

Carte Fun Run 2016

A claus for celebration!

WE ARE delighted to announce a varied programme of Christmas events in the town for all ages that will help brighten those dark winter days.

Saturday 22 November – a Christmas craft fayre from 11am to 3pm in the Murray Hall. In addition to stalls with lots of handmade Christmas goodies and stocking fillers, there will be entertainment throughout the day and children can come and meet Princess Elsa, the Snow Queen from the Disney film 'Frozen'.

Thursday 27 November – the switching on of the Christmas lights in the High Road with entertainment from 4pm arranged by the High Road Town Centre Partnership. More details at http://loughtontownpartnership.webs.com/
Friday 28 November – join the celebrations in The Broadway from 4pm with festive entertainment including the switching on of the lights followed by a special Santa carriage ride around the Debden

estate sponsored by T Cribb and Sons. **Saturday 29 November** – a special Debden Christmas Festival on the Broadway from 12 noon – 5pm, including a free Santa's grotto, live entertainment, senior citizen's Christmas tea, stalls, children's crafts and activities. Organised by The Broadway Town Centre Partnership.

▲ Saturday 29 November – the annual Light up a Life ceremony and switching on of the lights on the tree on Kings Green. The candlelit procession leaves from the foyer of Loughton Methodist Church, 260 High Road, at 4.45pm for the short walk to Kings Green for the ceremony to remember loved ones and to switch on the Christmas tree lights. The Davenant Community Choir will lead the carol singing. To sponsor a light in memory of a relative or friend contact St Clare Hospice 01279 773750, and help raise valuable funds for the important work of this charity. ▲ Sunday 30 November – the annual Santa Fun Run, in aid of St Clare Hospice, organised by Geraldine (of Geraldine Hair Fashions, 76 The Broadway). With registration at 10.30am, the 3-mile run will leave The Broadway at 11am. As well as supporting the charity, the event is being held in memory of three very special people -Dave Stannard, Joan Davis and Jane Stewart, all long serving members of the community who sadly passed away this year. Tickets cost £12 for adults, £5 for children (under 12), and include a free Santa suit. For more information contact Geraldine on 020 8508 6070.

Monday 22 December – the lighting ceremony of the Hanukkah Menorah at 6.30pm on Standard Green.

Local traders invite you to 'Shop Local' this Christmas so everyone benefits as this makes sense economically and environmentally. Visit the **www.oneshopslocal.com** website for special discount offers.

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Contact numbers

COUNCIL SERVICES

Loughton Town Council 020 8508 4200 City of London (Epping Forest) Epping Forest District Council Waste Management Hotline Essex County Council Adult Social Care Child Social Care Debden Library Education & Schools Loughton Library Registrar of Births, Deaths & Marriages 0845 603 7632

020 8532 1010 01992 564000 01992 564608 08457 430430 0845 603 7630 0845 603 7627 020 8508 5869 0845 603 2200 020 8502 0181

0844 257 1909

03454 04 05 06

020 8508 8311

01992 788499

0345 604 3719

020 8502 0181

0808 800 5000

0300 1234 999

08457 909090

07867 386528

0845 456 5995

POLICE & FIRE (dial 999 for emergencies)

Essex Police (non-emergency) 101 or Mobile 07968 354021

ADVICE, HELP & INFORMATION

Citizens Advice Bureau Citizens Advice Consumer Service Epping Forest College Family Care Counselling Service Jobcentre Plus (Loughton) Loughton Information Centre NSPCC Helpline (freephone) **RSPCA** cruelty line Samaritans SSAFA (Loughton Epping & Harlow) Trading Standards Essex CC (business) 0845 603 7626 Victim Support (Essex)

HEALTH & HOSPITALS

ADAS (W Essex Alcohol & Drugs Service) 01279 641347 Alzheimer's Society (Epping Forest) 01279 427522 Breathe Easy Harlow & Epping Forest 01992 573387 British Red Cross 020 8508 2162 Forest Medical Centre Holly House (Private) King George Loughton Health Centre Loughton Stroke Club NHS Direct Princess Alexandra Rectory Lane Health Centre Spire Roding (Private) St Margaret's Silverthorn Centre, Chingford Whipps Cross

SPORT

Avenue Lawn Tennis Club David Lloyd Chigwell Debden Sports Club Loughton Athletic Club Loughton Bowling Club Loughton Cricket Club Loughton Football Club Loughton Leisure Centre (& pool) Loughton Rugby Football Club Roding Valley Cricket Club South Loughton Cricket Club

TRAVEL & TOURISM

Arriva (traveline) First Essex Customer Services Gatwick Airport Heathrow Airport London Travel Information (TfL & LOROL) Luton Airport National Express National Railways Enquiries

0871 200 2233 08456 020121 0844 892 0322 0844 335 1801

0343 222 1234 01582 405100 08717 818178 08457 484950

Stansted Airport Tourist Info Centre (Waltham Abbey) Traveline (public transport information)

0844 335 1803

01992 660336

0871 200 2233

0845 6014516

0800 111 999

0800 714 614

PUBLIC UTILITIES

EDF Energy Emergency Service National Gas Emergency Service Thames Water 24 hour leakline

COMMUNITY

Age UK Essex	01245 346106
Age UK Advice	0800 169 6565
Care & Repair Service	01992 564086
Churches Together in	
Loughton www.lough	ntonchurches.org.uk
ignite (Youth Activities)	020 8508 3643
Loughton Arts Centre	07532 053194
Loughton Voluntary Care Assoc.	020 8508 6114
Loughton Youth Project	www.lypradio.com/
Restore Community Centre	020 8508 7247
Royal British Legion (Loughton Brand	ch) 020 8508 5044
Voluntary Action Epping Forest	
General Enquiries	01992 564178
Volunteering Enquiries	01992 564256
Women's Royal Voluntary Service	0845 608 0122
CINEMAS	
Odeon (South Woodford)	0871 22 44 007
Odeon (Lee Valley)	0871 22 44 007

Cineworld (Harlow) 0871 200 2000

LOCAL AMENITY REFUSE POINTS

Chigwell IG7 5AA Luxborough Lane Waltham Abbey EN9 1JU Brooker Road For enquiries and opening time details contact: 0845 603 7625 Essex County Council www.essex.gov.uk/recyclingcentres

📆 The Oak-Tree Group of Schools



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Boys & Girls 2 1/2 - 16 68-74 Station Road North Chingford, London E4 7BA Tel: 020 8529 4307

www.normanhurstschool.co.uk

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THIS YEAR the town council has played a far more active part in arranging the Christmas lighting on The Broadway and the High Road. Previously we provided the grant funding whilst the town centre partnerships undertook the onerous task.

For 2014, the Christmas lights will have a new look. In

discussion with the town centre partnerships, it has been agreed to run a trial using 1 metre tall real Norway spruce trees, each decorated with 200 batteryoperated LED bulbs in bright white, tied to the lamp columns. These will be in addition to the tree lights on Kings Green, outside St Mary's Church, and by the arcade in The Broadway. Christmas lighting, such as the displays in Oxford Street, can be very expensive so this was an affordable option totalling around £5,900. Do let us know what you think. Our contact details are on page 4.

We thank former councillor Lance Leonard and Luke Lowrie (representing the Broadway TCP) for their involvement in the planning. We would like to see more input from the businesses in this project to brighten the town in the dark winter days. I'm sure many business owners are not aware that the town council receives absolutely no income from their business rates. These go to central government for redistribution to district and borough councils. It is local residents who have again funded the lights.

I am pleased to confirm that the town council has received a 'clear audit'. A copy of the accounting statements for 2013/14 may be viewed on the council's website or on request at the office.

The town clerk's duties are many and varied, but it was a new and challenging experience to deal with an unauthorised encampment of travellers on the Roding Valley Recreation Ground. I was very grateful for the help of Richard Gardiner, Environment & Neighbourhood Manager at Epping Forest District Council, who guided me through the start of the eviction process. It was a great relief when they left after only three days leaving only a minimal amount of rubbish which was easily cleared away.

It's not too late to volunteer for our winter salt bag scheme. If you live in the hillier parts of Loughton and don't have a grit bin close by, please contact us as we can supply bags of salt and instructions to help you keep nearby roads and pavements safe in the event of heavy frost or snow.

Road safety – following the fatal accident in Oakwood Hill in October 2013, we are looking for volunteers to take part in a Community Speed Watch scheme. If you are interested in finding out more, please contact us.

Finally, on behalf of the councillors and staff, I wish you the compliments of the season.

Enid K Walsh Town Clerk

Nominate a community hero

DO YOU know someone who has made an outstanding contribution to life in Loughton?

Loughton residents, employers, educational establishments, groups and societies are invited to submit a nomination to the town council for the prestigious Citizenship Award 2015. This annual award recognises the special achievements of people in the town, who have dedicated their time for the benefit of the local community.

Nominations can be in



recognition of long service or involvement with a voluntary organisation or local charity, good neighbourliness, organising a campaign to improve community facilities or cohesion, or for an act of bravery or courage. There are also separate awards for young people under 25 years. Please do not let the nominee know of your entry.

The closing date is 31 January 2015. Nomination forms are available from the council offices or can be downloaded from the website www.loughton-tc.gov. uk/7locsaw.pdf

Winners will be presented with an illuminated scroll and a cheque for £250 made payable to their favourite local charity. The winner of the over 25 category will also be presented with the engraved silver jubilee rose bowl. Presentations normally take place during the Annual Civic Service.

Last year's winner was Janet McNeill who received the award for her dedication, inspiration and commitment as a Brownie Leader for almost 40 years.



Loughton Town Council

Town Mayor: Cllr Sharon Weston Deputy Town Mayor: Cllr Judy Jennings Town Clerk: Enid K Walsh

Councillors

ALDERTON WARD

Cllr Philip Abraham 020 8502 2925 1 Lancaster Drive Loughton IG10 3NQ philabraham2000@gmail.com

Clir Ed Stacey 020 8502 2926 24 Russell Road Buckhurst Hill IG9 5QJ edward stacev@hotmail.com

CIIr Tracey Thomas 07930 418615 110 Grosvenor Drive Loughton IG10 2LE traceythomas210@gmail.com

BROADWAY WARD

Cllr Leon Girling 020 8418 0076 95 Willingale Road Loughton IG10 2DD leongirling@gmail.com

Cllr John Mahonev 020 8502 3192 149 Colebrook Lane Loughton IG10 2HP johnnymahoney@uwclub.net

Cllr Margaret Owen 020 8508 6916 15 Lower Park Road Loughton IG10 4NB mo4labour@hotmail.co.uk

FAIRMEAD WARD

Cllr Jill Bostock 020 8508 3482 91 Queens Road Loughton IG10 1RR iillbostock@hotmail.co.uk

Committee membership

RESOURCES & GENERAL ENVIRONMENT & SERVICES

C S Pewsey VC I Lawrence J Angold-Stephens K Angold Stephens J Jennings J Mahoney H Mann S Murray

E Stacey

The views expressed in Think Loughton are not necessarily those of Loughton Town Council, and the inclusion of advertisements does not constitute an endorsement by the council of any products or services.

Further copies of Think Loughton are available from the Town Council and local libraries. A digital version of Think Loughton can be viewed on the council website where a PDF version can be downloaded. It is also available on tape - please call us to request a copy.

Contacting us

For editorial contributions and diary entries, please call 020 8508 4200. For advertising enquiries, please call 01787 461824

Deadline dates

Edition Copy deadline 12 January 2015 Spring Summer 20 April 2015 Next issue covers March to June 2015. We do not accept unattributed articles for publication.

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FOREST WARD

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020 8502 0713 CIIr Sharon Weston 58 York Hill Loughton IG10 1JA sharon.weston2@btinternet.com

RODING WARD

HERITAGE

C C C Pond

P Beales

C Davies

T Downing

J Jennings

II awrence

M Owen

S Pewsey

VC C P Pond

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Clir Stephen Murray 020 8508 7548 1 Avondale Court, Avondale Drive Loughton IG10 3BT stephen.w.murray@hotmail.com

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Cllr David Wixley

Loughton IG10 2QH

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Loughton IG10 1SH

CIIr Caroline Pond

Loughton IG10 1HP

Loughton IG10 1HP

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020 8418 9284

020 8508 2361

020 8508 2361

020 3605 5956

PLANNING & LICENSING

VC C Davies P Abraham J Bostock M Chalk T Downing Vacancy

C J Angold-Stephens

Dec

M Chalk L Girling J Mahoney S Murray M Owen S Weston

Town Council Meetings

All meetings take place at 1 Buckingham Court, Rectory Lane, Loughton, at 7:45pm unless otherwise indicated. 2014

- **Nov** 19 Environment & Heritage
 - 1 Planning & Licensing 3
 - Resources & General Services 15 Planning & Licensing
 - 17 Council
- 2015 Jan 5 Planning & Licensing
 - 14 **Resources & General Services** (Budgets) (7pm), Recreation 19 Planning & Licensing
 - 28 Council (7pm), Environment & Heritage
- Feb 2 Planning & Licensing 11 Resources & General Services
 - Planning & Licensing 16
 - 25 Council

For dates of subsequent meetings, check the council's website.

News round-up

COMMUNITY GRANTS:

Applications are invited from local charities, voluntary groups, clubs and organisations in Loughton for financial assistance from the town council for the year



2015/16. This year we have already helped 26 groups to improve or maintain their services to the community.

Information on this scheme and application forms can be downloaded from our website www.loughton-tc.gov. uk/7fias.pdf or contact Shirley Haynes on 020 8508 4200.

The closing date is 31 December 2014.

LOST YOUR KEYS OR GLASSES? Mislaid belongings are often found by our

park wardens on council land including

020 8418 0459 8 philip.beales@loughtonresidents.co.uk Clir Imogen Lawrence 020 8508 4200 7 Roding Court, Lower Park Road,

on the play areas, the green spaces such as Hillyfields, the Roding Valley Recreation Ground and Willingale Road Playing Field. If you lose any possessions in these places, please contact the

town council on 020 8508 4200.

DOG MICROCHIPPING: Our event in September attracted over 80 visitors and their dogs. In addition to the free microchipping, the Dogs Trust gave out 58 healthcare vouchers for flea control and worming and 38 vouchers for neutering.

As microchipping will become compulsory for all dog owners by April 2016, the Dogs Trust will be organising a second event in March 2015 on the Roding Valley Recreation Ground. Please register your interest with the town council on 020 8508 4200.



RODING VALLEY ANGLING CLUB

seeks new enthusiasts. Why not try a new sport? The fishing season is open all year round. Membership costs £60 per year and allows you to day fish as many times as you like. Alternatively you can just turn up at the lake on the Roding Valley Recreation Ground as bailiffs visit and charge those fishing. Day tickets cost £5 per rod, (£2.50 u16s / concessions) and under 12s can fish for free (accompanied by an adult). For enquiries and to night fish, contact Darren on 07716 061273 or email roding.valley.angling.club@ amail.com

CHRISTMAS & NEW YEAR OPENING

TIMES: The town council offices will close at 12 noon on Wednesday 24 December, reopening as normal on Monday 29 December to Wednesday 31 December and then close for Thursday 1 January 2015. The offices reopen as normal from 9am on Friday 2 January 2015.

C Chairman

Think Loughton is published by Loughton Town Council

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Allotments award 2014

CONGRATULATIONS go to the winner of the Best Allotment in Loughton, Rosie Partridge from the Loughton Potato Ground. Rosie, a previous winner in 2009, received the large silver cup and a £25 gardening voucher at the award ceremony held in the meeting room at the Willingale Road allotments site.

This year's professional judge, Jeff Barber, from the National Allotment Society, commented that Rosie's plot met all the criteria and remarked on her attention to detail and obvious forward planning of cultivation to avoid bare soil. Jeff was also very impressed that all the shortlisted plots were weed free given the recent weather conditions. Whilst noting that fashions in allotment growing change over time, Jeff was surprised on the low popularity this year of asparagus, herbs and blueberries, and by the number of plot holders at the different sites growing purple climbing or French beans.

The Best Newcomer Award, for allotment tenants with less than two years' experience, went to Sebastian Perri from the Roding Road site. Sebastian, who had held his plot only since April, received the commemorative shield and a certificate. The judge's comment was 'A very promising start to achieve such a lot with the clearing and cultivation in such a short time'.

Deputy town mayor Judy Jennings who presented the awards congratulated all the allotment tenants on their hard work in tending their plots despite the changeable British



weather. Cllr Jennings also presented certificates to all the highly commended and commended plot holders.

Following the recent dissolution of the Debden Horticultural and Allotments Society after 64 years, Cllr Jennings paid tribute to the work of all the former committee members of the Society for their hard work and dedication in undertaking the managerial role at the Willingale Road site, a role which is unpaid and can be extremely challenging. This site is now directly managed by the town council so if you are interested in taking on a plot contact the council's allotment officer, Susan Latchford.



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11+ Entrance Examination for Entry in September 2015 Tuesday 13th January 2015 To enquire as to the availability of places, arrange a visit or

discuss your individual requirements please call 020 8504 1133

Loughton Neighbourhood Watch

by Sue Taylor, Deputy Chair, Epping Forest Neighbourhood Watch Committee

WE ENCOURAGE you to visit the Loughton NHW website at http://loughtonnhw.vpweb. co.uk/

Neighbourhood Watch in Epping Forest is active and growing, and anyone interested in setting up a Watch group in their own road or block of flats can find information on how to start up a group or view the latest weekly update by Essex Police on burglary hotspots at http://eppingforestnhw.vpweb.co.uk/



PREPARATIONS for the 2015 Festival are underway with an interesting programme of events scheduled for May. Confirmed items include another World War 1 Day School, led by David Stevenson, about the British Empire and Gallipoli, and talks about the history of Loughton and of the Debden estate.

The organisers are looking for sponsors to support the Loughton Festival; if you would like to help or can volunteer your time and expertise, please email loughtonfestival@aol.com

The 2014 Festival raised just over £2500 for the Loughton Foodbank and we thank all those involved, the volunteers and everyone who supported the events.

Love your library

DID YOU know that approximately 20,000 people visit an Essex Library and over 7,500 people visit Essex libraries online every day?

If you join your local library your library card brings a wide range of free services. As well as having access to thousands of books you can download e-books, connect to Wi-Fi, use a computer and pick up information. You can join a reading group or a beginner's computer course or share rhymes at baby and toddler sessions. You will have access to the online reference library, hundreds of online magazines and online courses and local history websites. You can take advantage of a friendly community space to meet friends, read or see an exhibition.

Debden library is just inside Epping Forest College, open Tuesdays and Thursdays 1–5pm, Fridays and Saturdays 9am–1pm.

Loughton library at Traps Hill is open Monday to Saturday 9am–5pm.

Use your library online 24/7 at www.essex. gov.uk/libraries

Find us on facebook.com/essexlibraries Follow us on twitter.com/essexlibraries



LOCAL CHARITY Loughton Youth Project celebrated its 5th birthday in September as an open youth centre and officially launched its 24hour online local community radio station.

Located in "The Space" next to Loughton Library in Traps Hill, LYP is for young people, aged 11 – 24. It also offers employability support to young adults as well as managing a digital radio platform with 23 different weekly shows.

Manager Nick Robinson says, "We are here to listen and we are here to help young people, both as individuals and collectively".

The Space is a free, drop-in centre for young

Youth voice

by Imogen Padwick, Epping Forest Youth Councillor

ELECTIONS were held earlier this year for the next cohort of youth councillors for Epping Forest.

I was fortunate enough to be re-elected for my second term and I very much look forward to continuing to highlight the issues that are important to young people and making sure young voices are heard.

I believe the way in which the youth councillors (including me!) promoted the opportunities that being a youth councillor provide, and the positive and enthusiastic way in which we have represented our areas, is a credit to all of us. people, open after school five days a week. The centre is equipped with:

- ✓ a pool table
- ✓ xbox and PS3
- 🖌 chill out zone
- ✓ laptops and Wi-Fi
- ✓ broadcasting studio

The facilities and activities are managed and supervised by friendly, trained staff and volunteers.

To tune in and listen to LYP radio visit

www.lypradio.com

For more information please contact nick@ lypradio.com / 07967 726851.



IN ORDER to mark Local Democracy Week (13-19 October) a conference for young people aged 11-17 was organised by EFDC's Community Development team. Almost 90 young delegates from schools and colleges across the district joined EFYC members for workshops which covered the themes of bullying, stress, alcohol, volunteering, skills and jobs and drugs.

For more news on current youth council projects and to "get to know your local youth councillor" visit www.eppingforestdc.gov.uk/ index.php/your-council/youth-council or contact Diane Butler, EFDC Young Persons' Officer efyc@eppingforestdc.gov.uk / 01992 564 365

Develop your workforce with Epping Forest

College by Jill Nathan, Business and Relationships Manager

EPPING FOREST COLLEGE is the local college for the Epping Forest area with a brand new state-of-the-art campus. We offer a wide range of courses from full to part time and apprenticeships.

We are looking to work with local employers to ensure the courses on offer meet the needs of the local area. We are already working with some, and are currently upgrading our construction area and have asked local construction companies what they want from us.

Future college plans include employer forums and business breakfasts. We are available to come out to speak to your organisation or you are welcome to visit the college and see our facilities.

Employing young people to grow a business brings many benefits, from a willing and flexible workforce, enhanced computer skills, to filling skills gaps and e-communication skills. Career-minded young people are increasingly choosing apprenticeships rather than university as the preferred route to gain qualifications and build their work experience. Currently, where employers chose to take on an apprentice they could qualify for a government grant of $\pounds1,500$ per apprentice up to a maximum of $\pounds15,000$.

The college has a dedicated Workforce Development team who match and support employers and young people. For more information about training and apprenticeships, for existing or new young employees, phone the Development team on 020 8502 8733 or visit: www.efc.ac.uk/courses/ apprenticeships

The college also offers management and supervisory training, both certificated, such as CIPD and a range of short courses to fill skills gaps. We can also talk to you about bespoke courses, built around what your company needs.

We are situated right by the M11, with excellent links into London with the Central Line. We have over 2300 full time students, 1200 part time and 250 apprentices. For more information contact Jill Nathan, Business and Relationships Manager on 07534 220274 or email nathanj@efc.ac.uk We look forward to hearing from you.



AS PART of our ongoing work to celebrate the wonderful treescape across the town, a new tree trail for Loughton Cemetery has been created by Tricia Moxey, local naturalist.

Visit the cemetery at any time of the year to appreciate the peaceful atmosphere. In winter, the conifers and evergreens with their colourful berries provide interest and soon, the pretty flowers of cherries and wild plums herald the arrival of spring. The green canopy of summer offers welcome shade on a hot day and the changing colours of the leaves provide interest in the gloomy days of autumn.

Since the cemetery opened in the 1880s, new tree planting has been added to the existing specimens. The established trees include a large pollarded oak, thought to be some 300 years old and part of an original field hedge, and the four striking blue cedars pictured above.

The trail lists 31 different species with their locations marked on the map.

Paper copies of the trail are available in the cemetery or can be downloaded from www.loughton-tc.gov.uk/7lcemtt.pdf







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We would like to congratulate all of our outstanding Year 11 students achieving record breaking GCSE exam results this year!

In September 2015 we will open our sixth form, as part of Epping Forest District Sixth Form Consortium. At Key Stage 5, our sixth form offers a wide range of A-level courses including Maths, English and the Sciences. Together with the pastoral support and career guidance we offer to all of our students, these courses allow our students to build directly on the knowledge and skills developed with us at Key Stage 4 while preparing them for a future at University and beyond.



INVESTORS IN PEOPLE arts colleges

Dates for the diary

■ 18 Nov, 1.45–4pm Wartime Memories Uta Mahmood New Vistas, Loughton Club, 8 Station Road 01992 574552

■ 19 Nov, 2.30pm National Trust at Dunwich Alex Bass All Saints Church Hall, Inman's Row, Woodford Green £3 non-members NT Woodford & District Centre 020 8508 9541

■ 21 Nov, 8pm Medieval London Houses John Scofield Herts & Essex Architectural Society (HEARS), St Michael's Church, Roding Road. £2.50 non-members 020 8508 2512

■ 22 Nov, 12-3pm Christmas fayre Murray Hall, 106 Borders Lane 020 8508 4200 (see p1)

■ 23 Nov, 10.45am Messy Church St Michael & All Angels Church, Roding Road. Experience a totally different church with craft activities/songs (all ages) 020 8418 7944

■ 23 Nov, 3.30pm Choral service to celebrate Christ the King. William Byrd's Mass For Four Voices (in Latin) Holy Innocents Church, High Beach 01992 760492 / gill_hopkins@yahoo. co.uk

27 Nov Loughton High Road Christmas lights switch-on. Loughton High Road TCP (see p1)

■ 27 Nov, 7.45pm Christmas decoration Essex Handicrafts Association Woodlands Branch 020 8508 7657

28 Nov Broadway Christmas lights switch-on & Santa parade Broadway TCP (see p1)

■ 29 Nov, 11.30am–3pm Children's Advent Craft Activity Day Buffet meal, desserts & pancakes Holy Innocents Church, High Beach 01992 760492 / gill_hopkins@yahoo.co.uk

29 Nov, 12-5pm Debden Christmas
Festival Broadway TCP (see p1)
29 Nov, 4.30pm Light up a Life
Candlelit procession from Loughton
Methodist Church, 260 High Road
to Kings Green & short ceremony St
Clare Hospice



 30 Nov, 10.30am (11am start) St Clare Hospice 3-mile Loughton Santa fun run from Geraldine Wilson Hair Fashions, The Broadway. (see p1)
30 Nov, 2pm The Woodford Singers Free Advent & Christmas concert on St Andrew's Day, light refreshments (retiring collection)
2 Dec, 1.45–4pm Cooking:

Roman-style Chris Lydamore New Vistas Club, Loughton Club, 8 Station Road 01992 574552

■ 4 Dec, 10.15am War Memorial Trust: their work inc protection & conservation £4 incl tea/coffee English-Speaking Union, Murray Hall, 106 Borders Lane 020 8505 9001 / 01992 812454

■ 4 Dec, 8pm World War 1 & Magna Carter Frank Baldwin Baptist Church, 92 High Road £3 (non-members) NT Woodford & District Centre 020 8508 9541

■ 8–23 Dec, 10am–4pm Christmas Fair: handmade craft & artisan

collection - ideal as gifts. Loughton Arts Centre, 187B High Road www.loughtonartscentre.org.uk



 11 Dec, 7.30pm Carol singing: Plough PH Holy Innocents Church, High Beach 01992 760492 / gill_hopkins@yahoo.co.uk
11 Dec, 8.30pm Carol singing: Volunteer PH (as above)
12 Dec, 8pm Carol singing: Kings Oak PH (as above)

■ 13 Dec, 7.30pm Christmas Concert The Roding Players Orchestra, St Mary's Church, 201 High Road (tickets on the door)

 17 Dec, 7pm Informal carol service: theme of bells. Seasonal refreshments, Christmas cake & yule log Holy Innocents Church, High Beach 01992 760492 / gill_hopkins@yahoo.co.uk
17 Dec, 8pm A Babe Is Born Family Christmas concert St Mary's Church, High Road, Chigwell, IG7

6QQ £8 (u16s free) inc mulled wine & mince pies (in advance/on the door) 07958 763213 (retiring collection for Vitalise) www.chigwellchoir.org

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For information on Regular Activities see pages 13 & 14

18 Dec, 7pm Carol singing: Gilwell estate (as above)

18 Dec, 8.30pm Carol singing: The Owl (as above)

5 Jan, 1.30–3.30pm History of Art: 1600 to present day John Parker WEA 10-week course £70 Loughton Bowls Club, Eleven Acre Rise 020 8281 1536 / mrspdale@googlemail.com ■ 6 Jan, 10am–12pm London & the Slave Trade Heather Pascall WEA

10-week course £70 Loughton Bowls Club (as above) ■ 6 Jan, 12pm New Year's lunch

Bald Faced Stag, Buckhurst Hill New Vistas, Loughton Club, 8 Station Road 01992 574552

7 Jan, 10am–12pm Decoding Stonehenge Lionel Sims WEA 10week course £70 Lopping Hall, 189 High Road



7 Jan, 10am–12pm Natural History of a Changing World Tricia Moxey WEA 10-week course £70 Jack SIlley Pavilion, Tidy's Lane, Epping ■ 8–10 Jan, 8pm Up Pompeii comedy by Miles Tredinnick Theydon Bois Drama Society, Village Hall, Coppice Row £8 01992 812250 http://theydondrama.org

■ 15–17 Jan, 8pm The Curious Savage by John Patrick, directed by Jean Cooper Loughton Amateur Dramatic Society, Lopping Hall, 189 High Road £10 07552 736110 www.lads.org.uk

■ 20 Jan, 1.45-4pm In Bedroom Slippers Across Siberia Kate Poole New Vistas, Loughton Club, 8 Station Road 01992 574552

22 Jan, 7.45pm Applique Essex Handicrafts Association Woodlands Branch 020 8508 7657

23 Jan, 8pm From Old Town to New Town: Vernacular & Classical in Edinburgh David Stevenson HEARS, St Michael's Church, Roding Road. £2.50 (non-members) 020 8508 2512 ■ 3 Feb, 1.45-4pm Epping Forest District Museum Tony O'Connor New Vistas, Loughton Club, 8 Station Road 01992 574552 **5 Feb, 10.15am** In Kosovo with

Edith Durham Elizabeth Gowling £4 incl tea/coffee English-Speaking Union, Murray Hall, 106 Borders Lane 020 8505 9001 / 01992 812454

■ 7 Feb Sing Day: Vivaldi's Gloria www.chigwellchoir.org

■ 17 Feb, 1.45-4pm Views of Loughton Chris Pond New Vistas, Loughton Club, 8 Station Road 01992 574552

■ 18 Feb, 11.30am & 2.30pm Blunderbus Theatre Co presents Hugless Douglas Epping Hall, St John's Road, Epping CM16 5JU. £5 (children aged 3-7 & must be accompanied by an adult). EFDC 01992 564226 (book from 12/01/15 Mon-Fri 10am-4pm) www.eppingforestdc.gov.uk



■ 20 Feb, 8pm Some Traditional Buildings of Gloucestershire Elphin & Brenda Watkin HEARS, St Michael's Church, Roding Road. £2.50 (nonmembers) 020 8508 2512 26 Feb, 7.45pm Bookmarks -Pattern Darning Essex Handicrafts Association Woodlands Branch 020 8508 7657

■ 14 Feb, 11.30am–3pm Children's Lent Craft Activity Day Buffet meal & pancakes Holy Innocents Church. High Beach 01992 760492 / gill_hopkins@yahoo.co.uk

Disclaimer: Loughton Town Council takes no responsibility for events organised by external organisations/individuals that are listed above. Please always check details and availability with the relevant organiser



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Loughton remembers 1914-18

They shall grow not old, as we that are left grow old; Age shall not weary them, nor the years condemn. At the going down of the sun and in the morning, we will remember them.



LED BY IWM

AS PART of the four year commemorations of the First World War, the town council held a special service in Loughton Cemetery on 23 August 2014 to mark the centenary of the award of the Victoria Cross to Private Sidney Godley.

This moving event was attended by councillors, residents and representatives from the Royal British Legion, the Royal Fusiliers Association and the Royal Society of St George.

The service was led by Revd Geoffrey Smith from St John's Church and a bugler from the Royal Fusiliers played the Last Post and Reveille. Epping Forest youth councillors, Evangeline Foster and Matthew Tinker called out the names of the WWI fallen who are buried in Commonwealth War Graves in the cemetery.

Ed Pond, son of councillors Caroline and Chris Pond, read his moving poem, The Line Was Sidney, specially written to mark the centenary.

The Line Was Sidney

They came on strong They came for us

They came for me, I willed them not to pass

They became nothing as they entered my sights Killer ants at the end of the Vickers

A field grey trigger in my mind Them or me

I was the line

For vital minutes, the only man

They came on strong They came for us

I took it on, I would never have passed

This was where I was in a full moon world A violent player on a tragic stage They'd handed me this fire to wield To burn or be burned I was the heel

Of War's boot, stuck right in

They came on strong They came for us They came for me, they had to pass

A Jerry medic found me, my enemy now A kindly face with a concerned brow He held my skull and called me brave Brave or not I'd done my bit Denying ground, our duty's name I'd done my bit Nearly did for me

After Armistice, came a VC They came on strong They came for us They came for you, they did not pass

Ed Pond





Sidney's story



PRIVATE SIDNEY GODLEY was born in 1889 in East Grinstead but spent most of his childhood in Bexley. At the age of 14 he left school to start work as a plumber before joining the Royal Fusiliers in 1909 aged 20. After war was declared on 4

August 1914, the Fusiliers were amongst the first regiments to embark for France, travelling straight to the Front in Belgium. Sidney, along with the rest of the 4th Battalion, arrived at Mons on 22 August.

The job of the British Expeditionary Force was to prevent the German Army from crossing the Mons-Condé Canal and entering France. Sidney's company was positioned to defend the most dangerous points in the whole line, the Nimy and Ghlin bridges on an exposed area along the canal. The Germans attacked on 23 August, and so began the Battle of Mons.

Outflanked by overwhelming force, the main British Expeditionary Force had to retire, but the Fusiliers guarded the vital bridges steadfastly with machine guns. Despite terrible losses they prevented the Germans from crossing the canal.

The defence of Nimy Bridge by David Rowlands

Sidney's duty was supplying ammunition for the machine guns, but when all his comrades perished he continued to hold the bridge singlehandedly under very heavy fire. Despite being badly wounded, he took charge of the gun.

When the order came to withdraw back to the Marne river, Godley remained to cover the retreat and continued firing until he ran out of ammunition. He then smashed the machine gun and threw the pieces in the canal before being captured by the Germans. His wounds were treated, and he was imprisoned in a camp at Döberitz.

He was immediately recommended for the Victoria Cross, one of the first of the 1914-18 war and the first private to receive this award; his citation read, "This afternoon Private Godley showed particular heroism in his management of the machines guns, Lieutenant Dease having been severely wounded, and each machine gunner in turn shot. Under extremely heavy fire he had to remove three dead bodies to get to the gun." He learnt in prison that he had received the award, and as a result was allowed to dine with the German officers at Christmas!

Sidney received his Victoria Cross from King George V at Buckingham Palace in 1919.

After the war he married Ellen Norman and worked as a school caretaker and also for several military charities. After retiring, he and Ellen lived at 164 Torrington Drive until his death on 29 June 1957. He was buried with full military honours here in Loughton Cemetery.





Colin's snippets

by Colin Freeman Essex Police Essex Watch Liaison Officer

WELCOME to another edition of Colin's Snippets. I'm not going to get involved with the issues around street lighting, but, as the nights are drawing in, I thought that I would write a few thoughts and suggestions relating to personal safety and security.

On the run up to Christmas with many shops opening late in the dark evenings and with the primeval instinct to hunt out the best bargains, we can often forget how vulnerable we are in these situations. Particularly women who are shopping alone and returning to their cars laden with items the opportunist thief would love to get his hands on.

Carry your travel card, keys, a phone card or mobile phone, in your pocket. If your handbag is snatched, you can still get home. You can also telephone to tell someone what has happened.

Know the train and bus times. Plan your route. Don't be caught out standing at bus stops or on railway stations for any longer than you have to. Always carry a personal attack alarm and be ready to use it.

Don't meet aggression with aggression unless as a last resort. Your voice is your best weapon. Yell or scream until someone takes notice.

Avoid danger spots. Walk in the centre of the pavement away from the shadows where an attacker can lay in wait.

Don't walk alone wearing headphones. You won't hear trouble approaching until it is too late.



I often see people walking along holding a mobile phone to their ear, totally oblivious to what is going on around them. Nothing is that important to talk about if it puts your safety and well-being at risk at the same time!

Finally, avoid cars that are parked with the driver in them and the engine running and walk facing the oncoming traffic to avoid kerb crawlers.

It only takes a little thought and common sense to dramatically decrease your chances of becoming a crime victim.

Colin Freeman can be contacted via colin. freeman@essex.pnn.police.uk

Police update



ESSEX from Sergeant Simon Dear, **CE** Neighbourhood

COME and talk to your local police officers. To find out more about what's going on in the local area, Essex Police are holding Local Community Meetings approximately every eight weeks within Loughton, Buckhurst Hill and Chigwell. These meetings will be advertised on the Essex Police website for the neighbourhood at www.essex. police.uk/my_neighbourhood/epping_forest_ district.aspx

The Local Plan

WORK IS underway by Epping Forest District Council on the preparation of a new Local Plan that will guide development in the district up to 2033. New policies will be used to deal with planning applications and to provide land allocations.

The public consultation period on the draft plan is now scheduled for May - July 2015 but look out for further updates. We encourage all residents to play their part in this important process affecting our town. To find out more visit www.eppingforestdc.gov.uk/index.php/contactus/consultation/planning-our-future

Planning applications

A REMINDER that if you or one of your neighbours has submitted a planning application to Epping Forest District Council, and you wish to ask the town council to support or object to the proposals, you must contact us without delay. As a consultee in the planning process, we have to meet the same government set response deadline as any member of the public. You are welcome to appear in person at a town council meeting to make the case for or against a particular application. However, anyone wishing to speak must have pre-registered by contacting the council no later than 3pm on the day of the meeting. Speakers have a maximum of 3 minutes in which to address the committee. Under the council's rules only those pre-registered may speak during the meeting. More information may be found at www.loughton-tc.gov.uk/3agmin.htm



RENEE MURRAY from Loughton was given the opportunity of designing a book cover for a poetry book. The book written by Julie Vanner has been published and is available in America and on Amazon. She is now working with Julie to illustrate a children's book.

Renee joined Epping Forest College two years ago on the Btec Extended Diploma in Art and Design. She achieved Distinction Distinction Merit and is now at UEL studying her second passion photography.

I asked Renee what she has

gained from the course. 'Mainly confidence in my abilities and the chance to learn so many new skills. The teachers are lovely and I miss them so much. I know that I have made friends for life and I would recommend anyone to go to the College for a really good experience'.

Renee hopes to have enough skills and abilities to be able to set up her own business as an artist and photographer. She is

already well on her way!

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Regular activities

ALLOTMENTS Loughton Potato Ground, Baldwins Hill. www.loughtonpotatoground.wordpress. com/

Roding Road Allotment & Leisure Gardens Association, Roding Road. www.rodingroadallotments.co.uk/ Willingale Road Allotments, Loughton Town Council 020 8508 4200

ANIMAL TRAINING

Epping Green Agility Club (for dogs), Sunnyside Stables, Epping Green. Mondays & Wednesdays, 7.30-9pm (indoors). Mrs Widlake 020 8508 5254 Forest Dog Training School Club, Debden Park Community Centre. Tuesdays, 6.30-7.30pm. 020 8508 3468 / fdts1@aol.com

ARTS & CRAFTS

Creative Art Classes LifeWorks Centre, Loughton Methodist Church, 260 High Road, £10, Tuesdays & Thursdays. 07944 589998 www.ruthdronsfield.co.uk Created Crafts, Trinity Church, Mannock Drive. 2nd Thursdays, 7.45pm Pam 020 8508 7657

Essex Handicrafts Association, Woodlands Branch, Trinity Church, Mannock Drive. 4th Thursdays, 7.45pm. Pam 020 8508 7657 Loughton Arts Centre, 187B High

Road (by Lopping Hall). Monday-Saturday 10am-4pm. Local artists & photographers work. 07532 053194 www.loughtonartscentre.org.uk Shoebox crafters Thursdays 1-3pm & alternate Thurs 6-8pm. Loughton Methodist Church, 260 High Road. 020 8508 9983

The Arts Bar, Lopping Hall. 2nd Fridays from 7pm. For creative people to meet, view the latest exhibition at Loughton Arts Centre & meet the artist. www.loughtonartscentre.org.uk Woodford & District Floral Armgement Group, Churchill Room, Wanstead Library, Spratt Hall Road, E11. 3rd Mondays, 6.45pm for 7.30pm.Visitors £4 www.nafas.org.uk/flower_clubs.html

COUNSELLING

Family Care Counselling Service, Epping Forest Branch, 5A Greenyard, Waltham Abbey EN9 1RD. 01992 788499 / familycarelou@aol.com

Loughton Bereavement Service. Free counselling service. John 020 8508 6333 Samaritans. Free, confidential emotional support for the distressed & despairing available 24/7. 020 8553 9900 / 08457 909090 / jo@samaritans.org / txt 07725 909090

EDUCATION

Music Lessons, Loughton Music Academy, High Road. 020 8502 2992 www.loughtonmusicacademy.co.uk WEA (Workers' Educational Association) Loughton & Epping Branch. Mrs Pat Dale 020 8281 1536 / mrspdale@ googlemail.com www.wea-essex.org.uk

FAITH

Kingsley Spiritualist Church, Kingsley Hall, Kingsley Road. 1st & 3rd Fridays, 7.3Ópm

St Michael's Church, Roding Road. Causeway Prospects Service for adults with learning difficulties & their families/ friends/carers. 1st Sundays, 3.30pm. 020 8418 7944

Toddler Church, Loughton Methodist Church, 260 High Road. (0-5 yrs old plus fellowship). Tuesdays (term time), 10am. 020 8508 1834

FOOD

Farmers Market, Centric Parade, High Road. 1st Sundays, 9am-2pm. David Linnell 020 8508 2932

Loughton Foodbank Wednesdays, 10.45-11.45am St Mary's Church, 201 High Road & Saturdays, 2-4pm Restore Centre, 68 The Broadway. 07402 032313 www.loughton.foodbank.org.uk

GENERAL INTEREST

Bell ringing, St John the Baptist Church, Church Lane. Tuesdays, 8-9pm (in tower). No experience necessary. David Southgate 020 8508 7530 / davidsouthgate@talktalk.net Belly dancing, Loughton Club, 8 Station Road. Wednesdays 7-9.30pm. Sonya Collins 07759 076443 / soniyabellydancer@btinternet.com Epping Forest Conservation Volunteers. The Warren, Epping New Road. 1st, 3rd & 4th Sundays. Kevin Mason 8529 9273 / efcv2@yahoo.co.uk www.efcv.co.uk Epping Forest Countrycare, EFDC's Countryside team. Volunteering projects in district's nature reserves. Thursdays 10am-4pm. 01992 788203 www.eppingforestdc.gov.uk/index.php/ out-and-about/countrycare Epping Forest & District Stamp Club, Roding Valley High School, Alderton Hill. 2nd Tuesdays, 7.30pm. 020 8505 5620 Essex Wildlife Trust Work Parties, Roding Valley Nature Reserve. Wednesdays, 10am-4pm. Warden Patrick Bailly 020 8508 1593 Film Loughton. Film screenings locally. www.filmloughton.btck.co.uk Forest Musical Theatre Company St Michael's Church, Roding Road. Tuesdays & Wednesdays (rehearsals). sally@forestmusical.co.uk Forest Creative Writers, Jazz Archive Library, Loughton Library, Traps Hill. Thursdays (term time) 12.45-2.45pm.

Peter Relph 020 8508 6313 Friends of Light & Healing, Kingsley Hall, Kingsley Road. An evening of clairvoyance. Alternate Thursdays, 7.30 for 8pm. 020 8508 3266 HEARS - Herts & Essex Architectural Research Society, St Michael's Church, Roding Road. £2.50 non-members. 4th Fridays, 8pm. David Stevenson 020 8508 2512 www.hears.vpweb.co.uk See Dates for the diary.

Hornby Railway Collectors Association, St John's Church Scout Hall, Church Lane. Alternate 1st Thursdays 5-10pm. £2. David Southgate 020 8508 7530 / davidsouthgate@talktalk.net

Loughton Amateur Dramatic Society. Lopping Hall, High Road. Martin Howarth 020 8508 8644 www.lads.org.uk

See Dates for the diary. Loughton Astronomical Society, Scout Hall, Theydon Bois. LAS Astrokyds (6-14 yrs), Thursdays 8-10pm. Brian Morton 01992 815804 www.las-astro.org.uk Loughton Bowling Club Bridge Section, Eleven Acre Rise. Thursday afternoons.

020 8502 0237 Loughton Bridge Club, Oak View School, Whitehills Road. Mondays & Wednesdays 7.20pm (term time). keiththompson3@btinternet.com www.bridgewebs.com/loughton/ Loughton Calligraphy Club, Wesley Hall, Loughton Methodist Church, 260 High Road. Saturdays, 10am-12 noon. Val Pearce 020 8508 1494 Loughton Camera Club, Lopping Hall,

High Road. Wednesdays, 8-10pm. 01992 575505

www.loughtoncameraclub.org.uk/ Loughton_Camera_Club/Welcome.html Loughton & District Historical Society, Loughton Methodist Church, 260 High Road. Guests: £1.50. 2nd Thursdays, 8pm www.loughtonhistoricalsociety.org Loughton & Epping Forest Amateur Radio Society, All Saints House, Romford Road, Chigwell Row, IG7 4QD. Alternate Fridays, 7.45pm. 020 8502 1645 www.lefars.org.uk

Amendments to: vivienne.messenger@loughton-tc.gov.uk

Loughton & Roding Chess Club, Loughton Bowling Club, Eleven Acre Rise. Tuesdays, 7.30pm. 020 8508 3546

HEALTH ADAS (W Essex Alcohol & Drugs Service - by appt) Rectory Lane Health Centre 01279 641347 / admin@adasuk.org.uk www.adasuk.org

Breathe Easy (British Lung Foundation), Tony Carr 01992 573387 Loughton Memory Café (Alzheimer's Society), Church Hall, Loughton Methodist Church, 260 High Road. 1st & 3rd Mondays, 10am-12pm 01279 427522 www.alzheimers.org.uk Loughton Stroke Club, Loughton Baptist Church, 90 High Road. 2nd & 4th Tuesdays, 2pm. 020 8508 1100 ProActive (W Essex Prostate Cancer men's self-help group) St Margaret's Hospital, The Plain Epping CM16 6TN. Friday monthly 1-3pm. John Woods 07747 374692 www.proactive.me.uk Walks - Life Walks. EFDC health scheme. Karen Williams 01992 564222 / kwilliams@eppingforestdc.gov.uk

LEISURE ACTIVITIES FOR

CHILDREN / YOUNG PEOPLE 2324 (Chigwell) Squadron, Air Training Corps, Buckhurst Hill. Mondays & Thursdays evenings (13-17 yrs). 020 8505 3353 www.2324squadron.org.uk 7th Epping Forest Scout Group, St Edmund's Church, Traps Hill. Tuesdays: Scouts boys/girls (101/2-141/2 yrs) 7.30-9pm. Thursdays: Beavers boys/girls (6-8 yrs) 5-6pm & Cubs boys/girls (8-10%) 6.30-7.30pm. Keith Davis 07553 376181

16th Epping Forest Beavers Trinity Church Hall, Mannock Drive. Mondays: Beavers (6-8 yrs) 5.45-7pm. Fridays: Cubs (8-10 yrs) 6.30-8pm Linda Brede 020 8508 4867 / Iulu.brede@ntlworld.com 30th Loughton Scout Group, St John's Church, Church Lane. Beavers (6-8 yrs), Cubs (8-10 yrs) &, Scouts 10-14 yrs. Paul Snowdon GSL 020 8508 4336 / info@30thloughton.co.uk

41st Epping Forest Scout Group, Loughton Baptist Church, High Road. Mondays 5.45-9pm, Thursdays & Fridays, (6-18 yrs) 6-9pm - girls/boys. 020 8923 2378

Baby & Toddler 20-min session. Debden Library, Epping Forest College, Borders Lane. Fridays, 10am. 020 8508 5869 Baby & Toddler 20-min session. Loughton Library, Traps Hill. Tuesdays 10.30am; Thursdays 2.20pm. 1st Saturdays (Daddy Cool) 11am. 020 8502 0181

Baby & Toddler Group St Edmund's Parish Hall, Traps Hill. Thursdays 9.30-11.30am (term time) 07770 891912 / stedmundsplaygroup@gmail.com Cheeky cherubs stay & play Loughton Club, 8 Station Road. Tuesdays 9.30-11.30am. 07711 883860 / cheekycherubsstayandplay@aol.com Epping Forest Community Theatre 4 groups: Loughton Children's Theatre (LCT) & Loughton Youth Theatre (LYT) LCT: Musical Theatre, Grosvenor Hall, Grosvenor Drive. Mondays 4.30pm (school yrs 3-6). LYT: Backstage Crew, various venues. Mondays 4.30pm (school yrs 5-11) LCT: Rising Stars, LifeWorks Centre, Loughton Methodist Church, 260 High Road. Tuesdays 4pm (school yrs R-2). LYT: Musical Theatre, Grosvenor Hall. Grosvenor Drive. Wednesdays 4.30pm (school yrs 7-11) www.efctheatre.org.uk 020 3086 8186 Duke of Edinburgh's Award, Loughton Youth Centre, 106 Borders Lane Tuesdays 6.30-8.30pm (term time) (14½-19 yrs) 01279 404401 / vicky.young@essex.gov.uk

Girlguiding Loughton South. Rainbows, brownies & guides (girls 5-13yrs). Leadership opportunities available. 07908 491411. www.loughtonsouth. webspace.virginmedia.com ignite (children's & youth activities) St Mary's Church 020 8508 3643 Little Angels Baby & Toddler group, St Michael's Church, Roding Road. Mondays 10am-12 noon (term-time) 020 8418 7944

Little Oak's Children's Centre, Torrington Drive. Fun, educational & varied activities for children (0-5) plus support for parents. 020 8418 7904 Loughton Youth Project, The Space, Loughton Library, Traps Hill. 24-hour online community radio station. Free afterschool / evening café weekdays. Nick Robinson www.lypradio.com/ Noah's Ark Toddler Group, Oakwood Hill Estate Community Hall. (U5s). Tuesdays & Thursdays (term time) 10-11.30am. £1 (per family) Catherine Wait 07582 119932

Onwards and Upwards, Loughton Youth Centre, 106 Borders Lane. Tuesdays 4-6pm, 14-19 & not in work or training? Support, free internet, tea & toast. 01279 404401 / vicky.young@essex. gov.uk

Rainbows, Beavers, Brownies, Cubs & Scouts groups, St Michael's Church, Roding Road. 020 8418 7944 Reindeer Explorer Scouts, St Edmund's Church, Traps Hill. Girls/boys (131/2 -18 yrs). Fridays. Dave Martin 07889 189261

Russian drama studio, Kingsley Hall, Kingsley Road. Wednesdays & Thursdays 4.30-6.30pm. Anastasia 07528 567844 www.petrushka-studio.co.uk Sunrise Children's Centre, Alderton Hall Lane. Fun, educational & varied activities for children (0-5) plus support for parents. 020 8502 5799 Toddler Time, St John's Parish Hall, Church Lane. Fridays (term time), 2-3.15pm. Parish Office 020 8532 0060 Tot's Time, St Mary's Church, 201 High Road, Mondays 9.30-11am (term time). 020 8508 3643

www.stmarysloughton.com Youth Club, Loughton Youth Centre, 106 Borders Lane. Thursdays 7-9pm (term time) (13-19 yrs). Free activities. 01279 404401 / vicky.young@essex.gov.uk

MUSIC

Loughton Acoustic Club, The Gardeners Arms, York Hill. 2nd Tuesdays, 7.30pm. £3 theclub@theprhstudio.co.uk Loughton Folk Club, 8 Station Road. Live acoustic music. Thursdays, 8pm. Jim 07762 146623 / loughtonfolkclub@ googlemail.com Roding Players Orchestra rehearsals, Roding Valley High School, Alderton Hill. No audition. Mondays, 7.30-9.30pm. Miles Harwood 020 8505 4329 www.rodingplayers.co.uk/ South West Essex Choir, Loughton Methodist Church, 260 High Road. Tuesdays, 7.45-10pm. 01992 812606 www.southwestessexchoir.org.uk/

SOCIAL

The Buffaloes, Loughton Club, 8 Station Road. A charitable brotherhood members (18+). Tuesdays & Thursdays, 8.30pm. mldja.worsfold@yahoo.co.uk www.loughtonclub.blogspot.com Civil Service Retirement Fellowship Loughton Library (Jazz Room), Traps Hill. 3rd Monday, 2pm. 14 Mrs E Vale 020 8508 2459



Dancing Club - Sequence 13 & ballroom dancing, Royal British Legion Loughton Branch, 118 Church Hill. Wednesdays, 2-4pm. £1.50 (incl tea & biscuits) Margaret 020 8504 0998 Forest Probus Club, County Hotel, 30 Oak Hill, Woodford Green, IG8 9NY. 2nd Fridays. Lunch & speaker. Michael Housley 020 8529 6500 Friday Market, St Michael's Church, Roding Road. Fridays, 10am-12 noon Loughton Probus Club, Gilwell Park, Chingford. 4th Tuesdays (lunch). Secretary Derek Allen 020 8504 3074 www.probusloughton.org.uk/ Over 50s Club, Oakwood Hill Estate Hall. Daily programme of activities.

020 8508 5743 Rotary Club of Loughton & Buckhurst Hill, The Blue Boar, Market Place, Abridge, RM4 1UA. Thursdays 6.15pm except last Thursdays 12pm www.loughtonrotary.org.uk

Royal British Legion Loughton Branch, 118 Church Hill. Mondays & Thursdays, 8pm (bingo). Tuesdays, 1-4pm line dancing. Every 2nd & 4th Wednesday evenings (fun quiz night & prizes). Saturday evenings. 1st & 4th Sunday lunchtimes (jazz group)

020 8508 5044 www.britishlegion.org.uk Tea Club - Senior Citizens, St Michael's Church, Roding Road. Alternate 3rd Saturdays 3-4.45pm. 020 8418 7944 The Royal Naval Association, Royal British Legion, 118 Church Hill. Social evening, music & dancing. 3rd Wednesdays, 8pm. 020 8508 5044 Wesley's Café, Loughton Methodist Church, 260 High Road (unsupervised toddler play area). Weekdays, 10am-4pm. Saturdays, 10am-12.30pm (Tuesdays - term time, 11am)

SPORT

All-ability Trampolining Club (disabled people to 19 yrs), Debden Park High School, Willingale Road. Wednesdays 6.45pm-7.45pm. Loughton Flyers Trampolining Club & EFDC. Fabrizio Ferrari 01992 564567 / fferrari@ eppingforestdc.gov.uk

Amici Badminton Club, Roding Valley High School Sports Hall, Alderton Hill. Mondays, 8-10pm. Age 30+. Suzanne 07940 313691 / Chris 07713 004996 Avenue Lawn Tennis Club,

18 The Avenue - friendly family club. 020 8508 9440

Chigwell & Epping Forest Orienteering Club. Monthly local event & non-local events every weekend. Helen 020 8502 1629 chig.org.uk Colebrook Royals FC, Grange Farm Pavilion, Grange Farm Lane, Chigwell IG7 6DP. Saturdays & Sundays. 020 8418 9166 http://colebrook.intheteam.com/ Epping Forest Sportability Club (EFSC) Multi-sports club for young people with mild-moderate physical & learning difficulties. Oak View School, Whitehills Road. Saturdays 10am-2pm (term time) efsc@hotmail.co.uk www.efsportability.

com Insanity Fitness Class, Murray Hall, 106 Borders Lane. Tuesdays 7-9pm 07904 190047 / mandykarimloo@sky.com Jumping Jens, St Michael's Church, Jubilee Hall, Roding Road. £4. Tuesdays & Thursdays, 8-9pm. 07866 127522 Karate Club Trinity Church, Mannock Drive. Wednesdays, 6.30-7.30pm 020 8508 7657

Katy Little School of Dance, Loughton. Ballet, tap, jazz, examinations & shows. 4 yrs to adults 07712 106941 / www.katylittleschoolofdance.co.uk Keep Fit, Lincoln Hall, 125 High Road. All ages. £5. Tuesdays & Thursdays, 10.30-11.30am. 020 8470 0807 Loughton Athletic Club, The Pavilion, South View Road (Roding Valley Recreation Ground). Tuesdays, 7pm. 07958 903842 www.loughtonac.org.uk Loughton Fencing Club, Debden Park High School, Sports Hall, Willingale Road. (8 yrs - adult). Wednesdays, 7.30-9pm. 01992 522462 www.loughtonfencingclub.co.uk/ Loughton Football Club, Avondale Close. 8-18 yrs + senior team. Sundays (youth teams), Saturdays (seniors) & weekday evenings (training). Keith Campen 020 8508 4757 www.loughtonfc.com Loughton Karate Club, Loughton Club, Station Road. All ages (from 5+) & all levels welcome. Sundays 4-5.30pm. Stephen O'Brien 07758 341584 Loughton Mountaineering Club, Victoria Tavern, Smarts Lane, Hill walkers & climbers welcome. Mondays, 8.30pm. www.loughtonmc.org Loughton Rugby Football Club, Hornbeam Road, Buckhurst Hill. Wednesdays (training), 7.15pm. Duncan Kaye 07969 638349

www.pitchero.com/clubs/loughton Loughton Swimming Club Mondays, 7pm. Beryl Dearn 020 8559 1557 Old Buckwellians Football Club, Roding Valley Recreation Ground. Saturday League + over-35s team. Wednesday evenings (training). Simon Burnage 07808 329318 www.oldbucks.co.uk Roding Valley Angling Club. New members welcome. Darren 07716 061273 / roding.valley.angling.club@ gmail.com Walk - West Essex Ramblers (sorry no dogs). Saturdays, Sundays, Wednesdays & Thursdays. 020 8502 1628 www.westessexramblers.org.uk Yoga - Loughton Bowling Club, Eleven Acre Rise. (Age 50+) For all abilities & medical conditions. Monday, Wednesday & Friday mornings. EFDC Sports Dev 01992 564561 Yoga classes Kingsley Hall, Kingsley Road. Intermediate & beginners Mondays 7pm Lorraine 07903 944767 www.yogalorraine.co.uk

TALKS

Bancroft's Decorative & Fine Arts Society, Bancroft's Preparatory School Hall, Whitehall Road, Woodford Green. Member of NADFAS. 2nd Tuesdays, 7.15pm for 8pm. 020 8531 1140 English-Speaking Union, Murray Hall, 106 Borders Lane. 1st Thursdays, 10.15am for 10.45am. £4 incl tea/ coffee. 020 8505 9001 Loughton Women's Institute, Lincoln Hall, High Road. 1st Wednesdays, 2.15pm (except 2nd Wednesday in January) Elna Green 020 8508 4514 Mothers' Union, St John's Church in Lady Chapel, Church Lane. 3rd Thursdays, 10.30am for coffee & speaker. Ivy Southgate 020 8508 7530 National Trust, £3 non-members. Refreshments & NT information. 020 8508 9541 See Dates for the diary New Vistas Club, Loughton Club, 8 Station Road. Guest speakers. Tuesdays 2pm. Juliet Hipkin 01992 574552

St John's Wives' Group, St John's Parish Hall, Church Lane. Gloria Blanchard 020 8508 6328





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