and we are grateful to all those who contributed to this.

I could not conclude without first thanking all those who have worked throughout the year on the committee; our Planning Clerk Debra Paris who steers us through the applications; my vice-chairman Kevin Latchford who is leaving Loughton in the next few weeks and who will be a great loss; and my fellow committee members, including the Town Mayor who has managed to attend our meetings as well as all her other commitments.

Finally, I wish to draw your attention to the Building Design Award for which we had some seven applications this year. Each property was viewed by the Town Mayor, the Chairman of the Environment & Heritage Committee and me before we pooled our comments. A certificate of commendation was awarded to the owner of a property in York Hill, who had sympathetically restored the fenestration to enhance the appearance of the conservation area. Following a majority decision the award for the winning property was made to the owners and architect for 1 Hillcrest Road.

Environment & Heritage

Cllr Chris Pond

The Committee has had its usual quota of routine and project work.

A good deal of time has been devoted to green issues.

We have been much involved in saving bus route 87; and we are pursuing an attempt via a LHP scheme to renew signage on the by-pass cycle route, and to designate new cycling routes, as suggested by the cyclists themselves.



Loughton Town Council has been greatly concerned with air quality, where Epping Forest has recently been shown to be the worst district in Essex for particulate pollution. Green spaces and good air were two of the major themes behind the evidence LTC gave to the Local Plan Examination in public last summer, which we hope has reprieved Jessel Green from development.

We held our second ever Horticultural Show at The Murray Hall. The afternoon proved to be a delightful and successful community event, with double the amount of entries from last year's inaugural show.

We have purchased and installed habitats for solitary bees. All our own trees have been surveyed, and those within EHC responsibility given a clean bill of health.

A re-greening strategy has been discussed and set in train. An allotment improvement scheme was adopted. The Town Clerk has originated a Loughton Wombles scheme of litter picking; 30 people have volunteered, and training is under way.

The town council protested, to no avail, at the reduction of Central Line services to Debden.

We have raised at Local Councils Liaison why EFDC are not members of the Essex Countywide Traveller Unit, at a cost of under £5000 pa. This means that if we get an unauthorised encampment, we have to pay costs rather than the ECTU. Satisfactory answers are awaited.

On the heritage side, a blue plaque was installed in January to Loughton benefactor, William Dawson, and two more Barbara Harmer; Stanley Baldwin/ Rudyard Kipling are on order. We are participating in a project by the EFDM to commemorate the resettlement in 1945 of Jewish refugees at Holmehurst, Manor Road; this is lottery funded.

A new Loughton Day has been arranged for September, to incorporate the Heritage Open Days.

This will, of course, be subject to Government guidelines concerning the Coronavirus situation.

Recreation

Cllr David Wixley

The Committee's attention has been focused on three main issues:

1. The Flood Alleviation Scheme on the Hillyfields Open Space which was completed in December. The Scheme has a lifespan of 50 years with the purpose of protecting approximately 100 properties from the risk of excessive water run-off from the hill.

Four bodies have been involved in this: Essex County Council who identified the potential risk and designed the Scheme. The City of London on whose land most of the Scheme has been constructed. Loughton Town Council who own most of the Hillyfields Open Space, and will have responsibility for routine maintenance assisted by Epping Forest District Council.

The Scheme is designed to collect water and release it gradually into the existing drainage system for eventual discharge into the Pyrles Brook.

2. A second flood alleviation scheme concerns the River Roding where it flows alongside the Roding Valley Recreation Ground. The District Council has received a grant from the Environment Agency to tackle issues associated with this stretch of the river. The grant will provide funding for tree planting to reinforce and help stabilize the bank from erosion. The bank will also be restored in some places. Parts of the footpath will also be repaired or relocated further away from the bank. The native trees that will be planted are also intended to slow down flood waters and so help protect properties downstream.

3. As mentioned in last year's report the football changing rooms on the Roding Valley Recreation Ground are no longer fit for use. Talks with an architect and a grant funding consultant have been ongoing and it is anticipated that a public exhibition outlining proposals for the revamped changing rooms will be held later this year.

The Committee has supported a number of community events held on the Roding Valley Recreation Ground. These included the Loughton, Buckhurst Hill & Chigwell Rotary Club's Wellbeing Festival, the Doggie

Dash Parkrun which raised funds for the Dash Dog Shelter charity, and the Town Mayor's Fun Run.

In conjunction with the District Council we have supported Play in the Park activities (also held on Jessel Green) as well as tennis coaching for youngsters.

We were relieved and delighted to learn, last August, that following the Planning Inspector's intervention Jessel Green had been removed from the District Council's Local Plan, thus saving it from development.

A new initiative, proposed by the Town Clerk and supported by the Committee, is to hold a "Loughton Day" at the Loughton Cricket Club ground on Saturday 19 September. Invitations to local organisations have already been sent out. *This will, of course, be subject to Government guidelines concerning the Coronavirus situation.*

Mention of the LCC ground gives me the opportunity to report that the freehold title of the ground has been transferred to the Town Council and the process of applying for Fields in Trust status for the ground is underway.

I am pleased to report that we have received Essex Playing Fields Association awards for the Roding Valley Recreation Ground and the Traps Hill playground. We are indebted to LTC staff, volunteer litter pickers, and EFDC's grounds maintenance team for their efforts in making this possible.

At our September meeting we received a presentation from Della Tudisca about her support for CRY (Cardiac Risk in the Young) charity and the importance of 14-35 year olds being screened for undetected heart conditions.

The Murray Hall continues to be a popular venue and we hope to improve facilities by having a Wi-Fi connection in the near future.

Finally, I thank Committee members and LTC staff for their work and contributions throughout the year.



Resources & General Services

Cllr Judy Jennings

The Resources and General Services Committee is responsible for the Town Council's finances and ensures that the Town Council acts openly, transparently and ethically.

In doing so, we undertake an annual review of the Town's banking and investments. We review all of our insurances. The Committee reviews our Town Council policies, such as the Reserves Policy, the Loughton Town Council Complaints Policy and the Social Media Policy, the Code of Conduct, The Grant Awarding Policy and the Training Policy and we agree a budget for the coming year.

Our income comes from several sources. These include the precept, charging for services, renting out venues, allotments and cemetery fees, pitch hire, achieving grants from other bodies, and finally the meagre amount of bank interest.

The tax base for 2020/21 is 12,719.6 and the precept has therefore

been set at £756,445. This will give the Loughton Town Council's proportion of the annual council tax for a band D property as £59.47, an increase of about 4 pence per week for this year.

This amount is far less than other major towns in the area such as Buckhurst Hill (£68.89), Epping (£93.79) and Waltham Abbey (£111.49).

Elections are a big expenditure this year and will be paid for out of the Council's earmarked funds (although due to the Coronavirus situation these have now been postponed to 2021).

The Committee deals with staff and employment issues, staff handbooks and recruitment.

We run Design Awards, and competitions such as the popular Christmas Card Design Award, The Christmas Window Award, the Loughton Horticultural Show and Awards for the Best Allotments.

Attendance at meetings during the municipal year 2019/20

Committee/ Councillor	Council #8 meetings	Planning & Licensing #23 meetings	Recreation 5 meetings	Environment & Heritage 5 meetings	Resources & General Services #6 meetings
P Abraham	7	19*			
J Angold-Stephens	6	17*			5*
P Beales**					
R Brookes	5		4*		
T Cochrane	7	21*	1	5*	1
B Cohen	3	6	3*	1	
M Dalton	4		1		5*
C Davies	3	11*		3*	
T Downing	2	13*	1	3	
J Jennings	7		1	4	5*
J Jogia	7	2	4*		4*
K Latchford	5	19*			
J Mahoney	4		1		3*
S Murphy	7	20*	1		
S Murray	7		4*	1	3*
A Omer			1*		1*
T Owen	4			3*	
S Pewsey	2			3*	
C C Pond	6	3	1	5*	1
C P Pond	7			5*	
M Stubbings	7	5	5*		1
D Wixley	7	1	5*	5	4

* a member of that committee ** Cllr P Beales has been granted a leave of absence.

following the Coronavirus pandemic the following meetings were cancelled:

Council Meeting: 15/4/2020; Planning Meetings: 30/3/20 & 20/4/20;

Resources & General Services Meeting: 1/4/20

DUE TO THE CORONAVIRUS PANDEMIC THE FINANCIAL SECTIONS OF THE ANNUAL REPORT HAVE NOT YET BEEN COMPLETED. THIS INFORMATION WILL BE MADE AVAILABLE AS SOON AS NORMAL WORKING PATTERNS RESUME FOLLOWING LOCAL GOVERNMENT ADVICE ON THIS SITUATION.

Councillors list, by ward, during the year 2019/20

Alderton Ward

Cllr Philip Abraham
Cllr Adam Omer
Cllr Michael Stubbings

Fairmead Ward

Cllr Carol Davies
Cllr Kevin Latchford
Cllr Tom Owen

Roding Ward

Cllr Rose Brookes
Cllr Mark Dalton
Cllr Stephen Murray
Cllr David Wixley

St Mary's Ward

Cllr Philip Beales
Cllr Barbara Cohen
Cllr Judy Jennings

Broadway Ward

Cllr Jayna Jogia
Cllr John Mahoney
Cllr Stella Murphy

Forest Ward

Cllr Jill Angold-Stephens
Cllr Tessa Cochrane
Cllr Trevor Downing

St John's Ward

Cllr Stephen Pewsey
Cllr Caroline Pond
Cllr Chris Pond

Contact details for the councillors may be viewed at www.loughton-tc.gov.uk



Loughton Town Council

Loughton Library & Town Hall
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Tel **020 8508 4200**

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Town Clerk **Mark Squire**



LADS - the show will go on!

LADS' March production "A Tale of Two Cities" was only two weeks away from performance at the Lopping Hall. The disappointment of the whole company was huge. However, in true theatrical tradition LADS determined that "the show will go on" and the production has been pencilled in for October, as the first play of their 2020-2021 season, with June's production of "The Actress" also to be rescheduled as part of this season.

Whilst the Coronavirus outbreak has truncated LADS' season, it has given the opportunity to reflect on the success of their charitable fundraising this year. As reported in Think Loughton in Autumn LADS was supporting the Limbless Veterans charity BLESMA this season. BLESMA, based in Chadwell Heath, is dedicated to assisting serving and ex-service men and women who have suffered limb and/or sight loss in service of the country. At their

October production of "Pressure", about the D-Day landings, collection boxes were placed in the bar and donations instead of programme payments were requested. LADS were delighted that over £479 was raised for this worthy cause, the highest figure ever achieved in over 15 years of fundraising.

Jean Cooper, Chair of LADS said "We have always been proud of our place in Loughton's history having been producing plays at Lopping Hall since 1924. The current problems facing everyone in the world are huge, but here at LADS, we are planning for the future when we can all be together again. I promise that as soon as we can, we will be back entertaining our audiences once more. Keep safe everyone!"

For further information please contact LADS Chairman Jean Cooper on 07896 910214 or at lads.chairman@gmail.com



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Loughton churches sharing hope

ALTHOUGH the church buildings in Loughton have been closed, the local church remains very active in the community.

Along with other local organisations, our churches have been at the forefront of caring for people in the Loughton community, helping with shopping, delivering medication, giving care to those most in need and also supporting the amazing work of Epping Forest Foodbank who have been delivering food throughout Epping Forest.

Churches have also been creative in live streaming their Sunday Services. Go online and have a look at the new ways the church is finding to worship together. Many churches have details of accessing streaming on their websites. Some churches reporting people joining in from all over the world.

This has been an unprecedented time in our community and nation. On behalf of our local churches, we want to thank our community for the love that has been shown to one another and to our amazing front-line workers in the community. As Christians, we put our hope in our faith. It is amazing to know that we are never isolated from the love of God.

Rev'd Malcolm Macdonald
Vicar of St Mary's Loughton and Co-Chair of Churches Together in Loughton

Loughton Methodist Church on YouTube!

CORONAVIRUS caused many of us to change how we do things very quickly and, following the closure of places of worship in March, Loughton Methodist Church (LMC) took the unprecedented step of delivering Easter services to its members at home setting up a YouTube channel. Within a week LMC went from normal church services to home worship via a 'worship at home' pack, emailed out with a video link, enabling participation in the Easter services from the comfort of their own home.

Weekly services are continuing throughout the lockdown. Find the latest services here: <https://www.loughtonmethodist.org.uk/services/>

LMC isn't stopping at YouTube: Children's and Families Manager Charlotte is even holding Zoom video calls, with songs and story time to keep families connected and having fun during this difficult time. Visit <https://www.loughtonmethodist.org.uk/services/whats-on-for-families/> to find out more.



St Clare Hospice appeal

Support your local Hospice from your own home

ST CLARE HOSPICE has reported a potential £100,000 gap in their voluntary income, due to the cancellation of all forthcoming fundraising events and the temporary closure of their nine charity shops, in response to the coronavirus (COVID-19) pandemic.

The organisation, celebrating its 30th Birthday since its founding in 1990, has launched an 'urgent fundraising appeal' in a hopeful bid to help minimise any impact on continuing to provide specialist palliative care to local people in the community.

To ensure services can continue now, and in the future, the Hospice is encouraging local people to participate in a series of 'virtual' fundraising activities that can be achieved from the comfort of your own home – even while still relaxing on the sofa!

1. Take part in St Clare's Virtual 5K using your daily exercise

Do this either at home or while out walking or running once a day! A great way to keep fit and go the distance for your local Hospice. Just take a photo/screenshot of your fitness tracker. Sign up at stclarehospice.org.uk/virtual5k

2. Play the St Clare Lottery

Be in with a chance of winning £1,000, or up to 24 other cash prizes, every week when you play the St Clare Lottery! Entry is just £1 per week. Sign up at stclarehospice.org.uk/lottery



3. Set up a Facebook Fundraiser

Encourage friends and family to donate – no matter how much you raise, every penny counts. Set up a fundraiser at facebook.com/fund/stclarehospice

4. Shop online via St Clare's eBay shop

Plenty of bargains are to be had in St Clare's eBay shop! From quirky collectables to designer clothing, get premium, pre-loved goods delivered straight to your door.

Shop now at ebay.co.uk/str/st-clare-hospice

5. Use online, charity shopping portals like EasyFundraising or AmazonSmile

Generate donations to St Clare whilst doing your normal, online shopping – at no extra cost to you! Visit easyfundraising.org.uk or smile.amazon.co.uk and select St Clare Hospice, then continue your online shop as normal.

For more information, or assistance in signing up to any of St Clare's virtual fundraising activities, please call 01279 773750 or email fund@stclarehospice.org.uk Response times may be longer currently, but a member of the team will come back to you as soon as possible.

To donate to St Clare Hospice's Urgent Fundraising Appeal directly, please visit stclarehospice.org.uk/urgent-fundraising-appeal

Supporting the community and front-line services

NEW CITY COLLEGE

NEW CITY COLLEGE has donated significant stocks of personal protective equipment (PPE) from its Health & Social Care, and Construction departments, with college staff making personal deliveries to their local hospitals.

With campuses across East London and South Essex – we have been able to help and deliver kit across the area, including:

- Hundreds of safety goggles donated to local hospitals
- Head caps, gloves, shoulder covers, goggles, aprons and gloves donated to St John's Ambulance for distribution to the NHS
- Over 100 boxes of disposable

gloves and safety goggles to Community First Responders, a volunteer rapid response support for the London Ambulance Service.

Healthcare apprentices at the Lewisham and Greenwich Trust are working in ICUs to directly support patients with COVID-19, and staff volunteering on the front line have been released from college duties on full pay. An unprecedented situation, which has presented challenges across all areas of life, New City College has stepped up to the challenge and will continue to do so, to support a positive future for its students and the wider local community.



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Woodford And District Centre - National Trust

THE WOODFORD AND DISTRICT CENTRE

of the National Trust began as a coffee morning held at 30, Snakes Lane on 7 December 1967 when it was decided membership of the proposed Centre would cost five shillings.

The first full meeting of the Centre was held on 16 March 1968 at Woodford County High School. Membership started at between 20 - 30 increasing to 252 by the end of the year, with a programme of illustrated lectures, interspersed with coffee mornings in various members' houses and the occasional afternoon tea. A Junior Section soon followed, meeting on 14 November 1969 at Woodford County High School.

Talks were well attended, given by members, and continued for some time. Various speakers very generously gave their fees to the centre initiating many years of sending a donation to Enterprise Neptune enabling the National Trust to purchase sections of the coastline as they came on the market.

By 1974 membership had climbed to over 500 and in May an Open Day was well supported with £400 sent to the National Trust HQ. Throughout the 70's and 80's membership rose to a peak of 1,010 in 1985. By 2005 lack of support began to materialise with a consequent fall in membership. The threatened closure of the Hawkey Hall in 2014 had a disastrous effect with 80 members cancelling their membership. These days we rejoice if we have an attendance of 100.

Highlights in our history include hosting the Annual Regional Conference in 1992 when regional Chairs and Secretaries of the Centres and Associations attended. Our May Fair became a regular event, beginning in May 1991 and every other year until 2009. Largely as a result of the success over the years of the Fairs over £100,000 was raised for Operation Neptune. During our 50 year history, the Centre has been served by just three Secretaries and contributed well over £200,000 to the National Trust.

We boast an extensive programme, seven monthly winter talks commencing in September, a similar number of London visits to most interesting venues, a series of summer day outings and a summer holiday. Above all the Centre prides itself on being a very friendly and sociable place to meet and enjoy company. So why not come and join us, meet people and learn about our other events. The National Trust is a country wide organisation dedicated to preserving the nation's heritage and environment.

The September Meeting, date to be confirmed, is our AGM from April held over due to the Coronavirus concerns. However the programmes for the following months are:-

October 13 at 10.30am at the Memorial Hall, South Woodford 'Historic Waltham Abbey Church'.

November 11 at 2.30pm 'East Anglian Families of Influence - the Essex and Norfolk Connections'.



teens:)unite

FIGHTING CANCER

New digital support for young cancer patients

THE STARK reality of life right now means society is beginning to get a sense of the isolation and anxiety experienced by so many cancer patients throughout the UK. In the last 30 years cancer rates have increased by a staggering 70%, with more than 2,600 new cases diagnosed annually in teenagers and young adults nationwide.

At a time when we are actively being told to distance ourselves and remain isolated, those young people fighting cancer are experiencing heightened levels of anxiety and loneliness. Relationships, connections and community support are essential to both preventing and tackling loneliness and depression.

Teens Unite brings together young people fighting cancer to meet others who genuinely understand what it's like to face cancer in your teenage years. The Charity was created to support these young people, giving them a chance to be 'normal', spending time with their friends away from hospitals and treatment, having fun and building friendships. Teens Unite creates a community where these young people fit in, where cancer is not the thing that makes them different, but the thing that unites them.

While we are not able to fulfil our primary activities we have already launched new digital meet ups for our beneficiaries to access. Programmes are a mix of interactive online video sessions: Yoga for beginners, Q&As with nutritionists, skincare specialists etc, as well

as fun projects to do offline and e-learning opportunities. We'll also be hosting group 'meet ups' online to chat and catch up on all things Teens keeping everyone connected.

Help Them #StayUnited

The days, weeks and months ahead will be testing but even more so for those young people fighting cancer. Working together to support each other we will meet the many challenges we will face.

Young people we support will STILL be going through cancer treatment and will STILL have all those hurdles to face, as well as coping with the concerns Coronavirus has brought with it.

We are looking into how to take fundraising activities online, but at such a difficult time for our young people, donations are vital so that we can continue to be there for everyone that needs us.

We are currently supporting more than 1000 young people fighting cancer. With our normal fundraising activities on hold, we need to raise £10,000 to keep them connected and stay united. That's just £10 for each teen. Help us to help more of these young people fighting cancer to stay united and live their best life.

Please donate via our GoFundMe appeal – the Teens need you more now than ever.

<https://www.gofundme.com/f/staying-united-through-covid19>

To find out more about Teens Unite, please visit www.teensunite.org

100th birthday celebration

THE TOWN MAYOR, Cllr Stella Murphy, visited the Abbeyfield Care Home on 16 April 2020 to wish resident Louisa Salter, a Happy 100th Birthday, arriving at the same time as the postman with a birthday card from the Queen!

The care home manager and members of Louisa's family were also present and were absolutely delighted and overwhelmed as her original birthday celebrations had to be postponed due to the Coronavirus pandemic. Following a post on social media several Loughton residents sent good wishes, cards and home-made cakes ensuring Louisa, looking a fabulous 100 years young, enjoyed this momentous occasion.



WOODLAND GROVE

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 Amendments to: debra.paris@loughton-tc.gov.uk

ALLOTMENTS

Loughton Potato Ground, Baldwins Hill.
www.loughtonpotatoground.com
Roding Road Allotment & Leisure Gardens Association, Roding Road.
www.rodingerallotments.co.uk/
Willingale Road Allotments, Loughton
 Town Council 020 8508 4200

ANIMAL TRAINING

Epping Green Dog Agility Club Epping Cricket Club, Epping. Thurs Evenings 6.30-8.30pm. Jodie Lucas 07804630394
Forest Dog Training School Club, Debden Park Community Centre. Tues, 6.30-7.30pm. 020 8508 3468 / fdt1@aol.com

ARTS & CRAFTS

Creative Art Classes LifeWorks Centre, Loughton Methodist Church, 260 High Rd. £12. Tues & Thurs. 07944 589998 www.ruthdronsfield.co.uk
Created Crafts, 2nd Thurs, 7.45pm Pam 020 8508 7657
Essex Handicrafts Association, Woodlands Branch, The Studio, Loughton Methodist Church, 260 High Rd. 4th Thurs, 7.45pm. Karen Myles, branch secretary. 020 8508 4581
Loughton Arts Centre, 187B High Rd (by Lopping Hall). Mon-Sat 10am-4pm. Local artists & photographers work. 07532 053194 <http://www.loughtonarts.org/>
The Arts Bar, Lopping Hall. 2nd Fri from 7pm. For creative people to meet, view the latest exhibition at Loughton Arts Centre & meet the artist (as above).
Thursday Art Group, Loughton Baptist Church, 92 High Rd. Thurs, 1.30pm £3 (incl tea & biscuits) 020 8502 1379 / theormes5@hotmail.co.uk

Woodford & District Floral Arrangement Group, Churchill Room, Wanstead Library, Spratt Hall Rd, E11. 3rd Mons, 6.45 for 7.30pm. Visitors £4 <http://nafas.org.uk/nafas-areas/>

COUNSELLING

Affordable Counselling Epping Forest Waltham Abbey 9.30am - 12.30 midday Tues/Thurs. Epping 3.15pm-6.15pm Thurs. 01992 573402 affordablecounselling@gmail.com
Samaritans. Free, confidential emotional support for the distressed & despairing available 24/7. 020 8553 9900 / 116 123 / jo@samaritans.org/ txt 07725 909090
Spark Counselling and Mentoring for young people. Loughton Youth Centre, Borders Lane, Loughton 020 8508 6743 Spark@worthunlimited.co.uk Free service - donations accepted

EDUCATION

Music Lessons, Loughton Music Academy, High Rd. 020 8502 2992 www.loughtonmusicacademy.co.uk
WEA (Workers' Educational Association) Loughton & Epping Branch. Mrs Pat Dale 020 8281 1536 / <http://wea-essex.org.uk/branches/loughton-and-epping/>

FAMILIES

Butterfly Club Loughton Methodist Church, 260 High Rd. Mons (term time) 1.30-3pm £1 child (pre-school) with parents/carers administrator@loughtonmethodist.org.uk 020 8502 3071

Toddler Church, Loughton Methodist Church, 260 High Rd. (0-5 plus fellowship). Tues (term time), 10am. 020 8502 3071 administrator@loughtonmethodist.org.uk

FOOD

Farmers Market, Centric Parade, High Rd. 2nd Suns, 9am-2pm. 020 8508 2361 / contact@loughtonresidents.co.uk
Loughton Foodbank Weds, 10am-12 noon, St Mary's Church, 201 High Rd & Sats, 10.30am-12 noon, Debden Library, Epping Forest College, Borders Lane, 07402 032313 <https://eppingforest.foodbank.org.uk>

GENERAL INTEREST

Bell ringing, St John the Baptist Church, Church Lane. Tues, 8-9pm (in tower). No experience necessary. Yvonne Finch 07748 970754

Book Groups Loughton Library, Traps Hill 4th Mons, 1.30pm 0333 0132677

Calligraphy for beginners (adults) 07956 544262

Deafblind Club Loughton Library, Traps Hill 1st Tues, 2-4pm 0333 0132677

Epping Forest Conservation Volunteers, The Warren, Epping New Rd most Suns. Kevin Mason 8529 9273 efcv2@yahoo.co.uk www.efcv.co.uk

Epping Forest Countrycare, EFDC's Countryside team. Volunteering projects in district's nature reserves. Thurs 10am-4pm 01992 788203 www.eppingforestdc.gov.uk/index.php/out-and-about/countrycare

Epping Forest & District Stamp Club, Roding Valley High School, Alderton Hill, 2nd Tues (most months) 8pm. 01992 654001

Essex Wildlife Trust Work Parties, Roding Valley Nature Reserve. Weds, 10am-4pm. Ranger Michael Poole 07881 815994

Film Loughton. Film screenings locally. www.filmiloughton.com

Forest Creative Writers, Jazz Archive, Loughton Library, Traps Hill, Thurs (term time) 12.45-2.45 pm. Midge Venables 020 8504 1261

Forest Musical Theatre Company, St Michael's Church, Roding Rd. Tues & Weds (rehearsals). email rachel@forestmusical.co.uk or visit www.forestmusical.co.uk

Friends of Light & Healing, Kingsley Hall, Kingsley Rd. An evening of clairvoyance. Alternate Thurs, 7.30 for 8pm. 07743 376468

Games Morning Loughton Library, Traps Hill. Play board games & cards. Weds, 10am-12pm led by Loughton Voluntary Care 0333 0132677

HEARS - Herts & Essex Architectural Research Society, St Michael's Church, Roding Rd. £2.50 non-members. 4th Fri, 8pm. David Stevenson 020 8508 2512 www.hears.vpweb.co.uk See Dates for the diary.

Hornby Railway Collectors Association, St John's Church Scout Hall, Church Lane. 2nd Thurs, 5-10pm alternate months. David Southgate 020 8508 7530

Loughton Amateur Dramatic Society, Lopping Hall, High Rd. Martin Howarth 020 8508 8644 www.lads.org.uk See Dates for the diary.

Loughton Astronomical Society, Scout Hall, Theydon Bois. LAS Astrokyds (6-14 yrs). Thurs 8-10pm. Brian Morton 01992 815804 www.las-astro.org.uk

Loughton Bowling Club Bridge Section, Eleven Acre Rise. Thurs pm. 020 8502 0237

Loughton Bridge Club, Grange Farm - Mon & Weds 7.20 pm lindajenkins34@hotmail.com www.bridgewebs.com

Loughton Camera Club, Lopping Hall, High Rd. Weds, 8-10pm. 07873 534 604 www.loughtoncameraclub.org.uk/ Loughton_Camera_Club@Welcome.html

Loughton Chess Club, Loughton Bowling Club, Eleven Acre Rise. Weds, 7.30pm. 020 8508 8407 www.freewebs.com/kengroce/

Loughton & District Historical Society, Loughton Methodist Church, 260 High Rd. £2.50 non-mems. 2nd Thurs, 8pm www.loughtonhistoricalsociety.org

Loughton & Epping Forest Amateur Radio Society, All Saints Hse, Romford Rd, Chigwell Row, IG7 4QD. Alt. Fri 7.45pm 020 8502 1645 www.lefars.org.uk

Yarns & Tales Loughton Library, Traps Hill for a knit, chat & tea 2nd Sats 2-4pm 0333 0132677

HEALTH

ADAS (W Essex Alcohol & Drugs Service - by appt) Rectory Lane Health Centre 01279 641347 / admin@adasuk.org.uk www.adasuk.org

Breathe Easy (British Lung Foundation), Tony Carr 01992 573387

Lifewalks EFDC walking for health scheme various locations Mon, Tues, Thurs 10am & Sat, Sun 10.30am. Karen Murray 01992 564222 / kmurray@eppingforestdc.gov.uk
Loughton Memory Café (Alzheimer's Society), Church Hall, Loughton Methodist Church, 260 High Rd. 1st & 3rd Mons, 10am-12pm 01279 427522 www.alzheimers.org.uk

Memory Café Rotary Club of Loughton Buckhurst Hill & Chigwell, Loughton Club, 8 Station Rd 2nd Fri 10am-12pm Fran 07984 100379

Open Door Friendship Group for adults with mental ill health. Fridays 3.30/5.30pm St Michael and All Angels Church Hall, Roding Rd, IG10 3EJ opendoorfriendship@gmail.com + Weds 2pm Yoga sessions at the Methodist Church, High Rd, IG10 1RB £5 members (£10 non-mems)

ProActive (W Essex Prostate Cancer men's self-help group) St Margaret's Hospital, The Plain Epping CM16 6TN. Fri monthly 10.30am-2.30pm. Anthony Dollimore 07973 345094 www.proactive.me.uk

LEISURE ACTIVITIES FOR CHILDREN / YOUNG PEOPLE

2324 (Chigwell) Squadron, Air Training Corps, Buckhurst Hill. Mons & Thurs evenings (13-17 yrs). 020 8505 3353 www.2324squadron.org.uk

7th Epping Forest Scout Group, St Edmund's Church, Traps Hill. Tues: Scouts boys/girls (10½-14½ yrs) 7.30-9pm. Thurs: Beavers boys/girls (6-8 yrs) 5-6pm & Cubs boys/girls (8-10½) 6.30-7.30pm. Keith Davis 07553 376181

16th Epping Forest Scout Group Trinity Church Hall, Mannock Drive. Friday's during term time. Beavers (6-8 yrs) 5-6.15pm, Cubs (8-10 yrs) 6.15-7.45pm & Scouts (10-14 yrs) 7.45-9.30pm. Linda Brede 020 8508 4867/lulu.brede@gmail.com
30th Loughton Scout Group, St John's Church, Church Lane. Beavers (6-8 yrs), Cubs (8-10 yrs) & Scouts (10-14 yrs) Paul Snowden GSL 020 8508 4336 / info@30thloughton.co.uk

41st Epping Forest Scout Group, Lopping Hall, 189 High Rd. Mons 5.45-9pm Thurs & Fri, 6-9pm Beavers, Cubs, Scouts & Explorers girls/boys (6-18) 020 8923 2378 / agsl41@gmail.com

Baby & Toddler 20-min session. Loughton Library, Traps Hill. Mons 10am Tues 10.30am; Thurs 2.20pm. 1st Sats (Daddy Cool) rhyme time 11am. 0333 0132677

Baby & Toddler Group St Edmund's Parish Hall, Traps Hill. Thurs 9.30-11.30am (term time) stedmundsplaygroup@gmail.com

Cha Cha School of Dancing Ballroom and Latin dance class 5 yrs +, Tues & Thurs 5-9pm Murray Hall, 106 Borders Lane, Emma 07970 489949

Girlguiding in Loughton Rainbows Brownies & Guides (girls aged 5-13yrs). Leadership opportunities available for girls & women over 14yrs. 07929 487 964 girlguidinginloughton@virginmedia.com
Tots Time (0-4) Mons 9.30-11am. Forge (Y7-13) Weds 3.30-5.30pm. Shine! Toddler church (2-5) Thurs 9.45-10.45am. After Hours (Y9+) Fri 8-10pm pool & table tennis & console games etc. Shooting stars (Y1-6) St Michael's Church field, Roding Rd, Weds 4pm

Little Angels Baby & Toddler group, St Michael's Church, Roding Rd. Mons 10-11.30am (term-time) 020 8418 7944
Little Oak's Child & Family Wellbeing Service, 020 8508 0932, please see our Facebook page for programme details
Loughton Youth Centre 106 Borders Lane IG10 3SB. ECC Youth Services in partnership 07557 168088 / louisa.stirling@essex.gov.uk

Accuro: young people with learning difficulties Tues 6-9pm. Action for Family Carers: Young Carers Weds 6-9pm (term time) free activities charles.miles@affc.org.uk

Spark Youth Club - Mon/Thurs 3.30-5.30pm term time Age 11-16, 020 8508 6743 Spark@worthunlimited.co.uk

Loughton Youth Project, The Space, Loughton Library, Traps Hill. 24-hour online community radio station. Free afterschool / evening café weekdays. Nick Robinson www.lyradio.com/

Noah's Ark Toddler Group (under 5s) Oakwood Hill Community Hall, IG10 3NB 10-11.30am Tues and Thurs (term time) + Trinity Church, Mannock Drive, IG10 2JD. 10-11.30am Mon and Wed (term time). £1.50 per family. 020 8508 9883

Rainbows, Brownies, Cubs & Scouts Groups, St Michael's Church, Roding Rd. 020 8418 7944

Red Balloon Family, Epping Drama Club 7-16yrs Tues 5.45-7.45pm @ The Box, Epping, CM16 5DN 020 3086 8186 www.rbf.org.uk

Red Balloon Family, UpStage Theatre Company 7-14yrs Mon 5-7pm; 14yrs+ Mon 7-10pm @ Lopping Hall, Loughton, IG10 4LF 020 3086 8186 www.rbf.org.uk

Reindeer Explorer Scouts, St Edmund's Church, Traps Hill. Girls/boys (13½-18 yrs). Fri. Dave Martin 07889 189261

MUSIC

60's music appreciation social group Loughton Club, 8 Station Rd. Last Tues 2-4.30pm 020 8508 8365 / 07761 792691

Loughton Folk Club, 8 Station Rd. Live acoustic music. Thurs, 8pm. Jim 07762 146623 / loughtonfolkclub@googlemail.com

Loughton Ladies Choir Meets every Thurs 2.15-3.45pm St John's Church Hall, Church Lane IG10 1PD. New Members welcome - sopranos/altos Marilyn Cross - 01279 430105

Loughton Operatic Society, Lopping Hall, High Rd, 020 8505 2033. loughtonoperaticsociety@hotmail.com www.loughtonoperatic.org.uk Rehearsals Tues & Thurs

National Jazz Archive, Loughton Library, Traps Hill Mon-Weds, Fri, 10am-1pm 020 8502 4701 www.nationaljazzarchive.org.uk

Roding Players Orchestra rehearsals, Roding Valley High School, Alderton Hill. No audition. Mons, 7.30-9.30pm. Miles Harwood 020 8505 4329 www.rodingerplayers.co.uk/

South West Essex Choir, Loughton Methodist Church, 260 High Rd. Tues, 7.45-10pm. 01992 812606 www.southwestessexchoir.org.uk/

Stand & Deliver Acoustic Open Mic Club, Royal British Legion, 118 Church Hill. 2nd Tues 8pm. Roy Tyzak roy.tyzak@btinternet.com

Woodford Symphony Orchestra welcomes new string players. Rehearsals Thurs, 7.45-9.45pm, Roding Valley High School, 020 8924 9370 www.wsorchestra.org.uk

SOCIAL

The Buffaloes, Loughton Club, 8 Station Rd. A charitable brotherhood - members (18+). Tues & Thurs, 8.30pm. mljdaworsfold@yahoo.co.uk www.loughtonclub.blogspot.com

19 ► Café Hope St Mary's Church, 201 High Rd Mon-Fri 9.15am-2.45pm 020 8508 3643
Chit Chat Club, St Michael's Church, Roding Rd, 1st Thurs, 1-3pm. Social activities & games, refreshments, company. 020-8418 7944
Civil Service Retirement Fellowship, Loughton Library (Jazz Room), Traps Hill. 3rd Mon, 2pm. Mrs E Vale 020 8508 2459
Forest Probus Club, Gilwell Park, E4. 2nd Fri. Lunch & speaker. New members welcome. Chairman Brian Cook 0208 5320227
Friday Market, St Michael's Church, Roding Rd. Fri, 10am-12 noon
Loughton Probus Club, Gilwell Park, Chingford. 4th Tues (lunch). Secretary Derek Allen 020 8504 3074 www.probusloughton.org.uk/
Over 50s Club, Oakwood Hill Estate Hall. Daily programme of activities. 020 8637 4357
Rotary Club of Loughton, Buckhurst Hill & Chigwell The Blue Boar, Market Place, Abridge, RM4 1UA. Thurs 6.15pm www.loughtonrotary.org.uk
Royal British Legion Loughton Branch, 118 Church Hill. Mons & Thurs, 8pm (bingo); Tues & Thurs, 1-4pm line dancing; 2nd & 4th Weds quiz night; last Sun 1-4pm (jazz @ the RBL) 020 8508 5044 www.loughtonrblclub.co.uk
Tea Club - Senior Citizens, St Michael's Church, Roding Rd. Alternate 3rd Sats 3-4.45pm. 020 8418 7944
Wesley Café, Loughton Methodist Church, 260 High Rd Mon-Thurs 10am-3.30pm; Fri to 3pm & Sat to 12.30pm 020 8502 3071
SPORT
All-ability Trampoline Club (disabled people to 19 yrs), Debden Park High School, Willingale Rd. Weds 6.45-7.45pm. Loughton Flyers Trampoline Club & EFDC. Fabrizio Ferrari 01992 564567 / fferari@eppingforestdc.gov.uk

Amici Badminton Club, Roding Valley High School Sports Hall, Alderton Hill. Mons, 8-10pm. Age 30+. Chris 07713 004996
Avenue Lawn Tennis Club, 18 The Avenue, Friendly family club. Membership: juniors 020 8502 3793 & adults 020 8502 1950
Clubbercise Murray Hall, 106 Borders Lane. Easy dance workout routines Weds 7.15-9.15pm Lisa 07877 010158
Colebrook Royals FC, Grange Farm Pavilion, Grange Farm Lane, Chigwell IG7 6DP. Sats & Suns 07951 820444 www.colebrookroyals.co.uk
Connaught Tennis, Squash and Bowls Club Beginners & Improvers Social Lawn Bowls. First 5 sessions free. Make friends, have fun and bowl! Every Tuesday 5pm to 7pm. Connaught Club, Chingford. Call Nicola on 020 8529 2341
EFDC Fitness (all abilities). All classes £5 - first session free. Loughton Bowls Club, Eleven Acre Rise.
Strength & Balance - Mon 10-11am
Beginners Yoga - Tues 10-11am (dementia friendly, free of charge for carers) - Loughton Cricket Club, The Uplands
Pilates - Weds 9.30-10.30am
Keep Fit - Fri 10-11am
 Enquiries: csreception@eppingforestdc.gov.uk / 01992 564561
Epping Forest HF Walking Group regular Sunday walks in the local area. www.effhg.org.uk
Epping Forest Sportability Club (EFSC) Multi-sports club for young people with mild-moderate physical & learning difficulties. Oak View School, Whitehills Rd. Sats 10am-1pm (term time) efsc@hotmail.co.uk www.efsportability.com
Jumping Jens, St Michael's Church, Jubilee Hall, Roding Rd. £4. Tues & Thurs, 8-9pm. 07866 127522
Katy Little School of Dance, Loughton. Ballet, tap, jazz, examinations & shows. 4 yrs to adults 07712 106941 / www.katylittleschoolofdance.co.uk

Keep Fit with Caroline Loughton Methodist Church, Joseph Rank Room, 260 High Rd Tues & Thurs, 10.40-11.40am £5. 07714 467784
Loughton Athletic Club, The Pavilion, South View Rd (Roding Valley Rec Ground). Tues, 7pm. www.loughtonac.org.uk
Loughton Cricket Club The Uplands, Loughton, IG10 1NQ. Mid April through to September. Children (5yrs) to adults. For info: Contact Cliff Greenhill Chairman 020-8502-2064 cliff.greenhill@btinternet.com / www.loughtoncc.hitscricket.com
Loughton Fencing Club Weds, term-time, Debden Park High School, Willingale Rd. All abilities, equipment supplied free. Jnrs 7-8.30pm, snrs 7.30-9pm. First session free. info@loughtonfencingclub.co.uk
Loughton Football Club, Avondale Close. 8-18 yrs + senior team. Suns (yth teams), Sats (snrs) & weekday evenings (training). Keith Campen 020 8508 4757 www.loughtonfc.com/contact-us
Loughton Karate Club, Lopping Hall. All ages & all levels. Suns 5-6pm + weekday evenings. Stephen O' Brien 07758 341584. ALSO **Women's Self-Defence Class** - see website http://loughtonkarateclub.co.uk/
Mountaineering Club, Victoria Tavern, Smarts Lane. Hill walkers & climbers welcome. Mons 8.30pm. www.loughtonmc.org
Lopping Hall community hall in Loughton IG10. Events and shows, rooms to let, dance and keep fit classes, Art Centre. For more info: loppinghallmanager@gmail.com / www.loppinghall.org.uk / 020 8508 1660
Loughton Rugby Club, Hornbeam Road, Buckhurst Hill, IG9 6JT. T: 07939 468222 Training Wednesdays 7.30pm. Matches Saturdays
Loughton Wado-Kai Karate Club, Roding Valley High School Drama Hut, Alderton Hill. All ages. Weds 7pm. 07971 672542 www.loughtonwadokai.co.uk

Old Loughtonians Hockey Club All ages, beginners to elite welcome, www.oldloughtonians.co.uk 02085044010, OLHC@oldloughtonians.co.uk
Pilates classes Epping Forest Community Church, Grosvenor Drive, IG10 2LG, Weds 8pm, Thurs 10am. £5 Suitable for all. www.ginafitnesspilates.co.uk
Roding Valley Angling Club. New members welcome. Darren 07818 392020 / roding.valley.angling.club@gmail.com
Walk - West Essex Ramblers (sorry no dogs). Weekends, Wed & Thurs. 020 8554 1665 / 07434 902394 www.westessexramblers.org.uk
Wing Tjun Kung Fu Roding Valley High School, Alderton Hill. All ages and abilities £8. Sundays (times vary betw 11.15am-3.15pm for each age group) 07977 132111 www.omni-martialarts.co.uk
TALKS
Arts Society Woodford Green, Bancroft's Preparatory School Hall, Whitehall Rd, Woodford Green. Member of NADFAS. 2nd Tues, 7.15 for 8pm. 020 8599 6281
English-Speaking Union, Murray Hall, 106 Borders Lane. 1st Thurs, 10.15 for 10.45am. £5 incl tea/ coffee. 020 8505 9001 / 01992 812454
Mothers' Union, St John's Church in Lady Chapel, Church Lane. 3rd Thurs, 10.30am for coffee & speaker. Ivy Southgate 020 8508 7530
National Trust, £3 non-members. Refreshments & NT info. 020 8508 9541 See Dates for the diary
New Vistas, Loughton Club, 8 Station Rd. Guest speakers. 1st & 3rd Tues 1.45pm. Juliet Hipkin 01992 574552
St John's Wives' Group, St. John's Parish Hall, Church. Lane, Loughton, 1st & 3rd Mons 8pm (excluding August). Anne Pratt 020 8508 3539

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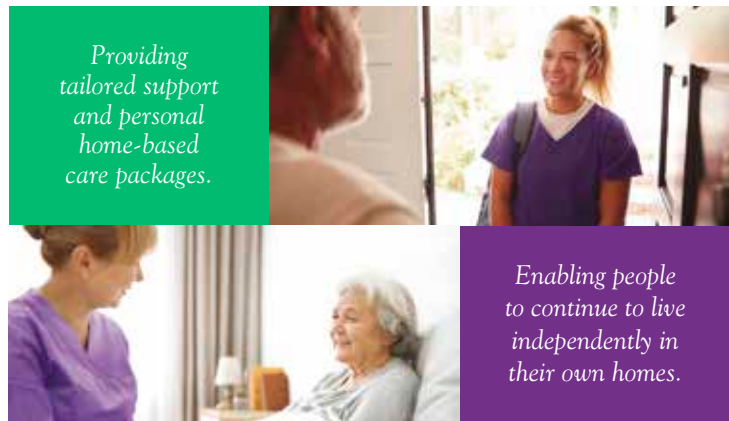
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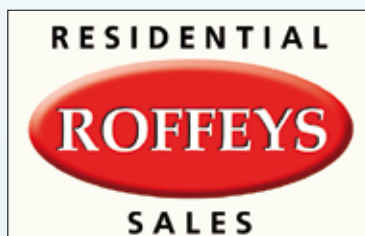
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