



Think Loughton

News from Loughton Town Council

Summer 2014 No 65

Bienvenue à Loughton



THIS SUMMER one of the world's greatest sporting events, the Tour de France comes to our doorstep. On Monday 7 July, following the opening stages in Yorkshire, Stage 3 sets off from Cambridge at 10.15am heading for London, a distance of 106 miles. Twenty-two teams and around 200 riders will be battling for glory with 19 British riders included this year, so look out for favourites Mark Cavendish, Chris Frome, Geraint Thomas and Bradley Wiggins to name just a few.

Leaving Chelmsford at 12.15pm, the Caravane enters Epping Forest district near Willingale. Taking country lanes, it travels west through Fyfield and Moreton before crossing the A414 at the Talbot roundabout. Travelling through North Weald and Epping it should arrive at the Wake Arms roundabout at around 1pm and then joins the A104 Epping New Road past the Robin Hood roundabout just a short walk away for most residents. The race then continues through east London via the Olympic Park before the grand finish on the Mall.

On the route, the race riders are preceded



Photo © Josh Hallett: www.flickr.com/people/12734746@N00

by a huge Caravane Publicitaire of floats and vehicles giving this a carnival atmosphere. You could be part of the anticipated world-wide TV audience of 2.2 billion people who tune in to follow this spectacle, but come on Loughton, leave the comfort of your armchair and see it live by joining the thousands of people lining the route.

Many people are already making plans with family and friends to ensure 7 July is a

great day to remember. Local schools will be closed. Picnics, parties and BBQs will be the order of the day. If you are planning to entertain advise your guests to arrive well before the road closures. Detailed lists of road closures throughout Essex can be seen on the Essex County Council at www.essex.gov.uk/Pages/Tour-de-France.aspx

More cycling news and a copy of the Tour map can be found on pages 10-11.



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Waste Management Hotline	01992 564608
Essex County Council	08457 430430
Adult Social Care	0845 603 7630
Child Social Care	0845 603 7627
Debden Library	020 8508 5869
Education & Schools	0845 603 2200
Loughton Library	020 8502 0181
Registrar of Births, Deaths & Marriages	0845 603 7632

POLICE & FIRE (dial 999 for emergencies)

Essex Police (non-emergency)	101
or Mobile	07968 354021

ADVICE, HELP & INFORMATION

Citizens Advice Bureau	0844 257 1909
Citizens Advice Consumer Service	08454 04 05 06
Epping Forest College	020 8508 8311
Family Care Counselling Service	01992 788499
Jobcentre Plus (Loughton)	0845 604 3719
Loughton Information Centre	020 8502 0181
NSPCC Helpline (freephone)	0808 800 5000
RSPCA cruelty line	0300 1234 999
Samaritans	08457 909090
SSAFA (Loughton Epping & Harlow)	07867 386528
Trading Standards Essex CC (business)	0845 603 7626
Victim Support (Essex)	0845 456 5995

HEALTH & HOSPITALS

ADAS (W Essex Alcohol & Drugs Service)	01279 641347
Alzheimer's Society (Epping Forest)	01279 427522
Breathe Easy Harlow & Epping Forest	01992 573387
British Red Cross	020 8508 2162

Forest Medical Centre	020 8535 6888
Holly House (Private)	020 8505 3311
King George	020 8983 8000
Loughton Health Centre	020 8502 5000
Loughton Stroke Club	020 8508 1100
NHS Direct	111
Princess Alexandra	01279 444455
Rectory Lane Health Centre	020 8272 4600
Spire Roding (Private)	020 8551 1100
St Margaret's	01279 444455
Silverthorn Centre, Chingford	020 8430 7210
Whipps Cross	020 8539 5522

SPORT

Avenue Lawn Tennis Club	020 8505 4704
David Lloyd Chigwell	0845 129 6783
Debden Sports Club	020 8508 9392
Loughton Athletic Club	07958 903842
Loughton Bowling Club	020 8508 3546
Loughton Cricket Club	020 8502 2064
Loughton Football Club	020 8508 4757
Loughton Leisure Centre (& pool)	01992 564574
Loughton Rugby Football Club	07969 638349
Roding Valley Cricket Club	020 8506 1001
South Loughton Cricket Club	020 7813 6053

TRAVEL & TOURISM

Arriva (traveline)	0871 200 2233
First Essex Customer Services	08456 020121
Gatwick Airport	0844 892 0322
Heathrow Airport	0844 335 1801
London Travel Information (TfL & LOROL)	0343 222 1234
Luton Airport	01582 405100
National Express	08717 818178
National Railways Enquiries	08457 484950

Stansted Airport	0844 335 1803
Tourist Info Centre (Waltham Abbey)	01992 660336
Traveline (public transport information)	0871 200 2233

PUBLIC UTILITIES

EDF Energy Emergency Service	0845 6014516
National Gas Emergency Service	0800 111 999
Thames Water 24 hour leakline	0800 714 614

COMMUNITY

Age UK Essex	01245 346106
Age UK Advice	0800 169 6565
Care & Repair Service	01992 564086
Churches Together in Loughton	www.loughtonchurches.org.uk
ignite (Youth Activities)	020 8508 3643
Loughton Arts Centre	07532 053194
Loughton Voluntary Care Assoc.	020 8508 6114
Loughton Youth Project	www.lyp.get-ctrl.com/
Restore Community Centre	020 8508 7247
Royal British Legion (Loughton Branch)	020 8508 5044
Voluntary Action Epping Forest	
General Enquiries	01992 564178
Volunteering Enquiries	01992 564256
Women's Royal Voluntary Service	0845 608 0122

CINEMAS

Odeon (South Woodford)	0871 22 44 007
Odeon (Lee Valley)	0871 22 44 007
Cineworld (Harlow)	0871 200 2000

LOCAL AMENITY REFUSE POINTS

Chigwell IG7 5AA	Luxborough Lane
Waltham Abbey EN9 1JU	Brooker Road
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Essex County Council	0845 603 7625
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Clerk's Remarks



WE ARE delighted that the pop-up skate park sessions at Roding Valley High School run by Skate Loughton, with support from the Loughton Youth Project and the town council, have been such a success with over forty youngsters from 4 to 18 enjoying the temporary facility. The next session is on Monday

30 June from 6pm. Visit www.skateloughton.org for details.

This summer edition provides details of many other free community events that help make Loughton such a special place to live. Not already listed are the popular Teddy Bears Picnics on Jessel Green organised by the Little Oaks Children's Centre which this year will be on Wednesday 2 July and Tuesday 19 August from 10am-11.30am.

On a more sombre note, plans are underway for ceremonies on Monday 4 August to mark the centenary of the First World War. More details of these and other local commemorations will appear in the local press.

April saw the official launch of the Community Tree Strategy. Look out for details in the Autumn edition on how you can nominate your favourite trees in

Loughton.

Jeff Barber, the National Allotment Society's Eastern Region representative, has accepted the town council's invitation to judge this year's Best Allotment competition in late July. If you have been inspired by TV's Big Allotment Challenge and would like to try "growing your own" there are a few vacancies at the local sites, so contact the council for details.

We are pleased that Essex County Council agreed we had a strong case for the footpath running from Borders Lane to Rectory Lane to be added to the Definitive Map confirming its status as a public right of way. The Order was made on 5 March 2014 but as the appeal period runs until 30 May at the time of writing it is not yet confirmed.

Part night street lighting has

been a controversial issue. The town council has on several occasions pressed Cllr Rodney Bass of ECC to delay the switch off in Loughton until at least 15 minutes after the end of public transport services but sadly with little effect to date.

Speeding traffic, particularly in Oakwood Hill has been a concern for residents. We are now looking to set up a Community Speed Watch scheme and will be recruiting volunteers to assist the police in raising awareness of this danger on our roads.

Finally, on behalf of the council, I send our very best wishes for a speedy recovery to my deputy, Shirley Haynes, who is undergoing a back operation.

Enid K Walsh
Town Clerk

Memorial Rose Garden



AFTER MANY years of negotiation, planning and fundraising, this popular garden in Roding Road, next to St Michael & All Angel's Church, has been restored to its former glory. The garden had been open to the public since the 1960s but had become overgrown during the 1990s.

Cllr Ken Angold-Stephens, the key driver of this project in recent years, worked tirelessly to raise the necessary funding. He secured almost £26,000 to enable the works to be completed, with over £17,000 coming from the SITA Trust and the remainder from Epping Forest District Council, Essex County Council, Loughton Town Council and The Grange Farm Trust. Other donations from local walking group, The Ravers, the Loughton and Buckhurst Hill Rotary Club, and local

accountants, Haslers, provided a sculpture created by local artisan, Clive Dand.

Professional landscape architect, Jennie Hart (also a former EFDC councillor) provided the attractive garden design ensuring that, wherever possible, the plants were native species.

The garden is fully accessible with three memorial benches provided amongst the roses for residents to relax on as they return on foot from the High Road. The benches include one in remembrance of Joan Ormston, former councillor and mother of Jack Straw, MP.

The town council will now take on a lease from the church and ensure that regular maintenance keeps the garden looking at its best.



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Loughton Town Council

Town Mayor and Deputy Town Mayor to be appointed on 28 May 2014 Town Clerk: Enid K Walsh

Councillors

ALDERTON WARD

Cllr Philip Abraham 020 8502 2925
1 Lancaster Drive
Loughton IG10 3NQ
philabraham2000@gmail.com

Cllr Ed Stacey 020 8502 2926
24 Russell Road
Buckhurst Hill IG9 5QJ
edward_stacey@hotmail.com

Cllr Tracey Thomas 07508 193187
110 Grosvenor Drive
Loughton IG10 2LE
traceythomas210@gmail.com

BROADWAY WARD

Cllr Leon Girling 020 8418 0076
95 Willingale Road
Loughton IG10 2DD
leongirling@gmail.com

Cllr John Mahoney 020 8502 3192
149 Colebrook Lane
Loughton IG10 2HP
johnnymahoney@uwclub.net

Cllr Margaret Owen 020 8508 6916
15 Lower Park Road
Loughton IG10 4NB
mo4labour@hotmail.co.uk

FAIRMEAD WARD

Cllr Jill Bostock 020 8508 3482
91 Queens Road
Loughton IG10 1RR
jillbostock@hotmail.co.uk

Cllr Carol Davies 020 8508 4234
13 Colebrook Gardens
Loughton IG10 2HS
carolchristmas@yahoo.com

Cllr Judy Jennings 020 8508 1861
94 York Hill
Loughton IG10 1JA
clljennings@hotmail.co.uk

FOREST WARD

Cllr Jill Angold-Stephens 020 8281 0674
89 Lower Park Road
Loughton IG10 4NE
jill@angold-stephens.co.uk

Cllr Trevor Downing 020 8508 8877
207 Smarts Lane
Loughton IG10 4BW
downingtj1@gmail.com

Cllr Sharon Weston 020 8502 0713
58 York Hill
Loughton IG10 1JA
sharon.weston2@btinternet.com

RODING WARD

Cllr Ken Angold-Stephens 020 8281 0674
89 Lower Park Road
Loughton IG10 4NE
ken@angold-stephens.co.uk

Cllr Margaret Chalk 020 8508 2226
49 Southview Road
Loughton IG10 3LQ

Cllr Stephen Murray 020 8508 7548
1 Avondale Court, Avondale Drive
Loughton IG10 3BT
stephen.w.murray@hotmail.com

Cllr David Wixley 020 8418 9284
2 Copper Beech Court, Goldings Road
Loughton IG10 2QH
david.wixley198@btinternet.com

ST JOHN'S WARD

Cllr Stephen Pewsey 020 8508 5582
59 Wroths Path
Loughton IG10 1SH
stephen-pewsey@fsmail.net

Cllr Caroline Pond 020 8508 2361
Forest Villa, 7 Staples Road
Loughton IG10 1HP
caroline_pond@hotmail.com

Cllr Chris Pond 020 8508 2361
Forest Villa, 7 Staples Road
Loughton IG10 1HP
loughton_ponds@hotmail.com

ST MARY'S WARD

Cllr Philip Beales 020 8418 0459
65 Harwater Drive
Loughton IG10 1LP
philip.beales@loughtonresidents.co.uk

Cllr Imogen Lawrence 020 8508 4200
1 Longfield
Loughton IG10 4EE
imogenlawrence@btinternet.com

Cllr Harvey Mann 020 3605 5956
20 The Heights
Loughton IG10 1RN
councillormann@outlook.com

Committee memberships were finalised at the Annual Council meeting on 28 May 2014 (after Think Loughton went to print). Details of the new Town Mayor, Deputy Town Mayor and the Committees are available on the town council website www.loughton-tc.gov.uk

The views expressed in *Think Loughton* are not necessarily those of Loughton Town Council, and the inclusion of advertisements does not constitute an endorsement by the council of any products or services.

Further copies of *Think Loughton* are available from the Town Council and local libraries. A digital version of *Think Loughton* can be viewed on the council website where a PDF version can be downloaded. It is also available on tape - please call us to request a copy.

Contacting us

For editorial contributions and diary entries, please call 020 8508 4200. For advertising enquiries, please call 01787 461824.

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1 Buckingham Court, Rectory Lane,
Loughton Essex IG10 2QZ
T 020 8508 4200 **F** 020 8508 4400
E contact@loughton-tc.gov.uk
W www.loughton-tc.gov.uk

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8 St Michaels Road, Chelmsford,
Essex CM2 9PT
T 01245 606042
E mail@scottdryden.co.uk
W www.scottdryden.co.uk

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Town Council Meetings

All meetings take place at 1 Buckingham Court, Rectory Lane, Loughton, at 7:45pm unless otherwise indicated.

2014

June 16 Planning & Licensing

18 Recreation

30 Planning & Licensing

July 2 Environment & Heritage

14 Planning & Licensing

16 Resources & General Services

28 Planning & Licensing

30 Council

Aug 18 Planning & Licensing

For dates of subsequent meetings, check the council's website.

News round-up

■ **WEDDING FAYRE** is to be held at the Murray Hall on Saturday 28 June from 11am to 3pm. Loughton's largest community hall is soon to be licensed for civil weddings. So, if you're planning your big day, why not take this opportunity to check out the venue and the wedding services available locally to make your celebrations a day to remember. For more information, contact the town council's Halls and Bookings Administrator, Judy Graham, on 020 8508 4200 ext 215.

■ STAFF MATTERS:



Pippa Bryce, our new Administrative Assistant, lives in Loughton and previously worked in the HR Department of a firm of City Accountants. She is also a qualified florist. She organises the town

mayor's engagements, has responsibility for annual events including the Light up a Life and Civic services, and deals with initial enquiries on cemetery matters.

Stephen Heath has joined the caretaking team at the Murray Hall to help our busy community hall stay looking tiptop. A caretaker with a local school, his experience will benefit the varied hirers at the Murray



Hall in Borders Lane who use the venue for birthday, engagement or family parties, wedding receptions and business events.



Alex Wilson, our newly appointed Cemetery Attendant, previously worked for the council as a Park Warden until 2007, so is already very familiar with Loughton. Alex has been working hard to ensure the cemetery looks its best

for the many visitors looking for the graves of their families.

■ **M25 WIDENING SCHEME** between junctions 23 and 25 has created a "smart motorway" with the hard shoulder used permanently as a traffic lane.

If you have the misfortune to breakdown in this section and can't exit the motorway at the next junction, use the traffic refuges provided for such emergencies. If you have to stop in a live lane, put on your hazard warning lights to warn other drivers and alert the CCTV operators. If you're in the left hand lane, exit your vehicle via the left hand door and wait for help behind the safety barrier. If you cannot exit the vehicle or it is not safe to do so, keep your seat belt on and dial 999.

For more information visit www.highways.gov.uk/our-road-network/managing-our-roads/improving-our-network/smart-motorways/

Outdoor gym



How members of the town council's Service Team keep fit in their lunch break

HAVE YOU visited this exciting new facility on the Willingale Road Playing Field? Installation was finally completed in April after winter weather delays. This equipment provides a different set of pieces with a mixture of moving and static equipment providing an alternative to the popular and well-used gym on the Roding Valley Recreation Ground.

To get maximum benefit from the new equipment, come along to the free induction sessions provided by qualified fitness instructors from Epping Forest District Council.

Dates of these induction sessions will be publicised once confirmed or phone the town council on 020 8508 4200.

Clear instructions are printed on each unit with suggested workouts dependent upon ability. There are also QR (quick response) codes on each unit that can be scanned with a mobile phone to view the equipment in action.

This facility provided by the town council was supported by a grant of £10,000 from the Essex County Council's Community Initiatives Fund.

Lifetime Achievement Award

THE TOWN council sends congratulations to one of its own; Cllr Stephen Murray received a Lifetime Achievement Award in the Essex Teaching Awards 2014.

Stephen, a long-serving teacher at Roding Valley High School, said: "I am absolutely thrilled by this award and would like to thank the school for nominating me. I have thoroughly enjoyed my 32 years teaching in the Epping Forest area and have had the privilege of working with excellent students, colleagues and parents."

"Teaching is a hard, full-on job but each day is different, nearly always enjoyable and each day usually has its own moment of magic."

Also receiving a teaching award was Sandra Blooman from the Davenant Foundation School in Loughton.



Photo © David Jackman - Everything Epping Forest

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Community fun day



SATURDAY 12 JULY will see local families spoil for choice with a wide range of events across the town.

Following the successful event in 2013, the town council's **It's A Knockout!** returns to Jessel

Green, between Jessel Drive and Goldingham Avenue, from 10.30am to 3.30pm. This summer will see the event combined with the very popular "Roll Down, Bounce Up" day providing fun for all the family with zorbing, bouncy castles and lots of

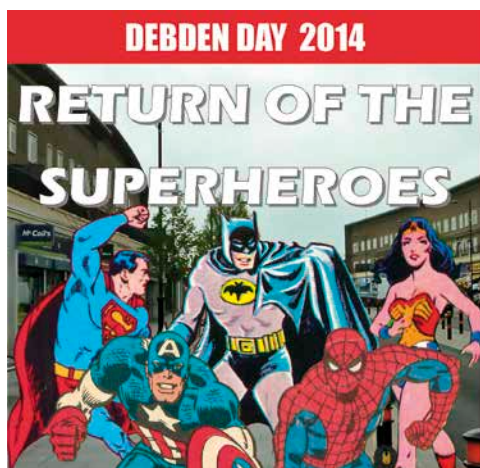
food stalls. Luke Lowrie from the charity "The Red Balloon Family" is leading the work of both Epping Forest Community Church and Restore to provide a range of activities for all ages.

Team bookings are already being taken for It's A Knockout! We're looking for twenty-four teams of up to 10 people per team, so don't delay – sign up today! Entry costs £100 per team and all competitors must be over 13 years. Please download the entry form from the town council's website www.loughton-tc.gov.uk or contact the council for more information.

In the High Road, Love Loughton, led by St Mary's Church, will run from 12 noon to 4pm. Local shops will be involved and there will be the X Bus fun for children and young people parked on Centric Parade!

A bouncy castle and other rides have been booked! So, come and watch local acts on the community stage outside St Mary's whilst enjoying something to eat or drink from Cafe Hope. Local charities and groups will have stalls so you can see what goes on around Loughton.

LOUGHTON



DEBDEN DAY returns on Saturday 14 June from 9.45am – 4pm with a programme of non-stop entertainment on The Broadway for all the family.

The theme for this popular event is the Return of the Superheroes with members of the Avengers, Superman and Wonderwoman. Why not enter the costume competition to win a prize!

This is a good moment to mention our own superhero, Dave Stannard, the force behind Debden Day. Dave has not been in the best of health and we send him our very best wishes.

Highlights include free fairground rides, face painting, bouncy castles, horse and carriage rides from T Cribb and Sons and the unveiling of a new community mural designed by hundreds of local young people.

Local residents over 60 can enjoy a free afternoon cream tea at Thomas Willingale Primary School with Old Time Musical Hall entertainment. Call 020 3086 8186 (option 3) to reserve your space.

Live entertainment will feature the Thomas Willingale School choir, Epping Forest Community Theatre and the rock band 'Avalanche'. There's also an under 18's Debden's Got Talent competition.

Don't forget to enter the raffle. Tickets are on sale in a number of Broadway shops, kindly supported by local organisations.

Visit www.debdenday.com or 'like' us at www.facebook.com/debdenbroadway

Citizenship Award 2014



CONGRATULATIONS to Janet McNeill who received the 2014 citizenship award for her dedication, inspiration and commitment as a Brownie Leader for almost 40 years.

Janet has been with the 15th Loughton Brownies, based at St Michael's Church, since 2001. Susan Wiseman, the Division Commissioner, wrote, "Janet is an inspiration, a role model and a tremendous support to all other leaders from the Division and the Commissioners too, giving sound, rational, unbiased advice. You never forget a good guider and there are so many ex-brownies who will never forget Janet's leadership. She always goes above and beyond the call of duty and, as one of this Division's strongest assets, certainly deserves wider recognition

and deep gratitude."

Lord Petre, Lord Lieutenant of Essex, presented Janet with the Community Rose Bowl and scroll during the town council's annual Civic Service held at the Loughton Methodist Church on Sunday 2 March. Janet also received a cheque for £250 for her favourite local charity, the Loughton South District Brownies and Guides.

The Civic Service was organised by this year's town mayor, Cllr Jill Angold-Stephens and celebrated the sense of community in the town. We are grateful to Revd Oseias Da Silva for leading the service and allowing us to use the church and also to organist, Malcolm Bell, and the Staples Road Junior School choir who provided the music.



Charity fun run

DONATIONS totalling almost £1,000 have been made to Chigwell Riding Trust, the town mayor's 2013/14 charity.

Our thanks go to the generosity of the entrants, who joined our charity fun run in April, and those who attended our Civic Service in March. This money will help the Trust reach its target of £50,000 this year to help celebrate its 50th anniversary.

This year's fun run saw over 80 runners, despite the drizzly conditions, complete the 4km course around the beautiful Roding Valley Recreation Ground. We thank local fitness instructor, Sarah Jacobs, for leading the pre-run warm-up session to minimise any pulled muscles! Everyone who completed the course, including one member of the Loughton Athletic Club who was in his eighties, was presented with their medals by the town mayor, Jill Angold-Stephens.

We send our thanks to the Loughton Athletic Club and Chigwell Air Training Corps for providing the stewarding and to Katie and Laura from the

2nd Loughton St John's Guides who provided welcome hot drinks and cakes to raise funds for their trip to the World Scout Jamboree 2015 in Japan.

Congratulations to the leading runners, Richard Reid closely followed by his dad, Scott, Alan Browitt and Sarah Jacobs.

Below: Winning runners Scott and Richard with mayor, Cllr Jill Angold-Stephens and Deborah Hall with Tansy



Make A Will Fortnight

AT ST CLARE HOSPICE we know that when it comes to looking after our family, there isn't much any of us wouldn't do to take care of the ones we love. So it might come as a surprise that when it comes to stating our wishes for after we've gone, almost 28 million of us – more than half of the 50 million adults living in the UK – do not have a Will.

To mark this year's Make a Will Fortnight from June 16 to 27, the hospice is urging people that it is never too soon to start thinking about. St Clare staff nurse Rachel Law says "Working at the hospice, it's something we talk to our patients about all the time, but when it comes to making a Will yourself you tend to forget to sort it out."

During Make a Will Fortnight, solicitors from across the hospice area will be waiving their fee to write or update a standard Will in exchange for a donation to St Clare. For more information, call St Clare corporate fundraiser Brooke Stacey on 01279 773750.

Participating solicitors:

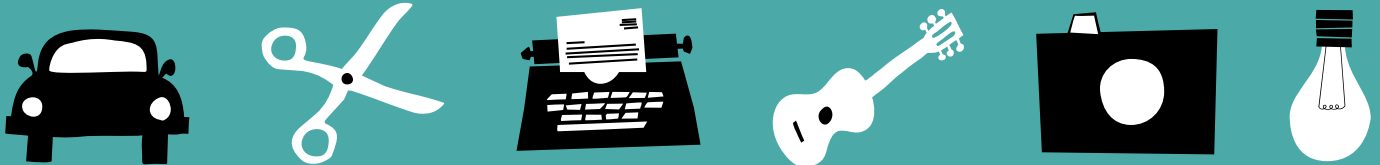
Diamonds Solicitors, Queens Road, Buckhurst Hill 020 8559 0778

DJK Solicitors, Highbridge Street, Waltham Abbey 01992 718880

Foskett Marr Gadsby & Head LLP, High Street, Epping 01992 578642 also High Road, Loughton 020 8418 1300

Thirsk Winton LLP, High Road, Woodford Green 020 8505 4777

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Dates for the diary

■ Until 28 Sep, 2-5.30pm Sundays:

Church of the Holy Innocents, Church Lane, High Beach IG10 4BF. Listen to organ music & enjoy refreshments/cake. Revd Gill Hopkins 01992 760492

■ **Jun-Aug Summer visits National Trust** Woodford Green Centre. 020 8505 3640 (for availability)

■ **12-14 Jun, 8pm The Imaginary Invalid** by Moliere (adapted by Miles Malleson). £10. 07552 736110 www.lads.org.uk

■ **12, 19 & 26 Jun, 1.45-3.15pm Learn to crochet** £5 per session incl wool. LifeWorks, Loughton Methodist Church, 260 High Road. 07738 625878

■ **14 Jun, 9.45am-4pm Debden Day** The Broadway. For programme of events (see p6)

■ **14 Jun, 8.45am-6.30pm Clare & Lavenham coach trip** to historic Suffolk wool towns (pick-up from Traps Hill car park). £25, £27 non-members. HEARS 020 8508 2512

■ **15 Jun, 2-4pm Summer afternoon of music:** local professional musicians & singers. £5 + tea & cakes. Proceeds to LifeWorks, Loughton Methodist Church, 260 High Road. 07738 625878

■ **15 Jun, 2.30-4pm Walk in concerts** High Beach Church (see top entry)

■ **22 Jun, 3pm Woodford Singers 1-hour concert.** Retiring collection. High Beach Church (see top entry)

■ **26 Jun, 7.45pm Smocking** Essex Handicrafts Association Woodlands Branch 020 8508 7657

■ **28 Jun, 10am-3.30pm Rebuilding of London after the Great Fire of 1666.** £15 (in advance/on the door). HEARS study day, St Mary's Church, 201 High Road. 020 8508 2512

■ **28 Jun, 7pm Summer's Heav'nly Harmony** summer concert & bring-your-own picnic. £10 adults, £8 conc, £5 u16s (in advance/on the door). Chigwell Choir, New Hall, Chigwell School, IG7 6QQ. 07958 763213 www.chigwellchoir.org

■ **28 Jun, 9.30pm 80s Midnight Walk** 5km/10km route (starting outside Harlow ASDA). St Clare Hospice 01279 773750 www.stclarehospice.org.uk/midnight.html

■ **29 Jun, 10.30am Horseman's Sunday** for horses & riders (other pets welcome). The Green (crossroads of Avey Lane & Church Road) High Beach Church (see top entry)

■ **2 Jul, 1-3pm, 7 Jul, 6-8pm & 6 Aug, 1-3pm Tours** British Postal Museum Store, Unit 7, Imprimo Park, Lenthall Road, IG10 3UF. Book: 020 7239 2570 www.postalheritage.org.uk

■ **3 Jul, 10.15am Life & Work of William Morris** Fiona Rose. £4 incl tea/coffee. English-Speaking Union, Murray Hall, 106 Borders Lane. 020 8505 9001

■ **5 Jul, 10am-12 noon Family Art Day** (all ages). £3 incl refreshments. LifeWorks, Loughton Methodist Church, 260 High Road. 07540 110199

■ **6 Jul, 2-5.30pm Storytelling** by Stephen Fellowes & his friends (all ages). High Beach Church (see top entry)

■ **7 Jul Tour de France** (see p1,10,11)

■ **8 Jul, 8pm The Punch & Judy Show** Bertie Pearce BA (Hons), Inner Magic Circle member. Bancroft's Decorative & Fine Arts Society (talks), Bancrofts Preparatory, School Hall. 020 8531 1140

■ **12 Jul Community fun day: It's A Knockout! & Roll Down Bounce Up**, Jessel Green, & Love Loughton, High Road (see p6)

■ **12 Jul, 7pm Chingford Ladies Choir** led by Fru Chilvers. £10 incl buffet supper & wine/soft drink (in advance/on the door). High Beach Church 07572 111387

■ **18 Jul Paul Jones & friends** sing blues, standards & some of his hits. Chingford Assembly Hall, Station Road, E4 4EN. Book: National Jazz Archive, Loughton Library 020 8502 4701 www.nationaljazzarchive.org.uk

■ **19 Jul, 11am-4pm High Beach Festival:** dog show, children's races, live jazz band, BBQ & lunches. Epping Forest Field Centre & High Beach Church (see top entry)

■ **20 Jul, 2.30-4pm Walk in concerts** High Beach Church (see top entry)

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Town Clerk **Enid K Walsh**

Annual Report 2014

The councillors elected in May 2012 have now become experienced and valued members of the Town Council. They have brought new ideas and enthusiasm to the meetings and we are able to provide a strong and vibrant team, working together to improve and develop the facilities that Loughton offers to residents and visitors alike. As well as attending meetings of the Council, we serve on the committees of various local associations including the Citizens Advice Bureau, ECC Parish Passenger Transport Meeting, Lopping Endowment and Town Centre Partnerships. This provides an ideal opportunity to learn more about our local community and its concerns and we report these meetings back to the Council to ensure we are all kept up to date.

It is important to realise that the Town Council cannot make a difference in all areas as many concerns such as potholes, anti-social behaviour or indeed the new part night lighting on our streets are the responsibility of others, be it district or county. However, working as a team within the three tiers of local government we are able to make progress together. We can and do report these problems to a higher level and often this produces the results we would wish for.

The Council is keen to provide excellent community facilities for local families. These currently include two halls for hire, sports facilities such as games pitches and tennis courts, the outdoor gym equipment and children's play areas. During the year I have opened two refurbished play areas – one by Colebrook Lane designed to appeal to those children who need specialist equipment as well as the physically able children, with a second for younger children at Monks Grove on the Oakwood Hill estate. In both cases it was difficult to perform the official opening as the children including a group from Oak View School were so keen to use the facilities. Our future plans include improvements at the Roding Valley Recreation Ground, protection for more of our green spaces and facilities for our young people. During the summer there will be a monthly skateboarding facility at Roding Valley High School. We are also working with EFDC and the City of London to ensure that residents enjoy the Tour de France passing through our district. This is a unique opportunity to see a world class event right on our doorstep – I am already planning my picnic!

Following the success of the Diamond Jubilee events in 2012 we now provide a calendar of community events which include an increasing number of 'Play in the Park' sessions; a teddy bear's picnic at which my rather large teddy bear (borrowed for the day) proved a great ice breaker with even the smallest children; and the "It's a Knockout" competition on Jessel Green.

If I had to mention a few highlights of my year, they would definitely include my visits to the Chigwell Riding Trust, meeting both volunteers and riders, and the horses and ponies; the production of The Wizard of Oz performed with evident enjoyment by the pupils of Oak View School (I made the mistake of wearing red shoes to this event despite the fact that 'everyone' knows that only Dorothy wears the red shoes) and a visit to four sites in Epping Forest where volunteer scouts and leaders from all over England spend part of their summer holiday doing conservation work, which this year ranged from digging out silted up ponds near The Waterworks to preparing ground for planting of a new wood at Upshire.

I would like to finish by thanking others - my fellow councillors for their hard work and support of me over the year; particularly Sharon Weston, my deputy as mayor. Also, on behalf of us all, I would wish to thank the staff of the Town Council led by Enid Walsh, the Town Clerk. It is their sterling efforts which ensure that so much of what we plan actually gets done.

Cllr Jill Angold-Stephens

Town Mayor

Resources & General Services

Cllr Stephen Pewsey

The Resources & General Services Committee oversees the finances and governance of the Town Council. The precept – that part of the council tax which is allocated to Loughton Town Council – is your money, and it is our highest priority to make sure that it is spent effectively and wisely.

We scrutinise every penny, looking for value for money and the elimination of waste while still delivering the high quality services and projects which you have come to expect from us, all of which directly benefit the people of Loughton in every part of the town. We have insisted on the most robust and scrupulous controls to ensure that we meet the highest standards of accountability to you, and all our procedures and activities are fully transparent.

This approach by the Committee has enabled the Town Council to keep the precept at the same level – less than £1 a week for Band D council tax payers – for a further year, which means we have held the precept at this low level for five years without an increase. Many hard-working families in Loughton are still struggling to make ends meet as we emerge from the recession, so we know this will be welcomed by all. Our aim has been to keep Loughton a low-tax town which is open for business, and we believe we are continuing to deliver on that goal.

The Committee is also responsible for awarding grants to local good causes, and this year more than ever we have been overwhelmed with requests. This has largely been because other authorities and government agencies are cutting back on their support for voluntary bodies. Our criteria for making grants remains that the project or service should be of direct value to the people of Loughton. We particularly seek to support the vital work of the Citizens Advice Bureau and local voluntary groups which work with our young people, such as the Loughton Youth Project and the many scouting and guiding groups. This year we have also directed some of our funding towards projects which help the vulnerable elderly in the town.

Another way we provide support for the work of the many voluntary groups and charities that help make Loughton such a special place to live and/or work is through publicity and articles in 'Think Loughton'. This quarterly newsletter is delivered to every home and business in the town and in addition promotes a wide range of activities in the local community.

I would like to thank the hard work of all the Town Council officers, especially the Town Clerk Mrs Enid Walsh, and my fellow committee members, particularly my Vice-Chairman Mrs Jill Angold-Stephens, for their countless hours of effort on your behalf.

Recreation

Cllr David Wixley

The Committee has dealt with a wide range of issues during the last year.

In June official openings of the refurbished playgrounds at Colebrook Lane and Monks Grove were held, and in July there was a special ceremony at the Hillyfields Open Space to celebrate its award as a Queen Elizabeth II Playing Field. This status preserves the area for recreational purposes for the benefit of present and future generations. Six English oak trees have been planted at Hillyfields to commemorate her Majesty the Queen's Diamond Jubilee with each tree representing a decade of her reign.

In conjunction with the City of London, essential tree works and improvements to the grass area were carried out on Standard Green. Sponsorship by Savills Estate Agents will provide for an interpretation board to be installed.

The Committee was also pleased to support the lighting of a Menorah on the green to celebrate the Jewish festival of Chanukah.

On the Roding Valley Recreation Ground a path will be constructed to permit wheelchair access from Roding Road to the South Loughton Cricket Club and beyond to link up with the riverside path. The SLCC provides cricket for players with disabilities. This scheme has attracted a grant of £20,000 from the Community Initiatives Fund run by Essex County

Council. The RVRG is also the venue for the annual Town Mayor's charity fun run held this year on 6 April.

The installation of an outdoor gym on the Willingale Road Playing Field was delayed until April because of the recent wet weather. This too attracted a grant of £10,000 from the Community Initiatives Fund.

Work on the Willingale Road Open Space, to create a nature reserve, has continued thanks to the efforts of the Epping Forest Countrycare volunteers.

The Committee was happy to sanction the Town Council's role in supporting the "Summer on the Green" events held on the Jessel and Rochford greens as well as the "Santa Comes to Town" parade. A similar programme of events is planned for this year.

Working with Skate Loughton, the Loughton Youth Project and Roding Valley High School, the Committee agreed to fund six skateboarding evenings at Roding Valley High School to run from March until September.

The Kingsley and Murray Halls continue to be popular venues for hirers and a Wedding Licence application is to be submitted for the Murray Hall with a Wedding Fayre to be held on 28 June 2014. Both halls are to have energy efficiency audits.

Essex County Council's consultation document on the future of Children's Centre Services was responded to with the Committee expressing its concerns in relation to the relocation of services and the consultation itself.

The Committee's remit includes community safety, and police officers have attended two of our meetings to report and answer questions on local policing. We also received a presentation from a local Neighbourhood Watch Co-ordinator.

Finally I thank members of the Committee and officers for their contributions and help throughout the year.



Environment & Heritage

Cllr Caroline Pond

Amongst the many and varied responsibilities of this Committee is that for the drinking fountain – one of the few in the country that is still in working order. We were very upset to see that this landmark of the High Road had been vandalised in December. The Town Council staff were quickly on the scene and I am pleased to say it has been mended and is now back in place. It was insured. We are currently looking into ways of renovating the wooden canopy that has become worn over the years.

Concern was expressed by residents in 2012 about the closure of the footpath between Rectory and Borders Lanes while the nursing home replacing the former sports centre was being built. Following evidence submitted by the public to its use over a period of at least 20 years, the County Council has agreed to its registration as a designated footpath. (There are still some formalities to go through but this is excellent news.)

The submissions to Essex County Council of four of Loughton's green spaces to be considered for Village Green Status have been made; these are Jessel, Newmans, Rochford and Rookwood Gardens.

Two new heritage plaques were added to the 34 we already had. Ken Campbell, actor, director and playwright is the latest at 40 Baldwins Hill, and the other was for Ralph Russell, the foremost Western scholar of Urdu, in Queens Road.

I said last year that we had spent a lot of time considering our two allotment sites. The Town Clerk has been involved in regular inspections when conditions allowed, but the wet weather has meant it is hard to let empty ones and keep plots up to high standards.

Despite this the annual best allotment competition was held. The winner was Brian Smith, runner up Rosie Partridge both from the Potato Ground, Highly commended - Lesley Ford from the Roding Road site and Wyn Marshall from the Willingale Road site. The judge was TV presenter and writer Christine Walkden. A special Town Mayor's Prize was awarded to newcomer Chris Hunt. The shortlisting in 2014 will be carried out by one representative from each site assisted by the Town Clerk.

Road safety – following the fatal accident in Oakwood Hill we are investigating the participation of the Council in the Community Speedwatch Scheme. Accident prevention measures are in the hand of Essex County Council of course.

Loughton and its Trees, a Community Strategy produced by the District Council in conjunction with the Town Council, has been available on the web for some time. A book is now available in the Loughton bookshop and from the Loughton and District History Society. An action plan has been drawn up to enable the key partners to take the Strategy forward.

The Cemetery Chapel was opened to the public as part of the Heritage Open Days event. There were more visitors this time, and from further afield, than we have had before to this building and to others around the Town. Thanks to those that opened and to the Town Council staff for coordinating the event. The dates for 2014 are 11 to 14 September.

Every year more and more people attend the Remembrance Sunday event at Loughton's war memorial. The Council has worked closely with the Royal British Legion, Churches Together in Loughton, and the police to ensure all goes smoothly. We hope soon to publicise local events being held to commemorate the 100 years since the First World War. There are plans for a service at the memorial on 4 August 2014.



Christmas decorated windows in the shopping centres were judged again and it was very difficult to choose the winners; BaBaBoom won for the independents, Mr Simms Olde Sweet Shoppe for the multiples and Barnardo's for the charity shops. There were also 3 runner ups and 3 highly commended.

Routine work like the flower baskets in the town centres, alleyway name plates, and seats and benches continues.

We considered the County Council's Part Night Street Lighting experiment, on which we were given less than three weeks to comment without any reference to a list or map as to which lights were to be switched out. The Committee's view was that lights should be left on until 15 minutes after the last train has gone. We suggested many areas where lights should be left on but none of these were agreed.

Finally thanks must go to the Town Clerk and her staff and all the Committee members for their hard work.

Planning & Licensing

Cllr Chris Pond

The Planning and Licensing Committee now comprises six experienced members. As before the Committee has met every fortnight, and to date has considered some 318 planning applications and 8 licensing issues, together with a few special topics, including items remitted from other committees where we meet within a deadline and they do not.

As foreshadowed in the last two annual reports, the Local Planning Authority's new Local Plan has been a significant issue, though they have made much less rapid progress on it than they or we had anticipated. We have attended the Saturday morning workshops at which Cllr Weston was the Committee's representative, and I went along too. Slow progress on the Local Plan has perhaps led to a number of somewhat speculative applications, particularly for garden-grabbing development. The Committee has taken a robust attitude to these.

I reported last year that the Committee was attempting to persuade Epping Forest District Council to adopt areas of Special Townscape Merit in lieu of the six extra conservation areas we had suggested. There are also other streets in Loughton that might fit the STM bill. We are also looking for progress on revision of the local list of buildings of architectural and

historic importance as recommended by the EFDC Heritage Asset Review consultants. However, the LPA has been exceedingly slow to act.

We have seen this year yet more public speakers, both in favour of and opposing planning applications. It is still relatively unusual to have to extend the meeting beyond the 9.30pm cut off time.

Major applications this year have included 64 flats and retail units on the site of the Winston Churchill PH, which the Committee resolutely opposed, but for which EFDC eventually gave planning approval.

Changes in the permitted development regime have meant there are a few categories, such as long rear extensions and lawful development certificates, on which the Committee no longer comments.

EFDC has not so far stopped the supply of paper plans. The Committee has no objection to their doing so, and working entirely electronically, but needs certain safeguards first.

We owe much to our indefatigable Planning Committee Clerk, Vivienne Messenger, and to Cllr Jill Angold Stephens for being the laptop operator, and I would like to thank all members of the Committee for their attendance and attention to detail.

Attendance at meetings during the municipal year 2013/14

Committee/ Councillor	Council 7 meetings	Planning & Licensing 24 meetings	Recreation 5 meetings	Environment & Heritage 5 meetings	Resources & General Services 7 meetings
P Abraham	6		5*	1	6*
J Angold-Stephens	7	20*	1		5*
K Angold-Stephens	7	1	4*		3
P Beales	6	2	4*	5*	1
J Bostock	7	23*	1	2	
M Chalk	3	18*	3		
C Davies	4	20*		3*	
T Downing	4	3		2*	
L Girling	4	2	4*		
J Jennings	6			3*	5*
I Lawrence	4			3*	5*
J Mahoney	4		5*		6*
H Mann	1	3			3*
S Murray	7		3*		5*
M Owen	7	1	2*	5*	
S Pewsey	7	2	5	4*	6*
CC Pond	7	22*		5*	2
C P Pond	7			5*	1
E Stacey					2*
T Thomas	5	1	5*		
S Weston	7	21*			
D Wixley	5	5	5*	3	6

Financial Report

	2012/13	2013/14**
Band D precept figure per household	49.18	49.18
Income		
Precept	643,200	574,600
Local Council Tax Support grant	0	69,526
Interest	16,213	15,426
Operating income	143,491	162,334
Total receipts	802,904	821,886
Running Costs		
Resources & Gen Services	176,316	150,667
Environment & Heritage	129,947	135,060
Recreation	495,784	480,583
Planning & Licensing	26,709	27,000
Total payments	828,756	793,310
Summary		
Balance c/forward	460,148	456,569
Add receipts	802,904	821,886
Less payments	828,756	793,310
Transfer to reserves	-22,273	22,965
Balance c/forward	456,569	462,180
Total net assets represented by:		
General fund	456,569	462,180
Earmarked reserves	462,150	485,115
Overall balances	918,719	947,295

**Unaudited. For a detailed copy of the accounts please contact the council.

Members’ Allowances 2013/14

The Parish Basic Allowance for 2013/14 is £108 p.a.			
Councillor	Parish Basic Allowance	Travel & Subsistence	Total
	£	£	£
P Abraham	108.00		108.00
J Angold-Stephens	108.00		108.00
K Angold-Stephens	108.00	50.40	158.40
P Beales	108.00		108.00
J Bostock	108.00		108.00
M Chalk	108.00		108.00
C Davies	108.00		108.00
T Downing	108.00		108.00
L Girling	108.00		108.00
J Jennings	108.00		108.00
J Mahoney	108.00		108.00
H Mann	108.00		108.00
M Owen	108.00		108.00
CC Pond	108.00		108.00
C P Pond	108.00		108.00
T Thomas	108.00		108.00
S Weston	108.00		108.00
D Wixley	108.00	73.35	181.35

The following councillors have renounced their right to claim the allowance: I Lawrence, S Murray, S Pewsey, E Stacey

Councillors list, by ward, during the year 2013/14

Alderton Ward Cllr Philip Abraham Cllr Ed Stacey Cllr Tracey Thomas	Roding Ward Cllr Ken Angold-Stephens Cllr Margaret Chalk Cllr Stephen Murray Cllr David Wixley
Broadway Ward Cllr Leon Girling Cllr John Mahoney Cllr Margaret Owen	St. John’s Ward Cllr Stephen Pewsey Cllr Caroline Pond Cllr Chris Pond
Fairmead Ward Cllr Jill Bostock Cllr Carol Davies Cllr Judy Jennings	St Mary’s Ward Cllr Philip Beales Cllr Imogen Lawrence Cllr Harvey Mann

Forest Ward
Cllr Jill Angold-Stephens
Cllr Trevor Downing
Cllr Sharon Weston

Contact details for the councillors appear on page 4 of Think Loughton or can be viewed at www.loughton-tc.gov.uk

■ **24 Jul, 7.45pm** Butterfly cards Essex Handicrafts Association Woodlands Branch 020 8508 7657
■ **27 Jul** Cycle ride 26 kms along Lee Valley, visit Olympic Park at Stratford, back to Waltham Abbey. £3-£6. EFDC Sports Development 01992 564 567 fferrari@eppingforestdc.gov.uk

■ **28 Jul, 1.30-3pm** How to...Draw! & How to...Colour In! workshops (7-12 yrs, parents welcome). £4 each, conc £3 or £7 both sessions, £5 conc. EFDC artist Helen Morse Palmer. Loughton Library, Traps Hill. Book: EF Arts 01992 564226

■ **1 Aug, 10-11.30am** (7-9 yrs) & **2-3.30pm** (10-12 yrs) Feelin' Hot Hot Hot Zumba session £5.50, conc £4. Limes Centre, Limes Avenue, Chigwell, IG7 5LP. Book: EF Arts 01992 564226

■ **2 Aug** City of London 2-hour summer walk before & after the great fire of 1666. £8. Guide: Anne-Marie Craven. HEARS 020 8508 2512

■ **4, 18 & 28 Aug, 10am-12 noon** Play in the Park free children's activities. Jessel Green, Jessel Drive EFDC's Community Dev Team (01992 564363)

■ **6, 13, 20 & 27 Aug, 1.30-3.30pm** Play in the Park free children's activities. Roding Valley Recreation Ground (as above)



■ **7 Aug, 10.15am** The Ghosts who walk on Fridays Kate Poole. £4 incl tea/coffee. English-Speaking Union, Murray Hall, 106 Borders Lane. 020 8505 9001

■ **7 Aug, 1-4pm** Seaside Shenanigans (families & children 3 yrs +). £5. Chigwell Hall Metropolitan Police Club (large marquee), High Road, Chigwell, IG7 6BD. Book: EF Arts 01992 564226

■ **12 Aug, 10.30am-11.30am** Charlie Bear & his Smelly Socks (2-5 yrs). £4. Bangers & Mash Theatre Company, Epping Hall, St John's Road, Epping, CM16 5JU. Book: EF Arts 01992 564226



■ **12 Aug, 2-3pm** Jack and the Beanstalk (4-8 yrs) £4. Bangers & Mash Theatre Company, Epping Hall (as above)

■ **16 Aug, 12 noon-2pm** Teddy Bears' Picnic (for parents: bring children, teddies & picnic). St Michael & All Angels Church field, Roding Road. 020 8418 7944

■ **17 Aug** Tour de Epping Forest cycle ride from Debden House Campsite to the south of Epping Forest & back to High Beach. £3-£6. EFDC Sports Development 01992 564 567 fferrari@eppingforestdc.gov.uk

■ **22 Aug, 10am-12 noon** (7-9 yrs) & **2-4pm** (10-12 yrs) Lock, Pop & Hip Hop. £10, conc £8. Theydon Bois Village Hall, Coppice Row CM16 7ER. Book: EF Arts 01992 564226



■ **24 Aug, 2.30-4pm** Walk in concerts High Beach Church (see top entry)

■ **29 Aug, 10-11.30am** (7-9 yrs) & **2-3.30pm** (10-12 yrs) Jazzmatazz. £8, conc £6. DNA Studios, H7 Royal Gunpowder Mills, Waltham Abbey, EN9 1JY. Book: EF Arts 01992 564226

Disclaimer: Loughton Town Council takes no responsibility for events organised by external organisations/individuals that are listed above. Please always check details and availability with relevant organiser

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Cycling for health



THE NEW diary of rides for 2014 is now available for download from www.eppingforestdc.gov.uk or contact Fabrizio on 01992 564 567 for a paper copy.

The rides are open to all with an emphasis on fun and friendship. To join the programme you don't even need to worry about a bike as one of our officers can arrange for bike and helmet hire (if you contact them before the ride) so all you need to do is turn up at the meeting point ready to ride and meet new people.

Regular cycling can help you lose weight, reduce stress and improve your fitness.

The weekly rides take place every Wednesday at 10am from April to October. Rides generally last two hours with breaks, refreshments (not provided so please bring your own) and time for a bit of socialising. The sessions cost £3 if you bring your own bike and £6 if you wish to hire one.

Family rides

TO CELEBRATE this great year of cycling in the district, EFDC will be running two family rides as part of the cycling for health programme. The rides are day long events open to whole families but please be aware that they involve long distances, therefore any young people attending must be competent riders.

On **Sunday 27 July** we will celebrate the 2nd anniversary of the opening ceremony of the 2012 games by leading a group cycle ride down the Lee Valley to the Olympic Park in Stratford with a stop for lunch and a brief tour of the Olympic Park, whilst also soaking up some of the best views of the city before heading back to Waltham Abbey. The ride is approximately 26 kms.

Sunday 17 August is the Tour de Epping Forest allowing riders to enjoy the peace and tranquility of Epping Forest, whilst learning about its vast history and some of the interesting stories of people who call this great area their home.

Start at Debden House Campsite the route will slowly meander to the south of the forest, one of the most unspoilt areas of East London, for lunch, before climbing up to High Beach to see some of the great views at the top. Please bring your own picnic and bike - £3 per adult/£2 per child (under 18). Bike Hire £6 per adult/£6 per child (under 18).

For more information contact Fabrizio on 01992 564 567 / fferrari@eppingforestdc.gov.uk

...plus d'informations

PLEASE BE aware that the Tour de France route in our area will be closed from 9am to allow time for the route to be prepared and reopen at 5pm. Roads which lead directly to the route such

as Earls Path, Goldings Hill and Manor Road, will be 'access only' from the junction closest to the route. Forest car parks managed by the City of London will be closed. Race stewards won't let you cycle the route once roads have closed but there will be pedestrian crossing points.

The British weather is almost as difficult to predict as the yellow jersey on the Champs Élysées so whatever your plans, make sure they involve plenty to eat and drink plus the appropriate mixture of sunscreen, raincoats and stout footwear to last a long day. Go to www.eppingforestdc.gov.uk for more information on how to get the most from your day.

Not everyone will want or be able to take the day off. If you receive medical care, social care, need to get to work or run a local business, you need to make your plans now.



Roads on the route will be closed to all but emergency service vehicles from 8am north of the A414 and 9am south of the A414. The roads won't reopen before 5pm. Start thinking now:

- Central line trains will be extra busy. How would you, your staff or carer get to work? Could you work from home or another location?
- Car parks will be full or off-limits. Where would you park?
- How could your customers get through?
- Do services, deliveries or prescriptions need to be rearranged?
- Would it be better to close for the day? Do you need to protect valuable or vulnerable property?

If you have special medical or social care requirements ranging from Meals on Wheels to dialysis, contact your provider and put alternatives in place. Access to St Margaret's Hospital will be especially difficult.

For more information, search for Tour de France on www.eppingforestdc.gov.uk or www.essex.gov.uk/Pages/Tour-de-France.aspx

Cycling

by Sergeant Russ Welch, Essex Police



LOVE IT or loath it, cycling is coming to Epping in a big way this July when the biggest race on the planet arrives to cut the district in two literally.

This presents us, the police, with a unique set of challenges in keeping you all safe and dealing with the normal day to day policing issues whilst some very large sections of our road network are closed and cannot be crossed.

The event organisers and Epping Forest District Council (EFDC) and Essex Police at local and county level are busy working away on plans to achieve this.

I must admit I'm a cyclist (there I said it) and I commute to and from work on one. However, I'm not blind to the fact that it's not everyone's cup of tea.

If you need any information about what is happening on the day, please if you are able, take a look on EFDC's website which is updated regularly with current advice. If you don't have access to the internet please give them a call for the latest information.

In short, the route from the Four Wantz roundabout in Ongar, through North Weald and

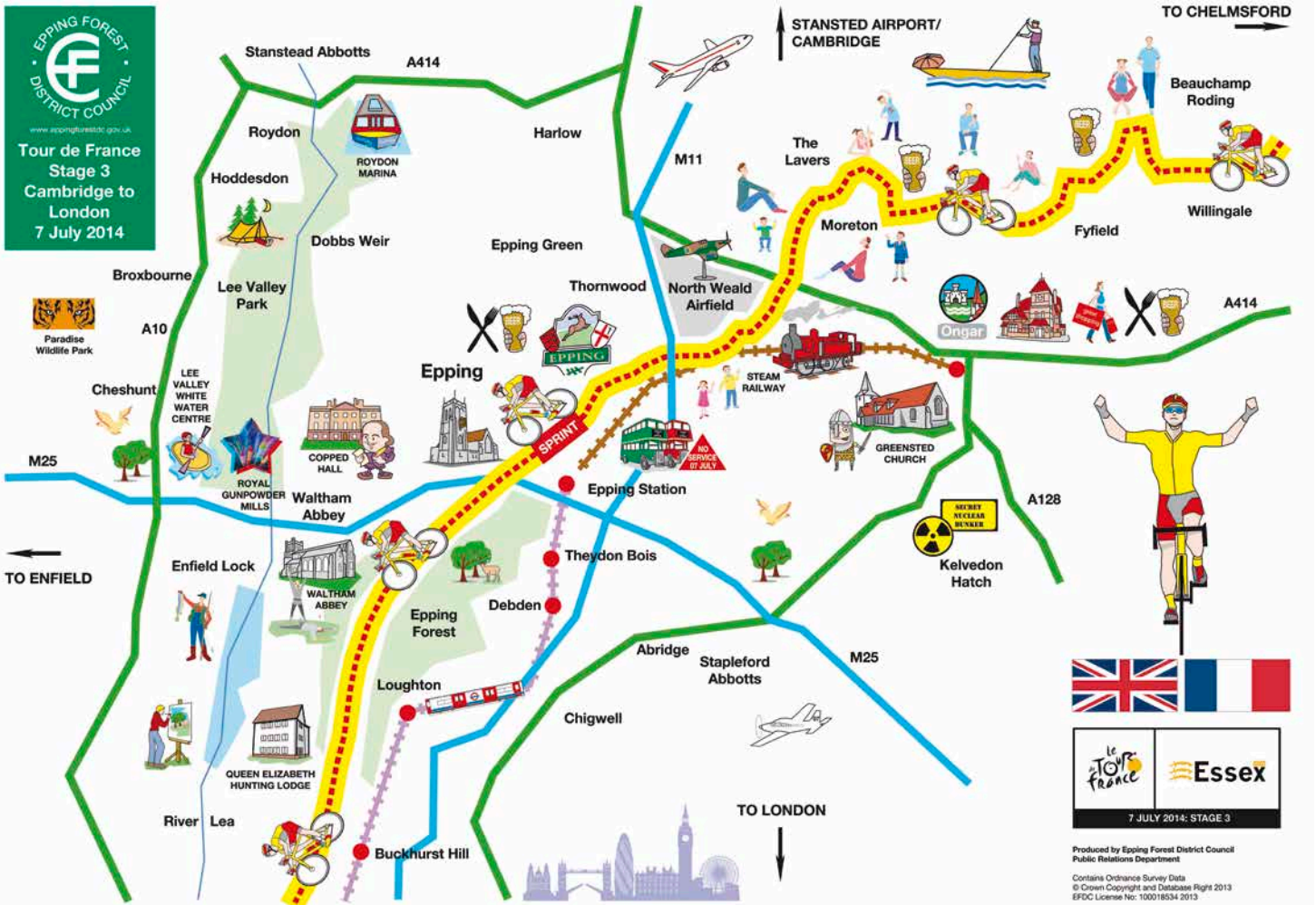
down Epping High Street through the Forest to Woodford Green will be closed from 9am until 5pm on 7 July. Not only will the road be closed, but you will not be able to cross the route unless on foot. Those residents significantly affected have been written to directly by EFDC.

Most of my staff will be on duty to provide a high visibility presence during the day and the evening of the event.

Finally, rather selfishly and with more about cycling, I will be raising money for charity (Cancer Research) by racing a mountain bike around an off road course for 24hrs nonstop. If you would like more information please visit my Justgiving page www.justgiving.com search under Russ Welch and click RJ Welch.

Thank you all and enjoy the summer. If you need to contact the police please use 101 for non-emergency matters and 999 for emergencies. Alternatively you can call Crimestoppers anonymously on 0800 555 111.





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www.abbeyfieldloughton.org

Regular activities

Amendments to: vivienne.messenger@loughton-tc.gov.uk

ALLOTMENTS

Debden Horticultural & Allotments Society, Willingale Road.
www.willingale-road-allotments.co.uk/
Loughton Potato Ground, Baldwins Hill.
www.loughtonpotatoground.wordpress.com/
Roding Road Allotment & Leisure Gardens Association, Roding Road.
www.rodinroadallotments.co.uk/

ANIMAL TRAINING

Epping Green Agility Club (for dogs), Sunnyside Stables, Epping Green.
 Mondays & Wednesdays, 7.30-9pm (indoors). Mrs Widlake 020 8508 5254
Forest Dog Training School Club, Debden Park Community Centre.
 Tuesdays, 6.30-7.30pm.
 020 8508 3468 / ftdts1@aol.com

ARTS & CRAFTS

Creative Art Classes LifeWorks Centre, Loughton Methodist Church, 260 High Road. £10. Tuesdays & Thursdays.
 07944 589998 www.ruthdronsfield.co.uk
Created Crafts, Trinity Church, Mannock Drive. 2nd Thursdays, 7.45pm
 Pam 020 8508 7657
Essex Handicrafts Association, Woodlands Branch, Trinity Church, Mannock Drive. 4th Thursdays, 7.45pm.
 Pam 020 8508 7657
Loughton Arts Centre, 187B High Road (by Lopping Hall). Monday-Saturday 10am-4pm. Local artists & photographers work. 07532 053194
www.loughtonartscentre.org.uk
Shoebbox crafters Thursdays 1-3pm & alternate Thurs 6-8pm. Loughton Methodist Church, 260 High Road.
 020 8508 9983
The Arts Bar, Lopping Hall. 2nd Fridays from 7pm. For creative people to meet, view the latest exhibition at Loughton Arts Centre & meet the artist.
www.loughtonartscentre.org.uk
Woodford & District Floral Arrangement Group, Churchhill Room, Wanstead Library, Spratt Hall Road, E11. 3rd Mondays, 6.45pm for 7.30pm. Visitors £4
www.nafas.org.uk/flower_clubs.html

COUNSELLING

Family Care Counselling Service, Epping Forest Branch, 5A Greenyard, Waltham Abbey EN9 1RD. 01992 788499 / familycarelou@aol.com
Loughton Bereavement Service. Free counselling service. John 020 8508 6333
Samaritans. Free, confidential emotional support for the distressed & despairing available 24/7. 020 8553 9900 / 08457 909090 / jo@samaritans.org/txt/07725909090

EDUCATION

Music Lessons, Loughton Music Academy, High Road. 020 8502 2992
www.loughtonmusicacademy.co.uk
WEA (Workers' Educational Association) Loughton & Epping Branch. Mrs Pat Dale 020 8281 1536 / mrspdale@googlemail.com www.wea-essex.org.uk

FAITH

Kingsley Spiritualist Church, Kingsley Hall, Kingsley Road. 1st & 3rd Fridays, 7.30pm
St Michael's Church, Roding Road. Causeway Prospects Service for adults with learning difficulties & their families/friends/carers. 1st Sundays, 3.30pm.
 020 8418 7944
Toddler Church, Loughton Methodist Church, 260 High Road. (0-5 yrs old plus fellowship). Tuesdays (term time), 10am. 020 8508 1834

FOOD

Farmers Market, Centric Parade, High Road. 1st Sundays, 9am-2pm.
 David Linnell 020 8508 2932

Loughton Foodbank Wednesdays, 10.45-11.45am St Mary's Church, 201 High Road & Saturdays, 2-4pm Restore Centre, 68 The Broadway. 07402 032313 www.loughton.foodbank.org.uk

GENERAL INTEREST

Bell ringing, St John the Baptist Church, Church Lane. Tuesdays, 8-9pm (in tower). No experience necessary. David Southgate 020 8508 7530 / davidsouthgate@talktalk.net
Belly dancing, Loughton Club, 8 Station Road. Wednesdays 7-9.30pm. Sonya Collins 07759 076443 / soniyabellydancer@btinternet.com
Epping Forest Conservation Volunteers, The Warren, Epping New Road. 1st, 3rd & 4th Sundays. Kevin Mason 8529 9273 / efcv2@yahoo.co.uk www.efcv.co.uk
Epping Forest Countrycare, EFDC's Countryside team. Volunteering projects in district's nature reserves. Thursdays 10am-4pm. 01992 788203
www.eppingforestdc.gov.uk/index.php/out-and-about/countrycare
Epping Forest & District Stamp Club, Roding Valley High School, Alderton Hill. 2nd Tuesdays, 7.30pm. 020 8505 5620
Essex Wildlife Trust Work Parties, Roding Valley Nature Reserve. Wednesdays, 10am-4pm. Warden Patrick Bailey 020 8508 1593
Film Loughton. Film screenings locally. www.filmloughton.btck.co.uk
Forest Musical Theatre Company St Michael's Church, Roding Road. Tuesdays & Wednesdays (rehearsals). sally@forestmusical.co.uk
Forest Creative Writers, Jazz Archive Library, Loughton Library, Traps Hill. Thursdays (term time) 12.45-2.45pm. Peter Relph 020 8508 6313
Friends of Light & Healing, Kingsley Hall, Kingsley Road. An evening of clairvoyance. Alternate Thursdays, 7.30 for 8pm. 020 8508 3266
HEARS - Herts & Essex Architectural Research Society, St Michael's Church, Roding Road. £2.50 non-members. 4th Fridays, 8pm. David Stevenson 020 8508 2512 www.hears.vpweb.co.uk See Dates for the diary.
Hornby Railway Collectors Association, St John's Church Scout Hall, Church Lane. Alternate 1st Thursdays 5-10pm. £2. David Southgate 020 8508 7530 / davidsouthgate@talktalk.net
Loughton Amateur Dramatic Society, Lopping Hall, High Road. Andrew Rogers 0208 508 9635 www.lads.org.uk See Dates for the diary.
Loughton Astronomical Society, Scout Hall, Theydon Bois. LAS Astrokyds (6-14 yrs). Thursdays 8-10pm. Brian Morton 01992 815804 www.las-astro.org.uk
Loughton Bowling Club Bridge Section, Eleven Acre Rise. Thursday afternoons. 020 8502 0237
Loughton Bridge Club, Oak View School, Whitehills Road. Mondays & Wednesdays 7.20pm (term time). keiththompson3@btinternet.com www.bridgewebs.com/loughton/
Loughton Calligraphy Club, Wesley Hall, Loughton Methodist Church, 260 High Road. Saturdays, 10am-12 noon. Val Pearce 020 8508 1494
Loughton Camera Club, Lopping Hall, High Road. Wednesdays, 8-10pm. 07713 130434 / 01992 575505 www.loughtoncameraclub.org.uk/
Loughton_Camera_Club/Welcome.html
Loughton & District Historical Society, Loughton Methodist Church, 260 High Road. Guests: £1.50. 2nd Thursdays, 8pm www.loughtonhistoricalsociety.org
Loughton & Epping Forest Amateur Radio Society, All Saints House, Romford Road, Chigwell Row, IG7 4QD. Alternate Fridays, 7.45pm. 020 8502 1645 www.lefars.org.uk

Loughton & Roding Chess Club, Loughton Bowling Club, Eleven Acre Rise. Tuesdays, 7.30pm. 020 8508 3546

HEALTH

ADAS (W Essex Alcohol & Drugs Service - by appt) Rectory Lane Health Centre 01279 641347 / admin@adasuk.org.uk www.adasuk.org
Breathe Easy (British Lung Foundation), Tony Carr 01992 573387
Loughton Memory Café (Alzheimer's Society), Church Hall, Loughton Methodist Church, 260 High Road. 1st & 3rd Mondays, 10am-12pm 01279 427522 www.alzheimers.org.uk
Loughton Stroke Club, Loughton Baptist Church, 90 High Road. 2nd & 4th Tuesdays, 2pm. 020 8508 1100
ProActive (W Essex Prostate Cancer men's self-help group) St Margaret's Hospital, The Plain Epping CM16 6TN. Friday monthly 1-3pm. John Woods 07747 374692 www.proactive.me.uk
Walks - Life Walks. EFDC health scheme. Karen Williams 01992 564222 / kwilliams@eppingforestdc.gov.uk
Weight Watchers, Roding Valley High School, Alderton Hill (Tuesdays, 6.30pm). Jodie Eric's 07958 417998 / j.eric@sksky.com www.weightwatchers.co.uk

LEISURE ACTIVITIES FOR CHILDREN / YOUNG PEOPLE

2324 (Chigwell) Squadron, Air Training Corps, Buckhurst Hill. Mondays & Thursdays evenings (13-17 yrs). 020 8505 3353 www.2324squadron.org.uk
7th Epping Forest Scout Group, St Edmund's Church, Traps Hill. Tuesdays: Scouts boys/girls (10½-14½ yrs) 7.30-9pm. Thursdays: Beavers boys/girls (6-8 yrs) 5-6pm & Cubs boys/girls (8-10½) 6.30-7.30pm. Keith Davis 07553 376181
16th Epping Forest Beavers Trinity Church Hall, Mannock Drive. Mondays: Beavers (6-8 yrs) 5.45-7pm. Fridays: Cubs (8-10 yrs) 6.30-8pm Linda Brede 020 8508 4867 / lulu.brede@ntlworld.com
30th Loughton Scout Group, St John's Church, Church Lane. Beavers (6-8 yrs), Cubs (8-10 yrs) & Scouts 10-14 yrs. Paul Snowden GSL 020 8508 4336 / info@30thloughton.co.uk
41st Epping Forest Scout Group, Loughton Baptist Church, High Road. Mondays 5.45-9pm, Thursdays & Fridays, (6-18 yrs) 6-9pm - girls/boys. 020 8923 2378
Baby & Toddler 20-min session. Debden Library, Epping Forest College, Borders Lane. Fridays, 10am. 020 8508 5869
Baby & Toddler 20-min session. Loughton Library, Traps Hill. Tuesdays 10.30am; Thursdays 2.20pm. 1st Saturdays (Daddy Cool) 11am. 020 8502 0181
Baby & Toddler Group St Edmund's Parish Hall, Traps Hill. Thursdays 9.30-11.30am (term time) 07770 891912 / stedmundsplaygroup@gmail.com
Cheeky cherubs stay & play Loughton Club, 8 Station Road. Tuesdays 9.30-11.30am. 07711 883860 / cheekycherubsstayandplay@aol.com
Epping Forest Community Theatre 4 groups: Loughton Children's Theatre (LCT) & Loughton Youth Theatre (LYT) LCT: Musical Theatre, Grosvenor Hall, Grosvenor Drive. Mondays 4.30pm (school yrs 3-6). LYT: Backstage Crew, various venues. Mondays 4.30pm (school yrs 5-11) LCT: Rising Stars, LifeWorks Centre, Loughton Methodist Church, 260 High Road. Tuesdays 4pm (school yrs R-2). LYT: Musical Theatre, Grosvenor Hall. Grosvenor Drive. Wednesdays 4.30pm (school yrs 7-11) www.efctheatre.org.uk 020 3086 8186

Duke of Edinburgh's Award, Loughton Youth Centre, 106 Borders Lane Tuesdays 6.30-8.30pm (term time) (14½-19 yrs) 01279 404401 / vicky.young@essex.gov.uk
Girlguiding Loughton South. Rainbows, brownies & guides (girls 5-13yrs). Leadership opportunities available. 07908 491411. www.loughtonsouth.webspace.virginmedia.com
ignite (children's & youth activities) St Mary's Church 020 8508 3643
Little Angels Baby & Toddler group, St Michael's Church, Roding Road. Tuesdays 10am-12 noon (term-time) 020 8418 7944
Little Oak's Children's Centre, Torrington Drive. Fun, educational & varied activities for children (0-5) plus support for parents. 020 8418 7904
Loughton Youth Project, The Space, Loughton Library, Traps Hill. Free after-school / evening cafe facility & radio podcast studio. nick.robinson02085321911@lvp.get-ctrl.com/
Noah's Ark Toddler Group, Oakwood Hill Estate Community Hall. (U5s). Tuesdays & Thursdays (term time) 10-11.30am. £1 (per family) Catherine Wait 07582 119932
Onwards and Upwards, Loughton Youth Centre, 106 Borders Lane. Tuesdays 4-6pm, 14-19 & not in work or training? Support, free internet, tea & toast. 01279 404401 / vicky.young@essex.gov.uk
Rainbows, Beavers, Brownies, Cubs & Scouts groups, St Michael's Church, Roding Road. 020 8418 7944
Reindeer Explorer Scouts, St Edmund's Church, Traps Hill. Girls/boys (13½-18 yrs). Fridays. Dave Martin 07889 189261
Russian drama studio, Kingsley Hall, Kingsley Road. Wednesdays & Thursdays 4.30-6.30pm. Anastasia 07528 567844 www.petrushka-studio.co.uk
Sunrise Children's Centre, Alderton Hall Lane. Fun, educational & varied activities for children (0-5) plus support for parents. 020 8502 5799
Toddler Time, St John's Parish Hall, Church Lane. Fridays (term time), 2-3.15pm. Parish Office 020 8532 0060
Tot's Time, St Mary's Church, 201 High Road. Mondays 9.30-11am (term time). 020 8508 3643 www.stmarysloughton.com
Youth Club, Loughton Youth Centre, 106 Borders Lane. Thursdays 7-9pm (term time) (13-19 yrs). Free activities. 01279 404401 / vicky.young@essex.gov.uk

MUSIC
Loughton Acoustic Club, The Gardeners Arms, York Hill. 2nd Tuesdays, 7.30pm. £3 theclub@thephrstudio.co.uk
Loughton Folk Club, 8 Station Road. Live acoustic music. Thursdays, 8pm. Jim 07762 146623 / loughtonfolkclub@googlemail.com
Roding Players Orchestra rehearsals, Roding Valley High School, Alderton Hill. No audition. Mondays, 7.30-9.30pm. Miles Harwood 020 8505 4329 www.rodinplayers.co.uk/
South West Essex Choir, Loughton Methodist Church, 260 High Road. Tuesdays, 7.45-10pm. 01992 812606 www.southwestessexchoir.org.uk/

SOCIAL
The Buffaloes, Loughton Club, 8 Station Road. A charitable brotherhood - members (18+). Tuesdays & Thursdays, 8.30pm. mlidja.worsfold@yahoo.co.uk www.loughtonclub.blogspot.com
Civil Service Retirement Fellowship, Loughton Library (Jazz Room), Traps Hill. 3rd Monday, 2pm.
 Mrs E Vale 020 8508 2459

13  **Dancing Club - Sequence & ballroom dancing**, Royal British Legion Loughton Branch, 118 Church Hill. Wednesdays, 2-4pm. £1.50 (incl tea & biscuits). Margaret 020 8504 0998

Forest Probus Club, County Hotel, 30 Oak Hill, Woodford Green, IG8 9NY. 2nd Fridays. Lunch & speaker. Michael Housley 020 8529 6500

Friday Market, St Michael's Church, Roding Road. Fridays, 10am-12 noon

Loughton Probus Club, Gilwell Park, Chingford. 4th Tuesdays (lunch). Secretary Derek Allen 020 8504 3074 www.probusloughton.org.uk/

Over 50s Club, Oakwood Hill Estate Hall. Daily programme of activities. 020 8508 5743

Rotary Club of Loughton & Buckhurst Hill, The Blue Boar, Market Place, Abridge, RM4 1UA. Thursdays 6.15pm except last Thursdays 12pm www.loughtonrotary.org.uk

Royal British Legion Loughton Branch, 118 Church Hill. Mondays & Thursdays, 8pm (bingo). Tuesdays, 1-4pm line dancing. Every 2nd & 4th Wednesday evenings (fun quiz night & prizes). Saturday evenings. 1st & 4th Sunday lunchtimes (jazz group) 020 8508 5044 www.britishlegion.org.uk

Tea Club - Senior Citizens, St Michael's Church, Roding Road. Alternate 3rd Saturdays 3-4.45pm. 020 8418 7944

The Royal Naval Association, Royal British Legion, 118 Church Hill. Social evening, music & dancing. 3rd Wednesdays, 8pm. 020 8508 5044

Wesley's Café, Loughton Methodist Church, 260 High Road (unsupervised toddler play area). Weekdays, 10am-4pm. Saturdays, 10am-12.30pm (Tuesdays - term time, 11am)

SPORT

All-ability Trampoline Club (disabled people to 19 yrs), Debden Park High School, Willingale Road. Wednesdays 6.45pm-7.45pm. Loughton Flyers Trampoline Club & EFDC. Fabrizio Ferrari 01992 564567 / fferrari@eppingforestdc.gov.uk

Amici Badminton Club, Roding Valley High School Sports Hall, Alderton Hill. Mondays, 8-10pm. Age 30+. Suzanne 07940 313691 / Chris 07713 004996

Avenue Lawn Tennis Club, 18 The Avenue - friendly family club. 020 8508 9440

Chigwell & Epping Forest Orienteering Club. Monthly local event & non-local events every weekend. Helen 020 8502 1629 chig.org.uk

Colebrook Royals FC, Grange Farm Pavilion, Grange Farm Lane, Chigwell IG7 6DP. Saturdays & Sundays. 020 8418 9166 www.colebrookroyalsfc.com

Epping Forest Sportability Club (EFSC) Multi-sports club for young people with mild-moderate physical & learning difficulties. Oak View School, Whitehills Road. Saturdays 10am-2pm (term time) efsc@hotmail.co.uk www.efsportability.com

Insanity Fitness Class, Murray Hall, 106 Borders Lane. Tuesdays 7-9pm 07904 190047 / mandykarimloo@sky.com

Jumping Jens, St Michael's Church, Jubilee Hall, Roding Road. £4. Tuesdays & Thursdays, 8-9pm. 07866 127522

Karate Club Trinity Church, Mannock Drive. Wednesdays, 6.30-7.30pm 020 8508 7657

Katy Little School of Dance, Loughton. Ballet, tap, jazz, examinations & shows. 4 yrs to adults 07712 106941 / www.katylittleschoolofdance.co.uk

Keep Fit, Lincoln Hall, 125 High Road. All ages. £5. Tuesdays & Thursdays, 10.30-11.30am. 020 8470 0807

Loughton Athletic Club, The Pavilion, South View Road (Roding Valley Recreation Ground). Tuesdays, 7pm. 07958 903842 www.loughtonac.org.uk

Loughton Fencing Club, Debden Park High School, Sports Hall, Willingale Road. (8 yrs - adult). Wednesdays, 7.30-9pm. 01992 522462 www.loughtonfencingclub.co.uk/

Loughton Football Club, Avondale Close. 8-18 yrs + senior team. Sundays (youth teams), Saturdays (seniors) & weekday evenings (training). Keith Campen 020 8508 4757 www.loughtonfc.com

Loughton Karate Club, Loughton Club, Station Road. All ages (from 5+) & all levels welcome. Sundays 4-5.30pm. Stephen O'Brien 07758 341584

Loughton Mountaineering Club, Victoria Tavern, Smarts Lane. Hill walkers & climbers welcome. Mondays, 9.30pm. www.loughtonmc.org

Loughton Rugby Football Club, Hornbeam Road, Buckhurst Hill. Wednesdays (training), 7.15pm. Duncan Kaye 07969 638349 www.pitchero.com/clubs/loughton

Loughton Swimming Club Mondays, 7pm. Beryl Dearn 020 8559 1557

Old Buckwellians Football Club, Roding Valley Recreation Ground. Saturday League + over-35s team. Wednesday evenings (training). Simon Burnage 07808 329318 www.oldbucks.co.uk

Roding Valley Angling Club. New members welcome. Darren 07716 061273 / roding.valley.angling.club@gmail.com

Walk - West Essex Ramblers (sorry no dogs). Saturdays, Sundays, Wednesdays & Thursdays. 020 8502 1628 www.westsexramblers.org.uk

Yoga - Loughton Bowling Club, Eleven Acre Rise. (Age 50+) For all abilities & medical conditions. Monday, Wednesday & Friday mornings. EFDC Sports Dev 01992 564561

Yoga classes Kingsley Hall, Kingsley Road. Intermediate & beginners Mondays 7pm Lorraine 07903 944767 www.yogalorraine.co.uk

Yoga-Tonics, Loughton Club, 8 Station Road. Tuesdays 10-11.30am. 07932 575 439 www.yogatonics.webeden.co.uk

TALKS

Bancroft's Decorative & Fine Arts Society, Bancroft's Preparatory School Hall, Whitehall Road, Woodford Green. Member of NADFAS. 2nd Tuesdays, 7.15pm for 8pm. 020 8531 1140

English-Speaking Union, Murray Hall, 106 Borders Lane. 1st Thursdays, 10.15am for 10.45am. £4 incl tea/coffee. 020 8505 9001 / 01992 561470 See Dates for the diary.

Loughton Women's Institute, Lincoln Hall, High Road. 1st Wednesdays, 2.15pm (except 2nd Wednesday in January) Elna Green 020 8508 4514

Mothers' Union, St John's Church in Lady Chapel, Church Lane. 3rd Thursdays, 10.30am for coffee & speaker. Ivy Southgate 020 8508 7530

National Trust, Woodford Green Centre. £3 non-members. Refreshments & NT information. 020 8505 3640. See Dates for the diary

New Vistas Club, Loughton Club, 8 Station Road. Guest speakers. Tuesdays 2pm. Juliet Hipkin 01992 574552

St John's Wives' Group, St John's Parish Hall, Church Lane. Gloria Blanchard 020 8508 6328

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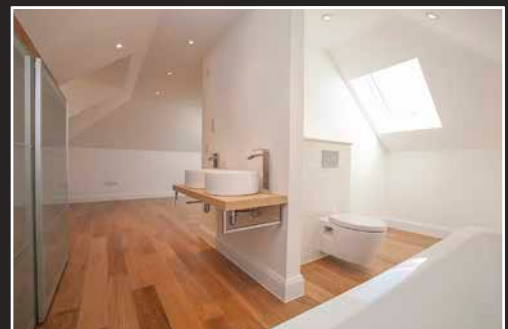
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